

**WEST VANCOUVER SECONDARY SCHOOL**

1750 Mathers Avenue  
West Vancouver, BC V7V 2G7  
(604) 981-1100  
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**Non-FIT Day Schedule – Tuesday/Wednesday/Friday**

Time Period	Activity	Minutes
8:30 – 9:50	Block 1	80 min (I)
9:50 – 10:00	Transition	10 min (N/I)
10:00 – 11:20	Block 2	80 min (I)
11:20 – 11:35	Break	15 min (N/I)
11:35 – 12:55	Block 3	80 min (I)
12:55 – 1:40	Lunch	45 min (N/I)
1:40 – 3:00	Block 4	80 min (I)
		<b>320 Instructional Minutes</b>
		<b>70 Non-Instructional Minutes</b>

**FIT Day Schedule – Monday/Thursday**

Time Period	Activity	Minutes
8:30 – 9:37	Block 1	67 min (I)
9:37 – 9:52	Break	15 min (N/I)
9:52 – 11:00	Block 2	68 min (I)
11:00 – 11:50	FIT	50 min (N/I)
11:50 – 12:55	Block 3	65 min (I)
12:55 – 1:40	Lunch	45 min (N/I)
1:40 – 2:50	Block 4	70 min (I)
		<b>320 Instructional Minutes</b>
		<b>60 Non-Instructional Minutes</b>

**Collaboration Time Schedule – Last Thursday of Every Month (not Dec./Mar./June)**

Time Period	Activity	Minutes
8:30 – 9:25	School Collaboration	55 mins (I)
9:30 – 10:35	Block 1	65 min (I)
10:40 – 11:40	Block 2	60 min (I)
11:40 – 11:55	Break	15 min (N/I)
11:55 – 12:55	Block 3	60 min (I)
12:55 – 1:40	Lunch	45 min (N/I)
1:40 – 2:45	Block 4	65 min (I)
		<b>305 Instructional Minutes</b>
		<b>60 Non-Instructional Minutes</b>

**Early Dismissal Day for Parent-Teacher conferences**

**Date: January 29, 2025**

<b>Time Period</b>	<b>Activity</b>	<b>Minutes</b>
8:30 – 9:15	Block 1	45 min (I)
9:20 – 10:05	Block 2	45 min (I)
10:05 – 10:25	Break	20 min (N/I)
10:25 – 11:10	Block 3	45 min (I)
11:15 – 12:00	Block 4	45 min (I)
1:00 – 3:00	P/T Conferences	210 min (N/I)
3:30 – 5:00		<b>180 Instructional Minutes</b>
		20 Non-Instructional Minutes

**Early Dismissal Day Prior to Winter Break (Friday, December 20<sup>th</sup>)**

<b>Time Period</b>	<b>Activity</b>	<b>Minutes</b>
8:30 – 9:20	Block 1	50 min (I)
9:20 – 10:10	Block 2	50 min (I)
10:10 – 10:20	Break	10 min (N/I)
10:20 – 11:10	Block 3	50 min (I)
11:10 – 12:00	Block 4	50 min (I)
		<b>200 Instructional Minutes</b>
		10 Non-Instructional Minutes

Total instructional minutes per day = ~320 minutes

Total non-instructional minutes per day = ~40 min (lunch) + 20 min (breaks) = ~60 minutes

**180 days of instruction required, 952 hours of instruction required**

171 regular days with 320 minutes of instruction (171 X 320 = 54,720 minutes = **912 hours**)

7 Collaboration Days (7 X 305 = 2135 minutes = **35.583 hours**)

2 days of early dismissals (2 X 180 = 360 minutes = **6 hours**)

Explanation of early dismissals:

- Parent-Teacher Conferences in January with dismissal at 12:00 p.m.:  
(4 blocks X 45 mins = **180 mins**)
- Dec. 20/2024: 12:00 pm dismissal; (4 blocks X 50 mins = **200 mins**)

Total Hours = 912 + 35.583 + 6 = 953.583

**Total Hours = 953.58**