



ROCKRIDGE JAZZ CAFÉ

FEATURING

ROCKRIDGE JAZZ ENSEMBLES

DEAN THIESSEN

ELECTRIC TRIO



THURSDAY, MARCH 5

6:30 PM

PLAYER'S HALL

ADMISSION BY DONATION



temper
CHOCOLATE & PASTRY

olive & anchor

FRESH ST.
MARKET



BLENZ
COFFEE





ROCKRIDGE THEATRE COMPANY PRESENTS
**LITTLE SHOP OF
HORRORS**

BOOK AND LYRICS BY
HOWARD ASHMAN

MUSIC BY
ALAN MENKEN

BASED ON THE FILM BY ROGER
CORMAN

SCREENPLAY BY CHARLES
GRIFFITH

APRIL 9, 10, 11
KAY MEEK THEATRE
DOORS 6:30
SHOW 7:00
PG 13

SCAN HERE

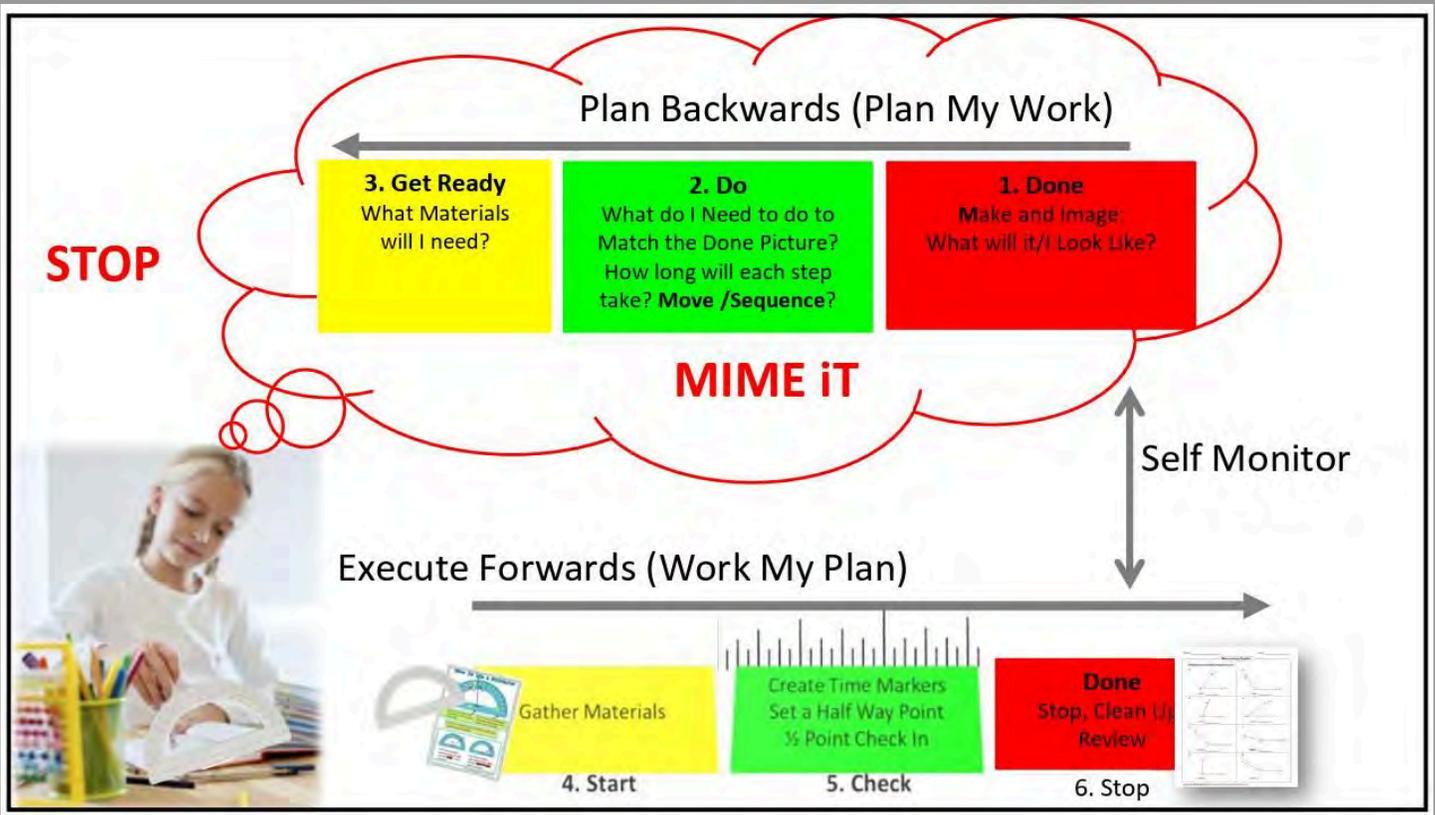


Bit.ly/rrtcIsoh



Originally produced by the WPA Theatre (Kyle Renik Producing Director). Originally produced at the Orpheus Theatre, New York City by the WPA Theatre, David Geffen, Cameron Mackintosh and the Schubert Organization

Save the date! See the E-Bulletin for show details and the link for ticket sales & advertising opportunities.



