



ROCKRIDGE

ESSE QUAM VIDERI



Feb 6, 2025

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

[Follow Rockridge Secondary on X / Twitter](#)

Morning Announcements: *Bookmark this link for daily news, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
Sat, Feb 8	<ul style="list-style-type: none">Theatre Co Production Rehearsal
Mon, Feb 10	<ul style="list-style-type: none">Tour of The Rock 12:00 – 1:00pmGrade Level Course Planning Presentations during FIT - see Announcements
Tue, Feb 11	<ul style="list-style-type: none">Gr 9 Sexual Assault Response Program Presentation 8:00 – 8:30 amGr. 8 Into 9 & 9 Into 10 Course Planning Evening 5:30 – 6:15pmGr. 10 Into 11 Course Planning Evening 6:15 – 7:00pmAdvanced Placement and Cohort Programs 7:00-7:45 pm
Wed, Feb 12	<ul style="list-style-type: none">Gr. 8, 9 & 10 Students Ski Day @ WhistlerNew Student/International Photos & Students missing Yearbook photo
Thu, Feb 13	<ul style="list-style-type: none">Collaboration Day 9:30 AM start for students (schedule below)
Fri, Feb 14	<ul style="list-style-type: none">READING BREAK-SCHOOL CLOSED
Mon, Feb 17	<ul style="list-style-type: none">FAMILY DAY HOLIDAY-SCHOOL CLOSED
UPCOMING	
Mar 6 - 8 @ 7:00 pm	<ul style="list-style-type: none">Theatre Company Performance in Player's Hall "She Kills Monsters- Young Adventurers Edition" - see poster in Raven Life
Mar 10, 2025	<ul style="list-style-type: none">Tour of The Rock 12:00 – 1:00pm
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
2024-25 At A Glance Calendar	
West Vancouver Schools Registration click HERE	
WV Youth Services click here	

A MESSAGE FROM THE PRINCIPAL

February is a unique time for school administrators—we are balancing two school years at once! While my calendar is packed with 2025 events, like tonight's Personal Project Exhibition, our admin, counselling, and office teams are already deep into preparations for the 2025-26 school year. I wanted to highlight this because next week, we will be sharing important course selection information with students and families. Grade level course selection presentations for students will begin on Monday, Feb. 10. These presentations are the beginning of the course selection process, then entering and finalizing course selections happens in March. Last year, over 200 parents and guardians joined our

course information session, and we're excited to host this annual event again on Tuesday, February 11, at 5:30 PM, 6:15 PM and 7:00 PM. Families can find the link to join the online presentations below.

Parent involvement in course selection is not just helpful—it is essential. As students navigate their path to graduation, well-informed families play a key role in helping them make thoughtful decisions about their future. After the sessions, we will update our website with links to the slides and recordings. This is also a great time to explore district opportunities like WV Schools' Premier Academies and Programs, with details available in the E-Bulletin below. Thank you for supporting our Ravens, especially as they take in a lot of new information about their next steps for 2025-26!

DID YOU KNOW WE ROCK?

Being a World IB School doesn't only create high expectations for our students, it also builds in unique learning opportunities. MYP students in their final year (Grade 10) explore an area of personal interest over an extended period. It provides them the opportunity to consolidate their learning and develop important skills they will need in both further education and life beyond the classroom. It also helps them develop confidence to become principled, lifelong learners. The personal project formally assesses students' approaches to learning (ATL) skills for self-management, research, communication, critical and creative thinking, and collaboration.

The project is made up of a process, a product, and a reflective report:

1. **process**—ideas, criteria, developments, challenges, plans, research, possible solutions and progress reports.
2. **product or outcome**—evidence of tangible or intangible results: what the student was aiming to achieve or create.
3. **report**—an account of the project and its impact, to a structure that follows the assessment criteria. The report describes both the process of creating the project and an evaluation of the impact of the process on the student or their learning.

The student's report is assessed by the supervisor and [externally moderated](#) by the IB to ensure a globally consistent standard of excellence.

*Be sure to check out this week's attached **Raven Life** PDF. It is another celebratory edition! You'll see updates on student learning, sports, posters of upcoming events, photos and more from this week at The Rock.*

FROM YOUR MYP COORDINATORS:

Today's the day! Overcoming snow days and ferries and docks in disrepair...these Grade 10 students are showing us how adaptable, balanced, and responsible they can be!

