



# ROCKRIDGE

ESSE QUAM VIDERI



Oct 3, 2024

**ROCKRIDGE LINKS:**

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

[Follow Rockridge Secondary on X / Twitter](#)

**Morning Announcements:** *Bookmark this link for daily news, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
Monday, Oct 7	<ul style="list-style-type: none"> <li>BC Post Secondary Event   6:30-8:30</li> </ul>
Wednesday, Oct 2	<ul style="list-style-type: none"> <li>Gr 8 to Camp Summit - Oct 9-11</li> </ul>
Thursday, Oct 3	<ul style="list-style-type: none"> <li>Gr 8 to Camp Summit</li> </ul>
Friday, Oct 4	<ul style="list-style-type: none"> <li>Gr 8 to Camp Summit</li> </ul>
UPCOMING	
Monday, Oct 21	Tour of the Rock   12:00PM to 1:00 PM
Wednesday, Oct 23	Grade 9 Immunization Clinic - Please return all signed forms to the office!
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
<a href="#">2024-25 At A Glance Calendar</a>	
<a href="#">WV Youth Services click here</a>	

**A MESSAGE FROM THE PRINCIPAL**

With the first month of 2024-25 behind us, you may feel that students, staff and our families at The Rock have settled into routines. Routines and having clear expectations is important for student learning and success, but *settling* is not what we do here at Rockridge. As you will notice from our calendar above and the content of our E-Bulletin today, there is always a lot more keeping our students engaged from grade 8 to 12. I am really looking forward to next Monday’s Post Secondary event here at Rockridge. Please note that this event is ideal for any senior students and parents. For families and students in grade 11, I encourage you to attend Monday’s event (see details below) to help with your plans beyond the Grad Class of 2026. I am also looking forward to spending time with the Class of 2029 next week at our annual Grade 8 camp at Camp Summit. I will be joining 15 Rockridge staff and 12 senior student leaders who will be supporting this outdoor adventure next week along with camp leaders from Camp Summit. It is a wonderful opportunity for our new Ravens to make new friends, build relationships with staff and challenge themselves in a variety of team building and personal pursuits.

In thinking about any of our upcoming calendar items and daily learning opportunities, I always appreciate the support of our parents and guardians. Your involvement, encouragement and organization are a vital piece to student success.

*Be sure to check out this week’s attached **Raven Life** PDF for sports updates, posters of upcoming events and more from this week at The Rock.*

## ROCKRIDGE CALENDAR

### Rockridge Full Website Calendar

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

### Grad Class of 2025

To assist parents and students in the Grad Class of 2025, please see the following Rockridge calendar links that were shared during the Meet the Teacher Curricular Presentations:

- **For Students:** [bit.ly/postsecondaryrockridge](http://bit.ly/postsecondaryrockridge)
- **For Parents & Guardians:** [Here is the link to view the calendar using your browser](#)

### BC University & College Information Session @ Rockridge Monday, Oct. 07 | 6:30 to 8:30 PM

Rockridge will host 15 BC post-secondary institutions on Monday, Oct. 7<sup>th</sup>. Students and their families are invited to participate in two information sessions from 6:30 to 7:10 PM and then from 7:15 to 7:55 PM. From 8:00 - 8:30 PM all university representatives will be in Player's Hall to answer questions. Institutions attending include : UVIC, SFU, CapilanoU, BCIT, Corpus Christi, VIU, Langara College, VCC, Douglas College, North Island College, UNBC, KPU, TRU, Trinity Western and Camosun College. These institutions will not be presenting at the school again this year so please attend these sessions. Not only is this a great opportunity for our grade 12 students but also for students in grade 11 and 10 who are starting to plan for university or college.

### SCHOOL FEES - SCHOOL CASH ONLINE

- Course Fees have now been posted to School Cash Online (SCO) accounts.
- You can find Registration SCO Instructions [here](#). Please contact Rockridge Accounting [rockridgeaccounting@wvschools.ca](mailto:rockridgeaccounting@wvschools.ca) in the main office if you have any questions or require assistance with logging in.

### TOUR OF THE ROCK DAY

The next tour will be Monday, Oct 21 @ 12:00PM to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP: [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca)

### Advanced Placement @ Rockridge

**Course Registration and Fees**- Students are joining course sections on their MY AP account, giving them access to a number of supporting materials for the course. The week of October 1st Course and Exam fees will be attached to your School Cash Online account. Fee payments for these courses are due November 1st so the school can accurately complete our exam order.

**Exam News *New for 2025***; all AP exams in courses Rockridge offers will be digital using Bluebook secure technology. Students will complete Multiple Choice sections digitally while completing the Free Response using a computer coupled with a paper/pencil exam booklet. Students will have the opportunity to write a practice exam with their teacher in the weeks leading up to the exam to familiarize themselves.

