



ROCKRIDGE

ESSE QUAM VIDERI



Jan 22, 2026

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

[Morning Announcements](#) - *Daily updates for students and parents/guardians. Information at this link is updated daily by 8:30am.*

CALENDAR UPDATE	
Sunday, Jan 25th	● Parent Teacher Interview Booking Closes
Mon, Jan 26	● GLA / LTE 12 Assessments Jan 26 – 29 - LLC & W103
Tues, Jan 27	● FAST - Standard First Aid 2:00 – 9:00pm - Rockridge LLC
Wed, Jan 28	● Parent Teacher Interviews - 11:50 Dismissal Sessions 1:00PM – 3:00 PM & 3:30 PM – 5:00 PM
Thurs, Jan 29	● Sr. Concert Band & Jazz Band A Field Trip to Victoria Jan 29 – 31 ● Collaboration Morning - Classes start at 9:30 AM ● FAST Open House 6:00 – 7:00 PM - W211
Fri, Jan 30	● District Pro-D-Day - No classes in Session
UPCOMING	
Rockridge Grad Semi-Formal Feb 5th Pinnacle Hotel, North Vancouver 6:30-9:30 PM	
MYP Personal Project Exhibition Feb 5, 6 -7:30 PM - see poster in RL	
2026-27 Course Planning Parent Night, Feb 10th – See details below	
Rockridge Secondary School 2025-26 Yearbook - purchase on School Cash Online until March 6th	
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
2025-26 At A Glance Calendar	
West Vancouver Schools Registration click HERE	
WV Youth Services click here	

MESSAGE FROM THE PRINCIPAL

As we look ahead on the calendar, there are many valuable opportunities for students, parents, and staff to engage in conversations about learning here at Rockridge. Parent-Teacher Interviews take place next week and are likely on many of your minds; if not, there is still time to submit additional requests through our booking system. Read on for the details included below.

Another highlight we are excited to remind you about is the Grade 10 Personal Project Exhibition. This annual MYP showcase is just two weeks away, and the Class of 2028 is sure to impress. We hope you will join us in celebrating their passion and creativity.

Looking slightly ahead to Tuesday, February 10, our Course Planning Parent Night is an important session to support your child on their road to graduation. You'll find additional information about this event later in the newsletter.

Thank you for taking the time to read this week's updates. If you have a grade 12 Raven, the Grad News section has been added below. Your ongoing support means a great deal to me, our staff and, most importantly, to our students.

Today's **Raven Life attached to this email** includes information from our MYP French classrooms, PHE, Ravens Athletics, student celebrations, upcoming ROPAC events and more.

PARENT TEACHER INTERVIEWS - Wed, Jan 28 FROM 1:00-3:00 pm, 3:30-5:00 pm

Student Early Dismissal 11:50 AM - Bus Leaves promptly at 12:00 Noon

****Update**** We have opened up the booking system to allow families to book with more than 3 teachers. If you would like to see more teachers than the 3 that you have already signed up for, then please log back in and feel free to sign up for more conferences.

Please sign up to meet with your child's teachers through the following link: (<http://rss.schoolappointments.com>). Access to the system will close at 10:00pm on **Sunday, January 25**. Please review [these instructions](#) to set up your account and book appointments. On the day of the appointments - please review [these instructions](#) for how to access the meetings through google meet.

Early Dismissal	Times
Period 1	8:30 - 9:30 am
Break	9:30 - 9:40 am
Period 2	9:40 - 10:40 am
Break	10:40 - 10:50 am
Period 3	10:50 - 11:50 am
Dismissal	11:50 am
PTI's Start	1:00 - 3:00 pm 3:30 - 5:00 pm

COLLABORATION DAY - Thursday, Jan 29th - Classes start at 9:30 AM - See the bell schedule [HERE](#).

During our upcoming collaboration time, the school is open, and students are encouraged to attend, but it is not mandatory (attendance will not be taken during this time). Students may use this time to complete assignments and other incomplete work. Students who are in attendance during collaboration time will be stationed in the cafeteria where we will have staff supervising. For students planning to work from home, they are reminded to arrive on time for their first block of the day which begins at 9:30 am.

2026-27 Course Planning Parent Night – save the date: Tuesday, Feb 10th

Course planning presentations for the 2026-27 school year are coming up. Please join school counsellors, MYP Coordinators, Careers teachers and administration for this information evening. Links to virtual meetings are attached.

