



# ROCKRIDGE

ESSE QUAM VIDERI



April 3, 2025

## ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

[Follow Rockridge Secondary on X / Twitter](#)

**Morning Announcements:** *Bookmark this link for daily news, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
March 31 – April 4	• SHARK WEEK!
April 4 - 6	• CAHSMUN Conference
April 7-10, 2025	• Grade 10 Numeracy Assessments - see reminder below
Mon, Apr 7	• Summer Learning Registration Opens 8 am - see details below
Wed, Apr 9	• Grade 10 GNA
Thu, Apr 10	• Gr. 8 Arts & Design Rotation 2 Learning Updates Posted • Queens Admitted Student Event (All are welcome!) 7 - 9 pm in Player's Hall
April 10 – 12,	• Sr. Band Trip to Kelowna
Fri, Apr 11	• Grade 10 GNA
UPCOMING	
Apr 17, 2025	• PAC Meeting @ 8:45 Library Learning Commons
April 18-21	• Easter Holiday Weekend - School Closed
Wed, April 23rd	• Second Immunization Clinic at Rockridge
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
<a href="#">2024-25 At A Glance Calendar</a>	
West Vancouver Schools Registration click <a href="#">HERE</a>	
WV Youth Services click <a href="#">here</a>	

## A MESSAGE FROM THE PRINCIPAL

As we step into the final learning period of the year, I find myself both excited for the months ahead and amazed at how quickly the 2024-25 school year is flying by. The energy at The Rock is in full swing—spring sports are kicking off, our grads are busy with scholarship applications, and students and staff are diving back into their classes and routines. A special milestone this week was our Grade 8 students (Class of 2029) gaining the privilege to visit Caulfeild Mall at lunch—another step in their journey at Rockridge! This week also marked our first Gr. 8 Shark Week, hosted by the Science Department. There are some great photos in the *Raven Life* sharing the culminating activity taking place today and tomorrow.

Our Rockridge parent community is also in action! Be sure to check out this week's *Raven Life* attachment or the PAC section below to see the many opportunities for parents and guardians to get

involved. Mark your calendars for our next morning **PAC meeting on April 17**—we'd love to see you there.

As we head toward June and the end of the year, let's keep the positive momentum going. Please continue to support your students in arriving on time each morning so they can make the most of their learning with our outstanding educators here at Rockridge.

#### **GRADE 10 NUMERACY ASSESSMENTS**

A reminder that Grade 10 students are scheduled to write the Grade 10 Numeracy Assessment next week. Students should check their school email for additional details that were sent before spring break. VP Stew Baker will send a reminder to every student the night before they are scheduled to write. Students should arrive prepared with a pencil or pen and a calculator (one is built into the assessment just in case).

#### **FROM YOUR MYP COORDINATORS:**

We hope you have all had some time to take a breath with your Rockridge students over the Spring break!

It's hard to believe, but we are less than two weeks away from our visiting virtual evaluation of our MYP program by the International Baccalaureate (IB)! We already have a thoughtful, communicative group of parents who have volunteered their time to provide feedback on the program to the evaluators. However, for those of you that aren't on the parent team, we would still like to provide you with an opportunity to answer ONE question on [THIS FORM](#).

It asks:

*What impact, if any, have you noticed that the MYP has had on your student as a learner and growing person?*

If something jumps to mind, we'd love to have your voice added to the collective parent response that we could provide to our evaluators.

*Thank you!      Meghan LeSieur & Rhonette Millare*

#### **2025 SUMMER LEARNING WITH WEST VANCOUVER SCHOOLS**

Are you interested in learning during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2025.

Online registration for both the elementary and secondary Summer Learning programs opens on **Monday, April 7 at 8:00 AM**.

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or on the [Summer Learning Website](#).

### **ROCKRIDGE INTERNATIONAL LUNCH, Friday, April 25th - see poster in Raven Life**

Our Kanata Club is excited to host the International Lunch again this year. The International Lunch has been a Rockridge tradition for over 20 years, and we are very grateful for the food Rockridge families have contributed to make this event a success. In previous years, we have sold over 300 plates of food and hope to offer a variety of dishes again this year. We would greatly appreciate it if you could contribute to our lunch. Students who contribute food will be given 5 free tickets and service hours for their time.

Thanks to your generous contributions last year the Kanata Club donated \$500 to Family Services of the North Shore. We hope to do this again this year! Thank you in advance for your support.

