



ROCKRIDGE

ESSE QUAM VIDERI



Jan 9, 2026

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

Morning Announcements - Daily updates for students and parents/guardians. Information at this link is updated daily by 8:30am.

CALENDAR UPDATE	
TONIGHT	<ul style="list-style-type: none">● Grade 7 Open House 6:00-8:00 PM
Mon, Jan 12	<ul style="list-style-type: none">● GLA / LTE 10 Assessments: Jan 12 – 16
Tues, Jan 13	<ul style="list-style-type: none">● GLA / LTE 10 Assessments: Jan 12 – 16● French 10 & 11/12 Cooking Workshops● ROPAC Meeting 8:30 – 10:00am (Player's Hall)
Wed, Jan 14	<ul style="list-style-type: none">● GLA / LTE 10 Assessments: Jan 12 – 16● Ski Team Training Day Whistler/Blackcomb
Thurs, Jan 15	<ul style="list-style-type: none">● GLA / LTE 10 Assessments: Jan 12 – 16● Collaboration Morning - Classes start at 9:30 am
UPCOMING	
Parent Teacher Interviews - January 28, 2026	
District Pro-D-Day - Friday, Jan 30th - No classes in Session	
Rockridge Grad Semi-Formal Feb 5th Pinnacle Hotel, North Vancouver 6:30-9:30 PM	
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
2025-26 At A Glance Calendar	
West Vancouver Schools Registration click HERE	
WV Youth Services click here	

MESSAGE FROM THE PRINCIPAL

Happy 2026 and welcome back, Rockridge families and E-Bulletin readers. It has been great to see the positive energy across the school this week as students reconnect with friends and return to routines, clubs, and teams following the winter break. Raven basketball, wrestling, and the ski team are already active at home and on the road. Updated schedules are always available through the Morning Announcements under the title **ROCKRIDGE LINKS** at the top of this E-Bulletin.

As the new year begins, we are also preparing to welcome our future Ravens for September. Tonight, I look forward to meeting new students and families at our Grade 7 into 8 Information Night for Students and Families.

The first week back can be a busy transition for students and families as schedules resume. Please encourage your child to connect with their teachers if they have questions as they settle back into their courses this month. A helpful conversation starter at home is asking what they have planned for FIT (Flexible Instruction Time). FIT provides valuable opportunities for clarification, extra help, and academic support, and students who plan ahead tend to use this time most effectively.

Finally, we encourage parents and guardians to review the Parent-Teacher Conference information below and consider attending our January PAC meeting next Tuesday morning.

Today's *Raven Life attached to this email* includes information from our MYP Science classrooms, Ravens Athletics, student celebrations, upcoming ROPAC events and more.

PARENT TEACHER INTERVIEWS - Wed, Jan 28 FROM 1:00-3:00 pm, 3:30-5:00 pm

Student Early Dismissal 11:50 am - Bus Leaves promptly at 12:00 Noon

We're excited to welcome families to our online Parent-Teacher conferences on **Wednesday, January 28th**. Please sign up to meet with your child's teachers through the following link: (<http://rss.schoolappointments.com>). Access to the system will open on **Monday, January 12 at 6pm** and close at 10:00pm on **Sunday, January 25**. Please review [these instructions](#) to set up your account and book appointments. On the day of the appointments - please review [these instructions](#) for how to access the meetings through google meet.

ANNUAL WINTER WEATHER REMINDER - See [Weather Closures and Procedures](#)

With the recent colder temperatures and snow on the mountains, we wanted to remind everyone of the West Vancouver Schools Winter Weather protocols.

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. We aim to communicate any decision to close schools by 6:00 am.

Please check our West Van Schools, or Rockridge social media and the [school district website](#) for the most current information on school closures.

GLA / LTE 10 Assessments January 12 – 16, 2026

Parents were notified of the scheduled day/time/location for each student and students have been sent reminders via their school email.

Please note that Thursday, Jan 15th is a Collaboration Day but the assessment will still start at 8:30 AM. Any students who are unsure of their assessment time, please contact Mr. Baker.

FROM YOUR MYP COORDINATORS: See *collage in Raven Life*

Rockridge Parent/Guardian Community! Welcome to 2026! It's a new year, but the same good learning continues!

This week, we are highlighting the inquiry framework, one of the foundational pieces of the MYP program. Using the inquiry approach in designing class activities, our students' prior knowledge and experiences, combined with their own curiosity, open up a world of learning that is relevant, engaging, and challenging.