- **Tues, Feb 10th – 5:30-6:15pm VIRTUAL - [Grade 8 & 9 Course Planning Evening](#)**
- **Tues, Feb 10th – 6:15-7:00pm VIRTUAL Grade 10 into 11 Only [Grade 10 Course Planning Evening](#)**
- **Tuesday, February 10th – 6:00-6:45pm – IN-PERSON Grade 11 into 12 Only**
- **Tuesday, February 10th – 6:45-7:30pm – IN-PERSON - AP & Special Program Evening**

FROM YOUR MYP COORDINATORS: *See collage in [Raven Life](#)*

Are you an expert crêpe maker?

It takes a certain patience and practice, the right tools and a certain finesse doesn't it?

Not unlike learning to properly communicate in a language! 😊

Our French classes had an awesome experiential learning opportunity last week that involved L'Atelier Cuisine visiting to teach students how to make a proper crêpe en français! Students got to apply their language skills in a real-world context while also gaining a small window into French culture and cuisine.

Language Acquisition is one of the building blocks of the wider MYP program because it allows a sustained, learning experience for students to see that with practice, intention and time, they can learn and grow in a subject area! Language learning innately reinforces these concepts around how learners learn! In addition, it is an essential component of an international education - it builds the important understanding that there are diverse ways of being in the world.

We are grateful to our Languages department for continuing to open up a wider world for our students.

And thank you to Ms. Riahi for organizing a terrific (and edible!) learning experience!

Check out the collage in this week's [Raven Life](#)!

ROCKRIDGE SCHOOL NEWS

ROCKRIDGE SECONDARY SCHOOL 2025-26 YEARBOOK

Don't forget to purchase your book before March 6th, \$55 on [School Cash Online](#)!

Last year we sold out, so secure your book today!

Note: We have had parents inquiring about the yearbook purchase; the yearbook was just recently posted on student accounts on January 21, 2026.

Parents can check their purchase history by logging in to School Cash online and clicking the History tab in the top right corner of the screen.

WEST VANCOUVER SCHOOLS ADMISSIONS

K-12 admission applications for both in-district and out-of-district students opened on January 15. If you have students in your family or network who are looking to join our district, please help spread the word about this important date. We saw quite the influx of applications this morning, so apply early.

West Vancouver Schools offer a wonderful opportunity to be part of a community that values excellence in education. Our schools take pride in creating meaningful learning experiences and providing opportunities that support the growth, well-being, and success of every student.

To learn more about registration expectations and processes, please visit our admissions page: [West Vancouver Schools Admissions](#)

We look forward to welcoming new students and families to our vibrant and supportive school community!

The 2026-2027 PREMIER, DISTRICT & ACADEMY PROGRAMS are open for registration! Click link for details: [West Vancouver Schools District & Premier Programs and Premier Academies](#)

TOUR OF THE ROCK DAY

Our next Tour of The Rock for 2026 is scheduled for Monday, Feb 9th. Tours run from 12:00 to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP: rockridge@wvschools.ca

ANNUAL WINTER WEATHER REMINDER - See [Weather Closures and Procedures](#)

With the recent colder temperatures and snow on the mountains, we wanted to remind everyone of the West Vancouver Schools *Winter Weather* protocols.

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff.

We aim to communicate any decision to close schools by 6:00 am.

Please check our West Van Schools, or Rockridge social media and the [school district website](#) for the most current information on school closures.

ROCKRIDGE GRAD NEWS

GRADE 12 ACTION REQUIRED: GRAD GOWN SIZING FORM

Grade 12 students are asked to provide their grad gown size via [THIS LINK](#) by Friday, February 13th. All Grade 12s should complete this form to provide their sizing or to let us know if they do not need a gown (using a sibling's gown from previous year or not attending).

Rockridge Grad Winter Semi Formal

Grads are invited to attend their Winter Semi Formal on Thursday, February 5th, 6:30-9:30 PM at The Pinnacle Hotel North Shore Ballroom.

- Tickets (\$110) are available for purchase on [School Cash Online](#) from Jan 9 - 25th with limited space available.
- The parent permission form is attached [here](#) and must be submitted along with payment to secure a spot. Forms can also be found on the Rockridge Grad Instagram or in the School Office.
- Grads will have an opportunity to invite a guest dependent on availability. [Guest permission letters](#) must be completed and submitted for approval by administration.

ROCKRIDGE PAC NEWS

DPAC Parent Evening: Sarah Ward on Executive Functioning – Jan 28

Looking for practical ways to support your child with organization, planning, and follow-through? DPAC is hosting Sarah Ward, a leading expert in executive functioning, for an evening session on Wednesday, January 28 (6:30–8:30 PM) at the Kay Meek Theatre.

