



**WEST BAY
ELEMENTARY**

THE WOLF

WOLF WEEK BEGINNING 10 NOVEMBER

[West Bay Website](#)

[2026-27 KINDERGARTEN AND CATCHMENT GR 1-12 REGISTRATION](#)



WEST BAY INSTAGRAM ACCOUNT [HERE](#)



HOW LEARNING WORKS @ WEST BAY

INQUIRY, LEADERSHIP & THE IB JOURNEY

JOIN US FOR AN INFORMATIVE SESSION EXPLORING OUR INTERNATIONAL BACCALAUREATE (IB) APPROACH TO EDUCATION — A GLOBALLY RECOGNIZED PROGRAM THAT OPENS DOORS TO FUTURE OPPORTUNITIES AROUND THE WORLD AND HOW WE TAILOR THIS TO OUR WEST BAY LEARNERS.

IF YOU ARE INTERESTED IN ATTENDING, PLEASE REGISTER HERE TO HELP US PREPARE AND SHARE ANY ADDITIONAL TOPICS YOU WOULD LIKE TO EXPLORE.

WEST BAY LEARNING COMMONS, NOVEMBER 7TH 9:15 - 10:45 AM.
COFFEE AND COOKIES PROVIDED.

1 WHAT IMPACT HAS RESEARCH IN LITERACY INSTRUCTION AND BRAIN SCIENCE HAD ON READING EDUCATION?

2 WHAT IS THE DIFFERENCE BETWEEN NUMERACY AND MATHEMATICS, AND WHY, WITH THE IMMENSE TECHNOLOGICAL ADVANCEMENTS HUMANS HAVE MADE, ARE WE TEACHING MATH DIFFERENTLY?

3 WHY DID WEST BAY CHOOSE LEADERSHIP AS OUR SCHOOL GOAL AND WHAT ARE WE DOING TO DEVELOP OUR STUDENTS' LEADERSHIP SKILLS?

4 WHAT IS THE IB PATHWAY AND WHAT DOES IT OFFER MY CHILD?



**WEST BAY
ELEMENTARY**

[LINK here](#)

SPIRIT WEAR FRIDAY
Wear your Spirit Wear tomorrow



**WEST BAY
ELEMENTARY**

**REMEMBRANCE DAY
ASSEMBLY**
10 November @ 11:25 AM
West Bay Remembers



*Please bring Poppy Donations to
school on the morning of
10 November*

GRADE 7 VOLLEYBALL

Teams played enthusiastically and showed increasing skill in their games against Hollyburn this week. Coaches are impressed with their sportsmanship and quick improvement.



Game #4 vs Pauline Johnson - Tuesday 18 November - Girls At Home, Boys Away

NOVEMBER

7	Parent Ed Session, 09:15 PAC Exec Meeting, 1:00 PM
10	Remembrance Day Assembly
11	Remembrance Day Stat
14	Popcorn Sale
17-21	Scholastic Book Fair
18	VB Game #4 vs Pauline Johnson
24	Professional Development Day
25	ELL Tea at 09:00-10:00 in LC Grade 6 Field Trip to Space Centre Deadline for Poinsettia Orders
26	Boys VB Jamboree - 1:30 PM
27	Girls VB Jamboree - 1:30 PM
28	PAC Meeting @ 09:00 AM Craft Fair, 3-5 PM in Gym

**POPCORN
SALE**

NOV. 14
10:50 AM

\$2 TO
GRADE 7
GRAD



**RETAKE PHOTO ORDERING
DEADLINE 17 NOVEMBER**

[Click Here](#) to find out more about ordering.

Phone: 1.888.644.4494 Email:
help@mountainwest.ca

LITTLE WOLVES LITTLE LIBRARY

Can you spare a book?

WE ARE GIVING OUR CHERISHED LITTLE LIBRARY AN UPGRADE AND ARE LOOKING FOR BOOK DONATIONS

Books will be collected in a labeled bin at the front of the school until NOVEMBER 14th.

