



ROCKRIDGE

ESSE QUAM VIDERI



Jan 15, 2026

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

[Morning Announcements](#) - Daily updates for students and parents/guardians. Information at this link is updated daily by 8:30am.

CALENDAR UPDATE	
Mon, Jan 19	<ul style="list-style-type: none">• Rockridge Visits Feeder Schools - Jan 19 – 21• Tour of The Rock 12:00 – 1:00pm
Tues, Jan 20	<ul style="list-style-type: none">• FAST - Standard First Aid 2:00 – 9:00pm - Rockridge LLC
Wed, Jan 21	<ul style="list-style-type: none">• Gr. 9 Immunizations - Library• Ski Team Training Day - Whistler/Blackcomb• Active Living Tubing @ Cypress 12:00 – 2:45pm
Thurs, Jan 22	<ul style="list-style-type: none">• AP Bio to Michael Smith Labs, UBC
Fri, Jan 23	<ul style="list-style-type: none">• Vancouver Model UN Conference - Jan 23 – 25• LSP to Grouse 9:00am – 2:30pm
Sunday, Jan 25th	<ul style="list-style-type: none">• Parent Teacher Interview Booking Closes
UPCOMING	
Parent Teacher Interviews - January 28, 2026	
District Pro-D-Day - Friday, Jan 30th - No classes in Session	
Rockridge Grad Semi-Formal Feb 5th Pinnacle Hotel, North Vancouver 6:30-9:30 PM	
MYP Personal Project Exhibition Feb 5, 6-7:30 PM	
2026-27 Course Planning Parent Night, Feb 10th – Save the date!	
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
2025-26 At A Glance Calendar	
West Vancouver Schools Registration click HERE	
WV Youth Services click here	

MESSAGE FROM THE PRINCIPAL

There are many special moments in a day in the life of the Rockridge Principal, and this past week offered no shortage of highlights. Last Thursday, our Grade 7 to 8 Information Night welcomed so many prospective Raven families that Player's Hall was filled to standing room only. It was an amazing reflection of the strong interest in our school community.

On Tuesday, we had the pleasure of welcoming a group of IB educators from Korea. Together, we shared what MYP looks like at *The Rock* and enjoyed an afternoon of collaboration. Our MYP coordinators and student mentors were exceptional hosts, showcasing both the strength of our program and our positive school community. That same evening, I had the opportunity to attend **Seniors' Night** for our Raven girls' Basketball team, and tonight I look forward to supporting our boys' game, which will include a ceremony honouring our Grade 12 student-athletes.

I would also like to extend academic congratulations to the Class of 2028. This week, our hardworking Grade 10 students completed their first Graduation Literacy Assessment (GLA). As in previous years, they approached this demanding online assessment with focus, effort, and commitment. Well done, Ravens.

Finally, I want to highlight our outstanding Advanced Placement program. Please see the celebration article here from Mr. Thomson, who leads the AP program here at Rockridge, for a closer look at this important recognition of academic excellence.

Rockridge Earns Advanced Placement (AP) School Honor Roll Recognition for the Third Year Running

We are thrilled to share that Rockridge has been named to the AP School Honour Roll for the 2024-25 school year! This marks our third consecutive year receiving this prestigious award from the College Board, highlighting our commitment to preparing students for the transition to university and improving access to all Rockridge learners. Our students continue to reach impressive milestones, with **54 students recognized as AP Scholars, 6 earning the AP Capstone Diploma, and 3 receiving the AP Seminar and Research Certificate**. These awards are a testament to our students' hard work and their readiness for high-level academic challenges.

This success is a true community effort that begins long before the senior years. The foundation for these achievements is built early in our MYP classrooms, where we help students develop the resilience and independent thinking skills they need to thrive. By fostering a supportive learning environment across all grades, we ensure our students are adaptable and ready for whatever comes next. We are incredibly proud of our students' growth and their dedication to excellence. You can learn more about the Rockridge AP program [HERE](#)

Today's ***Raven Life attached to this email*** includes information from our MYP English 9 classrooms, Ravens Athletics, student celebrations, upcoming ROPAC events and more.

PARENT TEACHER INTERVIEWS - Wed, Jan 28 FROM 1:00-3:00 pm, 3:30-5:00 pm

Student Early Dismissal 11:50 am - Bus Leaves promptly at 12:00 Noon

We're excited to welcome families to our online Parent-Teacher conferences on **Wednesday, January 28th**. Please sign up to meet with your child's teachers through the following link: (<http://rss.schoolappointments.com>). Access to the system will open on **Monday, January 12 at 6pm** and close at 10:00pm on **Sunday, January 25**. Please review [these instructions](#) to set up your account and book appointments. On the day of the appointments - please review [these instructions](#) for how to access the meetings through google meet.