- **Tickets:** \$20
- **Location:** Kay Meek Theatre
- **Registration required:** Click [here](#) for details

Rock the Dock – Get your Tickets Before They Go!

The countdown is on! There are still a few tickets left for **Rock the Dock**, our Rockridge parent party with [The Hairfarmers](#), happening **Saturday, February 28** at the **West Vancouver Yacht Club**.

- Grab your tickets [here](#)!
- If a night of live music, laughter, and community sounds good, don't wait.
- **Pro Tip:** buying [drink tickets in advance](#) keeps the bar lines short and the fun flowing.

Mark Your Calendar – Our Next P2P Coffee is Feb 27th!

Take a pause in the middle of this busy winter season and join us for our next P2P Coffee Meet-Up on **Friday, February 27**. Whether you have five minutes or fifty, swing by after morning drop-off to warm coffee and good conversation with other Rockridge parents.

- More details coming soon – we hope you can make it!

Follow ROPAC on [Facebook](#) and [Instagram](#)

To join our Parent Info and P2P groups: click [here to email us](#) with your name, your child(ren)'s name(s) & grade(s) and your phone number

ROCKRIDGE ATHLETICS

Winter Sports:

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results. The *Raven Life* also often features weekly highlights from our Rockridge Athletics teams. Follow us on Instagram **@Rockridge.Ravens.Athletics**

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time as a coach or assistant or have any questions, do not hesitate to reach out to our Athletic Director Mr. Brychan Williams bwilliams@wvschools.ca *Go Ravens!*

ROCKRIDGE COMMUNITY NEWS

For "**Community Connections**" including local North Shore programs, events, and resources click [HERE](#).

West Van Run! March 7th and 8th

We invite students and families to take part in this fun, community run and enjoy special discounted registration. Parents and students can register for \$45 using the code **WVSCHOOLS**, and children can join the Kids 1K for \$15 using the code **WVKIDS**. These codes can also be used by other family members who would like to participate.

Whether you prefer walking, jogging, or running, this event welcomes all ages and abilities. It's a great way for families to be active together and supports our shared commitment to health and well-being across West Vancouver Schools.

- Register here - <https://www.westvanrun.com/schools>

COUNSELLORS' CORNER

Come Chat with The Nurse - *see poster in Raven Life for details*

Vancouver Coastal Health School Nurse, Caroline Reilly Drop-In Sessions 2026

Vaping Information Sessions for Youth

In partnership with Health Canada, [QuitNow](#) is hosting [I Quit for Me](#), a series of FREE sessions for youth ages 13-18 who would like to stop vaping or smoking. The sessions will focus on health risks of nicotine, creating a support plan, and healthy ways to manage stress. Sessions are 45-minutes on Zoom and run every Tuesday at 7 pm PST from February 3 to March 3, 2026. Please encourage youth to [register](#) in advance to secure a spot. Questions may be directed to Beth Clark, Manager, Behavioural Coaching & Outreach at clark@bclung.ca.

West Vancouver Schools Counselling

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes. We maintain a collaborative website with the counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for

students that will help guide them to whatever level of education they desire: from grade school to graduate school.

You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

FOUNDRY Drop In Counselling @ Rockridge - every Tuesday

- Located in the office beside the Counselling suite
- For more information contact Shannon: 236 558 2489 or email: shannon.eberts1@vch.ca

Foundry is a province-wide network of integrated health and wellness services for young people ages 12-24. Their integrated services make it possible for young people to access five core services in one convenient location: mental health care, substance use services, physical and sexual health care, youth and family peer support, and social services. For more information, please visit the [Integrated Youth Services website](#).

Crisis Response, Community-Led (CRCL) North Shore:

<https://northwestvancouver.cmha.bc.ca/programs-and-services/crcl-north-shore/>

Kids Help Phone: <https://kidshelpphone.ca/>

FAMILY SMART Monthly Events - LINK - Online & In-Person for Parents and Caregivers 2025.

Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

Mental Health and Substance Use: A Resource for Educators and School Communities

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

FEEDING FUTURES

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolkea tkolkea@wvschools.ca or to feedingfutures@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

FAQ & HELPFUL INFORMATION for 2025-26

MyEdBC Parent Portal

For information and instructions on registering your [MyEd Parent Portal](#) account. Each parent or guardian has their own separate account. If you are still having difficulty accessing your account, please see the online video aid [here](#) OR click on the [School District's My Ed Family Portal Page](#). If you have further questions, please email Rockridge@wvschools.ca

SMS for Parents/Guardians:

Parents and guardians have an option to receive text messages for school emergencies or other important alerts: For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS please text a “Y” or “Yes” to 978338 to ensure you are on the list.