**Stay tuned for our our
Grand Re-Opening !**

WEST BAY'S 2023-2026 SCHOOL GOAL FESL (Framework for Enhancing Student Learning)

PLAN SUMMARY IS [HERE](#). West Bay students will cultivate a deep understanding of their Learner Profile attributes, empowering them to (1) become proactive leaders in their educational journey, (2) confidently navigate conflict resolution, and (3) passionately support causes they care about

KINDERGARTEN SELF-MANAGEMENT SKILLS

I can follow the steps in order to make a poppy for our wreath. First, we cut out four heart shapes. Then, we glue them onto the white paper. Finally, we add the black tissue to the center.



WHO WE ARE

Knowing who we are helps people connect with others
Grade 7 Students visited the library to expand their research and inquiry into ancient civilizations.

Their lines of inquiry for this unit are :
Discovering who we are
Connecting with other people and
How behaviour influences connection.



SELF REFLECTION AND CONFIDENCE IN DIV 14
What is your superpower?



HOW THE WORLD WORKS

Through science we ask questions and seek answers to grow our scientific knowledge
Div 12 students have been documenting their observations like scientists. With Ms Bourget they explored how natural materials can be transformed into art - they mixed beetroot powder, butterfly pea flower powder and turmeric to create earth pigments. After making all their paint swatches students tried to match colours to objects from nature.



GRADE 3 CELEBRATION OF LEARNING

Thank you to all the parents who came to this week's Celebration of Learning as students finished their Unit of Inquiry - "Sharing the Planet". It was a powerful opportunity for students to make their learning public and gain confidence by presenting it to a keen audience.

Students reflected on their learning by communicating what they know and what they are inquiring about. Click [HERE](#) to hear more.



THIS WEEK'S LEADERSHIP MOMENTS
Week 3 November - Click [HERE](#) for details.





WEST BAY HOLIDAY OUTREACH SUPPORTING EDMONDS COMMUNITY SCHOOL

[DONATE TODAY](#)



IN PAST YEARS: Each of our 16 West Bay classes prepared a holiday hamper for a family in need at Edmonds Community School. Recently, we learned that the Edmonds staff actually divided those hampers among about 40 FAMILIES to ensure that every family in need received some support.

The Edmonds team thoughtfully prioritizes help for families living at or near the poverty line, single-parent households & families with children who have special needs.

NEW APPROACH: This year, we're doing things a little differently. Instead of preparing 16 hampers, we'll collect donations from our West Bay community & provide them directly to the Edmonds staff to distribute based on individual family needs.

HOW YOU CAN HELP (NOV 7–28):

- **Donate money** – Funds will be used by a West Bay purchasing committee to buy: ***Grocery gift cards for local stores near Edmonds & Gifts for children, based on a list provided by Edmonds staff.***
- **Donate winter clothing** – Donate new or gently used winter items for children or adults. A box will be at the main entrance, wrapped in festive paper. *Most needed: coats, snow pants, mittens, toques, and boots.*

OUR GOAL: To raise \$10,000 — enough to provide about \$250 per family for roughly 40 families at Edmonds. We understand not every West Bay family can contribute — that's okay! Every donation, big or small, helps & reflects our shared spirit of generosity.

TRANSPARENCY & UPDATES: Each week, we'll share an update in The Wolf on fundraising progress. In early December, we'll buy the grocery gift cards and gifts — and share a summary of how our community came together to support these families.

Our PAC is honored to continue this partnership and to play a small part in supporting the Edmonds community. Through this initiative, we not only share gifts and essentials — we share compassion, inclusion, and the spirit of community that connects us all and make a meaningful difference for families in need.

Warmly,

The West Bay Holiday Initiative Team

[DONATE TODAY](#)

HALLOWEEN PORTRAITS

Thank you to all of the parent volunteers who turned out on Friday to help with crafts and organise treats for class celebrations. Thank you video [HERE](#) from Division 11.



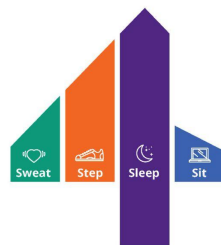
Physical Activity and Physical Literacy: Children and Youth Ages 5-17



Every move counts!

- Any amount and type of physical activity is good for you
- Outdoor play has additional benefits for mental wellness
- Try different activities to find something you like
- It should be fun!**

Parent/ caregiver: Aim to provide safe and varied opportunities for movement.



