

Minor Head Injury

Your child has sustained a minor head injury. The signs of injury may appear later and it is important to watch your child carefully for the next 48 hours.



Your child does not have to have been knocked out (lose consciousness) to have had a brain injury (concussion).

Call your doctor or go to the Emergency Department *immediately* if you notice any of these signs:

- Your child is confused or doesn't recognize you.
- Your child appears to have a persistent or worsening headache.
- Dizziness or difficulty balancing.
- Your child complains of, or appears to have, disturbances of vision.
- Vomiting.
- Your child seems excessively sleepy or is difficult to wake.
- Your child has a convulsion (uncontrollable jerking of the body.)
- Your child loses strength in an arm or leg.
- Fluid or blood leaks from the ears or nose.

Do not give sedatives or pain medications for 2 days unless prescribed by a physician who has examined your child.

No child should go back to sports activities until they have been cleared to do so by a physician.