You are all invited to attend our **Personal Project Exhibition from 6:00 to 7:30 p.m. tonight**. The event will take place throughout our first floor and will feature almost 200 passion projects by our current Grade 10 students.

Students will be showcasing what they've developed and learned through their Personal Project journey. From adapted sports equipment to product designs, family cookbooks to displays of learned skills, creative compositions to technical innovations—we will have all this and so much more!

For the parents of Grade 10 students, the Exhibition will be a wonderful opportunity to celebrate your child's tremendous efforts; for parents of junior students, the Exhibition will give you some insight into what your own child can look forward to accomplishing in a year or two. We are excited to host you!

In addition to students, parents, and teachers, you can expect to see other members of the community in attendance, including our district leadership team and school trustees. This will truly be a special and memorable occasion, and we honestly cannot wait for you to experience the beautiful celebration that is the Personal Project Exhibition. We look forward to seeing you tonight! 🌸 🌸 🌸

Rockridge 2025-26 Virtual Course Planning - Parent Event Tuesday, February 11th

Please join us for a **virtual** Course Planning evening for the 2025-26 school year. There will be opportunities to hear from our Counsellors, Administrators and Teachers during this three-part event. Use this link to access the meeting- [Rockridge 2025-26 Course Planning](#). You have the option to leave and rejoin the meeting.

5:30-6:15 pm Grade 8 & 9

6:15-7:00 pm Grade 10

7:00-7:45 pm Advanced Placement and Cohort Programs

Grade 11 students and parents are encouraged to join the Advanced Placement and Cohort Program session. An in person presentation is scheduled for Grade 11 on **Monday, March 10th – 6:00-7:00pm** in **Players Hall**

COLLABORATION DAY - Thursday, Feb 13th

During our upcoming collaboration time, the school is open, and students are encouraged to attend, but it is not mandatory (attendance will not be taken during this time). Students may use this time to complete assignments and other incomplete work. Students who are in attendance during collaboration time will be stationed in the cafeteria where we will have staff supervising. For students planning to work from home, they are reminded to arrive on time for their first block of the day which begins at 9:30 am. See the bell schedule for the day below.

COLLABORATION DAY SCHEDULE

COLLAB DAY	Times
School Collab (55 min)	8:30 - 9:25am
Break (5 min)	9:25 - 9:30am
Period 1 (65 minutes)	9:30 - 10:35 am
Break (10 minutes)	10:35 - 10:45 am

Period 2 (60 minutes)	10:45 - 11:45 am
Break (10 minutes)	11:45 - 11:55am
Period 3 (60 minutes)	11:55 - 12:55 pm
Lunch (45 minutes)	12:55 - 1:40pm
Period 4 (65 minutes)	1:40 - 2:45 pm

TOUR OF THE ROCK DAY

The next tours are Monday Feb 10th & March 10th. Tours are 12:00 to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP: rockridge@wvschools.ca

ROCKRIDGE SCHOOL NEWS

Push Ups for Mental Health Challenge!

Feb 11th marks the start of the Canadian Mental Health Association Push Up challenge. Join Team Rockridge in our quest to raise money for mental health and reach our goal of 2000 push ups in 24 days! To join our team or donate, click [here](#)

ROCKRIDGE SECONDARY SCHOOL 2024-25 YEARBOOK

Students, check out a selection of photos outside the office and Learning Commons!

Don't forget to purchase your book before **February 28th, \$55** on [School Cash Online](#)

She Kills Monsters-Young Adventurers Edition by Qui Nguyen-see poster in Raven Life

Presented by Rockridge Theatre Company

A comedic romp into the world of fantasy role-playing games, *She Kills Monsters* is a high-octane dramatic comedy laden with homicidal fairies, nasty ogres, and 90s pop culture – a heart-pounding homage to the geek and warrior within us all.

