

#### THE WOLF

WOLF WEEK BEGINNING 22 SEPTEMBER
West Bay Website



REGISTRATION OPEN ONLINE NOW CLICK HERE TO REGISTER FOR 2025-26 SCHOOL YEAR



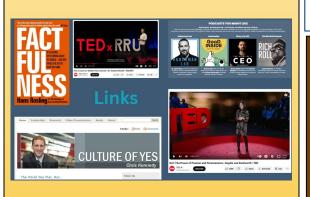
#### WEST BAY INSTAGRAM ACCOUNT HERE



#### **MEET THE TEACHER NIGHT**

Thank you West Bay families for coming to our Meet the Teacher Night. We hope you found it an informative evening with an opportunity to see your child's classroom, meet their teachers, and learn more about our school's goal. To view Principal Slater's slides, including links to some of the ideas and resources he mentioned, click <a href="https://example.com/here/example.com/he

We hope to see many families back at West Bay for our PAC's Welcome Back BBQ this friday at 5:00 PM!



#### CROSS COUNTRY SEASON GETS UNDERWAY (Grades 3-7)

Monday and Thursdays at 8:15 Meet #2 - 23 September@ 3:30

The Cross Country Season got off to a great start this week with the first meet at Ambleside. Thank you to coaches Dignum, McGoey, Howes, Slater, and McIntosh-Coffey for supporting the team and getting students ready to run!





#### **GRADE 6 STUDENTS**

22-24 September

**Camp Summit Outdoor Camp** 

(Parents may park on the field on arrival)

Busses will arrive 09:00 on Monday 22nd in the turnaround for the loading of students and their belongings
Bus departs Camp Summit on Wednesday 24th at 12:45 on 24 September.



#### **BEAR AWARE**

We have been receiving reports from neighbours of bears in the neighbourhood and had bear skat on several parts of the school site. This is common for this time of year but it is worth speaking to your children, particularly if they walk to school, about being bear/wildlife aware. For information from BC Parks about staying safe around wildlife, click here.

#### WEST BAY SPIRIT WEAR (Only 1 Order Cycle Per Yr)

ON SALE NOW UNTIL 1 OCTOBER, 2025 - ORDER HERE

25-26 GRAD HOODIES
ON SALE NOW UNTIL

1 OCTOBER, 2025 - ORDER
HERE

24

27



	SEPTEMBER CALENDAR
19	PAC Welcome Back BBQ, 5-7 PM
22	First Hot Lunch
23	X Country Meet @ 3:30 PM
22/24	Grade 6 Outdoor School
26	Professional Development Day
29	Orange Shirt Day
30	Truth and Reconciliation Stat
	OCTOBER CALENDAR
1	Deadline for Spirit Wear Orders
2	1st Lights Up Class After School
3	WORLD TEACHERS DAY Terry Fox Run
6	Individual Photo Day CHEESE
13	School Appointments Open For Learning Conferences
13	Thanksgiving Statutory Holiday
15	26-27 ONLINE REGISTRATION FOR KINDERGARTEN AND CATCHMENT GR 1-7 OPENS
21	School Appointments Close
22/23	Learning Conferences 11:20 Early Dismissals

**Professional Development Day** 

Retake Photo Day

## HATS OFF TO OUR SUMMER READERS

Who received their medals from the Mayor at Friday's WVML reception.

Their challenge - 50 days of Summer reading.



#### **BEFORE SCHOOL**

# **08:15 Math Club in Learning Commons**SIGN UP <u>HERE</u>



# 08:20 Reading Before School in Learning Commons Drop In



# **08:15 Chess in Learning Commons**Drop In



#### TRUTH AND RECONCILIATION WVML PROGRAMS

# Wednesday, September 24, 10:30 a.m. – 12 p.m. Skw'shítsut/Skw'shétsut Skwxwú7mesh Sníchim Storytime Launch Swáywi Temíxw (rooftop garden)

We are launching our new Skw'shítsut/Skw'shétsut Skwxwú7mesh Sníchim Storytime Kits! Join Skwxwú7mesh language speaker and knowledge keeper Tsitsáyxemaat Rebecca Duncan for a morning of storytelling and songs.

