



WVS PREMIER RUGBY ACADEMY

2021-2022 Open House Information

Acknowledgement



We would like to acknowledge and thank the Squamish Nation upon whose traditional territory West Vancouver Schools reside.

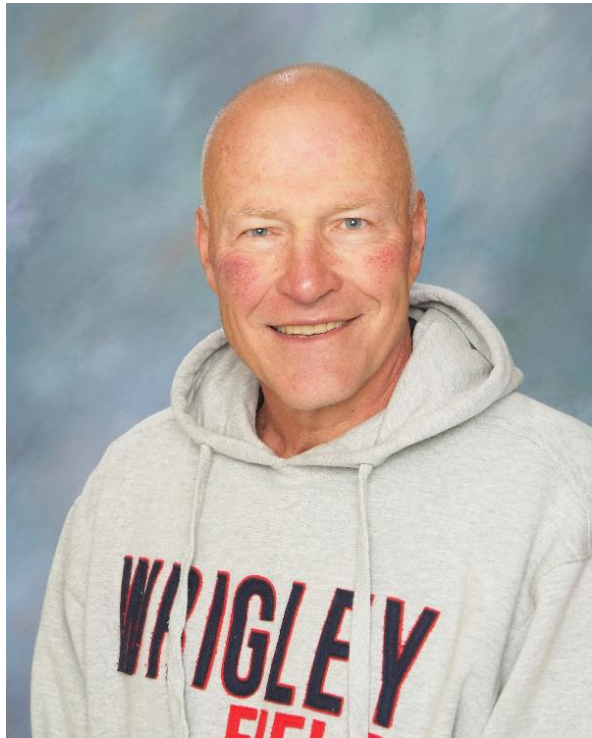
We would like to express our gratitude to this Nation as we value the opportunity to learn and share educational experiences on this traditional territory.



Welcome & Introductions

Klaus Heck

WVS Premier Rugby Academy Teacher Supervisor



- 33 years as PE Teacher in Vancouver
- Served as P.E. Department Head
- Vice Principal and Principal of Summer School
- Coached many levels of basketball – bantam to senior levels for 33 years
- President of BC High School Boys Basketball Association
- Conceived the current 20 team format for the AAA tournament
- Launched the original slam dunk contest at the AAA tournament
- Board of Directors for BC High School Track & Field
- Named to the BC High School Track & Field Hall of Fame in 2007
- Won a BC Little League Championship
- As a player, won the Canadian National Baseball Championships in the Master's division

Curry Hitchborn

Head Coach, WVS Premier Rugby Academy

Head Coach, Men's Team, UBC



- Head Coach, University of British Columbia (UBC)
- 2015, 2016, 2017 BC Men's Premier Club Champs Winner as joint Head Coach with UBC
- Head Coach -BC U19 team – Winners of the 2012-2017 Canadian Rugby Championship
- Canada U17 – Coach 2014 U18 Tier 2 National Champions
- Head Coach 4 time BCRU U17/U18 Provincial Champions
- Premier Forwards' Coach/First Division Head Coach Capilano RFC – Rounsefell Cup 2012
- Recipient of Gerald McGavin Coaching Award – BC Rugby Union



General Concept

- For students registered full time in any one of WVS 3 secondary schools
- Inclusive - designed for all WVS students
- Grades 8-12
- Female & Male



The Academy Goals

- Develop knowledge, skills and abilities in the area of rugby
- Long-term athlete development (LTAD) guidelines for age/grade-appropriate instruction
- Provide opportunity for students to reach full potential
- Awareness of opportunities in the sport of rugby



The Academy Goals

- Use feedback and encouragement to help students increase self-esteem and self-confidence
- Provide a positive environment that includes lots of fun to help students form friendships
- Meet individual needs to motivate students to stay involved in the sport throughout their lifetime



The Schedule & Sessions

September – June

All year long (linear) within
the quarter system

Currently in the Quarter
System Schedule

During X-Block

Tuesday & Thursday

1:00 – 2:20 p.m.



Quarter System - Sample Schedule

One course minute requirement = 160 minutes per week all year long

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Period 1					
Lunch					
Period 2		X-Block		X-Block	
		1:00 – 2:20 80 minutes		1:00 – 2:20 80 minutes	
3:30 – 5:00					

The Sessions

A sample session would be:

- Get students moving
- Students work on technical aspects
- Students put theory into practice
- Small-sided games/drills
- Recognize the teachable moment to meet individual needs

*Note that depending upon Health & Safety protocols determines how small group game play is organized and conducted



Location Outdoor Program: Ambleside

Ambleside all-weather turf
fields
September – November
February – June



Locations: Indoor Winter Program

Indoor Program
Level 10 Fitness
KB-One Kick Boxing

December-January if H&S
protocols allow training
indoors



- Weight training equipment, cardio machines, bags and Thai pads
- Focus mitts, hook and upper wall bags, medicine balls, speed ball, body opponent bags



Bus Transportation

Bus Transportation

First Student Canada

One-Way Drop

- Students picked up from all 3 WVS schools
- Currently Tuesdays & Thursdays
- To Ambleside fields or indoor training facilities
- Parents responsible for pick-up at conclusion of training sessions (e.g., 2:20)





Course Credits & Assessment

Course Credit for Participation

Grade 8:

Physical & Health Education 8

Grade 9:

Physical & Health Education 9

Grade 10:

Physical & Health Education 10

Grade 11:

Fitness & Conditioning 11

Grade 12:

Fitness & Conditioning 12



Assessment & Evaluation

Assessment

On-going assessment & feedback each session

Report Cards

Report cards issued 3 times per year

Parent-Teacher Interviews

One formal virtual interview offered to parents

Open-door policy

Parents can contact us at any time





Clothing Kit

Clothing Kit Requirement

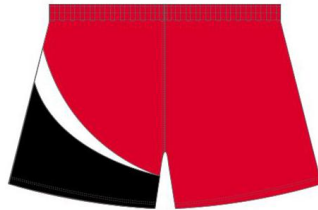


Mandatory Kit:

- 1 work out shirt
- 2 pairs of shorts
- 2 pairs of socks
- 1 dry fit short-sleeved shirt
- 1 water bottle

Optional Items:

- Rain jacket
- Sports bag
- Training pants
- Hoodie
- Extra Shorts
- Extra Socks



*If returning each year, parents only replace items if required.

Parents of registered students will be informed when to order the clothing items online before the end of the current school year.



Fees

Fees

September – June

Tuition: \$2750

\$275 per month x 10 months

Clothing Kit

Approximately \$150 - 200





The Selection Process

Selection Process & Criteria

- ☐ If you have any kind of interest, please come out!
- ☐ We accept all levels of ability. Indicate the level or experience so that we can be ready to accommodate student needs
- ☐ Complete the on-line student information form
- ☐ Submission of most recent report card
- ☐ Show evidence (report card) of satisfactory to excellent work habits
- ☐ Show evidence (report card) or answers within the completed registration form:
 - Ability to work well in classrooms academically
 - Ability to maintain good to excellent grades
 - Demonstrated good character: being responsible & respectful
 - Ability to work well with others
 - Ability to follow the rules of a special program, as well as the mandatory health safety protocols



Thank You