



**WEST BAY**  
ELEMENTARY

# THE WOLF

WOLF WEEK BEGINNING 29 SEPTEMBER

[West Bay Website](#)

REGISTRATION OPEN ONLINE NOW CLICK [HERE](#) TO REGISTER FOR 2025-26 SCHOOL YEAR



WEST BAY INSTAGRAM ACCOUNT [HERE](#)



## CROSS COUNTRY SEASON

*Practices (last one 6 October)*

*Monday and Thursdays at 8:15*

Congratulations to our runners who competed on Tuesday at Ambleside. Way to Go Wolves! One more Meet to go.



**Last Meet #3 - Tuesday 7 October @ 3:30**

## THANK YOU PARENTS

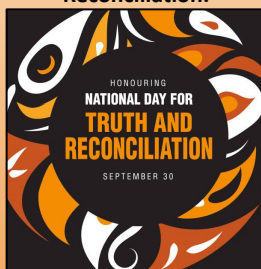


A huge thank you to our incredible PAC for organizing such a warm and welcoming community event. It was wonderful to see families, staff, and students connecting, laughing, and sharing in the joy of the start of another school year.

## ORANGE SHIRT DAY - 29 SEPT

The day raises awareness about the impacts of residential schools on children, families, and communities. It honours Indigenous children who were lost in the residential school system. This day reminds us that "Every Child Matters".

Show your support and wear ORANGE on Monday. On Tuesday, West Bay is closed for the National Day for Truth and Reconciliation.

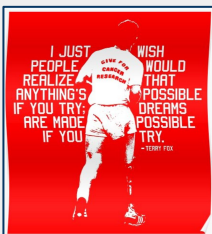


## TERRY FOX RUN - 3 OCTOBER

**(Wear your Red and White)**

Students will be running on the afternoon of Friday 3 October for Terry Fox. Please show your support of the Terry Fox Foundation and fight against cancer by sending in a Toonie with your child/ren on Friday or help us reach our \$1,000 target by donating on link below

**FUNDRAISING LINK HERE** If you wish to come and support the run, the field will be open at 1:30 for parking. The run will begin at 2 PM and you can join the run or cheer on runners. Students will congregate near the flag pole so you can find your child there.



## WEST BAY CELEBRATES 3 OCTOBER



## WEST BAY SPIRIT WEAR

(Only 1 Order Cycle Per Yr)

**ON SALE NOW UNTIL  
1 OCTOBER, 2025 - ORDER [HERE](#)**

**25-26 GRAD HOODIES  
ON SALE NOW UNTIL  
1 OCTOBER, 2025 - ORDER [HERE](#)**



## SEPTEMBER CALENDAR

26 Professional Development Day

29 Orange Shirt Day

30 Truth and Reconciliation Stat

## OCTOBER CALENDAR

1 Deadline for Spirit Wear Orders

2 1st Lights Up Class After School

3 World Teachers Day  
Terry Fox Run in the PM

6 Individual Photo Day

7 Cross Country Meet #3

13 School Appointments Open  
For Learning Conferences

13 Thanksgiving Statutory Holiday

15 26-27 ONLINE REGISTRATION  
FOR KINDERGARTEN AND  
CATCHMENT GR 1-7 OPENS

21 School Appointments Close  
Gr 7 Volleyball Game #1

22/23 Learning Conferences  
11:20 Early Dismissals

24 Professional Development Day

27 Retake Photo Day

28 Gr 7 Volleyball Game #2

## WEST BAY'S 2023-2026 SCHOOL GOAL FESL (Framework for Enhancing Student Learning)

PLAN SUMMARY IS [HERE](#). West Bay students will cultivate a deep understanding of their Learner Profile attributes, empowering them to (1) become proactive leaders in their educational journey, (2) confidently navigate conflict resolution, and (3) passionately support causes they care about



### UNIT OF INQUIRY- UNIT THEMES

Grade 5 students began their discussions of inquiry by exploring the IB themes as a whole. Learners engaged with the central ideas and drew inspiration from nature to represent each theme in meaningful ways.

Working collaboratively in groups, they shared perspectives, made connections, and reflected deeply on what each theme represents. To bring their thinking to life, groups created visual demonstrations that showcased their creativity, understanding, and unique interpretations of the IB themes through the lens of nature.



