



# ROCKRIDGE

ESSE QUAM VIDERI



Dec 11, 2025

#### ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

**Morning Announcements** - Daily updates for students and parents/guardians. Information at this link is updated daily by 8:30am.

CALENDAR UPDATE	
TOMORROW	<ul style="list-style-type: none"><li>● <b>HOLIDAY SPIRIT DAY!</b> Dress in Festive Attire!</li><li>● Gr. 8 Design Rotation #1 Reports Posted</li></ul>
Mon, Dec 15	<ul style="list-style-type: none"><li>● Geneskool Field Trip @ Cap-U - Dec 15 &amp; 16</li><li>● Rock(in') Recitations Grade Level Rounds</li><li>● Grade 8 Assignment: Task 4 - myBlueprint</li></ul>
Tues, Dec 16	<ul style="list-style-type: none"><li>● Geneskool Field Trip @ Cap-U - Dec 15 &amp; 16</li></ul>
Wed, Dec 17	<ul style="list-style-type: none"><li>● Coffee House Open Mic   12:50 – 1:35pm</li></ul>
Fri, Dec 19	<ul style="list-style-type: none"><li>● Pancake Breakfast \$3/Student - Cafeteria   7:45-8:30 AM</li><li>● 12:00 PM <b>EARLY Dismissal</b> - Happy Holidays!</li></ul>
UPCOMING	
First day of School 2026 - Jan 5th	
<a href="#">FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS</a>	
<a href="#">2025-26 At A Glance Calendar</a>	
<a href="#">West Vancouver Schools Registration click <u>HERE</u></a>	
<a href="#">WV Youth Services click <u>here</u></a>	

#### MESSAGE FROM THE PRINCIPAL

As the holidays draw near, there's a growing sense of anticipation across our Raven community. Students, families, and staff are looking forward to the festive season ahead, while December tests our ability to balance social commitments and finishing learning tasks and assignments.

At Rockridge, we continue to emphasize the importance of bringing our best effort to the final stretch before the break. When families, students, and staff stay focused and supportive of one another, we create the conditions for meaningful learning and a positive transition into the new year.

With just one week to go until our final school day of 2025, excitement is building for our beloved last-day tradition. Next Friday we'll follow a special schedule for a morning of festive fun, beginning with our pancake breakfast and leading into an all-school dance event in the gym before our early 12:00 PM dismissal. Details will be shared with students next week through daily announcements and on our

hallway screens. We kindly ask students to head out promptly at 12:00 PM so our staff can participate in the ROPAC-hosted Staff Appreciation Luncheon.

Today's *Raven Life attached to this email* includes information from our MYP classrooms, holiday initiatives from our clubs, upcoming ROPAC events and more.

**LOST & FOUND** - clothing is on display in the foyer near the front entrance - Students, please collect your belongings. All unclaimed items will be donated to charity over the winter break.  
Valuables: Headphones, Earbuds, chargers are held in the main office.

#### **[Annual Winter Weather Reminder - See Weather Closures and Procedures](#)**

With the recent colder temperatures and snow on the mountains, we wanted to remind everyone of the West Vancouver Schools *Winter Weather* protocols.

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. We aim to communicate any decision to close schools by 6:00 am.

Please check our West Van Schools, or Rockridge social media and the [school district website](#) for the most current information on school closures.

#### **STUDENT PICK UP and DROP OFF SAFETY**

As the weather gets colder and we see increased precipitation and darkness, it is a good time to remind drivers to be careful particularly at pick up and drop off times. Please watch for pedestrians in the crosswalks and on sidewalks. We do encourage dropping students off or picking them up away from the busy traffic around the school, but please be sure it is safe to do so. We have seen an incident of a student being dropped off in the middle of Headland Drive with oncoming traffic in the other direction. Please take that extra moment to put safety first so we can all enjoy the upcoming holiday season.

#### ***FROM YOUR MYP COORDINATORS: See collage in Raven Life***

Tis' the holiday season! And one of the things that comes to mind for us in this season are celebrations around food! What a great time to highlight some of the work in our Foods program!!!

Our Foods courses are housed within the subject area of Design. Through the lens of food planning and preparation, they are regularly moving through the design cycle of:

- a. *Inquiring & Analyzing*
- b. *Developing Ideas*
- c. *Creating the Solution &*
- d. *Evaluating.*

Recently, in the Foods 9 class, they moved through a unit around breakfast where they explored the meaning of a balanced breakfast through the Canada Food Guide Eat Well Plate model! The solutions of their design process were varied and delicious! Things like breakfast sandwiches and tacos, red bean buns, smoothies, chia seed pudding and banana muffins were all included!

