

Thursday, February 22, 2024

Westcot Weekly Bulletin

[School Website](#)

[District Website](#)



**Daily Health Check** It is important that parents **continue** to do a thorough **DAILY HEALTH CHECK**. At school we have always followed the same procedures regarding student illnesses - when children are sick and not well enough to be at school and participate **fully in all aspects of the day**, for any reason, parents will be contacted and asked to pick up their child. The purpose of this has always been to ensure the child receives the care they need and that the illness is not spread at the school.



As one of the many ways Westcot will engage in the spirit of this day, all of our staff and students are learning the The Pink Shirt Day dance. We thank Ms. Marshall for incorporating this into each of her Physical Literacy classes this month. At 1:30 on February 28<sup>th</sup> we will gather on the field in our Family Teams led a team of WVPD officers and dance. **We are hoping for as many pink shirts as possible.** A sunny day would also be helpful!



West Vancouver School District PINK SHIRT DAY Dance Tutorial Videos please [click here](#)

**West Vancouver Schools Visitor Protocols** All parent/caregiver, visitors and volunteers are required to enter through the front doors and report to the school office to sign in. Parents and caregivers need to make prior arrangements before entering learning spaces during the school day (i.e., do NOT enter your child's classroom, even if it's just to drop off a lunch or project, these items should always be left at the office, so as not to disrupt the learning environment). This includes outdoor learning spaces such as the playground (recess), the field and the courtyard. Please do not "drop-in" on your child's teacher or other school staff. Email in advance or call the school to set up an appointment time. Staff are always happy to meet, but advance notice allows for us to give you our full attention at an appropriate time. Following these guidelines will help keep all of the children safe and protect the learning environment



Save the Date..

March 6<sup>th</sup> Planning Meeting  
Westcot WPAC Presents...  
Spring Fling

Join other parent volunteers in the Westcot library at 2:00 on Wednesday, March 6<sup>th</sup> to share your ideas and lend a hand. All are welcome. We hope to see you there.

**Fun Lunch Friday** Our hard working Fun Lunch team has a new opportunity for all who have been hoping for a Friday Fun Lunch. Aburi Market has confirmed they can deliver food to school every Friday starting from Feb 23. Aburi Market located at 1350 Marine Drive provides high-quality Japanese food at a very reasonable price. Go to [Munch a Lunch](#) now to place your order for February 23<sup>rd</sup>.

Fun Lunch ordering at Westcot continues to be open for hot lunch orders that will be delivered to school every Monday ~ Thursday with a rotating menu in each week. **It's time to reorder!** To order, click [HERE](#) After making your selections please go the very last menu > click 'Finished' > Next > Submit. Then follow the steps to make your online payment. **Please note that only paid orders will be processed.** Please only create an order if you are prepared to pay at the same time. **Please note there is a 10 day window between an order and when lunch will begin at school.**

If you have any questions, please email [westcotlunch@gmail.com](mailto:westcotlunch@gmail.com) **Please remember to send all necessary cutlery with your child. Cutlery will not be provided.** Thank-you for supporting Westcot PAC!





*The World of Yoga School*  
Kids Yoga and Music by Menka

[www.worldofyogaschool.com](http://www.worldofyogaschool.com) insta: [kidsyogadancemenka](#)

## FRIDAY KIDS YOGA CLASSES WITH MENKA AT WESTCOT ELEMENTARY

CLASSES ARE FUN USING ART, ANATOMY, STORIES, GAMES AND SONGS TO REINFORCE YOGA

**Yoga for the Body (Spine) and Mind**

Equip your children for life's hullabaloo. Gift them with yoga: gratitude, stillness, self regulation, and physical resilience. Prevent injuries, understand our anatomy and embrace mobility. Breathe, chant affirmations, meditate, and thrive.