Get tickets Free 24 tickets left



# Friday, September 26, 7 p.m. – 8:30 p.m. Big Ideas: Chief Dr. Janice George in Conversation with Curator Pantea Haghighi, Main Hall

Curator Pantea Haghighi of the West Vancouver Art Museum sits down with Coast Salish weaver and educator Chepximiya Siyam' Chief Dr. Janice George to discuss traditional weaving **Get Tickets Free** 



# Saturday, September 27, 11:30 a.m. – 12:30 p.m. Storytelling, Songs, and Crafts with Lisa Lewis | Ages 5-9 Welsh Hall

Join Skwxwú7mesh author Xwemilut Lisa Lewis as she reads her book Tsunaxen's Journey and teaches traditional Squamish songs and crafts.

Children must be accompanied by a parent or caregiver.

**Get Tickets Free 25 tickets left** 



#### **Personal Digital Device Use at West Bay**

At West Bay, we want students to see technology as a tool for learning and to only use it when they have permission and are under the supervision of a staff member. Our device use is explained in the table below.

We ask families to support a learning-focused approach to technology at school by refraining from using your mobile phone when on the school grounds. When children see others on phones, they are drawn to theirs too.

Further information on our School District's policy regarding personal digital device use can be found <a href="https://example.com/here">here</a> and parent resource infographics on social media use are <a href="https://example.com/here">here</a>.

# Personal Digital Device Use at West Bay

7:50 AM – 8:50 AM

Student Arrival

Students can send text messages and make phone calls on their mobile phone.

Students cannot play video games, use social media, take or view photos or videos, listen to music, etc. No laptop or tablet use.

8:50 AM – 2:50 PM + School Events Students are only allowed to use their device when given permission by a staff member and are supervised by a staff member.

Devices are to be stored in silent mode or off.

2:50-3:50 PM

Student Departure Students can send text messages and make phone calls on their mobile phone.

Students cannot play video games, use social media, take or view photos or videos, listen to music, etc. No laptop or tablet use.

#### **VOLUNTARY ABSENCES FROM SCHOOL**

Please understand that if you are choosing to take extended holidays when classes are in session, teachers cannot replicate the learning that happens within the classroom and are not able to provide online learning opportunities.

Our teachers do their very best to support students during required absences due to illness, however, when the absence is voluntary and a family's choice (such as extending a weekend, holiday, or vacation), it is a family's responsibility to maintain academic learning at home.

Please take time to read with your child, have them write in a "holiday" journal, do Math IXL online, participate in any assignments shared via Google Classroom (intermediate students), and take advantage of other emergent opportunities to practise foundational skills (e.g. following instructions and using math while cooking).

Families may email their child's teacher(s) to see if there is other work their child can do, however, our teachers' energy and focus continues to be on the learning of students within the classroom

#### **WEST BAY WELCOMES DISCO**

On Thursday afternoons, Disco, a therapy dog, will visit West Bay and be a reading buddy to some of our Grade 5 students. The opportunity is open to all Grade 5s with a focus on students who might need some extra motivation reading. While Disco will have little contact with students (he will be in a sideroom to the library), please let Principal Slater know if you have any questions or concerns.



#### PARKING DOS AND DON'TS



Click <u>here</u> for more information.

Only Kindergarten families are permitted to park in the upper field lot at the beginning and end of the school day.

Please display your K decal.

## HOT LUNCH ORDERING Ongoing Ordering Here

(2 week window)

Monday - Fresh Bay Pizza Tuesday - Aburi Wednesday - Well Fed Friday - Panago and Well Fed

Any questions - email hotlunchwb@gmail.com





#### General Information

Discord is a communication platform that allows users to interact via text, voice and video. It was initially used by gamers but now has spread to many other groups.



