

THE WOLF

Week Beginning 10th April, 2023



West Bay Website

VSO FIELD TRIP - GR 4-7 STUDENTS Wednesday 12th April, 2023

Students need to be dropped off on the field on arrival where teachers and staff will be taking attendance and loading students on to busses.

ULTIMATE FRISBEE - 11th April

The first week was a great learning experience with lots of fun. The team is looking forward to a great season!

Good Luck to our Wolves on Tuesday for their games at Pauline Johnson vs Irwin Park, Ecole Cedardale and Bowen Island @ 3:30 pm.



	APRIL CALENDAR	
7-10	GOOD FRIDAY/EASTER MONDAY	
11	Cultural Performance, K-3s @ 1:00 pm	
11	First Vex Robotics Class, Gr 3-7 @ 3:00	
11	Ultimate Game #2 @ PJ vs IP, Ced/BI	
12	VSO Field Trip for Gr 4-7 Students	
13	First Intro to Fabrication, Gr 1 and Up	
14	PAC Meeting @ 09:15 - Garth Thompson Guest Speaker	
15	Gr 7 Car Wash, 11-3 see poster	
17	First Fencing Classes (until 12 June)	
18	Ultimate Game #3 @ PJ	
20	Sign Up Deadline for BC Children's Run	
24	Fencing Before School	
25-26	Fish on the Fences - Stream of Dreams Fish to be installed on 28th	
27	Reading Link Challenge - School Level @ 10:45 AM	
27	Ultimate Tournament @ Hugo Ray	
28	Download School Reports Deadline	
28	Farm Fresh Fundraiser Deadline	
28	EDUPAC Ordering Deadline	

STARTING WITH THE MOST BASIC

If you went to elementary school in Canada, you likely have strong memories of seeing the Canada Food Guide posted in classrooms, hallways or in the gym kitchen, where once a month an army of parent volunteers made hot dogs for hot dog day.

Over the years, we have seen the food guide grow to reflect new research, learning, and the diversity of foods available- quinoa anyone?



And while, I enjoy a treat as much as the next person, I also have the experience (read- age!) to understand how my dietary choices will affect my ability to focus, carry on with activities, and even sleep.

Over the past few weeks, we have seen the creep of more treats – candy, soda, sports drinks, being brought to school. In some instances, we are seeing students bring these treats to share with peers, despite our school and classroom guidelines, and in some more entrepreneurial instances, we are seeing students selling this "contraband" to their peers.

Please help us create the best learning and healthy food environment for our kids by discussing and involving your kids when packing snacks and lunches and by sending healthy food choices to school. Our classrooms are prioritizing mindful eating, but we need your help! Please do not send sports/energy drinks, sugary snacks, or candy to school and save them for afterschool times. We have invested in some pretty fancy filtered water bottle fillers/fountains to keep our community hydrated and if you are looking for a bit of nostalgia and some recipe ideas, the **Canada Food Guide** has its own webpage now.

2023-24 SCHOOL SUPPLIES AND STUDENT PLANNERS Order Deadline 28th April

ORDER ONLINE HERE - Using Code 4506



STUDENT ABSENCES

IF YOUR CHILD IS GOING TO BE ABSENT FROM SCHOOL PLEASE EMAIL THE SCHOOL OFFICE sbarrie@wvschools.ca or call 604-981-1260

GALA FUNDRAISER - A NIGHT IN VENICE - SAVE THE DATE 27TH MAY, 2023 @ 6:00 PM



Spend a "Night in Venice" right here in West Vancouver at at the Frind family home. Join us for an evening of fun and entertainment while raising funds for West Bay.

To read more about West Bay's fund-raising goals click here

There are many ways for you to get involved with West Bay's Gala "A night in Venice", through sponsorship of the event, donations made for the live and silent auction, donating to a Wish List item, volunteering for the event or by buying a ticket and attending the event.

Gala Tickets will be sold on Munch a lunch starting April 13th. Tickets are \$125 and include a complimentary drink, tapas and valet. Extra drink tickets (wine, beer, signature cocktail) are \$8.00 and can be pre purchased on Munch a lunch or at the Gala by credit card.