Let's celebrate the inspiration of our Grade 9 Foods students and the passionate heart Ms. Grant shares in helping our students explore nutrition, research and creativity through food!

Check out the collage in our RAVEN LIFE this week.

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## ROCKRIDGE SCHOOL NEWS

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### **FAST (First Aid Swim Training) Program**

#### **Applications for the 2025-2026 School Year Are Now Open!**

The **First Aid Swim Training (FAST) Program** is a unique opportunity for students to develop the essential skills and confidence to become successful lifeguards while also building leadership and resilience.

By the end of the program, students will earn **key certifications** that are prerequisites for the **National Lifeguard Course**, which they can take independently at age 15 or older. Completing the National Lifeguard Course qualifies students to work as lifeguards, opening doors to meaningful, in-demand employment.

#### **Certifications earned in FAST include:**

- Bronze Medallion
- Bronze Cross
- Standard First Aid & CPR-C

#### **Program Highlights:**

In addition to earning certifications, the FAST Program provides a practical foundation in:

- **First Aid Training:** Building strong emergency response skills
- **Swimming and Stroke Development:** Improving confidence and technique in the water
- **Cardiovascular and Resistance Training:** Developing fitness and endurance
- **Leadership Development:** Encouraging teamwork, communication, and responsibility

This program is ideal for students interested in aquatics, leadership, and gaining valuable job-ready skills.

[CLICK HERE TO LEARN MORE AND APPLY NOW!](#)

#### **TOUR OF THE ROCK DAY**

Our next Tour of The Rock for 2026 is scheduled for Monday, Jan 19th. Tours run from 12:00 to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP: [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca)

**CLUBS LIST - [Here](#)** - If your child is looking for a club to join, be sure to visit the Morning Announcements for meeting times and locations. The link to the Morning Announcements is always included at the top of the E-Bulletin.

#### **[Wish List Items for STEM 10 class - CDs](#)**

STEM 10 annually creates mousetrap powered cars, however, they need CDs as the wheels. If you have any old CDs that you are no longer in need of, please drop them off at the office.

#### **PARENTS/CAREGIVERS GUIDE TO SOCIAL MEDIA**

In an effort to provide important and useful information to parents/guardians about the various digital media sites used by many students in our school communities, West Vancouver Schools has added the following information to the website: [Parents Guide to Social Media and Digital Devices](#)

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#### **HOLIDAY INITIATIVES**

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##### **North Shore Family Services Hampers donations accepted until Monday, December 15th**

The Rockridge Student Council raises funds to support several organizations throughout the year. This winter, Rockridge Student Council is pleased to be supporting two families through the North Shore Family Services Holiday Hamper program. The Council Executives will purchase the specific personal gift items requested, but they would appreciate donations of:

- Non-perishables holiday food and treats,
- Gift card donations for Walmart, Superstore, Safeway and Sephora,
- Visa/Mastercard gift cards, in any amount.

Gift cards can be dropped in the Rockridge office. Thank you in advance for your support!

##### **NS Spice Drive - *see details in Raven Life***

Rockridge GSA club is doing a donation drive for baking supplies to help the North Shore food bank. There will be a donation box in the office at the front of the school. Why do they need spices and baking supplies? Many families only receive very basic ingredients, but spices are very rare.

##### **The Humanity Collective 2025**

Backpack Buddies is a local charity dedicated to ensuring BC's most vulnerable children have access to good quality food. Many children rely heavily on school meal programs, but over the weekends they go hungry until school starts again on Monday. Backpack Buddies addresses this "weekend hunger gap" through its growing network of donors and volunteers. For a cost of only \$25, Backpack Buddies sends a child home with a bag of kid approved meals to last the weekend and beyond. Last year they provided an incredible 1,655,104 meals to children across the province. Click [here](#) to donate

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#### **ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS**

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**PARENT/GUARDIANS TO DO BEFORE THE END OF 2025:** Thank you to those who have completed the **Student Verification Form**, which students were asked to bring home on the first day of school. Parents are also required to complete the **Online Policies & Procedures Consent Form**; <https://eforms.sd45.bc.ca/Form/PandP>

Both forms must be submitted at the start of each year. Without them, your child's participation in activities both in and outside of the classroom will be limited. Thus far we have **97%** of students' P&P consent successfully submitted online. *We need to be at 100% - please help us get there before 2026!*

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## ROCKRIDGE PAC NEWS

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### LAST CHANCE – Online Holiday Silent Auction Closing Tomorrow!

Our Online Holiday Silent Auction is wrapping up **tomorrow!**

A big thanks to our generous donors and enthusiastic bidders – your support has already helped us raise over \$10,000. We're aiming for \$13,000 and every bid brings us closer to funding the Teacher Wish List and school program enhancements.