Throughout the Science program here at Rockridge, students first learn about and practice applying the various skills necessary for inquiry in Science, and then, with practice and time, begin to fully utilize their inquiry skills toolkit in large design labs. These design labs are opportunities for

students to develop questions related to the topics at hand, then design and run a process to answer them, and finally, reflect on their process.

Prior to the break, at the close of their Chemistry unit, students in Science 9 were determining the impact that one bath bomb ingredient has on the property or effectiveness of the bath bombs. How they measure the impacted properties or effectiveness is up to them, but students are provided with lots of guidance and tools to have success in utilizing their toolkit. It's a fun, hands-on, safe and fizz-tastic way to explore inquiry.

A big thank you to Ms. Brady for sharing this process and her wonderful class with us this week!

COLLABORATION DAY - Thursday, Jan 15th

During our upcoming collaboration time, the school is open, and students are encouraged to attend, but it is not mandatory (attendance will not be taken during this time). Students may use this time to complete assignments and other incomplete work. Students who are in attendance during collaboration time will be stationed in the cafeteria where we will have staff supervising. For students planning to work from home, they are reminded to arrive on time for their first block of the day which begins at 9:30 am. See the bell schedule for the day below.

COLLABORATION DAY SCHEDULE

COLLAB DAY	TIMES
School Collab (55 min)	8:30 - 9:25am
Break (5 min)	9:25 - 9:30am
Period 1 (65 minutes)	9:30 - 10:35 am
Break (10 minutes)	10:35 - 10:45 am
Period 2 (60 minutes)	10:45 - 11:45 am
Break (10 minutes)	11:45 - 11:55am
Period 3 (60 minutes)	11:55 - 12:55 pm
Lunch (45 minutes)	12:55 - 1:40pm
Period 4 (65 minutes)	1:40 - 2:45 pm

ROCKRIDGE SCHOOL NEWS

West Vancouver Schools Personal Digital Device (PDD) Expectations

As we begin the new year, we are asking all students and families to recommit to reducing cell phone use and to the school district's Personal Digital Device expectations. Consistent routines

after the break help students re-engage quickly, keep instruction on track, and reduce distractions in shared spaces.

Expectations at a glance:

- **Secondary Schools:** Cell phones and other digital devices should only be used during instructional time with explicit staff permission. Device use should be intentional, supervised, and tied to learning.

Family actions that make a difference:

- Minimize adult cell phone use in and around school
- Refrain from sending your child texts or calls during the school day; contact the office for urgent needs only.
- Review the school district's guidelines for personal digital device expectations.
- Help your child understand that when schoolwork requires technology that they need to choose a laptop over a phone as it helps to reduce distractions and support learning

For a one-page overview of expectations, [see our Parent & Guardian Infographic](#).

Thank you for working with us to uphold these important expectations.

ROCKRIDGE – New Student Lunch Account Program: Click [here](#)

We're introducing an optional **Student Lunch Account Program** designed to make cafeteria purchases easier for families and faster for students. Parents can load funds online, and students pay using a secure QR code.

Benefits for families:

- One-minute setup
- Easy reloads anytime
- Balance and purchase visibility
- No cash or cards needed
- Secure and privacy-protected

This program reduces lineups and keeps lunch payments simple and predictable.

- Full instructions are in the PDF above.

Support: accounts@geminifoods.ca

TOUR OF THE ROCK DAY

Our next Tour of The Rock for 2026 is scheduled for Monday, Jan 19th. Tours run from 12:00 to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP: rockridge@wvschools.ca

WEST VANCOUVER SCHOOLS ADMISSIONS Information

K-12 admission applications for both in-district and out-of-district students opens on January 15! If you have students in your family or network who are looking to join our district, please help spread the word about this important date.

West Vancouver Schools offer a wonderful opportunity to be part of a community that values excellence in education. Our schools take pride in creating meaningful learning experiences and providing opportunities that support the growth, well-being, and success of every student.

To learn more about registration expectations and processes, please visit our admissions page: [West Vancouver Schools Admissions](#)

We look forward to welcoming new students and families to our vibrant and supportive school community!

ROCKRIDGE GRAD NEWS

Rockridge Grad Winter Semi Formal

Grads are invited to attend their Winter Semi Formal on Thursday, February 5th, 6:30-9:30 PM at The Pinnacle Hotel North Shore Ballroom.

