

# DPAC

## *parent evening with* Sarah Ward on Executive Functioning

Wednesday, January 28th  
\$20 per ticket

Sarah Ward is an internationally recognized expert in executive function. Her practical, research-informed strategies are widely regarded as groundbreaking in supporting student learning and independence.

Drawing from executive function coaching approaches used with elementary, secondary, post-secondary students and adults, this session will help build academic success by exploring time management, task prioritization, long-term project planning and the development of independent learning habits.

### REGISTER HERE

KAY MEEK THEATRE  
1700 MATHERS AVE  
WEST VANCOUVER

6:30 -  
8:30 PM



### What Parents will Gain From This Evening



#### Understand

Parents will gain a clear, reassuring understanding of how executive function skills develop over time, why children may struggle with organization and time management, and what is developmentally typical at different ages.



#### Learn

Parents will learn practical, easy-to-use strategies they can apply at home to strengthen their child's time awareness, organization, study routines and follow-through for academic success.



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