Curious to see some of the items in person? Swing by the school office to see a selection on display.

- Get your **bids** in [here](#).
- Bidding closes **Friday, Dec 12 at 1:00 pm** – if something has caught your eye, now's the time!

*How do I get my auction item?* – Successful bidders can pick up items Friday Dec 12 between 2:30-3:30 PM outside the school office. If you need alternate arrangements, please email [ropac@wvschools.ca](mailto:ropac@wvschools.ca).

### Staff Appreciation Holiday Lunch – We Still Need Your Help!

Our Staff Appreciation Holiday Lunch on Friday, Dec 19 is coming together beautifully, but we're still hoping for a few more contributions.

We're especially looking for:

- Side dishes for a classic holiday meal
- International dishes
- Home baking

**Sign up** [here](#) to bring a dish.

Too busy to cook or bake? You can help cover the costs of catering and supplies by **donating** [here](#).

Thank you for helping us celebrate our incredible staff who take care of our kids every day!

### Rock the Dock – Tickets Drop Dec 15

Get ready! Tickets for the Rock the Dock parent party go on sale on **Monday, Dec 15 at 8:00 AM**.

Featuring [The Hairfarmers](#) this event is the highlight of the year and tickets will go fast.

- **Early Bird:** \$100 (first 100 tickets)
- **Regular Price:** \$125
- **!! Only 200 tickets total** – don't miss out!
- Buy tickets [here](#).

Follow ROPAC on [Facebook](#) and [Instagram](#)

**To join our Parent Info and P2P groups:** click [here to email us](#) with your name, your child(ren)'s name(s) & grade(s) and your phone number

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## ROCKRIDGE ATHLETICS

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### **Winter Sports:**

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results. The **Raven Life** also often features highlights from our Rockridge Athletics teams. Follow us on Instagram **@Rockridge.Ravens.Athletics**

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time as a coach or assistant or have any questions, do not hesitate to reach out to our Athletic Director Mr. Brychan Williams [bwilliams@wvschools.ca](mailto:bwilliams@wvschools.ca) **Go Ravens!**

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## ROCKRIDGE COMMUNITY NEWS

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For "Community Connections" including local North Shore programs, events, and resources click [HERE](#).

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## COUNSELLORS' CORNER

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### **Come Chat with The Nurse - see poster in Raven Life for details**

Vancouver Coastal Health School Nurse, Caroline Reilly Drop-In Sessions 2026

### **West Vancouver Schools Counselling**

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes. We maintain a collaborative website with the counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for students that will help guide them to whatever level of education they desire: from grade school to graduate school.

You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

### **FOUNDRY Drop In Counselling @ Rockridge - every Tuesday**

- Located in the office beside the Counselling suite
- For more information contact Shannon: 236 558 2489 or email: [shannon.eberts1@vch.ca](mailto:shannon.eberts1@vch.ca)

Foundry is a province-wide network of integrated health and wellness services for young people ages

12-24. Their integrated services make it possible for young people to access five core services in one convenient location: mental health care, substance use services, physical and sexual health care, youth and family peer support, and social services. For more information, please visit the [Integrated Youth Services website](#).

**Crisis Response, Community-Led (CRCL) North Shore:**

<https://northwestvancouver.cmha.bc.ca/programs-and-services/crcl-north-shore/>

**Kids Help Phone:** <https://kidshelpphone.ca/>

**FAMILY SMART Monthly Events - LINK** - Online & In-Person for Parents and Caregivers 2025.

**Federal Mental Health/Suicide Crisis helpline:** 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

**Mental Health and Substance Use: A Resource for Educators and School Communities**

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being erase](#) website.

**FEEDING FUTURES**

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolke [tkolke@wvschools.ca](mailto:tkolke@wvschools.ca) or to [feedingfutures@wvschools.ca](mailto:feedingfutures@wvschools.ca) if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

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**FAQ & HELPFUL INFORMATION for 2025-26**

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**WEST VANCOUVER SCHOOLS ADMISSIONS**

In-catchment applications for the 2026/2027 school year are now being accepted for all Grade 1 –12 students. Please note that if your currently in Grade 7 child is registered with one of our *feeder elementary schools* (BICS, Caulfeild, Gleneagles, West Bay), you do not need to complete the online registration form, as our Administrators will visit these schools in January and deliver a paper registration form for your completion. Applications for Out-of-Catchment and Out-of-District students will be accepted as of 8:00am on **Thursday, January 15<sup>th</sup>, 2026**. For more information about admissions processes, dates, guidelines, and information, please visit <https://westvancouverschools.ca/admissions/>. Please be sure to carefully read the required documentation procedures before starting the application process. If you have further questions, please contact Careers 8/9 Counsellor, Michael Pandher [MPandher@wvschools.ca](mailto:MPandher@wvschools.ca)