Directly from the Sarah Ward presentation! This talks about how to future plan - DONE, then DO, then GET READY...and then when actually running the plan you move to GET READY, then DO, then DONE!
Backwards planning and then forward action!



Pink Shirt Day

Wednesday, February 25th, 2026



Sprinkle Kindness

Pink Shirt Day falls on the last Wednesday of February every year. The vision of this day is to create a more kind, inclusive world by raising awareness and funds for anti-bullying initiatives.

**PUSH
-UP**

**I'M RAISING
FUNDS FOR
MENTAL HEALTH**

THE **PUSHUP** CHALLENGE

Canadian Mental Health Association

To join or to donate; See details in Ebulletin



ROCKRIDGE RAVENS



SPRING SPORTS

Senior Boys Rugby

- Junior Boys Rugby • Senior Girls Soccer
- Junior Girls Soccer • Track & Field
 - Tennis • Mountain Biking
- Ultimate Frisbee & Grade 8 Boys Volleyball* Golf
 - Girls 7s Rugby
 - Needs Volunteer Coach



SATURDAY, FEBRUARY 21
1-6 P.M. | GRADES 8-12
WEST VANCOUVER COMMUNITY CENTRE

Join us for a fun and interactive day of activities, conversations, and practical tools that support mental wellness, resilience, and navigating what comes next — all designed to build confidence in your future!

This event is co-hosted by the Rotary Club of West Vancouver Sunrise, Rockridge Interact Club, West Vancouver Youth Services, and the Youth Advisory Committee.

- ✕ Connect with other youth, share experiences, and build community.
- ✕ Explore mental wellness, coping strategies, and resources for planning for your future.
- ✕ Gain strategies for managing stress, anxiety, and uncertainty effectively.
- ✕ Hear stories, advice, and experiences from our panel of university students and young professionals.
- ✕ Lunch and snacks included, plus an opportunity to win prizes!



SCAN TO REGISTER

Contact Melanie at mclark@westvancouver.ca for more information.



[/westvancouveryouth](https://www.facebook.com/westvancouveryouth)



[/westvan_youth](https://twitter.com/westvan_youth)



[/westvanyouth](https://www.instagram.com/westvanyouth)

[westvancouver.ca/youth](https://www.westvancouver.ca/youth)

Rotary



Club of West Vancouver Sunrise



enhance WEST VAN

west vancouver



Come Chat with the Nurse!

Do you have questions about your body or health? Chat with the nurse for health tips, sexual health education info, free condoms, support and more!!

CONFIDENTIAL SUPPORT
EVERYONE WELCOME



Thursdays:
January 8
January 22
February 5
February 19
March 5



Drop-in 12:30-2pm
Office between the Athletic
Director and Counseling Suite





Saturday, February 28th | At the West Vancouver Yacht Club

Buy your tickets to Rock the Dock parent social [here](#) or use the link in the ROPAC section of the E-Bulletin.



P2P Coffee meet-up

Enjoy a cuppa with fellow Rockridge parents.

**FRIDAY, FEB 27 | 8:45 - 10:30AM
THE BAKEHOUSE DUNDARAVE**



ROCKRIDGE PAC

Spring Plant Fundraiser

ORDER BY

FRI, APRIL 24 | NOON

PICK UP

FRI, MAY 8 | 2 - 3:30PM





ROCKRIDGE PAC EVENTS YEAR AT A GLANCE 2025/26

SEPT.	3rd - Welcome Parent Coffee	5th - New & Gr8 Family Pancake Breakfast	11th - ROPAC table at Meet the Teacher	16th - ROPAC Meeting 6:30pm	
OCT.	9th - P2P Pub Night at Red Lion	14th - ROPAC Meeting 8:30am	20th - DPAC Parenting Talk: Dr Lawlor		
NOV.	14th - P2P Coffee at The Bakehouse	18th - ROPAC Meeting 6:30pm	18th - Order Deadline Holiday Plants	28th - Last Day to Donate Items - Online Auction	
DEC.	1st - Online Auction Opens	3rd - Holiday Plant Pickup & DPAC Post-Secondary Info Talk	12th - Online Auction Closes	15th - Rock the Dock Tickets Go on Sale	19th - Staff Appreciation Holiday Lunch
JAN.	8th - ROPAC table at Grade 7 Open House	9th - P2P Coffee at The Bakehouse	13th - ROPAC Meeting 8:45am		
FEB.	17th - ROPAC Meeting 6:30pm	27th - P2P Coffee at the Bakehouse	28th - Rock the Dock Parent Event		
APR.	10th - P2P Coffee at The Bakehouse	14th - ROPAC Meeting 8:30am	24 - Spring Plants Orders Open		
MAY	8 - Spring Plants Pickup	14th - Staff Appreciation Morning Brunch	26th - ROPAC AGM 6:30pm	28 - Rockridge Golf Tournament	

For more details: Facebook: Rockridge Secondary PAC – ROPAC | Instagram: @rockridgepac | Email: ropac@wvschools.ca