The Canadian 24-Hour Movement Guidelines suggest children and youth:



Sweat

Be active each day – enjoy at least 1 hour of daily moderate to vigorous activities. Take part in muscle strength and bone-strengthening activities 3 times per week or more.



Step

Enjoy several hours of light intensity physical activity.



Sleep

Sleep well, 8-11 hours, with consistent routines.



Sit

Minimize and break up screen and sedentary time as much as possible.

Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and participate in physical activities for life.

Children and youth become physically literate through physical activity, which develops **movement skills** that **enable participation** in activities as they age. Getting active early increases the likelihood that participation and its benefits will continue into adulthood.

Physical activity can...



Improve mood and help you manage emotions



Help you move your body in all the ways you want to



Make it easier to fall asleep



Boost your immune system



Improve your ability to focus and do better in school



Provide opportunities to make friends

Ideas to add in more activity:

- When possible, replace screen time with active time.
- Join a sports team or an activity group.
- Create an obstacle course using what you have on hand.
- Visit a playground.
- Try something new: soccer, dance, drumming, lacrosse, etc.
- Spend more time outdoors.
- Try geocaching.
- Get active as a family – explore a new park or trail, plan a nature scavenger hunt, or have a dance competition.
- Dance to your favorite songs.
- Play with a neighbour/friend.
- Try different seasonal activities: swimming in the summer, sledding or skating in the winter.
- Choose active transportation (e.g. walking, cycling, rolling, bussing).
- Walk a dog.



Additional activity ideas Additional ideas at Pacific Institute for Sport Education



View 24-Hour Movement guidelines in full csepguidelines.ca/guidelines/children-youth





PAC NEWS, EVENTS, HIGHLIGHTS & RESOURCES



A PLAYGROUND WHERE EVERY CHILD BELONGS

West Bay is creating a new accessible and inclusive playground that celebrates play and belonging for every child. At our PAC Meeting on November 28, we'll vote to transfer \$100,000 from our General Account to our District Trust Account to kick off the **Playground Fund** — the first big step toward making it happen!

With a \$200,000 government grant and **matching community fundraising** over the next two years, we'll create a lasting legacy of joy, discovery, and inclusion for generations to come. **LET'S DO THIS!**



HIGHLIGHTS OF THE WEEK FUNDING FUTURES

\$660 RAISED SO FAR...

OUR MISSION: Funding Futures helps bring new programs, equipment, and enrichment opportunities to West Bay. We'll need to raise over \$200,000 over the next 2 years to make these happen. Check our [website](#) for new initiatives and help shape our school's future by **sponsoring one of these items today.**



3/6

Thank you to the families that donated!

NEW ENTRANCE RUG
CAD\$250.00



1/16

Thank you to the family that donated!

HOLIDAY DECORATIONS IN DECEMBER
CAD\$50.00



Thank you to the families that donated!

RAINY DAY – GLOW LIGHT DANCE PARTY
CAD\$100.00



SCHOOL EVENTS & FUNDRAISERS GIVE BACK & STAY ENGAGED



PAC MEETING



NEW DATE
Fri, Nov 28 @ 9AM

HOT LUNCH



ORDER your
Hot Lunch today.

WHATSAPP



JOIN our WhatsApp
to stay connected.

CRAFT FAIR



Fri, Nov 28, 3-5 PM -
Signup for a table



FRIDAY, NOVEMBER 28 | 3-5PM ANNUAL HOLIDAY CRAFT FAIR

Calling all makers! Support the Grade 7 Grad Fundraiser by selling your handmade goods. **SIGN-UP TODAY** and e-transfer \$20 to elsapasto@gmail.com by Nov 7 to save your table. Bring your cash float and table cover — and have fun! One table per family.

THANKS & HAPPY CRAFTING!