ROCKRIDGE CAFETERIA – New Student Lunch Account Program: Click [here](#)

We’re introducing an optional **Student Lunch Account Program** designed to make cafeteria purchases easier for families and faster for students. Parents can load funds online, and students pay using a secure QR code.

Benefits for families:

- One-minute setup
- Easy reloads anytime
- Balance and purchase visibility
- No cash or cards needed
- Secure and privacy-protected

This program reduces lineups and keeps lunch payments simple and predictable.

- Full instructions are in the PDF above.

Support: accounts@geminifoods.ca

ROCKRIDGE CALENDAR

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

CLUBS LIST - [Here](#) - If your child is looking for a club to join, be sure to visit the Morning Announcements for meeting times and locations. The link to the Morning Announcements is always included at the top of the E-Bulletin.

PARENTS/CAREGIVERS GUIDE TO SOCIAL MEDIA

In an effort to provide important and useful information to parents/guardians about the various digital media sites used by many students in our school communities, West Vancouver Schools has added the following information to the website: [Parents Guide to Social Media and Digital Devices](#)

ATTENDANCE - Notifying the Office

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca If your student will be arriving late, leaving early, or missing part of the day, please include approximate times of arrival and dismissal in your email.

Please include your child’s first and last name and reason for absence in your email. This will ensure that the absence is noted as excused and you will not receive an email/voicemail alert regarding the absence.

Daily attendance is critical to ensure student success here at Rockridge. We do not recommend absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

Extended Absences (Five days or more)

Please notify the school a minimum of one week in advance using an Extended Absence Form if five or more school days. **Note:** International Students must first request permission from the International Office via email to international.reception@wvschools.ca

STUDENT PARKING AT ROCKRIDGE

Parking is available for Senior Students (Priority is given to Grade 12) in the Upper Lot east of the Gym. Students must complete a parking [Registration form](#), noting vehicle details, insurance expiry, obtain parent signature and submit to the office. The \$25 decal fee must be paid through [School Cash Online](#). Once the form is returned and payment completed, we can issue a decal.

Note: At no time are students permitted to park in Visitor or Staff designated spots

School Drop Off/Pick Up Safety

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall. The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [THIS LINK](#) and email rockridge@wvschools.ca to inform us of the change and document upload. Any changes will not be reflected in the student database until the documentation is submitted.

SCHOOL BUS TRANSPORTATION 2025-26 – Questions - transportation@wvschools.ca

Students taking the school bus are required to [Register](#): The district has secured only enough buses to accommodate the number of students that have been registered for the service, and we need to ensure that all riders are able to secure a seat. Please ensure you have registered so that no students are turned away.

For details on eligibility, routes, and service guidelines, please visit our Student Transportation webpage: [Student Transportation Information](#)

LOCKERS - Lockers have been assigned to all grade 8 students. Students in Grade 9 to 12 can sign up for a locker anytime through the link in their Grad Class Google classroom, and pick up their locker assignments in the office.

A GREAT WAY TO SUPPORT YOUR STUDENT: Google Classroom Reviews

Parents do not have access to Google Classrooms (GC), however, we feel it is important to review your child's GC regularly with them so that they can inform you about their classes, learning and upcoming or incomplete assignments. This looks like sitting down with your child at their laptop and having them open and scroll through their GC. Each Rockridge student should be a member of their Grad year Google Classroom. There is grade and school-wide information, announcements and opportunities posted here regularly.

Grad Class of 2030 (Current grade 8's): pr5xsotl
Grad Class of 2029 (Current grade 9's): ecuxnrk
Grad Class of 2028 (Current grade 10's): 77pe2df
Grad Class of 2027 (Current grade 11's): 2xp55nq
Grad Class of 2026 (Current Grade 12's): ibcy3ua

OPTIONAL ACCIDENT INSURANCE for Families

West Vancouver Schools reminds families each year that personal injury or accident costs are not covered by the district or its insurance provider. To help protect against expenses from accidental injury, unexpected medical costs, or critical illness, families have the option to purchase voluntary accident insurance plans. A variety of providers offer different levels of coverage, so families are encouraged to review their options carefully and choose a plan that best meets their needs.

ATTENTION DOG WALKERS

The Rockridge sports field is a classroom space, used by classes and teams. We remind our community members that West Vancouver Bylaw prohibits dogs on the field and thank you for your cooperation in respecting this outdoor classroom space. *We would appreciate it if you would pass this on to other community members who should have this information.

*Mary Lee Smithers,
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604-981-1300*