Discord's own policy states that users must be 13 or older. For a person who is younger than 13 to create a Discord account, they have LIED about their age.

Unfortuately, students as young as 10 and 11 years have gotten caught up in cyber-bullying and innappropriate activities on Discord.

#### Public & Private Spaces

Discord has PUBLIC spaces (servers) that are available to all. Anything your child posts there can be seen by anyone. PRIVATE spaces are by invitation only.

#### Livestream

Users can stream live video of themselves on Discord, for others to watch. Whether they are on a PRIVATE or PUBLIC server, this could expose them to people they don't know. By watching other people's livestreams, they could be exposed to information that is inappropriate. violent or sexual in nature.

#### Did You Know?

In Canada, cyberbullying and child pornography can be criminal offenses. If your child participates in either of these, while using Discord (or other social media), you, as the parent, can be held liable for what they have done, and be prosecuted by law.

#### Discord at School

West Vancouver Schools DOES NOT allow students to access Discord while using school wifi.



#### **COMMUNITY CONNECTIONS**

Local programs, events, and resources will be found in one convenient location, accessible through a single link rather than detailed in school newsletters.

#### **USEFUL LINKS**

2025-26 YEAR IN A GLANCE CALENDAR

CODE OF CONDUCT

**SCHOOL CASH ONLINE** 

**SCHOOL CASH ONLINE INSTRUCTIONS** 

MYEDUCATION BC

VCH VACCINATION PROCESS

**DOCUMENT UPLOAD LINK** 

#### If your child is under 13

- . They SHOULD NOT be using Discord.
- · As soon as they enter school grounds, their phone should be put away and not brought out again until they leave school grounds
- · Consider holding off on getting them a phone as long as possible and if you do get them a phone, make sure you establish rules and guidelines

#### Did you know?

- DM refers to a private discussion with a certain person on Discord.
- GDM refers to a group messenging situation of up to 10 invited people. Be aware that because of the limit, users can end up feeling left out if they are outside of the 10.
- Through Discord, students can end up being exposed to inappropriate content, cyberbullying and unknown contacts.
- · Gamers still make up the lions share of Discord particpants. Online gaming is one of the main ways predators groom their victims.

### If your child has Discord Make sure they are old enough to be on it - remember, at least 13!!

- Users are able to BLOCK and REPORT other users who are not following community guidelines. Make sure your child knows how to do this.
- · Talk to them about their Discord use on a regular basis find out what they're doing and who they are communicating with.
- · Familiarize yourself with all of the safety settings and features then talk to your child about online safety and your family values and rules.
- Remember, YOU are the adult! If your child is not using Discord safely. you can shut off their data or wifi.

#### Backstage Pass: Kay Meek Arts Centre Open House

We're giving you a Backstage Pass to the Kay Meek! It's time to go behind the scenes at our @bcculturedays Open House on Sunday, September 21 🏠

Experience the Kay Meek as you've never seen it before, as we open up our backstage areas for you to explore and give you the opportunity to take to the stage.

• Take a look around our theatres

Sing your favourite karaoke songs on stage

Live jazz music from the @pressley.murillo.music Trio

Enter our Ticket Giveaway

🞭 Find out more about the Kay Meek

Meet the team

MRefreshments in our sunny atrium

Join us for a lively afternoon of music, conversation, and family-friendly activities in your local community!

Make a note of all the details below:

Sunday, September 21



1700 Mathers Avenue, West Vancouver







#### PAC NEWS, EVENTS, HIGHLIGHTS & RESOURCES





# TOMORROW Fri, Sept 19 | 5-7 PM WELCOME BACK BBQ!

Kick off the school year with family fun, tasty food & school spirit at our **Welcome Back BBQ** — the perfect chance to have fun & meet other families, celebrate & get involved by <u>volunteering!</u>

➤ Food, Entertainment & Activities — Vera's Burgers, frozen treats, music, carnival games,, face painting, glitter tattoos & more. Tickets Available onsite!