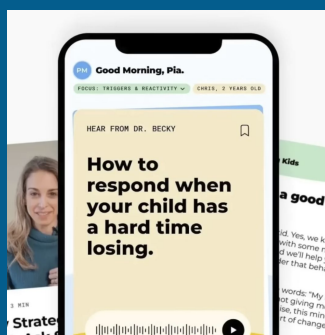


Sharing Ideas, Sparking Learning PODCASTS YOU MIGHT LIKE

SHARE YOUR PODCASTS

At West Bay, we believe learning is lifelong. Here are some recommend **podcasts** to explore on parenting, education, wellness, and more. Add **YOUR FAVORITES** to our growing library. *Note: These resources & community-shared & reflect a variety of viewpoints.*

A BIT OF OPTIMISM



Simon Sinek & Dr. Becky on parenting, boundaries, and sturdy leadership.

RAISING HUMANS



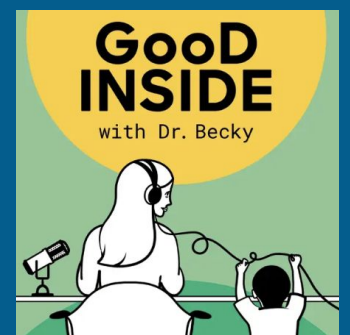
Dr Aliza Pressman talks about the bigger picture of raising good humans.

HAPPINESS LAB



Dr. Laurie Santos studied the science of happiness & found that many of us do the exact opposite.

GOOD INSIDE



Good Inside – Dr. Becky features **Jonathan Haidt** author of the *Anxious Generation*.

HOLIDAY PLANT FUNDRAISER

Click [HERE](#) to order by 25 November

Collection 10 December,
2:50-3:30 PM

Credit card payment only

Funds raised go towards Grad celebrations at both Edmonds (our sister school) and West Bay



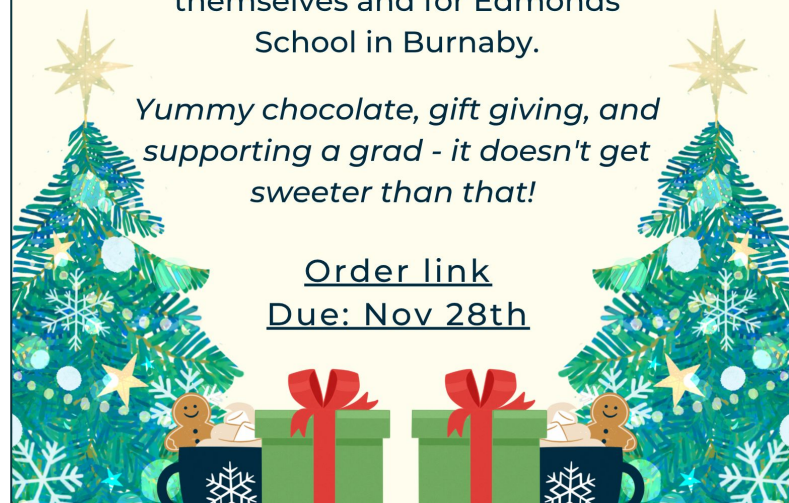
PURDYS CHOCOLATES - CLICK [HERE](#) TO ORDER BY 28 NOVEMBER - COLLECTION ON 10 DECEMBER

PURDYS HOLIDAY FUNDRAISER

Grade 7 students are selling Purdys chocolates as fundraising towards a Grad dinner for themselves and for Edmonds School in Burnaby.

Yummy chocolate, gift giving, and supporting a grad - it doesn't get sweeter than that!

[Order link](#)
[Due: Nov 28th](#)



Rockridge Secondary is West Bay's high school feeder school so Grade 7 students do not need to apply for Rockridge.

**Out-of-Catchment and Out-of-District
Registrations opens on
Thursday, January 15th, 2026 @ 08:00**

Click [HERE](#) to register.
Have all your documents ready to upload in **pdf format** before you go online.

[HERE](#) are document requirements.