- Tickets (\$110) are available for purchase on [School Cash Online](#) from Jan 9 - 20th with limited space available.
- The parent permission form is attached [here](#) and must be submitted along with payment to secure a spot. Forms can also be found on the Rockridge Grad Instagram or in the School Office.
- Grads will have an opportunity to invite a guest dependent on availability. [Guest permission letters](#) must be completed and submitted for approval by administration.

ROCKRIDGE PAC NEWS

Happy New Year! Kick Off 2026 with a P2P Coffee Meetup on Friday, Jan 9 - [flyer](#)

We hope you had a restful holiday break and are settling into the new year. To start things off, we'd love to reconnect with you at our first P2P Coffee meet-up of 2026 on **Friday, Jan 9, from 8:45 – 10:30 am at The Bakehouse** in Dundarave.

Drop in anytime after morning drop-off – stay for a quick coffee or linger a bit longer. We hope to see you there!

January ROPAC Meeting – Tuesday, Jan 13

Our next ROPAC meeting takes place **Tuesday, January 13**, starting with coffee at 8:30 am and the meeting at 8:45 am in Players Hall. View the agenda [here](#).

DPAC Presents - Sarah Ward - Jan 28th at Kay Meek Theatre - Details & registration - see poster in RL

Sarah provides concrete, practical strategies and has a remarkable way of making complex ideas around executive functioning both accessible and actionable.

Rock the Dock Final Tickets Available – [buy tickets here!](#)

There are still some tickets available for Rock the Dock, our Rockridge parent party featuring [The Hairfarmers](#) on Saturday, February 28 at the West Vancouver Yacht Club. Tickets are limited, so grab yours soon!

To help keep the evening running smoothly, we encourage guests to purchase drink tickets in advance, which reduces bar line-ups and helps the planning team plan for a great night.

Thank you for Supporting Staff Appreciation

A big thank you to our Rockridge parent and student community for making the Staff Appreciation Lunch such a success! With 55 parents donating, 44 parents and students contributing food and drinks, and 24 parents and students volunteering, it was a wonderful show of appreciation that meant a great deal to our staff.

Follow ROPAC on [Facebook](#) and [Instagram](#)

To join our Parent Info and P2P groups: click [here to email us](#) with your name, your child(ren)'s name(s) & grade(s) and your phone number

ROCKRIDGE ATHLETICS

Winter Sports:

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results. The [Raven Life](#) also often features highlights from our Rockridge Athletics teams. Follow us on Instagram [@Rockridge.Ravens.Athletics](#)

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time as a coach or assistant or have any questions, do not hesitate to reach out to our Athletic Director Mr. Brychan Williams bwilliams@wvschools.ca [Go Ravens!](#)

ROCKRIDGE COMMUNITY NEWS

For ["Community Connections"](#) including local North Shore programs, events, and resources click [HERE](#).

[West Vancouver Schools District & Premier Programs and Premier Academies](#)

FAST (First Aid Swim Training) Program: Applications for the 2026-2027 School Year Are Now Open!

Program Information Night: Thursday, January 29th, 6:00 PM Rockridge Secondary School Room W211

The **First Aid Swim Training (FAST) Program** is a unique opportunity for students to develop the essential skills and confidence to become successful lifeguards while also building leadership and resilience.

By the end of the program, students will earn **key certifications** that are prerequisites for the **National Lifeguard Course**, which they can take independently at age 15 or older. Completing the National Lifeguard Course qualifies students to work as lifeguards, opening doors to meaningful, in-demand employment.

Certifications earned in FAST include:

- **Bronze Medallion**
- **Bronze Cross**
- **Standard First Aid & CPR-C**

Program Highlights: In addition to earning certifications, the FAST Program provides a practical foundation in:

- **First Aid Training:** Building strong emergency response skills
- **Swimming and Stroke Development:** Improving confidence and technique in the water
- **Cardiovascular and Resistance Training:** Developing fitness and endurance
- **Leadership Development:** Encouraging teamwork, communication, and responsibility

This program is ideal for students interested in aquatics, leadership, and gaining valuable job-ready skills.

[CLICK HERE TO LEARN MORE AND APPLY NOW!](#)

2026-2027 CARPENTRY: YOUTH TRAIN IN TRADES PROGRAM INFORMATION.