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## ROCKRIDGE SCHOOL NEWS

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**The Canadian Open Mathematics Challenge** (COMC) takes place on Thursday October 30th from 8:30 am - 11:00 pm (2.5 hours). COMC is offered to all grades: “any student with an interest in and grasp of high school math.” For more information please see:

<https://cms.math.ca/competitions/comc/comc2024/>

If any student is interested in writing this contest, please contact your math teacher and then pay \$35.00 on School Cash Online by October 14th.

### GRAD 2024 BOAT CRUISE

The first school-sponsored Grad Event is the Boat Cruise on October 17th from 6-9:30pm. Beginning Monday, September 23rd until October 7th you can purchase a ticket for your child on [School Cash Online](#). This along with [Boat Cruise permission form](#) need to be completed and returned to the school to confirm participation.

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## ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS THIS WEEK

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### Online Policies & Procedures [Form 2024-2025](#) - **Less than 50% of students complete!**

***Please complete this requirement this week and avoid an email from the principal next week.***

This online verification and consent form requires a parent login and must be submitted for each student at the start of each school year. We ask that it is submitted ONLY ONCE PER STUDENT in September, as the upload gets very onerous with multiple submissions. For later changes, please inform the office.

- If you previously created an account to complete the 22/23 form, the account is the same.
- If you have forgotten your password, you can follow the instructions to reset it.
- Once logged in, you will have the option to either update a P+P form created last year or start a new one.
- Without a completed consent form, students will not be permitted to attend field trips, join school teams or have their photos included in the yearbook. Permissions expire on August 31 each year.

### STUDENT VERIFICATION & EMERGENCY RELEASE FORMS

These forms were sent home with your child during the first week of school. Please return as soon as possible so that we can complete our Emergency Preparedness Plan.

### FEEDING FUTURES

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolkea [tkolkea@wvschools.ca](mailto:tkolkea@wvschools.ca) or to [feedingfutures@wvschools.ca](mailto:feedingfutures@wvschools.ca) if they need support with food-

related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

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## ROCKRIDGE ATHLETICS

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If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results.

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time with us next year, please complete the Coaching Expression of Interest form linked below: [Expression of Interest Form](#)

Should you have any questions do not hesitate to reach out to our new Athletic Director Mr. Stefanon, [mstefanon@wvschools.ca](mailto:mstefanon@wvschools.ca)  
*Go Ravens!*

### Field Hockey - Senior Girls

- [Team Schedule](#)
- The ladies locked up a spot at zones thanks to a big 8-0 win over Windsor on Tuesday! Awin Friday will lock up a spot in the NSSAA playoffs!
- Friday Oct 4 | Game vs Sutherland @ [Sutherland Secondary School](#) | 3:30 PM (Dismissal 2:10 PM)

### Rugby - Bantam Boys

- [Team Schedule](#)
- The team notched their first WIN of the season 43-15 over Sir Charles Tupper on Tuesday!!!
- Friday Oct 4 | Game vs Argyle @ **HOME** | 4:00 PM KO
- [Google Classroom Code \(4riwpyg\)](#)

### Soccer - Senior Boys

- The team dropped the result 3-1 vs Sutherland on Tuesday.

### Soccer - Junior Boys

- Friday Oct 4 | Game vs Seycove @ [William Griffin Park](#) | 3:30 PM KO (**Dismissal 2:20 PM**)

### Cross Country - Coach - Mr. Kolkea [Google Classroom Code kkgicpw](#)

- Thursday Oct 3 | [Rice Lake](#) | 4:00 PM (**Dismissal 2:30 PM**)

### Aquatics

- Confirm your Swimmer Category in Google Classroom (A, B, or C)
- Friday Oct 4 | Practice @ [Aquatic Centre | West Vancouver](#) | 7:30 PM to 9:00 PM
- [Google Classroom Code \(yvveg4x\)](#)

### Volleyball - Bantam Girls

- [Team Schedule](#)
- Friday Oct 4 | North Shore Tournament @ [Handsworth Secondary](#) (*Dismissal 2:20 PM*)
- Saturday Oct 5 | North Shore Tournament @ [Handsworth Secondary](#)

### **Volleyball - Junior Girls**

- [Team Schedule](#)
- Thursday Oct 3 | Game vs Handsworth @ **HOME** | 6:00 PM
- Friday Oct 4 | [Douglas College Tournament](#) (*Dismissal 2:15 PM*)
- Saturday Oct 5 | [Douglas College Tournament](#)

### **Volleyball - Senior Girls**

- [Team Schedule](#)

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## ROCKRIDGE PAC NEWS

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### **Rocktoberfest Recap: A Fantastic Evening**

We're thrilled to report that Rocktoberfest was a resounding success! Held on September 26th, the event brought together parents for an evening filled with pretzels, refreshing drinks, and great music. Thank you to everyone who attended and supported our school community—your enthusiasm made the night unforgettable!