There are many ways for you to get involved with West Bay's Gala "A night in Venice", through sponsorship of the event, donations made for the live and silent auction, donating to a Wish List item, volunteering for the event or by buying a ticket and attending the event.

- For suggested donation items click <u>HERE</u>
- To make a Cash Donation click West Bay Gala Schools Cash Online Donation link <u>HERE</u> -School Wish List coming shortly
- For more information please contact <u>wbgala23@gmail.com</u>

GALA CLASS ART PROJECTS
Volunteers still needed for Divisions 6 and 7

If you would like to volunteer in assisting please contact westbaypac@gmail.com

REGISTER HERE - MONDAYS BEFORE SCHOOL STARTING ON 17TH APRIL

Mondays, April 17 - June 12, 2023 Grade 2-4 @ 7:45-8:35 AM

Grade 5-7 @ 7:45-8:40 AM



WEST BAY

MONDAYS April 17, 24 May 1, 8, 15, 29 June 5, 12

Grade 2-4 @ 7:45-8:35AM Grade 5-7 @ 7:45-8:40AM

CEDARDALE

WEDNESDAYS April 19, 26 May 3, 10, 17, 24, 31 June 7, 14

Grade 2-4 @ 7:45-8:35AM Grade 5-7 @ 7:45-8:40AM

CHARTWELL

THURSDAYS April 20, 27 May 4, 11, 18, 25 June 1, 8, 15

Grade 2-4 @ 7:45-8:35AM Grade 5-7 @ 7:45-8:40AM

WESTCOT

FRIDAYS April 21, 28 May 5, 12, 26 June 2, 9, 16

Grade 2-4 @ 7:45-8:40AM Grade 5-7 @ 7:45-8:40AM

Cost: \$169 per child (all fencing equipment provided).

FREE brand new fencing mask and glove with each registration (value of \$130).

REGISTER: DYNAMOFENCING.COM/WVSchools

Please contact us at admin@dynamofencing.com or (604) 232-9100 after registration to schedule a pick up of your FREE fencing mask and glove. Pants, jackets and other fencing equipment is available at our pro shop.





SCAN ME

NOWRUZ CELEBRATIONS

Thank you to our amazing and generous team of volunteers for bringing Nowruz to life at West Bay.

Nowruz is a festival celebrated by more than 300 million people world-wide around the spring (or vernal) equinox and is the Iranian or Persian New Year.

"Nowruz is an affirmation of life in harmony with nature, awareness of the inseparable link between constructive labour and natural cycles of renewal and a solicitous and respectful attitude towards natural sources of life

INTERNATIONAL NOWRUZ DAY





VEX ROBOTICS - Click here

Tuesdays, 3:00-4:00 PM, Grades 3-7
Starts April 11th and finishes 20th June
INTRO TO FABRICATION - Click here
Thursdays, 3:00-4:00 PM, Grades 1 and Up
Starts April 13th and finishes 22nd June

5 spots left on Tuesday 2 spots left on Thursday

REGISTRATION FORM HERE - COMPLETE FORM AND EMAIL TO westvancouver@steamoji.com

GRADE 7 EXHIBITION UPDATE

Students are well under way on their Exhibition journey. Students are working in their collaborative groups to research their global issues and come up with a meaningful action project. Exhibition involves many of our West Bay teachers. Each group has a mentor teacher who is working diligently with the groups to guide their thinking, provide resources and make connections in the community. Thank you teachers! As the students begin their action projects you may notice all West Bay students asking to bring donation items in like socks for the homeless, or participate in initiatives created by our Grade 7 teams. We are hopeful that our community will support this important work. You may even be contacted as a field expert!

How wonderful to be celebrating **Sleep Week** and **National Poetry Month** all at the same time.

Here are a couple of sleep poems to tickle your fancy.

"A Weak Poem" by Roger McGough is termed a concrete poem and takes the shape of its subject matter.

"Rain" is by the famous children's poet, Jack Prelutsky.

