

Parent & Family Resources

AIDS Vancouver

604.687.2737

Child & Adolescent Program (VCH)

604.983.6719

Dietitian Services at Health Link BC

8-1-1

Family Services of the North Shore

604.988.5281

604.926.7857

Kelty Mental Health Resource Centre

604.875.2084

Ministry of Children & Family

604.904.4330

Ministry of Human Resources (Income Assistance)

604.981.0125

North Shore Health

604.983.6700

North Shore Integrated Youth Services Initiative

(The Foundry)

info@bcyi.ca or <http://foundrybc.ca/>

North Shore Intensive Youth Outreach Service

604.984.3804

North Shore Multicultural Services

604.988.2931

Seaview Alcohol & Drug Program

604.926.9260

S.U.C.C.E.S.S. (Chinese Services)

604.684.1628

Youth and Family Psychiatric Outpatients

604.984.3777

Youth Health Centres

604.983.6700

West Coast Alternatives Society

(Drug & Alcohol Addiction)

604.984.0255

Emergency Resources

YWCA One Stop Career Shop for Youth

604.988.3766

B.C. Bereavement Help Line

604.738.9950

Facts of Life Line (Sex Sense)

604.731.7803

Harvest Project

(Food, Shelter, Clothing, Counselling)

604.983.9488

Help Line for Children

604.310.1234

Kids Help Phone

1.800.668.6868

Lions Gate Hospital

604.988.3131

Police/Fire/Ambulance

911

Pride Line (Gay Info Line)

1.800.566.1170

Provincial Centralized Screening Team

(Suspected Abuse) 604.660.4927

Shelter/Food Emergency Line (24 hr)

604.660.3194

Squamish Nation Crisis Line

604.904.1257

Suicide Crisis Line

Greater Vancouver: 604.872.3311

Toll Free: 1.866.661.3311

Victims Info Line

1.800.563.0808

Rape Crisis Line (24 hr)

604.255.6344

Women's Crisis Line (24 hr)

604.987.3374

Youth Against Violence

1.800.680.4264

West Vancouver Schools Counselling Services



The focus of school counselling is to enhance the emotional and developmental needs of students, empower students toward positive change, and assist with the development of a healthy school culture.

COUNSELLING SERVICES

Counselling, Consultation, Co-ordination, Education

Counselling

This is a confidential relationship in which the counsellor meets individually or in small groups with students, teachers, family members, and/or community. The counsellor provides a safe, non-judgmental environment where a therapeutic relationship can be formed to facilitate emotional healing, empowerment toward positive change, development of coping strategies, and awareness of developmental issues.

Confidentiality means that what a child talks about and shares in session is private between the counsellor and the child. This is one of the most important components of counselling. The exceptions to confidentiality are harm to self, others, or being harmed. Parental permission is required for elementary students to see a school counsellor on an ongoing basis.

Counsellors facilitate educational and social/emotional development by providing the following types of service:

Preventative

Education and early identification of potential social/emotional difficulties for individuals, and positive change for the school as a whole.

Developmental

Education and guidance regarding normal life cycle changes.

Remedial

Addressing distress and crisis situations through therapeutic intervention.

Consultation

School counsellors collaborate with students, other educators, parents, community professionals, and the school based team in planning goals and effective strategies for individual students, groups and the school as a whole. The counsellor's role is not that of a disciplinarian but one who helps in the development of effective behavioural change. They may assist with the development of Individual Education Plans (IEPs), behavioural management plans, and Interagency Case Management Plans.

Co-ordination

Counsellors assist in the co-ordination of school and community services for students through referrals, case management, and liaison among home, school, agencies, and community.

Education

School counsellors provide support to other educators in implementing the Career and Personal Planning curriculum and in promoting healthy school environments. They also provided direct instruction to individuals and groups in areas such as peer helping, conflict resolution, parenting, diversity and social skills.

Secondary counsellors may provide assistance with course selection, post-secondary planning, scholarship/bursary information and career planning.

PROFESSIONAL GUIDELINES

West Vancouver school counsellors possess a professional teaching certificate and have specialized training in Counselling Psychology. BC school counsellors Code of Ethics are available at the following web site: <http://www.bcschoolcounsellor.com/legal-ethical-guidelines> or by calling: 1-800-663-9163



CRITICAL INCIDENT TEAM

The West Vancouver School District has a critical incident team. In the event of a trauma at a school various members of the team may be called upon to provide counselling services to support school staff in dealing with incidents that affect the students, staff, and community.