### BUILDING BRIDGES

To launch their new unit of inquiry **WHO WE ARE**, Grade 2 students were given Play-doh and popsicle sticks to build physical bridges as well as cooperate with classmates. A number of challenges were included: only a few materials, a team of 4 students to collaborate with, limited time etc. Students felt the frustration of these complications. This provocation was designed to encourage students to reflect on what would help them be more successful - only 1 partner, more Play-doh and more time to design and change the structures when they fell down.

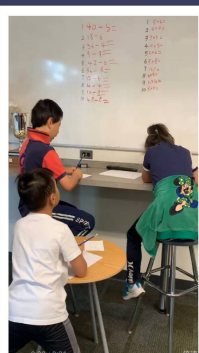


### MONDAY MORNING MATHEMATICIANS

Crunching numbers before school in the Learning Commons.

All Grades from 08:15 AM. Sign up [HERE](#).

**Thank you to our student and parent volunteers.**



### OUTDOOR SCHOOL AT CAMP SUMMIT

Our visit to Camp Summit supports the IB Learner Profile traits of being a Risk-Taker and a Communicator. Experiential education teaches valuable life skills such as goal setting, communication, decision-making, trust building, conflict resolution, leadership, and is a great way to build community among students. Thank you to our staff and parents for making this opportunity available to students!

**(More pics on the last page)**



### HOW TO ORGANISE YOURSELF IN GRADE 1

*Strong communities are the results of being connected to family and community and working together towards common goals.*

**CLICK [HERE](#) TO SEE HOW**



### EXPLORING ECOSYSTEMS AT THE BEACH

Grade 3 students had a blast exploring ecosystems by visiting their local beaches! An ecosystem is a community where living things interact with each other and with their environment. At the beach, students discovered crabs, seaweed, shells, and shorebirds, and learned how they all depend on each other to survive. These hands-on experiences help students see the balance of nature and the important role each part of the ecosystem plays.





OCTOBER EVENTS COMING UP  
AT WEST VANCOUVER  
MEMORIAL LIBRARY

CREATE YOUR OWN  
FANTASY MAP



GRADES 6-7

1 OCTOBER, 3:45-5:00 PM

Have you ever wanted to create your own fantasy world? Join us in The Lab for some epic map-making fun!

[REGISTER HERE](#)

BOOK SALE  
(in Main Foyer)

SATURDAY

4 OCTOBER

10:00-2:00 PM

MIX A SONG



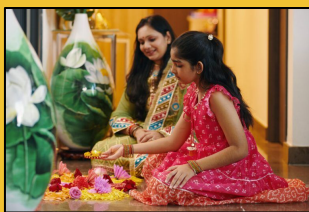
GRADES 6-7

18 OCTOBER, 10:30-12:00

Work with friends as you learn how to mix instrument samples in Ableton Live and produce the next chart-topper.

[REGISTER HERE](#)

DIWALI FESTIVAL OF  
LIGHTS



ALL AGES

18 OCTOBER, 2-3:30 PM

Learn about India's largest festival through stories, yoga, dance, and crafts.

[REGISTER HERE](#)

Personal Digital Device Use  
at West Bay

At West Bay, we want students to see technology as a tool for learning and to only use it when they have permission and are under the supervision of a staff member. Our device use is explained in the table below.

We ask families to support a learning-focused approach to technology at school by refraining from using your mobile phone when on the school grounds. When children see others on phones, they are drawn to theirs too.

Further information on our School District's policy regarding personal digital device use can be found [here](#) and parent resource infographics on social media use are [here](#).

Personal Digital  
Device Use  
at West Bay

7:50 AM –  
8:50 AM

Student  
Arrival

Students can send text messages and make phone calls on their mobile phone.

Students cannot play video games, use social media, take or view photos or videos, listen to music, etc. No laptop or tablet use.

8:50 AM –  
2:50 PM +  
School  
Events

Students are only allowed to use their device when given permission by a staff member and are supervised by a staff member.

Devices are to be stored in silent mode or off.

2:50-3:50  
PM

Student  
Departure

Students can send text messages and make phone calls on their mobile phone.

Students cannot play video games, use social media, take or view photos or videos, listen to music, etc. No laptop or tablet use.

WEST BAY WELCOMES DISCO

On Thursday afternoons, Disco, a therapy dog, will visit West Bay and be a reading buddy to some of our Grade 5 students. The opportunity is open to all Grade 5s with a focus on motivating reading.

While Disco will have little contact with students (he will be in a sideroom to the library), please let Principal Slater know if you have any questions or concerns.