FROM YOUR MYP COORDINATORS: See collage in *Raven Life*

It's still January! Did you have any resolutions this year? How are they holding up?

On that theme, this week we are highlighting a learning exploration that happened in Ms. Chopra's English 9 class.

In the MYP, one of the foundational pieces of the program involves helping students understand their abilities to learn through skills. These skills of learning-how-to-learn are called Approaches to Learning (or ATLs). The opportunities students have in classes to explicitly explore these skills are important for helping them identify their strengths as learners and where they have room for growth.

In Ms. Chopra's English 9, students spent time exploring the ATL of Self-Management in their first week back. They reflected on their levels and skills in Learning Period 1, and then used that information to help them design and present SMART goals to the class for growth in English. (The acronym for SMART is S for Specific, M for Measurable, A for Achievable, R for Relevant and T for Timebound.) You can see some examples of what groups presented in this week's Raven Life!

Thank you Ms. Chopra for sharing the learning in your class and for taking the intentional (and pertinent) time to explore Self-Management with your class in January! New year, new English goals! 😊

ROCKRIDGE SCHOOL NEWS

WEST VANCOUVER SCHOOLS ADMISSIONS

K-12 admission applications for both in-district and out-of-district students opens today, January 15! If you have students in your family or network who are looking to join our district, please help spread the word about this important date. We saw quite the influx of applications this morning, so apply early.

West Vancouver Schools offer a wonderful opportunity to be part of a community that values excellence in education. Our schools take pride in creating meaningful learning experiences and providing opportunities that support the growth, well-being, and success of every student.

To learn more about registration expectations and processes, please visit our admissions page: [West Vancouver Schools Admissions](#)

We look forward to welcoming new students and families to our vibrant and supportive school community!

The 2026-2027 PREMIER, DISTRICT & ACADEMY PROGRAMS are open for registration! Click link for details: [West Vancouver Schools District & Premier Programs and Premier Academies](#)

West Vancouver Schools PERSONAL DIGITAL DEVICE (PDD) Expectations

As we begin the new year, we are asking all students and families to recommit to reducing cell phone use and to the school district's Personal Digital Device expectations. Consistent routines after the break help students re-engage quickly, keep instruction on track, and reduce distractions in shared spaces.

Expectations at a glance:

- **Secondary Schools:** Cell phones and other digital devices should only be used during

instructional time with explicit staff permission. Device use should be intentional, supervised, and tied to learning.

Family actions that make a difference:

- Minimize adult cell phone use in and around school
- Refrain from sending your child texts or calls during the school day; contact the office for urgent needs only.
- Review the school district's guidelines for personal digital device expectations.
- Help your child understand that when schoolwork requires technology that they need to choose a laptop over a phone as it helps to reduce distractions and support learning

For a one-page overview of expectations, [see our Parent & Guardian Infographic](#).

Thank you for working with us to uphold these important expectations.

ROCKRIDGE CAFETERIA – New Student Lunch Account Program: Click [here](#)

We're introducing an optional **Student Lunch Account Program** designed to make cafeteria purchases easier for families and faster for students. Parents can load funds online, and students pay using a secure QR code.

Benefits for families:

- One-minute setup
- Easy reloads anytime
- Balance and purchase visibility
- No cash or cards needed
- Secure and privacy-protected

This program reduces lineups and keeps lunch payments simple and predictable.

- Full instructions are in the PDF above.

Support: accounts@geminifoods.ca

TOUR OF THE ROCK DAY

Our next Tour of The Rock for 2026 is scheduled for Monday, Jan 19th. Tours run from 12:00 to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP:

rockridge@wvschools.ca

ANNUAL WINTER WEATHER REMINDER - See [Weather Closures and Procedures](#)

With the recent colder temperatures and snow on the mountains, we wanted to remind everyone of the West Vancouver Schools *Winter Weather* protocols.

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. We aim to communicate any decision to close schools by 6:00 am.

Please check our West Van Schools, or Rockridge social media and the [school district website](#) for the most current information on school closures.

ROCKRIDGE GRAD NEWS

Rockridge Grad Winter Semi Formal

Grads are invited to attend their Winter Semi Formal on Thursday, February 5th, 6:30-9:30 PM at The Pinnacle Hotel North Shore Ballroom.