**MyEdBC Parent Portal**

For information and instructions on registering your [MyEd Parent Portal](#) account. Each parent or guardian has their own separate account. If you are still having difficulty accessing your account, please see the online video aid [here](#) OR click on the [School District's My Ed Family Portal Page](#). If you have further questions, please email [Rockridge@wvschools.ca](mailto:Rockridge@wvschools.ca)

### **ROCKRIDGE CALENDAR**

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

### **UPPER STUDENT PARKING LOT**

A reminder that our senior students purchase parking decals and register with the school to reserve parking in the upper lot throughout the school year, and these students have priority parking in that lot. Please be aware of this when using this area to drop off/pick up students.

### **STUDENT PARKING AT ROCKRIDGE**

Parking is available for Senior Students (Priority is given to Grade 12) in the Upper Lot east of the Gym. Students must complete a parking [Registration form](#), noting vehicle details, insurance expiry, obtain parent signature and submit to the office. The \$25 decal fee must be paid through [School Cash Online](#). Once the form is returned and payment completed, we can issue a decal.

***Note: At no time are students permitted to park in Visitor or Staff designated spots***

### **ATTENDANCE - Notifying the Office**

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca) If your student will be arriving late, leaving early, or missing part of the day, please include approximate times of arrival and dismissal in your email. Please include your child's first and last name and reason for absence in your email. This will ensure that the absence is noted as excused and you will not receive an email/voicemail alert regarding the absence.

Daily attendance is critical to ensure student success here at Rockridge. We do not recommend absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

### **Extended Absences (Five days or more)**

Please notify the school a minimum of one week in advance using an Extended Absence Form if five or more school days. **Note:** International Students must first request permission from the International Office via email to [international.reception@wvschools.ca](mailto:international.reception@wvschools.ca)

### **CHANGE OF ADDRESS?**

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [THIS LINK](#) and email [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca) to inform us of the change and document upload. Any changes will not be reflected in the student database until the documentation is submitted.

## **SCHOOL BUS TRANSPORTATION 2025-26 – Questions - [transportation@wvschools.ca](mailto:transportation@wvschools.ca)**

Students taking the school bus are required to [Register](#): The district has secured only enough buses to accommodate the number of students that have been registered for the service, and we need to ensure that all riders are able to secure a seat. Please ensure you have registered so that no students are turned away.

For details on eligibility, routes, and service guidelines, please visit our Student Transportation webpage: [Student Transportation Information](#)

### **SMS for Parents/Guardians:**

Parents and guardians have an option to receive text messages for school emergencies or other important alerts: Part of the WV Schools communication system allows families to opt into receiving important information additionally by text. For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS please text a "Y" or "Yes" to 978338 to ensure you are on the list.

### **School Drop Off/Pick Up Safety**

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall. The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

### **OPTIONAL ACCIDENT INSURANCE for Families**

West Vancouver Schools reminds families each year that personal injury or accident costs are not covered by the district or its insurance provider. To help protect against expenses from accidental injury, unexpected medical costs, or critical illness, families have the option to purchase voluntary accident insurance plans. A variety of providers offer different levels of coverage, so families are encouraged to review their options carefully and choose a plan that best meets their needs.

**LOCKERS** - Lockers have been assigned to all grade 8 students. Students in Grade 9 to 12 can sign up for a locker anytime through the link in their Grad Class Google classroom, and pick up their locker assignments in the office.

### **A GREAT WAY TO SUPPORT YOUR STUDENT: Google Classroom Reviews**

Parents do not have access to Google Classrooms (GC), however, we feel it is important to review your child's GC regularly with them so that they can inform you about their classes, learning and upcoming or incomplete assignments. This looks like sitting down with your child at their laptop and having them open and scroll through their GC. Each Rockridge student should be a member of their Grad year Google

Classroom. There is grade and school-wide information, announcements and opportunities posted here regularly.

Grad Class of 2030 (Current grade 8's): pr5xsotl

Grad Class of 2029 (Current grade 9's): ecuxnrk

Grad Class of 2028 (Current grade 10's): 77pe2df

Grad Class of 2027 (Current grade 11's): 2xp55nq

Grad Class of 2026 (Current Grade 12's): ibcy3ua

**ATTENTION DOG WALKERS**

The Rockridge sports field is a classroom space, used by classes and teams. We remind our community members that West Vancouver Bylaw prohibits dogs on the field and thank you for your cooperation in respecting this outdoor classroom space. \*We would appreciate it if you would pass this on to other community members who should have this information.