VOLUNTARY ABSENCES FROM SCHOOL

Please understand that if you are choosing to take extended holidays when classes are in session, teachers cannot replicate the learning that happens within the classroom and are not able to provide online learning opportunities.

Our teachers do their very best to support students during required absences due to illness, however, when the absence is voluntary and a family's choice (such as extending a weekend, holiday, or vacation), it is a family's responsibility to maintain academic learning at home.

Please take time to read with your child, have them write in a "holiday" journal, do Math IXL online, participate in any assignments shared via Google Classroom (intermediate students), and take advantage of other emergent opportunities to practise foundational skills (e.g. following instructions and using math while cooking).

Families may email their child's teacher(s) to see if there is other work their child can do, however, our teachers' energy and focus continues to be on the learning of students within the classroom

PARKING DOS AND DON'TS



Click [HERE](#) for more information.

**Only Kindergarten families are permitted to park in the upper field lot at the beginning and end of the school day. Please display your K decal.**



## Parent's Guide to Discord



### General Information

Discord is a communication platform that allows users to interact via text, voice and video. It was initially used by gamers but now has spread to many other groups.

# 13

Discord's own policy states that users must be 13 or older. For a person who is younger than 13 to create a Discord account, they have LIED about their age.

Unfortunately, students as young as 10 and 11 years have gotten caught up in cyber-bullying and inappropriate activities on Discord.

### Public & Private Spaces

Discord has PUBLIC spaces (servers) that are available to all. Anything your child posts there can be seen by anyone. PRIVATE spaces are by invitation only.

### Livestream

Users can stream live video of themselves on Discord, for others to watch. Whether they are on a PRIVATE or PUBLIC server, this could expose them to people they don't know. By watching other people's livestreams, they could be exposed to information that is inappropriate, violent or sexual in nature.

### Did You Know?



In Canada, cyberbullying and child pornography can be criminal offenses. If your child participates in either of these, while using Discord (or other social media), you, as the parent, can be held liable for what they have done, and be prosecuted by law.

### Discord at School

West Vancouver Schools DOES NOT allow students to access Discord while using school wifi.



## If your child is under 13

- They SHOULD NOT be using Discord.
- As soon as they enter school grounds, their phone should be put away and not brought out again until they leave school grounds
- Consider holding off on getting them a phone as long as possible and if you do get them a phone, make sure you establish rules and guidelines over its use.

## Did you know?

- DM refers to a private discussion with a certain person on Discord.
- GDM refers to a group messaging situation of up to 10 invited people. Be aware that because of the limit, users can end up feeling left out if they are outside of the 10.
- Through Discord, students can end up being exposed to inappropriate content, cyberbullying and unknown contacts.
- Gamers still make up the lions share of Discord participants. Online gaming is one of the main ways predators groom their victims.

## If your child has Discord

- Make sure they are old enough to be on it - remember, at least 13!!
- Users are able to BLOCK and REPORT other users who are not following community guidelines. Make sure your child knows how to do this.
- Talk to them about their Discord use on a regular basis - find out what they're doing and who they are communicating with.
- Familiarize yourself with all of the safety settings and features then talk to your child about online safety and your family values and rules.
- Remember, YOU are the adult! If your child is not using Discord safely, you can shut off their data or wifi.

### COMMUNITY CONNECTIONS

Local programs, events, and resources will be found in one convenient location, accessible through a **single link** rather than detailed in school newsletters.

### USEFUL LINKS

[2025-26 YEAR IN A GLANCE CALENDAR](#)

[CODE OF CONDUCT](#)

[SCHOOL CASH ONLINE](#)

[SCHOOL CASH ONLINE INSTRUCTIONS](#)

[MYEDUCATION BC](#)

[VCH VACCINATION PROCESS](#)

[DOCUMENT UPLOAD LINK](#)

### HOT LUNCH ORDERING

#### Ongoing Ordering [Here](#)

(1 week window - this is a change)

Monday - Fresh Bay Pizza

Tuesday - Aburi

Wednesday - Well Fed

Friday - Panago and Well Fed

Any questions - email  
[hotlunchwb@gmail.com](mailto:hotlunchwb@gmail.com)

# HOT LUNCH





**PAC NEWS, EVENTS, HIGHLIGHTS & RESOURCES**



**FUNDRAISER**  
**HARVEST APPLES**

Support West Bay & enjoy the taste of fall with farm-fresh apples from BC's own [SunOka Fruit Farm](#)! These crisp, delicious apples are perfect for healthy snacks, baking, or sharing with family & friends.