Applications are now OPEN - due Friday March 13th, 2026

Offered by West Vancouver Schools, this hands-on program is perfect for students passionate about learning practical skills in carpentry and construction. Whether you're exploring a future career or simply gaining a skill that lasts a lifetime, this program delivers. Learn from a Red Seal-certified instructor, earn 16 high school credits, achieve Level 1 Carpentry Training certification, and master essentials like blueprint reading and advanced tool use. Applications are OPEN until March 13, 2026. Learn more [here](#) and apply [here](#), or email pkashani@wvschools.ca!

[Cybersecurity, Artificial Intelligence and Quantum Computing](#) is a hands-on, project based course offered to students in Grades 10-12 who are attending Rockridge, Sentinel or West Van Secondary. Students learn the theory and apply it to practical projects in the fields of Cybersecurity, Artificial Intelligence and Quantum Computing. They have an opportunity to prepare for external certifications in Cybersecurity, Networking, Internet of Things, Programming, CompTIA, and Data Science. Students also participate in international competitions such as [CyberPatriot](#) and others. The course aims at helping students prepare material they can use for university applications.

[Yoga Teacher Training Course Information Session – Wed Jan 21th 6 PM., WV Secondary School Library](#)

The district's 200-hour Yoga Teacher Training course is an 8-credit course (4 PE credits and 4 Yoga credits) that will provide students in grades 9 to 12 with the skills needed to effectively and safely teach yoga to all levels of students. The total cost for the program is \$100 for the year. The course follows the guidelines set out by Yoga Alliance and students receive certification as Yoga Alliance 200-hour Yoga Teachers. Registration is now open. For more information or to register visit

<https://westvancouverschools.ca/200-hour-yoga-teacher-training> or email Mariam Pirbhai mpirbhai@wvschools.ca

West Van Run! March 7th and 8th

We invite students and families to take part in this fun, community run and enjoy special discounted registration. Parents and students can register for \$45 using the code **WVSCHOOLS**, and children can join the Kids 1K for \$15 using the code **WVKIDS**. These codes can also be used by other family members who would like to participate.

Whether you prefer walking, jogging, or running, this event welcomes all ages and abilities. It's a great way for families to be active together and supports our shared commitment to health and well-being across West Vancouver Schools.

- Register here - <https://www.westvanrun.com/schools>

COUNSELLORS' CORNER

Come Chat with The Nurse - see poster in Raven Life for details

Vancouver Coastal Health School Nurse, Caroline Reilly Drop-In Sessions 2026

West Vancouver Schools Counselling

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes. We maintain a collaborative website with the counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for students that will help guide them to whatever level of education they desire: from grade school to graduate school.

You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

FOUNDRY Drop In Counselling @ Rockridge - every Tuesday

- Located in the office beside the Counselling suite
- For more information contact Shannon: 236 558 2489 or email: shannon.eberts1@vch.ca

Foundry is a province-wide network of integrated health and wellness services for young people ages 12-24. Their integrated services make it possible for young people to access five core services in one convenient location: mental health care, substance use services, physical and sexual health care, youth and family peer support, and social services. For more information, please visit the [Integrated Youth Services website](#).

Crisis Response, Community-Led (CRCL) North Shore:

<https://northwestvancouver.cmha.bc.ca/programs-and-services/crcl-north-shore/>

Kids Help Phone: <https://kidshelpphone.ca/>

FAMILY SMART Monthly Events - LINK - Online & In-Person for Parents and Caregivers 2025.

Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

Mental Health and Substance Use: A Resource for Educators and School Communities

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

FEEDING FUTURES

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolke tkolke@wvschools.ca or to feedingfutures@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

FAQ & HELPFUL INFORMATION for 2025-26

PARENT/GUARDIANS TO DO: Thank you to those who have completed the **Student Verification Form**, which students were asked to bring home on the first day of school.

Parents are also required to complete the **Online Policies & Procedures Consent Form**; <https://eforms.sd45.bc.ca/Form/PandP>

Both forms must be submitted at the start of each year. Without them, your child's participation in activities both in and outside of the classroom will be limited. Thus far we have **98%** of students' P&P consent successfully submitted online. *We need to be at 100% - please help us get there before 2026!*

MyEdBC Parent Portal

For information and instructions on registering your [MyEd Parent Portal](#) account. Each parent or guardian has their own separate account. If you are still having difficulty accessing your account, please see the online video aid [here](#) OR click on the [School District's My Ed Family Portal Page](#). If you have further questions, please email Rockridge@wvschools.ca

SMS for Parents/Guardians:

Parents and guardians have an option to receive text messages for school emergencies or other important alerts: For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS please text a "Y" or "Yes" to 978338 to ensure you are on the list.