Rain

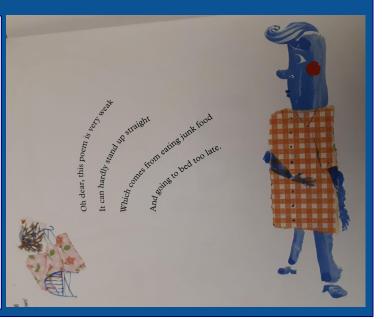
I was having trouble sleeping when I heard the pleasant sound of raindrops softly falling on the rooftop and the ground.





I hurried to the window just to watch them as they fell, they filled the night with sparkles, and a fresh and lovely smell.

I started feeling sleepy so I climbed back into bed, and fell asleep while listening to the raindrops overhead.



COLLECTING FOR UKRAINE

We will be collecting in the main foyer of the school until Monday 17th April.



New and gently used summer clothing and shoe donations for babies, children and adults are needed.

Sienna M, Grade 7 Student

GRADE 2 LEARNING

Elin C brought 5 chicks in last week that hatched over Spring Break - they are now 5 days old. They will go to a farm on Thursday. Grade 2 students will be studying life cycles of plants and animals in May/June so this visit was a preview for learning. Students prepared by drawing the life cycle of the chicken and answering questions from text to gain more knowledge.







GRADE 5 CLIMBING



Grade 5 classes had the opportunity to develop their physical literacy skills and celebrate their learning about the human body by going to Climb Base 5 on a recent field trip. Climb Base 5 offers an inclusive, unique and inspiring space, and students had fun discovering their potential!



PING PONG TOURNAMENT



Congratulations to all participants and our overall winners from last Friday's tournament - Michael and David X and William and Warren S who placed second. Ping Pong sessions will continue on Mondays at 08:00 am in the undercover area for those interested students. Thank you to parent volunteers.





SING PROJECT @ KAY MEEK

Grade 4 students participated in the district wide SING PROJECT. Students throughout West Vancouver Schools learned to sing "Try A Little Kindness". Our grade 4 students took on the initiative to learn it on the ukulele and accompanied the performance, as well as sang! We are so proud of their hard work! We can't wait to share the video when it comes out!





SPRING FIELD TRIPS COMING UP

(Items on School Cash Online Awaiting Payment)

APRIL 14th REVISED DATE

Mrs. Richardson's Class - \$20.00 Click <u>here</u> for permission slip

MAY 2023

4th May - Mrs Campa's Class

Salmon Hatchery- \$10.00 (Parent Drivers)

Click <u>here</u> for permission slip

8th May - All Grade 6 Students

Stave Falls, Mission - \$29 - (School Busses)
Click here for permission slip

15th May - Ms. Ng's Class

Salmon Hatchery - \$10.00 (Parent Drivers)
Click here for permission slip



ACCESS SCHOOL REPORTS ON MYED HERE

These reports will only be available until 30th April, 2023, so we advise you to download and save for future reference. Due to privacy laws we are no longer able to email school reports.

HAYLEY WATSON - MONDAY 24 APRIL

On Monday April 24, Open Parachute founder, Hayley Watson is returning to West Vancouver to facilitate a session for parents titled "Succeeding in Today's World" Helping Your Child Live Up to Their Fullest Potential." In this session, Dr. Watson will share skills for building mental health resilience in your child, so they can navigate the challenges they face throughout their academic journey.

You will be given a framework for understanding common barriers to student resilience (stress/overwhelm, perfectionism, low motivation, low self-esteem, unhelpful thoughts etc), and specific tools t\at you can use to support your child in overcoming these challenges.

Click <u>here</u> to register.

CYPRESS PARK FUNDRAISER ORDER BY 26 APRIL HERE

Pick up your order on May 12 from 2-4pm outside the Cypress Park Primary Gym, (4355 Marine Dr, WV).