### **Get Ready for our Holiday Celebration: Let it Snow - flyer**

As we look ahead, mark your calendars for our next exciting event! ROPAC is hosting a festive parent party to kick off the holiday season. Stay tuned for registration and more details!

**When:** Saturday, November 23, 7 pm – late.

### **Optional PAC Donation – School Cash Online**

The Rockridge PAC thanks all parents who contribute to ROPAC, supporting both classroom and extra-curricular activities. The 2024/25 Optional PAC Contribution is available via [School Cash Online](#). You can choose to donate \$25, \$50, or \$75. You can contribute more than once and at any time throughout the year!

Last year, your contributions helped fund many special projects and purchases for the school – see summary [here](#). We hope you'll continue to support this year's teacher wish list items by including the PAC Optional Donation on your School Cash Online fee payment.

### **Two Easy Ways to Connect with the Rockridge Parent Community - flyer**

Want quick reminders about important school events? Join the WhatsApp Parent Group, where brief one-way messages will be sent (no replies or discussions). To join, email [ropacwhatsapp@gmail.com](mailto:ropacwhatsapp@gmail.com) with your name and your child(ren)'s name(s) and grade(s), and your cell number.

If you're interested in connecting with other Rockridge parents through informal coffee mornings, fun outdoor activities, pub nights and opportunities to support our school, sign up for the Rockridge P2P group: <https://chat.whatsapp.com/IFid2BPD9UJFhPgLibVx4S>

Follow ROPAC on [Facebook](#) and [Instagram](#)

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## COUNSELLORS' CORNER

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### **West Vancouver Schools Counselling**

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes. We have created a new website with the collaboration of district I.T staff and our counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for students that will help guide them to whatever level of education they desire: from grade school to graduate school.

You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

**FAMILY SMART Monthly Events - LINK** - Online & In-Person for Parents and Caregivers 2024.

### **Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text**

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

### **Mental Health and Substance Use: A Resource for Educators and School Communities**

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

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## ROCKRIDGE COMMUNITY NEWS

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### **Health Talks Student Contest: What are Your Hopes for Health Care?**

The 2025 Health Talks Student Contest is asking all B.C. students *"What are your hopes for health care?"* The winning individual or team will share their idea at the March 2025 Health Quality Forum in Vancouver, B.C., with leaders and partners across the B.C. health care community. The contest closes October 18, 2024. More information is available in this [poster](#). Please share the poster with your students.

### **CALLING ALL KINDERGARTEN 2025-26 FAMILIES! - See Raven Life for details**

You are invited to an important information evening this Thursday, October 3<sup>rd</sup> (6:30-7:30 pm) at the Kay Meek Studio Theater, 1700 Mathers Avenue. Join the West Vancouver School District early learning team to learn about Kindergarten and how to prepare your child for an excellent educational experience in our schools. [Please register here](#)

### **Homestay Families Needed**

Each year, the West Vancouver School District welcomes students from around the world to live and study in our vibrant community. We strive to place secondary school international students with families who live in West Vancouver to support each student's integration into the school and wider

community.

Share your home and your heart

1. \$28,000\* in reimbursements
2. Full-service homestay team support
3. Single placements and 5-month students available

\*Based on two international students both hosted from September to June.

If you are interested in hosting an international student, please reach out to our Homestay Coordinators at [homestay@wvschools.ca](mailto:homestay@wvschools.ca). More information about the homestay program is available on our website at <https://westvancouver.schools.ca/international/>.

### Memorial Library News

The WVML September/October e-newsletter for kids, families and educators is here! We have lots to offer after school, weekends and on School's Out days (including around the National Day for Truth and Reconciliation – we're open September 30!) As usual, storytimes are all still drop-in (and we currently have French storytime running on Saturdays!)

[West Van Schools Update September + October 2024 \(patronpoint.com\)](#)

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## FAQ & HELPFUL INFORMATION

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### CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

### ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca) Please include your child's first and last name and reason for absence in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence.

Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

### MYED BC Parent Portal

For all students and parents, logging into the MYED portal is a very important step in supporting your child's learning and progress at Rockridge.

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email [Rockridge@wvschools.ca](mailto:Rockridge@wvschools.ca)

### School Drop Off/Pick Up Safety

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall.

The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

### **2024/25 Student Transportation - Online Registration Request Form**

Please visit our [School District Student Transportation website](#) for more information.

- All Returning & New students' parents/guardians must submit an online request form for their eligible student(s).
- In order to adhere to legislated requirements to maintain accurate bus lists, registration is required for all school bus riders.
- Please note that school bus space may not be guaranteed for students that do not submit an Online Registration Form (<https://westvancouver.schools.ca/transportation-form>) or register after the deadline (July 15, 2024).