**Apr 5 - June 14 2024**  
(No class on Apr 26 and May 17)

**Fridays After school**  
3-4 pm  
\$135 +GST (\$15/class)  
Mixed age



To register, sign up on the link:  
<https://forms.gle/DGZ4pTvrWrMcrzhy9>  
or contact [menkapurswaney@gmail.com](mailto:menkapurswaney@gmail.com) 604 861 3309

## District Events

**Returning to Westcot for the 2024 – 2025 School Year?** As we are currently accepting new registrations for the 2024-25 school year, we are trying to predict as closely as possible whether or not we have room for those new students interested in joining our school. We understand that job transfers happen and relocations can occur without much notice however, please indicate to the best of your knowledge whether your child will not be returning to us in September (and we certainly hope he/she will be!). This will greatly assist us in knowing how many spaces are available. Please note that if you are planning to return to Westcot, students are expected to be present (at school) by September 5, 2024 to guarantee their spot for the 2024 - 2025. **If you know you will not be returning to Westcot please let Ms. Satchell know in writing as soon as possible.** [rsatchell@wvschools.ca](mailto:rsatchell@wvschools.ca)

## Community Connections

**Safe Schools Presentations for Parents/Guardians/Caregivers** The Ministry of Education and Child Care, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

Key Takeaways for Participants:

- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.

Participants must register in advance due to limited capacity. Session dates are:

- February 20th, 6:00 – 7:30 pm PST [Click here to Register](#)
- February 22nd, 6:00 – 7:30 pm PST [Click here to Register](#)
- February 28th, 6:00 – 7:30 pm PST [Click here to Register](#)

**St. David's Church Parking Update** We have been advised that next Thursday, Feb. 22<sup>nd</sup> and Friday, Feb. 23<sup>rd</sup> all day – the church parking lot will be used for movie production staff so parents won't be able to use the lot for pick up and drop off. Please do not attempt to park in the lot.

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal [cratz@wvschools.ca](mailto:cratz@wvschools.ca) if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect and confidentiality.

**WE ARE ALL CONNECTED: HOW FAMILIES CAN SUPPORT CHILDREN'S K - 12 PEER RELATIONSHIPS**

**PLEASE JOIN US FOR AN EVENING WITH DIANA DIVECHA, PH.D**

Children's relationships with their peers are crucial anchors of their wellbeing in every phase of development. What does the science show about how families and schools can foster supportive relationships at different ages? What's normal, and when should we help? How can we prevent or help kids recover from harmful relationship experiences?

We will hear from an expert who can offer practical advice and explain the science behind how families and schools can foster supportive relationships at different ages.

**Dr. Diana Divecha, Developmental psychologist, Yale Child Study Centre**

This event is free

IN ORDER TO RECEIVE YOUR LINK TO THE EVENT PLEASE REGISTER AT [DPAC@WVSCHOOLS.CA](mailto:DPAC@WVSCHOOLS.CA)

MARCH 7TH  
7PM-8:30PM  
VIRTUAL

We are collecting questions from attendees in advance instead of a live audience Q&A. Do you have questions for our speaker? Please fill email them to: [dpac@wvschools.ca](mailto:dpac@wvschools.ca)

 

February	26	Class Photos
March	8	Norooz Event Westcot Gym
	15	Last Day Before Spring Break Term 2 Reporting Update
April	2	School Reopens
	25	Grades 4 - 7 Musical Showcase *Note new date! Details to follow.
May	2	Student Led Conferences 8:50 - 10:15 am
	8	WPAC Meeting Virtual 9:30 am
	9	Welcome to Kindergarten Event
	16	Sports Day Early Dismissal 12:00 pm
	17	Professional Development Day (No school for students)
	20	Victoria day Holiday (Schools Closed)
June	5	WPAC AGM June 5 9:30 Virtual
	6	District Track Meet SFU
	13	Spring Fling
	26	Grade 7 Farewell Ceremony 11:00am Last Day for Grade 7
	27	Last Day of School for K - 6 Term 3 Reporting Update 12:00 Dismissal



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