



WVS PREMIER VOLLEYBALL ACADEMY

2021 – 2022 Open House Information

Acknowledgement



We would like to acknowledge and thank the Squamish Nation upon whose traditional territory West Vancouver Schools reside.

We would like to express our gratitude to this Nation as we value the opportunity to learn and share educational experiences on this traditional territory.



Welcome & Introductions



Richard Schick

**WVS Teacher
Head Coach**

- 2018/2019 Head Coach of Volleyball Canada's National Excellence Program responsible for the identification, evaluation, recruitment and training of prospective and current National Team athletes.
- Senior National Team, Full time Assistant Coach. Competed at the 2018 NORCECA Championship: Gold Medal and the 2019 World Championships in Sapporo Japan; 9th place finish.
- Former Head Coach of the University of British Columbia (UBC) Thunderbirds (2003-2016).
- Assistant Coach, Canadian Junior National Program where the team competed at the 2002 NORCECA Championship in Kelowna, BC and 2003 World Championships in Tehran, Iran.
- Head Coach for the Junior Team which represented Canada at the NORCECA Championships in Winnipeg, MB in 2004.
- 5 time College/University National Champion. 3 X player, 2 X as coach
- Education Degree, University of Alberta
- NCCP certification in the sports of volleyball, basketball, hockey and soccer and actively coaches minor hockey and little league baseball in his community.

Jared Krause

Assistant Coach



- Played both International & National volleyball for over 14 years
- Starting setter for the UBC Thunderbirds Men's Volleyball Team
- Played 10+ years professional indoor volleyball throughout Europe: Belgium, France, Finland, Greece
- Plays in various professional beach volleyball tournaments across the Pacific Coast
- Has coached various clubs and programs including Thunder Club/Thunder Beach Volleyball Club, BCO, PCVB and women's club teams in Denmark
- UBC Graduate in Psychology
- Knowledgeable insight of the mental aspects of the game
- Strong technical foundation through work with University and National Team programs
- Brings a well-rounded background game to the court

Cal Wohlford

Assistant Coach



- Professional coach with varied levels of volleyball 14U to adult (male & female) indoor & beach volleyball
- Assistant Coach, University Fraser Valley, Pacific West Conference Youth Girls
- Mentor Coach, Pacific Coast Academy
- Head Coach, Capilano University, PACWEST Women
- Thompson Rivers University, CIS Head Coach Women
- Head Coach, BC Olympic (BCO) Volleyball Club Women
- Assistant Coach, UBC CIS Men
- Assistant Coach, Simon Fraser University Women
- Assistant Coach, UBC CIS Women



General Concept

- For students registered full time in any one of WVS 3 secondary schools
- Inclusive - designed for all WVS students
- Grades 8-12
- Female Program



WVS Premier Sports Academies

General Concept

- Choice, fee-paying programs
- Variety of disciplines to meet the needs of students – areas of interest, strength or passion for students
- Taught by WVS teachers but also highly qualified national coaches who were former national, university or professional players
- Students receive courses towards graduation
- Students work and train in a positive, challenging & fun environment



The Academy Goals

- Develop knowledge, skills and abilities in the sport of volleyball
- Provide opportunity for students to reach full potential as both as volleyball players and students
- Use feedback and encouragement to help students increase self-esteem and self-confidence
- Long-term athlete development (LTAD) guidelines for age/grade-appropriate instruction
- Educate & meet individual needs to motivate students to stay involved in the sport and to be active for life



The Schedule & Sessions

September – June

Currently the school district is running timetables within a quarter system.

Within this quarter system, we operate the Volleyball Academy linearly (all year long – September to June)

Volleyball training is scheduled on Tuesdays all year long during a period called X-Block.

Tuesdays

1:00 – 3:40 p.m.



Quarter System - Sample Schedule

One course minute requirement = 160 minutes per week all year long

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Period 1					
Lunch					
Period 2		X-Block		X-Block	
		1:00 – 3:40			
3:30 – 5:00		160 minutes			

The Sessions

- Students warm up through basic skills and movement
- 3 coaches with 3 different coaching plans rotate throughout the training groups
- Training focus: Physical, Mental, Technical, Tactical
- Students put theory into practice through small-sided games/drills
- Recognize teachable moments to meet individual needs

*Note that depending upon Health & Safety protocols determines how small group game play is organized and conducted



Location

West Vancouver Secondary School Gymnasium





Bus Transportation

Bus Transportation

First Student Canada

One-Way Drop

- The location of the academy is at WVSS in the gymnasium.
- Students registered who are at Rockridge or Sentinel received bus transportation to WVSS.
- This is a one-way transport.
- Parents responsible for pick-up at conclusion of training sessions (Tuesdays, 3:40 p.m.)





Courses & Assessment

Courses for Participation

Grade 8:

Physical & Health Education 8

Grade 9:

Physical & Health Education 9

Grade 10:

Physical & Health Education 10

Grade 11:

Fitness & Conditioning 11

Grade 12:

Fitness & Conditioning 12



Assessment & Evaluation

Assessment

On-going assessment & feedback each session

Report Cards

Report cards issued 3 times per year

Parent-Teacher Interviews

One formal virtual interview offered to parents but we have an ongoing open-door policy

Parents can contact us at any time





Clothing Kit

Clothing Kit

Clothing Kit:

Approximately \$100-150

T-shirt
Shorts
Water bottle

As well, students must arrive with:

Non-marking, non-slip running shoes to be worn indoors (e.g., cross-trainers)

Parents purchase the clothing kit **the first year only** and then only purchase as students outgrow the clothing items





Fees

Fees

September – June

\$275 per month x 10 months

Tuition: \$2750

Clothing Kit

Approximately \$100-\$150





The Selection Process

Selection Process & Criteria

- ☐ Genuine interest or passion – sound reasons for applying
- ☐ Complete an online student information form
- ☐ Participate in an on-court evaluation (**date/times to be confirmed**)
- ☐ Commitment to participate for the full school year
- ☐ Submission of most recent report card
- ☐ Show evidence of satisfactory to excellent work habits on report card
- ☐ Show evidence (report card) or answers within the completed registration form:
 - Ability to work well in classrooms academically
 - Ability to maintain good to excellent grades
 - Demonstrated good character: being responsible & respectful
 - Ability to work well with others
 - Ability to follow the rules of a special program, as well as the mandatory health safety protocols



Thank You!