# WEST VANCOUVER SCHOOLS PREMIER RUGBY ACADEMY

#### **The Concept**

This program offers students the opportunity to complete their rugby skill development training during X Block periods all year long (linearly) during the X Block periods within the West Vancouver Schools Semester System.

The Premier Rugby Academy is a choice program for students Grades 8-12 who are registered full time at any one of the district's three secondary schools: Rockridge, École Sentinel or West Vancouver Secondary.

#### Courses

By participating in the Rugby Academy, students (8-12) receive the following Ministry course depending upon their grade levels:

- Physical & Health Education 8
- Physical & Health Education 9
- Physical & Health Education 10
- Fitness & Conditioning 11
- Fitness & Conditioning 12

#### Personnel

Head Coach: Mr. Curry Hitchborn Coach Hitchborn is also the Head Coach, UBC Thunderbirds

Assistant Coach: Mr. Liam Mahon Mr. Liam Mahon is also a West Vancouver Schools Teacher

#### Schedule

Location:	Ambleside Field
Days:	Tuesday & Thursday
Time:	1:30 – 3:00 p.m.

\*Note: that during the winter months (December & January) students participate indoors in a variety of cross-training activities such as fitness, wrestling, and jiu-jitsu.

# Clothing/Equipment

We would like students all uniformly dressed. The clothing includes such items as t-shirts, shorts, jackets, and a water bottle. Optional items are also available such as long-sleeved shirts and pants. Students are also required to have turf cleats for the all-weather terrain at Ambleside.

Once registration is complete, parents will be informed & provided an online link (May/June) that outlines the process to order the mandatory & optional clothing items in order to receive the orders for school start-up. Parents will also be provided with a deadline date when all online orders must be completed.

### Transportation

Transportation is provided one-way for students at each of the schools (Rockridge, Sentinel & West Vancouver Secondary). Students board the buses out front of their respective schools. Parents are responsible for picking up the students at the end of the training sessions (e.g., 3:00 p.m.)

#### Fees

\$275 per month x 10 months (September – June) Total: \$2750 per year

## **Process for Registration Completion**

Complete & submit a Student Information Form to the Premier Rugby Academy at: https://westvancouverschools.ca/academies/rugby

Scan a copy of the student's most recent report card to Academy Assistant, Ms. Tara Ledingham at <u>tledingham@wvschools.ca</u>

The student application is reviewed by the coaching staff and then parents are informed. Please note that we encourage students to come out and try a session to see if this might be a good fit! There is no obligation but we guarantee a great experience!

Once parents receive student confirmation of acceptance into the academy, parents will receive the following forms to be completed:

- Physical Activity (Par-Q & You)
- Waiver
- Health & Safety

Parents complete the registration process by providing a non-refundable deposit of \$275 on the student's School Cash Online account or by submitting a cheque made payable to West Vancouver Schools with the current date. This non-refundable deposit covers September's fees and confirms the student's registration.

Please note that Academy fees for October to June will be processed through School Cash Online enabling parents to initiate automated monthly payments via credit card or direct debit.

For further information regarding registration please contact: WVS Premier Academies Assistant Mrs. Tara Ledingham <u>tledingham@wvschools.ca</u> 604-981-1710