**© Got Outdoor Games?** Bring along fun extras like Corn Hole — we'll set them up next to the carnival games!



# Sharing Ideas, Sparking Learning PODCASTS YOU MIGHT LIKE

#### SHARE YOUR PODCASTS

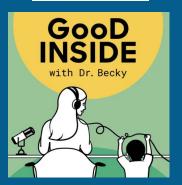
At West Bay, we believe learning is lifelong. Here are some recommend <u>podcasts</u> to explore on parenting, education, wellness, and more. Add <u>YOUR FAVORITES</u> to our growing library with a short summary to help others decide if it's a good fit. *Note: These resources are community-shared and reflect a variety of viewpoints, not official endorsements.* 

#### **HUBERMAN LAB**



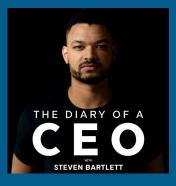
**Dr. Jamil Zaki** on how to Cultivate a Positive, Growth-Oriented Mindset. Conversations about being cynical vs. sceptical.

#### **GOOD INSIDE**



Good Inside – **Dr. Becky**features **Jonathan Haidt** author of the
Anxious Generation.
Geared towards Teens
& Tweens.

#### **DIARY OF A CEO**



Simon Sinek speaks with Steven Bartlett on loneliness and how our society shapes people to be bad at being friends.

# RICH ROLL PODCAST THE ROLL PODCAST PODCAST

Scott Galloway on Healthy Masculinity, How to Achieve Financial Security, & Why Vulnerability Is Power



**Small roles, big impact!** Our school thrives thanks to the time, energy & spirit of our parent community. From the BBQ to Hot Lunch, Class Reps, or becoming a PAC Executive with our <u>Member at Large position</u> — every contribution counts.



#### **MEMBER AT LARGE**

We're looking for enthusiastic parents to join the PAC Executive team as a **MEMBER**AT LARGE! \_NOMINATE-



#### **HOT LUNCH VOLUNTEERS**

Got an hour? Hot Lunch runs on parent power! Deliver lunches & catch an extra smile. -Sign-up for Hot Lunch-





# Easy for parents, fun for kids! **HOT LUNCH IS BACK!**

Did you know Hot Lunch is our biggest fundraiser of the year? It makes lunchtime simple for families while raising vital funds to support school programs & activities.

<u>Sign up to VOLUNTEER</u> today! First delivery – Mon, Sept 22.

**ORDER HOT LUNCH** 

#### SCHOOL FUNDRAISERS — FUN WAYS TO GIVE BACK

**CRAFT FAIR** 



**SAVE THE DATE** Fri, Nov 28, 5–7 PM

**SHOW YOUR** 



West Bay Spirit
Wear is here.

**GRAD HOODIES** 



ORDER Grad Hoodies
- NOW or NEVER!

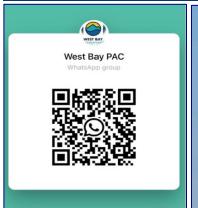
**APPLES FOR ALL** 



**BUY LOCAL APPLES** from Sun-Oka Farms.

For up to date info, tickets, ordering & volunteer opportunities, visit our <u>website</u>

#### **WEST BAY PAC**





2025-26 WEST BAY PAC EXECUTIVE		
Co PAC Chairs	Kelly Chesko Courtenay Payne	
Treasurer	Richard Vernon	
Co Secretaries	Lauren Buksevics Erin Baldwin Natalie Quilty	
Members at Large	Payam Pournazari Alexis Omichinski	
DPAC Reps	Nikki Hincks	
Outgoing Chair	Neda Esmati	

#### **Scott Slater**

Principal
West Bay Elementary | Cypress Park Primary
IB World Schools
Pronouns: He/Him/His