SCHOOL LOCATOR [HERE](#)

HIGH SCHOOL OPEN HOUSES

West Vancouver Secondary School
6 January @ 6:30 PM

Sentinel Secondary School
7 January @ 6:30 PM

Rockridge Secondary School
8 January @ 7:30 PM

GARAGE SALE

**Come and do your present
shopping—all proceeds go
towards Grad Celebrations for
Edmonds and West Bay**

3 DECEMBER

12:30-1:30 PM—GYM

All Items less than \$5

Cash but Tap Available

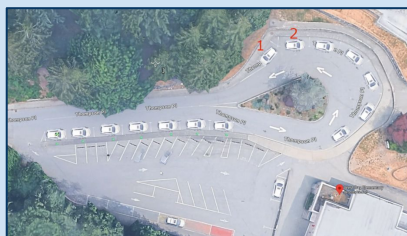
A PROBLEM WITH SOLUTIONS

It takes way too long for parents to pick up their children after school. Fortunately, this problem is solvable. The most helpful are:

1. Please pull up as far as you can to pick up your child so cars behind you can do the same.
2. If you absolutely have to get out of your car, please wait until you are in the furthest spot forward so you are not in the way.
3. Please remind your child (we'll do the same) to be ready for you: they are looking for your car and have their backpack ready.

DROP-OFF AND PICK-UP

Please ensure you pull as far forward as possible to avoid a backlog behind you. If you need to get out to look for your child, wait until you are in spots 1 or 2.



PARKING DOS AND DON'TS



Click [HERE](#) for more information.

ONLY Kindergarten families are permitted to park in the upper field lot at the beginning and end of the school day. Please display your K decal.

VOLUNTARY ABSENCES FROM SCHOOL

Please understand that if you are choosing to take extended holidays when classes are in session, teachers cannot replicate the learning that happens within the classroom and are not able to provide online learning opportunities.

Our teachers do their very best to support students during required absences due to illness, however, when the absence is voluntary and a family's choice (such as extending a weekend, holiday, or vacation), it is a family's responsibility to maintain academic learning at home.

Please take time to read with your child, have them write in a "holiday" journal, do Math IXL online, participate in any assignments shared via Google Classroom (intermediate students), and take advantage of other emergent opportunities to practise foundational skills (e.g. following instructions and using math while cooking).

Families may email their child's teacher(s) to see if there is other work their child can do, however, our teachers' energy and focus continues to be on the learning of students within the classroom

Personal Digital Device Use at West Bay

We ask families to support a learning-focused approach to technology at school by refraining from using your mobile phone when on the school grounds. When children see others on phones, they are drawn to theirs too.

Further information on our School District's policy regarding personal digital device use can be found [here](#) and parent resource infographics on social media use are [here](#).

Personal Digital Device Use

7:50 AM – 8:50 AM
Student Arrival

Students can send text messages and make phone calls on their mobile phone.

Students cannot play video games, use social media, take or view photos or videos, listen to music, etc. No laptop or tablet use.

8:50 AM – 2:50 PM +
School Events

Students are only allowed to use their device when given permission by a staff member and are supervised by a staff member.

Devices are to be stored in silent mode or off.

2:50-3:50 PM
Student Departure

Students can send text messages and make phone calls on their mobile phone.

Students cannot play video games, use social media, take or view photos or videos, listen to music, etc. No laptop or tablet use.

USEFUL LINKS

[2025-26 YEAR IN A GLANCE CALENDAR](#)

[CODE OF CONDUCT](#)

[SCHOOL CASH ONLINE](#)

[SCHOOL CASH ONLINE INSTRUCTIONS](#)

[MYEDUCATION BC](#)

[VCH VACCINATION PROCESS](#)

[DOCUMENT UPLOAD LINK](#)

[MYED BC FAMILY PORTAL PAGE](#)

WHEN TO KEEP YOUR CHILD HOME

[CLICK HERE FOR FIND OUT](#)



HOT LUNCH ORDERING Ongoing Ordering [Here](#)

(1 week window
- this is a change)

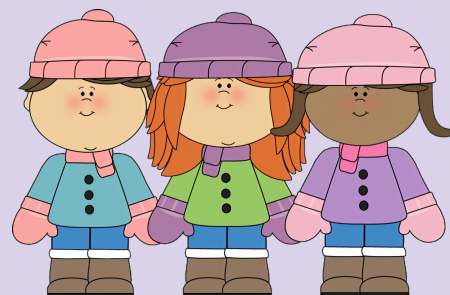
Monday - Fresh Bay Pizza
Tuesday - Aburi
Wednesday - Well Fed
Friday - Panago and Well Fed

Any questions - email
hotlunchwb@gmail.com

HOT LUNCH

NO SUCH THING AS INCLEMENT WEATHER JUST INAPPROPRIATE CLOTHING

Please ensure your child/ren are dressed in appropriate outdoor clothing for the inclement weather ahead and have a change of clothes in their backpack.