ONLINE GIFT CARDS <u>HERE</u> ORDER FROM 3RD APRIL TO 28TH APRIL







Meridian

WestBayGrade7Grad Farm Fresh Fundraiser

Shop craft meats, local handpicked produce, and farm market goodness delivered fresh to your door

30% of proceeds go directly to Our West Bay Grade 7's Grad Fundraising

Convenient online gift cards

The online gift cards never expire and are valid for all online purchases. They're like cash and can be used in combination with any offer or promotion. Simply enter the unique code at checkout. Online gift cards are not valid in store.

Farm fresh to your door

Deliveries arrive hand-packed and chilled, fresh to your door, across Vancouver & the lower mainland. Enjoy our farm fresh guarantee, including hassle free refunds and truly exceptional customer service.

Shop online at meridianfarmmarket.ca

To Order your gift cards please fill out the form below.

2023 Order Form

Ordering Opens April 3rd and Closes April 28th

Meridian (Ralph's Meridian

Meridian Farm Market, Ralph's Farm Market and Meridian Meats & Seafoo are locally owned and family run since 198

CB & BC CHILDREN'S HOSPITAL RACE FOR THE KIDS 11th JUNE, REGISTER BY 20th APRIL

We are excited to announce that the race is on and in person this year! It's a great opportunity for students to make a difference in our community. You can choose to fundraise or just to participate. Our team, "West Bay Wolves" has a group fundraising goal of \$1000.00. The race occurs on Sunday June 11th and there is a limited number of in person racers that they are allowing this year. It's very fun and there isn't any pressure to run (jog or walk as you are comfortable). Children require an parent to participate with them. There are also lots of fun activities afterwards (free) and healthy treats for our runners. Each participant gets a free shirt

If this sounds like something you'd like to do with your family this is how you register:

You can register directly to our team using this link: https://fundraise.bcchf.ca/join/westbaywolves If that link doesn't work, first go to this website: https://fundraise.bcchf.ca/event/race-for-the-kids/

Once there, please click on the green register to "Run" button. You'll then be prompted to select your location. Click "Run In Vancouver"

You will need to choose "join a team" and search for **West Bay Wolves**. Then proceed to enter your information and payment. Early bird registration is \$30 per person and after April 20th it becomes \$35. However, if you are fundraising and raise \$50 or more registration is free!

Thank you to Ms. Millhouse for sponsoring the team and we look forward to running (or walking) with our West Bay Wolves!







WELCOME TO KINDERGARTEN

Early Learning Events hosted by West Vancouver School District and our Community Partners

Events at Schools April 2023 – June 2023 Stay tuned for invitations from the school your child is registered at for invitations to school based events.

Look out for flyers in your events closer to the date.

DISTRICT EVENTS

Early Years Fair and Kindergarten Information

January 28, 2023 | 10:00 am - 12:30 pm West Vancouver Community Centre

Pop Up Play With Katie Brock - Learn More February 11, 2023 | 10:00 am - 11:30 am West Vancouver Memorial Library

Bowen Island Community School Children's Fair With Katie Brock - <u>Learn More</u> Sunday, February 26, 2023 | 10:30 am - 12:30 pm BICS Gym

Indigenous Early Learning Gathering Tuesday, March 7 | 3:30 pm - 5 pm Inglewood Learning Centre

Opportunities to Create and Build with your child using recycled mate

Date and Venue TBD

DISTRICT EVENTS

Drop in sessions for children and families at our Strong Start Centres Hollyburn Elementary - <u>Learn More</u> | <u>Register</u> Eagle Harbour - <u>Learn More</u> | <u>Register</u>

Parent Engagement Sessions

Saturday, May 6, 2023 | 10:00 am - 12:00 pm

Wednesday, May 10, 2023 | 6:00 pm - 8:00 pm

West Vancouver Community Centre

Coffee, Connect and Chat Sessions

For New and Immigrant families Tuesday, June 20, 2023 | 12:30 pm - 2:00 pm West Vancouver Memorial Library

Welcome to Kindergarten Parent Night Thursday, June 15, 2023 | 6:30 pm - 7:30 pm



DISTRICT OF WEST VANCOUVER

Camps:

PD Day camps & Summer camps – Summer Camp registrations start on May 3rd.