ROCKRIDGE CALENDAR

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

CLUBS LIST - [Here](#) - If your child is looking for a club to join, be sure to visit the Morning Announcements for meeting times and locations. The link to the Morning Announcements is always included at the top of the E-Bulletin.

PARENTS/CAREGIVERS GUIDE TO SOCIAL MEDIA

In an effort to provide important and useful information to parents/guardians about the various digital media sites used by many students in our school communities, West Vancouver Schools has added the following information to the website: [Parents Guide to Social Media and Digital Devices](#)

ATTENDANCE - Notifying the Office

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca If your student will be arriving late, leaving early, or missing part of the day, please include approximate times of arrival and dismissal in your email.

Please include your child's first and last name and reason for absence in your email. This will ensure that the absence is noted as excused and you will not receive an email/voicemail alert regarding the absence.

Daily attendance is critical to ensure student success here at Rockridge. We do not recommend absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

Extended Absences (Five days or more)

Please notify the school a minimum of one week in advance using an Extended Absence Form if five or more school days. **Note:** International Students must first request permission from the International Office via email to international.reception@wvschools.ca

STUDENT PARKING AT ROCKRIDGE

Parking is available for Senior Students (Priority is given to Grade 12) in the Upper Lot east of the Gym. Students must complete a parking [Registration form](#), noting vehicle details, insurance expiry, obtain parent signature and submit to the office. The \$25 decal fee must be paid through [School Cash Online](#). Once the form is returned and payment completed, we can issue a decal.

Note: At no time are students permitted to park in Visitor or Staff designated spots

School Drop Off/Pick Up Safety

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall. The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING

zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

CHANGE OF ADDRESS? If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [THIS LINK](#) and email rockridge@wvschools.ca to inform us of the change and document upload. Any changes will not be reflected in the student database until the documentation is submitted.

SCHOOL BUS TRANSPORTATION 2025-26 – Questions - transportation@wvschools.ca

Students taking the school bus are required to [Register](#): The district has secured only enough buses to accommodate the number of students that have been registered for the service, and we need to ensure that all riders are able to secure a seat. Please ensure you have registered so that no students are turned away.

For details on eligibility, routes, and service guidelines, please visit our Student Transportation webpage: [Student Transportation Information](#)

LOCKERS - Lockers have been assigned to all grade 8 students. Students in Grade 9 to 12 can sign up for a locker anytime through the link in their Grad Class Google classroom, and pick up their locker assignments in the office.

A GREAT WAY TO SUPPORT YOUR STUDENT: Google Classroom Reviews

Parents do not have access to Google Classrooms (GC), however, we feel it is important to review your child's GC regularly with them so that they can inform you about their classes, learning and upcoming or incomplete assignments. This looks like sitting down with your child at their laptop and having them open and scroll through their GC. Each Rockridge student should be a member of their Grad year Google Classroom. There is grade and school-wide information, announcements and opportunities posted here regularly.

Grad Class of 2030 (Current grade 8's): pr5xsotl

Grad Class of 2029 (Current grade 9's): ecuxnrk

Grad Class of 2028 (Current grade 10's): 77pe2df

Grad Class of 2027 (Current grade 11's): 2xp55nq

Grad Class of 2026 (Current Grade 12's): ibcy3ua

OPTIONAL ACCIDENT INSURANCE for Families

West Vancouver Schools reminds families each year that personal injury or accident costs are not covered by the district or its insurance provider. To help protect against expenses from accidental injury, unexpected medical costs, or critical illness, families have the option to purchase voluntary accident insurance plans. A variety of providers offer different levels of coverage, so families are encouraged to review their options carefully and choose a plan that best meets their needs.

ATTENTION DOG WALKERS: The Rockridge sports field is a classroom space, used by classes and teams. We remind our community members that West Vancouver Bylaw prohibits dogs on the field and thank you for your cooperation in respecting this outdoor classroom space. *We would appreciate it if you would pass this on to other community members who should have this information.