Every box purchased helps raise funds for West Bay programs and activities that benefit our students. **On sale now until Wednesday, Oct 8.**

[ORDER YOUR APPLES](#)



**Sharing Ideas, Sparking Learning**  
**PODCASTS YOU MIGHT LIKE**

[SHARE YOUR PODCASTS](#)

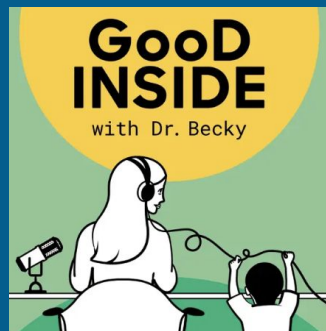
**At West Bay, we believe learning is lifelong.** Here are some recommend podcasts to explore on parenting, education, wellness, and more. Add **YOUR FAVORITES** to our growing library with a short summary to help others decide if it's a good fit. *Note: These resources are community-shared and reflect a variety of viewpoints, not official endorsements.*

**HUBERMAN LAB**



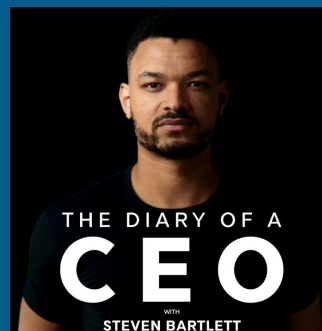
**Dr. Jamil Zaki** on how to Cultivate a Positive, Growth-Oriented Mindset. Conversations about being cynical vs. sceptical.

**GOOD INSIDE**



Good Inside – **Dr. Becky** features **Jonathan Haidt** author of the Anxious Generation. Geared towards Teens & Tweens.

**DIARY OF A CEO**



**Simon Sinek** speaks with **Steven Bartlett** on loneliness and how our society shapes people to be bad at being friends.

**RICH ROLL**  
**PODCAST**



**Scott Galloway** on Healthy Masculinity, How to Achieve Financial Security, & Why Vulnerability Is Power





## GET INVOLVED VOLUNTEERS & VOTES NEEDED

**Small roles, big impact!** Our school thrives thanks to the time, energy & spirit of our parent community. From the BBQ to Hot Lunch, Class Reps, or becoming a PAC Executive with our [Member at Large position](#) — every contribution counts.



### MEMBER AT LARGE

We're looking for enthusiastic parents to join the PAC Executive team as a **MEMBER AT LARGE!** [--NOMINATE--](#)



### HOT LUNCH VOLUNTEERS

Got an hour? Hot Lunch runs on parent power! Deliver lunches & catch an extra smile. [--Sign-up for Hot Lunch--](#)



## Easy for parents, fun for kids! HOT LUNCH ORDERS!

Did you know Hot Lunch is our biggest fundraiser of the year? It makes lunchtime simple for families while raising vital funds to support school programs & activities.

[Sign up to VOLUNTEER](#) today! First delivery – Mon, Sept 22.

[ORDER HOT LUNCH](#)

## SCHOOL FUNDRAISERS — FUN WAYS TO GIVE BACK

### CRAFT FAIR



**SAVE THE DATE**  
Fri, Nov 28, 5–7 PM

### SHOW YOUR SPIRIT



[West Bay Spirit Wear](#) is here.

### GRAD HOODIES



[ORDER Grad Hoodies](#)  
— **NOW or NEVER!**

### APPLES FOR ALL



[BUY LOCAL APPLES](#)  
from Sun-Oka Farms.

For up to date info, tickets, ordering & volunteer opportunities, visit our [website](#)

[VISIT OUR PAC WEBSITE](#)





2025-26 WEST BAY PAC EXECUTIVE	
Co PAC Chairs	Kelly Chesko Courtenay Payne
Treasurer	Richard Vernon
Co Secretaries	Lauren Buksevics Erin Baldwin Natalie Quilty
Members at Large	Payam Pournazari Alexis Omichinski
DPAC Reps	Nikki Hincks
Outgoing Chair	Neda Esmati

**Scott Slater**  
Principal  
West Bay Elementary | Cypress Park Primary  
IB World Schools  
Pronouns: He/Him/His  
Office 604 981 1260 Direct 604 981 1264



I acknowledge and am thankful to live, learn, and work on the territory of the Coast Salish people, specifically the Skwxwú7mesh (Squamish) Nation, on whose territory West Vancouver Schools resides.