Families can **sign up here**: <https://www.PerfectPotluck.com/IYYU1308>  
or with this link <http://www.perfectpotluck.com/>. (Coordinator: Coulthard - Password: Rockridge)

### **Details about the International Lunch**

- Dishes that are served cold or at room temperature may be dropped off at the office any time between 8:00 and 12:00
- Hot dishes can be delivered at 12:00 to Player's Hall (please bring it hot as we cannot reheat dishes)
- Include a list of ingredients - no nuts please
- Recommended serving size is for 10 people or more
- Write your name on your dishes and utensils
- You may pick up your dishes at the office after school
- The lunch is set up cafeteria style in Player's Hall. Students receive a plate and purchase items from various tables.
- Items usually cost \$1-\$2. For example, 3 pieces of sushi would be \$1 and a large spoonful of pasta would be \$2.
- Students may purchase tickets during the week of April 14th and April 21st or on the day of the luncheon
- 1 ticket is \$1

*If you have any questions, please email Christy Coulthard at [ccoulthard@wvschools.ca](mailto:ccoulthard@wvschools.ca).  
Thank you for your generosity and support!*

### **Vancouver Coastal Health Immunization Reminder**

We would like to remind you to check your family's vaccination records and update your vaccinations as needed. Measles cases are being reported around the world. Please get your measles immunizations up to date. Two doses of measles containing vaccine are needed for everyone born 1970 or later. Children are usually offered these vaccines at 12 months of age and kindergarten entry. While most school age children are immunized, some may have missed their first or second dose during the pandemic. Infants travelling to high-risk areas can get a dose starting at 6 months. Those born before 1970 are considered protected but you may receive one dose if you do not recall a history of measles infection and are travelling to an area with active transmission.

Adults can be immunized by their family doctor or pharmacist (Measles, Mumps and Rubella (MMR)  
Vaccines | BC

Pharmacy Association). If you are unsure if your child is fully protected against measles, pertussis or other vaccine preventable diseases, please visit [BC Health Gateway](#) to book an appointment or to find an Immunization clinic, click [here](#).

### ROCKRIDGE 2025-26 COURSE PLANNING

Grades 8-10 students **should** now have their course requests in MYED. Students can amend and repost their choices at any time up to **3pm on Friday, April 4th**.

You can find course selection resources on our website under the 'students' tab [here](#)

### ROCKRIDGE SECONDARY SCHOOL 2024-25 YEARBOOK

We still have some copies available to be ordered until **APRIL 13th!** This book is bigger and better than ever, so if you haven't bought one yet, this is your last chance! Purchase here: [School Cash Online](#)

### STUDENT PARKING AT ROCKRIDGE

Parking is available for Senior Students in the Upper Lot east of the Gym. Students must complete a parking [Registration form](#), noting vehicle details, insurance expiry, obtain parent signature and submit to the office. The \$25 decal fee must be paid through [School Cash Online](#). Once the form is returned and payment completed, we can issue a decal.

The designated parking spaces in the student lot are nearing capacity, and notices will be issued to those vehicles without a valid decal displayed.

***Note: At no time are students permitted to park in Visitor spots***

### TOUR OF THE ROCK DAY

The next tour is Monday April 28th. Tours are 12:00 to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP: [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca)

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## 2025 GRADUATION NEWS

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Our Class of 2025 should keep an eye on this section going forward, as it will include all the details of various grad event planning and what you need to do!

### Rockridge & District Scholarships (Friday, April 11th)

Graduates have been encouraged to apply for our Rockridge & District scholarships by following the instructions on [this document](#). All applications are due on Friday, April 11th 2025 @ 4pm.

### Grad Gown Kit sizing form:

Each Grade 12 student is required to complete [THIS FORM](#) before Spring Break, to provide sizing for the Grad Gown that all Grads will wear as they cross the stage at Commencement. The cost for the Grad Gown Kit is covered by the \$50 Commencement Fee, which will be added to your SchoolCash Online account soon and is payable by **April 15th**.

### Grade 12 International Students - Please RSVP

We are in the planning stages for our **Grad Banquet scheduled for Saturday, May 31st at the Westin Bayshore, and Commencement Ceremony on Sunday, June 8th at the Queen Elizabeth Theatre**, and we want you to participate! Please email [trowbotham@wvschools.ca](mailto:trowbotham@wvschools.ca) to confirm your planned attendance. Be sure to complete the Grad Gown Sizing Form linked above as well.

### External Recognition (Monday, May 12<sup>th</sup>)

Interested graduates are encouraged to email Ms. Rowbotham any scholarships, awards and/or recognition that they have received this year (*e.g. entrance scholarship to your **ONE chosen institution***) by **Monday, May 12th @ 4pm**. Email [trowbotham@wvschools.ca](mailto:trowbotham@wvschools.ca) with the subject line "External Recognition - Name".