- Tickets (\$110) are available for purchase on [School Cash Online](#) from Jan 9 - 20th with limited space available.
- The parent permission form is attached [here](#) and must be submitted along with payment to secure a spot. Forms can also be found on the Rockridge Grad Instagram or in the School Office.
- Grads will have an opportunity to invite a guest dependent on availability. [Guest permission letters](#) must be completed and submitted for approval by administration.

ROCKRIDGE PAC NEWS

Thanks for Attending the ROPAC Meeting

Thanks to everyone who attended our first ROPAC meeting of 2026. We were pleased to hear directly from Rockridge students in the FAST, Badminton and Baseball academies. Students shared their experience in these special programs and spoke about the opportunities, challenges, and sense of community they've found through academy participation. Thank you to Austin and Pablo W, Ekam C. and Malina V for your informative presentations.

If you missed the meeting, you can find the minutes and the Treasurer's report [here](#).

DPAC Parent Evening with Sarah Ward – Jan 28

DPAC invites parents to an informative meeting with Sarah Ward, an internationally recognized expert in executive functioning, on **Wednesday, Jan 28 from 6:30 – 8:30 PM.**

Tickets: \$20

Location: Kay Meek Theatre

Registration required: Click [here](#) for details

Mark Your Calendar – Our Next P2P Coffee is Feb 27!

Join us for our next P2P Coffee Meet-Up on **Thursday, February 27**. Swing by after morning drop-off for a relaxed coffee and catch-up with fellow Rockridge parents.

More details to come soon – we hope to see you there!

Rock the Dock – Let's Party! Final Tickets Available

There are still a few tickets up for grabs for Rock the Dock, our parent party featuring [The Hairfarmers](#) on **Saturday, February 28 at the West Vancouver Yacht Club**. If you're planning to dance, laugh and sing along – now's your moment!

Pro tip: grab your drink tickets in advance to breeze past the bar lines and keep the good vibes rolling all night long.

Follow ROPAC on [Facebook](#) and [Instagram](#)

To join our Parent Info and P2P groups: click [here to email us](#) with your name, your child(ren)'s name(s) & grade(s) and your phone number.

ROCKRIDGE ATHLETICS

Winter Sports:

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results. The **Raven Life** also often features weekly highlights from our Rockridge Athletics teams. Follow us on Instagram [@Rockridge.Ravens.Athletics](#)

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time as a coach or assistant or have any questions, do not hesitate to reach out to our Athletic Director Mr. Brychan Williams bwilliams@wvschools.ca **Go Ravens!**

ROCKRIDGE COMMUNITY NEWS

For "**Community Connections**" including local North Shore programs, events, and resources click [HERE](#).

West Van Run! March 7th and 8th

We invite students and families to take part in this fun, community run and enjoy special discounted registration. Parents and students can register for \$45 using the code **WVSCHOOLS**, and children can join the Kids 1K for \$15 using the code **WVKIDS**. These codes can also be used by other family members who would like to participate.

Whether you prefer walking, jogging, or running, this event welcomes all ages and abilities. It's a great way for families to be active together and supports our shared commitment to health and well-being across West Vancouver Schools.

- Register here - <https://www.westvanrun.com/schools>

COUNSELLORS' CORNER

Come Chat with The Nurse - *see poster in **Raven Life** for details*

Vancouver Coastal Health School Nurse, Caroline Reilly Drop-In Sessions 2026

West Vancouver Schools Counselling

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes. We maintain a collaborative website with the counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for students that will help guide them to whatever level of education they desire: from grade school to graduate school.

You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

FOUNDRY Drop In Counselling @ Rockridge - every Tuesday

- Located in the office beside the Counselling suite
- For more information contact Shannon: 236 558 2489 or email: shannon.eberts1@vch.ca

Foundry is a province-wide network of integrated health and wellness services for young people ages 12-24. Their integrated services make it possible for young people to access five core services in one convenient location: mental health care, substance use services, physical and sexual health care, youth and family peer support, and social services. For more information, please visit the [Integrated Youth Services website](#).

Crisis Response, Community-Led (CRCL) North Shore:

<https://northwestvancouver.cmha.bc.ca/programs-and-services/crcl-north-shore/>

Kids Help Phone: <https://kidshelpphone.ca/>

FAMILY SMART Monthly Events - LINK - Online & In-Person for Parents and Caregivers 2025.

Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

Mental Health and Substance Use: A Resource for Educators and School Communities

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

FEEDING FUTURES

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolkea tkolkea@wvschools.ca or to feedingfutures@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

FAQ & HELPFUL INFORMATION for 2025-26

MyEdBC Parent Portal

For information and instructions on registering your [MyEd Parent Portal](#) account. Each parent or guardian has their own separate account. If you are still having difficulty accessing your account, please see the online video aid [here](#) OR click on the [School District's My Ed Family Portal Page](#). If you have further questions, please email Rockridge@wvschools.ca

SMS for Parents/Guardians:

Parents and guardians have an option to receive text messages for school emergencies or other important alerts: For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS please text a "Y" or "Yes" to 978338 to ensure you are on the list.

ROCKRIDGE CALENDAR

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

CLUBS LIST - [Here](#) - If your child is looking for a club to join, be sure to visit the Morning Announcements for meeting times and locations. The link to the Morning Announcements is always included at the top of the E-Bulletin.

PARENTS/CAREGIVERS GUIDE TO SOCIAL MEDIA

In an effort to provide important and useful information to parents/guardians about the various digital media sites used by many students in our school communities, West Vancouver Schools has added the following information to the website: [Parents Guide to Social Media and Digital Devices](#)

ATTENDANCE - Notifying the Office

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca If your student will be arriving late, leaving early, or missing part of the day, please include approximate times of arrival and dismissal in your email. Please include your child's first and last name and reason for absence in your email. This will ensure that the absence is noted as excused and you will not receive an email/voicemail alert regarding the absence.

Daily attendance is critical to ensure student success here at Rockridge. We do not recommend absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

Extended Absences (Five days or more)

Please notify the school a minimum of one week in advance using an Extended Absence Form if five or more school days. **Note:** International Students must first request permission from the International

Office via email to international.reception@wvschools.ca

STUDENT PARKING AT ROCKRIDGE

Parking is available for Senior Students (Priority is given to Grade 12) in the Upper Lot east of the Gym. Students must complete a parking [Registration form](#), noting vehicle details, insurance expiry, obtain parent signature and submit to the office. The \$25 decal fee must be paid through [School Cash Online](#). Once the form is returned and payment completed, we can issue a decal.

Note: At no time are students permitted to park in Visitor or Staff designated spots

School Drop Off/Pick Up Safety

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall. The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [THIS LINK](#) and email rockridge@wvschools.ca to inform us of the change and document upload. Any changes will not be reflected in the student database until the documentation is submitted.

SCHOOL BUS TRANSPORTATION 2025-26 – Questions - transportation@wvschools.ca

Students taking the school bus are required to [Register](#): The district has secured only enough buses to accommodate the number of students that have been registered for the service, and we need to ensure that all riders are able to secure a seat. Please ensure you have registered so that no students are turned away.

For details on eligibility, routes, and service guidelines, please visit our Student Transportation webpage: [Student Transportation Information](#)

LOCKERS - Lockers have been assigned to all grade 8 students. Students in Grade 9 to 12 can sign up for a locker anytime through the link in their Grad Class Google classroom, and pick up their locker assignments in the office.

A GREAT WAY TO SUPPORT YOUR STUDENT: Google Classroom Reviews

Parents do not have access to Google Classrooms (GC), however, we feel it is important to review your child's GC regularly with them so that they can inform you about their classes, learning and upcoming or incomplete assignments. This looks like sitting down with your child at their laptop and having them open and scroll through their GC. Each Rockridge student should be a member of their Grad year Google

Classroom. There is grade and school-wide information, announcements and opportunities posted here regularly.

Grad Class of 2030 (Current grade 8's): [pr5xsotl](#)

Grad Class of 2029 (Current grade 9's): [ecuxnrk](#)

Grad Class of 2028 (Current grade 10's): [77pe2df](#)

Grad Class of 2027 (Current grade 11's): [2xp55nq](#)

Grad Class of 2026 (Current Grade 12's): [ibcy3ua](#)

OPTIONAL ACCIDENT INSURANCE for Families

West Vancouver Schools reminds families each year that personal injury or accident costs are not covered by the district or its insurance provider. To help protect against expenses from accidental injury, unexpected medical costs, or critical illness, families have the option to purchase voluntary accident insurance plans. A variety of providers offer different levels of coverage, so families are encouraged to review their options carefully and choose a plan that best meets their needs.

ATTENTION DOG WALKERS

The Rockridge sports field is a classroom space, used by classes and teams. We remind our community members that West Vancouver Bylaw prohibits dogs on the field and thank you for your cooperation in respecting this outdoor classroom space. *We would appreciate it if you would pass this on to other community members who should have this information.