See Trailer here: [Rockridge Theatre Company Presents- She Kills Monsters.mov](#)

- When: March 6, 7, 8 @ 7pm
- Where: Rockridge Players Hall
- PG-13

Purchase Tickets [here](#) and **Follow us on Instagram @rr_theatre_company**

Rockridge Jazz Café - March 11th

At the Jazz Café, you will hear from the Rockridge “A” and “B” Big Bands and combos. Complimentary treats will be provided by several of our wonderful local sponsors!

This year, we are excited to have Erika Chow as our featured artist. Erika is an exciting up-and-coming saxophonist in the Vancouver jazz scene, and we are overjoyed that she and her band will be performing to kick off our evening. Check her out!

We hope to see you there! First-come, first-served tickets are now available on schoolcash online, and will sell quickly. Get yours now for \$15, or \$20 at the door.

<https://westvancouver.schoolcashonline.com/Fee/Details/32364/105/False/True>

The University of Waterloo Math Contests

The University of Waterloo Math contest (Pascal for Grade 9s, Cayley for Grade 10s, and Fermat for Grade 11s) takes place on Wednesday, February 26th, 2025, from 8:30 – 9:30 am (1 hour) in the Library. This math contest challenges students from around the world with a range of abilities to grow valuable problem-solving skills.

If any student is interested in writing this contest, please pay \$6.00 on School Cash Online by **February 9th**. Questions can be directed to Matt Glover, Math Department Coordinator MGlover@wvschools.ca. More information and past contests for practice can be found at <https://cemc.uwaterloo.ca/contests/pcf>

ROCKRIDGE LSP is taking the plunge, again!

That’s right! We loved this freezing cold fundraiser so much last year that we have registered **“The Chilly Ravens”** once again! If you would like to sponsor our team, please click [here](#)

Rockridge LSP will participate in the **North Shore Polar Plunge** on February 18th at Ambleside. This awesome and icy cold event raises money for Special Olympics BC.

ROCKRIDGE PAC NEWS

Follow ROPAC on [Facebook](#) and [Instagram](#) Rockridge WhatsApp Groups: **Parent Info** (brief one-way info) and **P2P** (parent conversation).

ROCKRIDGE ATHLETICS

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events, and results. See this week’s *Raven Life* for some highlights from the past week.

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time with us next year, please complete the Coaching Expression of Interest form linked below: [Expression of Interest Form](#)

Should you have any questions do not hesitate to reach out to our Athletic Director Mr. Stefanon, mstefanon@wvschools.ca Go Ravens!

Rockridge Alpine Race Team at NSSSAA Championships in Whistler

The Rockridge Alpine Race Team carved up the slopes at the NSSSAA Championships in Whistler, tackling a tough course and delivering some great performances. The team demonstrated skill, determination, and team spirit, earning strong finishes against top competitors from across the region.

A special congratulations to Jonathan Y, who secured a remarkable 3rd place finish, earning himself a coveted spot at the provincial championships! His precision and speed on the course were truly outstanding.

The girls' team also had notable performances, with Alexandra finishing 16th, Valentina in 22nd, Tea in 43rd, Isabella in 47th, Audrey in 50th, Alejandra in 52nd, and Lilliana in 64th. Their perseverance and commitment were on full display throughout the event.

On the boys' side, in addition to Jonathan's podium finish, Brodie secured 9th place, Rhys came in 25th, Aaro finished 49th, Cameron placed 53rd, Ben Z landed in 59th, Connor finished 64th, Lucas took 72nd, and Brandon rounded out the team in 80th place. Each racer gave it their all on a demanding course, proving that hard work and dedication pay off.

The entire team should be proud of their achievements at Whistler. Their teamwork and competitive spirit continue to set a high standard for Rockridge athletics. Congratulations to all athletes on a great season.

Coach Ahmelich

Coach Brown

Coach Armstrong

ROCKRIDGE COMMUNITY NEWS

For "**Community Connections**" including local programs, events, and resources click [HERE](#).

WV SCHOOLS DISTRICT PROGRAMS

West Vancouver Schools has created a richly woven learning experience designed to educate the 'whole child' through academics, athletics, citizenship and the arts. Click here to view [WV SCHOOLS DISTRICT PROGRAMS](#)

Applications from students registered in any one of the school district's secondary schools are now being accepted. See the links below for further information about the following Premier programs.