In the body of the email include:

- the name of the recognition (e.g. entrance scholarship, semi-finalist, etc.), and
- the name of the issuing organization (e.g. UVic, Loran, etc.)

### Service Awards (Monday, May 12th)

If you have completed school service in the 2024/2025 school year that is above and beyond the requirements for your careers classes, please complete [this form](#) to be considered for a service award by **Monday, May 12th @ Midnight**:

- Bronze Medal: = 30 to 60 hours of service
- Silver Medal: = 61 to 100 hours of service
- Gold Medal: = 101 +hours of service

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## ROCKRIDGE PAC NEWS

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### Don't Miss Out - P2P Pub Night Tickets Going Fast! - **flyer**

Our P2P Pub Night is just around the corner – and tickets are selling quickly! If you're planning to join us (and we hope you are!), now's the time to grab your tickets:

- **When:** Thursday, April 10, 6-9 pm
- **Where:** Red Lion Bar & Grill, Dundarave
- **Get your tickets [here](#)**
- **Early Bird (\$10) ends TONIGHT at 5PM!** After that tickets are regular price: \$15
- **Ticket includes:** tasty appetizers + access to drink specials (available for purchase)

Join us for this fun, casual evening to connect with fellow parents and enjoy a great night out.

### Plant Fundraiser – Order Soon!

Our Spring Plant Fundraiser is in full bloom – but not for long! Support the PAC and get your garden growing with flowers, herbs, and veggie starters.

- **Order Here:** <https://rockridgessecondary.growingsmilesfundraising.com/home>
- **Order Deadline:** Tuesday, April 29
- **Pick-up Date:** Wednesday, May 14 at Rockridge

### April PAC Meeting - Thursday, April 17th @ 8:45 am | Library Learning Commons

Join us for our next PAC meeting. After a two-week break, it's a great way to reconnect with parents and ease back into the rhythm of school life.

### Share Your Favourite Dish: Rockridge's International Lunch – April 25!

Excited to share that the Kanata Club will be hosting the beloved **Rockridge International Lunch** on Friday, April 25! It's a chance to celebrate our school's incredible cultural diversity – and we need your help to make it amazing.

- Sign up [here](#) to contribute a dish

Whether you bring a favourite family recipe, something from your heritage or just a dish you love to share – every contribution is welcome. Let's show our students the world on a plate!

Follow ROPAC on [Facebook](#) and [Instagram](#) Rockridge WhatsApp Groups: [Parent Info](#) (brief one-way info) and [P2P](#) (parent conversation)

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### ROCKRIDGE ATHLETICS

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If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results. See this week's *Raven Life* for some highlights from the past week.

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time with us next year, please complete the Coaching Expression of Interest form linked below: [Expression of Interest Form](#)

Should you have any questions do not hesitate to reach out to our Athletic Director Mr. Stefanon, [mstefanon@wvschools.ca](mailto:mstefanon@wvschools.ca) *Go Ravens!*

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### ROCKRIDGE COMMUNITY NEWS

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For "[Community Connections](#)" including local North Shore programs, events, and resources click [HERE](#)

#### Outdoor pickleball courts and pump track proposed near Gleneagles Community Centre

The District of West Vancouver is exploring the idea of constructing four outdoor pickleball courts and a new paved pump track near the Gleneagles Community Centre (GECC) to enhance recreation opportunities for residents in the western part of the community. This proposal could involve replacing the existing Bike Terrain Park and Skateboard Bowl located north of GECC.

The design for this proposal is in its preliminary phase and may be modified based on input from the community. The District of West Vancouver is seeking your feedback to help shape this potential project. See details here: <https://www.westvancouverite.ca/gleneagles>

### **STUDENT WORKERS International Programs Temporary Assignments (multiple positions available)**

Each year, West Vancouver Schools' International Programs offers a New Student Orientation program to elementary and secondary-level international students who have just arrived to begin their studies in our schools. Student Leaders form an important part of New Student Orientation.

For further details, see job posting here: [Summer Learning Student Worker](#)

### **[Dancers of Damelahamid](#) Experience the Power of Indigenous Dance – [Special Offer](#)**

- When: April 26, 2025 | 7:30 PM
- Where: Kay Meek Arts Centre, 1700 Mathers Ave, West Vancouver, BC
- Tickets: \$10 with promo code SPIRIT10 | [KAYMEEK.COM](http://KAYMEEK.COM) | 604-981-6335

Immerse yourself in the Indigenous culture of the Northwest Coast with Spirit and Tradition, a visually stunning performance that layers coastal masked dance, projected imagery, soundscapes, and LED puppetry. Through the storytelling traditions of the Northwest Coast, this performance connects audiences to the rich ecosystem of the coastal mountains and oceans.