Learning Programs

for everyone

Including Lego, Chess, Science, STEAM with Zen Maker Lab, Language programs (French DELF, Spanish, Korean and Mandarin Chinese), Indigenous Arts & Culture, and more

Music Programs,

for all ages:

Early Years' music classes, Private lessons, Semi-Private lessons, Choirs, and Group drum circle

> Dance Program, for various age groups

SUMMER LEARNING

SUMMER LEARNING REGISTRATION HERE

ELEMENTARY OVERVIEW CLICK HERE

(Registration Closes 12th May)

LOCATIONS: Ridgeview and Pauline Johnson

SECONDARY OVERVIEW CLICK HERE

(Registration Closes 16th June)

LOCATION:

WVSS, 1750 Mathers Ave, West Vancouver

WVBC SUMMER BASKETBALL - REGISTRATION OPEN

The WVBC is excited to offer camps for players entering Grades 2-10 this summer. All camps will be held in the Main Gym at West Van Secondary and will be head coached by WVBC Club Director, Greg Meldrum. Last summer, multiple camps sold out, so don't delay in signing up, as spots are limited.

Click **HERE** for more info.

HERE TO REGISTER

2023-24 SCHOOL YEAR

2023-24 IB FEES DUE

Pay on School Cash Online in 4 instalments if you sign up by the end April 2023.

Please click here to access SCO.

The IB Fee Request Letter can be accessed here.

2023-24 SCHOOL SUPPLIES AND STUDENT PLANNERS

Order Deadline 28th April

ORDER ONLINE HERE - Using Code 4506

23-24 Kindergarten Supply List

23-24 Grade 1 Supply List

23-24 Grade 2 Supply List

23-24 Grade 3 Supply List

23-24 Grade 4 Supply List

23-24 Grade 5 Supply List

23-24 Grade 6 Supply List

23-24 Grade 7 Supply List





2023-24 ELEMENTARY BAND FOR GRADE 6 AND 7 STUDENTS

Registration for our band program is now open. Students are offered a choice of woodwind, brass or percussion instruments to learn and play in our concert band. Students receive two lessons a week.

The Band Program provides school-based instrumental instruction and is funded by supplemental fees.

Registration placed between March 1 – June 1 are \$390 and after June 1 will be \$425. No experience is necessary for students to join the program.

2023 – 2024 Online band registration form

Fees should be paid by credit card at the time of registration, or by cheque, given directly to your band teacher. For alternative payment methods, please phone 604-981-1000.



USEFUL LINKS

SUPPORTING PYP LEARNER

DRIVER'S FORM FOR FIELD TRIPS

MUNCHALUNCH

MYEDUCATION BC

SCHOOLCASHONLINE

OPEN PARACHUTE

VOLUNTARY ABSENCES FROM SCHOOL

Please understand that if you are choosing to take extended holidays when classes are in session, teachers cannot replicate the learning that happens within the classroom and are not able to provide online learning opportunities.

Our teachers do their very best to support students during <u>required absences</u> due to illness, however, when the absence is voluntary and a family's choice (such as extending a weekend, holiday, or vacation), it is a family's responsibility to maintain academic learning at home.

Please take time to read with your child, have them write in a "holiday" journal, do Math IXL online, participate in any assignments shared via Google Classroom (intermediate students), and take advantage of other emergent opportunities to practise foundational skills (e.g. following instructions and using math while cooking).

Families may email their child's teacher(s) to see if there is other work their child can do, however, our teachers' energy and focus continues to be on the learning and safety of students within the classroom

DAILY HEALTH CHECK

If your child is experiencing symptoms use the K-12 health check, BCCDC Self Assessment Tool or 811

Fever or Chills	Sore Throat
Cough	Loss of Appetite
Loss of sense of smell or taste	Runny Nose
Difficulty Breathing	Sneezing
Headache	Body Aches
Nausea or Vomiting	Diarrhea
Extreme Fatigue or tiredness	

Michelle LaBounty

Principal
West Bay Elementary & Cypress Park Primary
IB World Schools
T 604 981 1260 D 604 981 1264 C 604 506 0800