- **2025-2026 CARPENTRY: YOUTH TRAIN IN TRADES** Learn more [here](#) and apply [here](#)
- **Computer Information Systems 12 – Cybersecurity & Artificial Intelligence** [Apply Now](#)
- **FAST (First Aid Swim Training) Program** - [CLICK HERE TO LEARN MORE AND APPLY NOW!](#)
Program Information Night - **POSTPONED**
- **Yoga Teacher Training Information Session – Tues Feb 4th 5:30 p.m. WVSS Library** - [Apply Now](#)
- **YELL Entrepreneurship 12** - [APPLICATIONS OPEN NOW!](#)

- **PHE Outdoor Recreation program** - [Click here for more information and Apply now](#)

EARLY CHILDHOOD EDUCATION ASSISTANT CERTIFICATE: Applications OPEN - due Fri, Mar 7th, 2025

Offered by North Vancouver School District in partnership with Langara College, and open to West Vancouver School District students entering grade 11 or 12. This program is perfect for students passionate about working with young children and provides the opportunity to learn about child development and apply this knowledge to practical work placements in daycare and/or primary school settings. Learn from a Langara faculty member and those who work in the field, earn 8 high school credits, an Emergency Child Care First Aid and CPR Certificate and have the credentials for paid summer employment. Applications are OPEN until March 7, 2025. Learn more and apply [here](#), or email jkinakin@sd44.ca. [Click here for the application package](#).

COUNSELLORS' CORNER

West Vancouver Schools Counselling

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes. We maintain a collaborative website with the counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for students that will help guide them to whatever level of education they desire: from grade school to graduate school. You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

FAMILY SMART Monthly Events - LINK - Online & In-Person for Parents and Caregivers 2024.

Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

Mental Health and Substance Use: A Resource for Educators and School Communities

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS

Online Policies & Procedures [Form 2024-2025](#) - **Still at 84% of online consent forms completed!**

This online verification and consent form requires a parent login and must be submitted for each student at the start of each school year. We ask that it is submitted ONLY ONCE PER STUDENT in September, as the upload gets very onerous with multiple submissions. For later changes, please inform the office.

- If you previously created an account to complete the 22/23 form, the account is the same.
- If you have forgotten your password, you can follow the instructions to reset it.

- Once logged in, you will have the option to either update a P+P form created last year or start a new one.
- Without a completed consent form, students will not be permitted to attend field trips, join school teams or have their photos included in the yearbook. Permissions expire on August 31 each year.

FEEDING FUTURES

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolkea tkolkea@wvschools.ca or to feedingfutures@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

Annual Winter Weather Reminder - See [Weather Closures and Procedures](#)

With the recent weather events and the potential of flurries, we wanted to remind everyone of the West Vancouver Schools *Winter Weather* protocols.

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. We aim to communicate any decision to close schools by 6:00 am.

Please check the [school district website](#) for the most current information on school closures.

Homestay Families Needed

Each year, the West Vancouver School District welcomes students from around the world to live and study in our vibrant community. We strive to place secondary school international students with families who live in West Vancouver to support each student's integration into the school and wider community.

Share your home and your heart

1. \$28,000* in reimbursements
2. Full-service homestay team support
3. Single placements and 5-month students available

*Based on two international students both hosted from September to June.

If you are interested in hosting an international student, please reach out to our Homestay Coordinators at homestay@wvschools.ca. More information about the homestay program is available on our website at <https://westvancouver.schools.ca/international/>.

FAQ & HELPFUL INFORMATION

ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca Please include your child's first and last name and reason for absence in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

ROCKRIDGE CALENDAR

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

MYED BC Parent Portal

For all students and parents, logging into the MYED portal is a very important step in supporting your child's learning and progress at Rockridge.

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email Rockridge@wvschools.ca

School Drop Off/Pick Up Safety

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall. The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

ATTENTION DOG WALKERS

The Rockridge sports field is a Classroom space, used by classes and teams, many of which have begun regular practices and games this fall. There has been a large amount of Dog Poop that is not only a distraction and slipping hazard, but also a health issue. We remind our community members that West Vancouver Bylaw prohibits dogs on the field and thank you for your cooperation in respecting this

outdoor classroom space. *We would appreciate it if you would pass this on to other community members who should have this information.