WEST BAY PAC/DISTRICT/COMMUNITY



DPAC	EXECUTIVE MEETINGS	PAC MEETINGS
5 November	7 November - 1 PM	28 November
3 December	5 December	No Meeting
7 January	9 January	16 January
4 February	6 February	20 February
4 March	6 March	No Meeting
1 April	10 April	17 April
6 May	8 May	22 May
3 June	TBD	9 June

PAC MEETING - 28 NOVEMBER
PLAYGROUND FUND UPDATE
(Join us in the Learning Commons at 09:00)
PLEASE NOTE THE DATE CHANGE ABOVE

At the next PAC meeting on November 28, PAC will be putting forth a motion to move \$100,000 from our GIC into the District Trust Account for a new Playground Fund.

OCTOBER PAC MINUTES [HERE](#)
FUND TRANSFER PROPOSAL [HERE](#)

COMMUNITY CONNECTIONS

Local programs, events, and resources will be found in one convenient location, accessible through a [single link](#) rather than detailed in school newsletters.

Scott Slater
Principal
West Bay Elementary | Cypress Park Primary
IB World Schools
Pronouns: He/Him/His
Office 604 981 1260 **Direct** 604 981 1264



I acknowledge and am thankful to live, learn, and work on the territory of the Coast Salish people, specifically the Sḵwəwú7mesh (Squamish) Nation, on whose territory West Vancouver Schools resides.

LITERACY AND LANGUAGE DEVELOPMENT

Join us for an engaging session on supporting your child’s literacy and language development. Presented by **West Vancouver Schools** in partnership with the **West Vancouver Memorial Library**, these workshops will explore practical strategies to foster a love of reading, build foundational skills, and create strong home–school connections. Sessions will include insights from district educators and library staff, highlighting local resources that help every child thrive academically. All sessions will take place in Welsh Hall at the West Vancouver Memorial Library. Session dates are as follows:

November 18th

Parents of Kindergarten – Grade 3 students (Register NOW!)

January 27th - Parents of Grades 4 – 7 students -

March 3rd – Parents of Grades 8 – 12 students

Parent Literacy Workshops

Tuesdays 5:30-6:45pm

- Nov 18: Grades K-3
- Jan 27: Grades 4-7
- Mar 3: Grades 8-12

West Vancouver Memorial Library - Welsh Hall

Supporting Readers Today for Academic Success Tomorrow

Discover practical ways to support your child’s literacy and language development at home and in the community.

In partnership with the West Vancouver Memorial Library, these engaging session will share strategies, local resources, and ideas to help foster a lifelong love of reading.

Presenters:

- Mary Parackal, Vice Principal of Early Learning – West Vancouver Schools
- Michelle LaBounty, District Principal of Teaching & Learning – West Vancouver Schools
- Shannon Ozirny, Head of Youth Services – West Vancouver Memorial Library

WEST VANCOUVER SCHOOLS | west vancouver LIBRARY

K - GRADE 3 PARENT LITERACY WORKSHOP:

TUESDAY NOV 18TH 5:30-6:45PM

WELSH HALL WEST VAN MEMORIAL LIBRARY

BUILDING FOUNDATIONS FOR LITERACY AND ACADEMIC SUCCESS

Join us for an engaging evening designed for parents of children in Kindergarten to Grade 3.

Learn about the curriculum, practical strategies, resources, and ideas to help your child build strong literacy foundations and thrive as a learner.

Topics Covered

- Creating conditions that support academic success
- Building foundational literacy skills and practices
- Reading for communication and connection

Register here!

Presenters:

- Mary Parackal, Vice Principal of Early Learning
- Michelle LaBounty, District Principal of Teaching & Learning
- Shannon Ozirny, Head of Youth Services – West Vancouver Memorial Library

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