

WEST VANCOUVER SCHOOLS PREMIER FIELD HOCKEY ACADEMY 2021-2022

The Concept

This program offers field hockey players in grades 8 through 12 the opportunity to complete their academic requirements in the mornings and to participate in field hockey development training during the afternoons. The Premier Field Hockey Academy is a choice program offered to students who are registered at any one of the district's three secondary schools: Rockridge, École Sentinel or West Vancouver Secondary. The Academy offers 130+ hours of programming from September to June, which includes outdoor field hockey coaching on water-based turf, indoor fitness and strength training, education, and specialist instruction. The program also includes coach and officiating certification courses, fitness testing, education and support, individualized sport science monitoring, and leadership and team building.

Courses

By participating in the Field Hockey Academy, students in grades 8 - 10 receive the Physical & Health Education 8-10 course. Students in grades 11-12 receive Fitness & Conditioning 11 or 12. Each term, the program includes thorough assessment & evaluation on-field, with strength & conditioning training, and classroom theory sessions. Report card marks are provided each term. The head coach and the supervising teacher communicate regularly to parents to ensure excellent communication is maintained between home and school.

Personnel

Supervising Teacher: Layla Casper

Head Coach: Geoff Matthews, Technical Direction – West Vancouver Field Hockey Club

Assistant Coaches: Karli Johansen, Holly Stewart

Schedule

Within a quarterly timetable, the Field Hockey Academy takes place on **Tuesdays and Thursdays from 1:00 to 2:20 p.m.** Outdoor training is at Rutledge Field and Indoor training (December and January) takes place at Level 10 Fitness, K-B One Martial Arts and Hollyburn Country Club. More information on the indoor venues TBC.

Clothing/Equipment

The items required for the Field Hockey Academy include: turf cleats or runners, mouthguard, field hockey stick shin guards, shorts, training shirt, hoodie and waterproof jacket. Academy clothing items will be available online through our partnership with Time Out Sports. More information will follow at a later date

Transportation

West Vancouver Schools provides one-way transportation from Rockridge, Ecole Sentinel and West Vancouver Secondary to the training venues. Parents are responsible for pick up at these locations.

Fees

\$3480 per year (\$348 per month x 10 months, September to June). Clothing kit is additional.

Initial Interest in the Academy

1. New students, please submit a Student Information Form to the Premier Field Hockey Academy via: <https://westvancouver.schools.ca/academies/field-hockey>
2. Please scan a copy of your most recent report card to Academy Assistant, Tara Ledingham at tledingham@wvschools.ca

Process for Completing Registration

3. Complete and submit the Physical Activity Form (Par-Q & You), Waiver, and Health & Safety Forms - these will be forwarded to you upon your child's acceptance into the Academy.
4. Please provide a deposit in the amount of \$525 through your child's School Cash Online account. This deposit will cover September's fees and will confirm your student's registration within the Academy. Please note that Academy fees for October 2021 to June 2022 will also be processed through School Cash Online, enabling parents to initiate automated monthly payments via credit card or direct debit.

For further information please contact:
Tara Ledingham at tledingham@wvschools.ca
604-981-1710