Watch the Show Trailer: [Click here](#)

### **West Vancouver Basketball Club Spring Program**

The WVBC Spring Basketball Program begins after Spring Break and there are still some spaces available. This spring, the WVBC will be offering sessions for players in Grades 2-9. All sessions will be held at West Van Secondary. To view the full schedule of camps and to register, please go to <http://www.wvbc.ca>

### **Grad Shop 2025**

Family Services of the North Shore has created a pop up Grad Shop in Cap Mall for students graduating in 2025 who may be in need of assistance due to financial hardship or other life circumstances. The shop will open its doors to Grads in April but are accepting donations now. See details [here](#)

### **WV SCHOOLS DISTRICT PROGRAMS**

West Vancouver Schools has created a richly woven learning experience designed to educate the 'whole child' through academics, athletics, citizenship and the arts. Click here to view [WV SCHOOLS DISTRICT PROGRAMS](#) for all WV Schools secondary students.

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## **COUNSELLORS' CORNER**

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### **West Vancouver Schools Counselling**

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes. We maintain a collaborative website with the counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for students that will help guide them to whatever level of education they desire: from grade school to graduate school. You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

### **FOUNDRY Drop In Counselling @ Rockridge - Tuesdays 1:00 - 4:30 pm**

- Located in the office beside the counselling area
- For more info: Shannon 236 558 2489

Foundry is a province-wide network of integrated health and wellness services for young people ages 12-24. Their integrated services make it possible for young people to access five core services in one convenient location: mental health care, substance use services, physical and sexual health care, youth and family peer support, and social services. For more information, please visit the [Integrated Youth Services website](#).

**FAMILY SMART Monthly Events - [LINK](#)** - Online & In-Person for Parents and Caregivers 2024.

### **Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text**

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

### **Mental Health and Substance Use: A Resource for Educators and School Communities**

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

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## **ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS**

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### **Online Policies & Procedures [Form 2024-2025](#) - NOW 92% of online consent forms completed!**

This online verification and consent form requires a parent login and must be submitted for each student at the start of each school year. We ask that it is submitted ONLY ONCE PER STUDENT in September, as the upload gets very onerous with multiple submissions. For later changes, please inform the office.

- If you previously created an account to complete the 22/23 form, the account is the same.
- If you have forgotten your password, you can follow the instructions to reset it.
- Once logged in, you will have the option to either update a P+P form created last year or start a new one.
- Without a completed consent form, students will not be permitted to attend field trips, join school teams or have their photos included in the yearbook. Permissions expire on August 31 each year.

### **FEEDING FUTURES**

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolkea [tkolkea@wvschools.ca](mailto:tkolkea@wvschools.ca) or to [feedingfutures@wvschools.ca](mailto:feedingfutures@wvschools.ca) if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

### **Homestay Families Needed**

Each year, the West Vancouver School District welcomes students from around the world to live and study in our vibrant community. We strive to place secondary school international students with families who live in West Vancouver to support each student's integration into the school and wider community.

Share your home and your heart

1. \$28,000\* in reimbursements
2. Full-service homestay team support
3. Single placements and 5-month students available

\*Based on two international students both hosted from September to June.

If you are interested in hosting an international student, please reach out to our Homestay Coordinators at [homestay@wvschools.ca](mailto:homestay@wvschools.ca). More information about the homestay program is available on our website at <https://westvancouver.schools.ca/international/>.

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## FAQ & HELPFUL INFORMATION

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### ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca). Please include your child's first and last name and reason for absence in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

### ROCKRIDGE CALENDAR

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

### CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

### MYED BC Parent Portal

Learning Update #2 was published digitally through the parent portal on Friday, Mar 7th.

If you have not done so already please see the [MyEd Parent Portal](#) where you will find instructions on registering your MyEdBC parent portal account.

Each parent or guardian has their own separate account. If you are still having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email

[Rockridge@wvschools.ca](mailto:Rockridge@wvschools.ca)

### **School Drop Off/Pick Up Safety**

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall. The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

### **ATTENTION DOG WALKERS**

The Rockridge sports field is a Classroom space, used by classes and teams, especially now that spring has arrived. There has been a large amount of Dog Poop that is not only a distraction and slipping hazard, but also a health issue. We remind our community members that West Vancouver Bylaw prohibits dogs on the field and thank you for your cooperation in respecting this outdoor classroom space. \*We would appreciate it if you would pass this on to other community members who should have this information.