



# ROCKRIDGE

ESSE QUAM VIDERI



Oct 17, 2024

**ROCKRIDGE LINKS:**

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

[Follow Rockridge Secondary on X /Twitter](#)

**Morning Announcements:** *Bookmark this link for daily news, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
Thursday, Oct. 17th	<ul style="list-style-type: none"> <li>● MADD Canada Presentation - for ALL Grade 11 &amp; 12 students - <b>POSTPONED</b></li> <li>● USA Admission Workshop @ Sentinel   6:30 - see details below</li> <li>● Grad Boat Cruise   6-9:30 pm</li> </ul>
Saturday, Oct 19	<ul style="list-style-type: none"> <li>● Interact Club PUMPKINS FOR POLIO Fundraiser at RR   10:00 am – 2:00 pm</li> <li>● Drumline Camp</li> <li>● Rockridge Voting Station Provincial Election - 7 am - 9 pm in the Gym</li> </ul>
Monday, Oct 21	<ul style="list-style-type: none"> <li>● Tour of the Rock   12:00PM to 1:00 PM</li> </ul>
Wednesday, Oct 23	<ul style="list-style-type: none"> <li>● Grade 9 Immunization Clinic - Please return all signed forms to the office!</li> <li>● STEM Egg Drop with WVFD   11:00am – 12:00pm</li> <li>● Wall-E Screening in Player's Hall hosted by Environment Club   3:00 – 5:00pm</li> </ul>
Thursday, Oct 24	<ul style="list-style-type: none"> <li>● Informal Progress Reports Posted to MyEd</li> <li>● Indigenous Circle - Inglewood Secondary   3:30 – 4:45pm</li> <li>● <a href="#">AI in Education Parent Night</a> - Empowering the Future 7 - 8:30pm - see poster in Raven Life</li> </ul>
Friday, Oct 25	<ul style="list-style-type: none"> <li>● Provincial Pro-D-Day - No classes in session</li> </ul>
UPCOMING	
<a href="#">FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS</a>	
<a href="#">2024-25 At A Glance Calendar</a>	
<a href="#">WV Youth Services click here</a>	

**A MESSAGE FROM THE PRINCIPAL**

In preparation for the posting of Informal Reports next week, I wanted to check in with families regarding their MyEd access. Next Thursday, October 24 Informal Reports will be published in MyEd. Students, parents and guardians can view these reports in the MyEd portal, and should now be familiar with using their login credentials to access their child’s schedule and reports. If you have not yet done so, now is the time to make sure you can access your account so you can review your child’s progress next week.

Informal Reports do not contain letter grades or percentages. These reports provide parents with updates on their child’s engagement in each class. They may cover aspects such as attendance, participation, assignment completion, preparedness, work habits, and behavior. We know our students can be effective communicators, but they do not always express what and how they are learning to their

family. Next week, these reports will be a great conversation starter for families to check in on the first two months of 2024-25. As always, I encourage you to review your child's Google Classroom with them and ask them about materials that are posted, assignments that are *handed in*, and those that are *missing*.

*Be sure to check out this week's attached **Raven Life** PDF for sports updates, posters of upcoming events and more from this week at The Rock.*

### **MYED BC Parent Portal**

For all students and parents, logging into the MYED portal is a very important step in supporting your child's learning and progress at Rockridge.

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email [Rockridge@wvschools.ca](mailto:Rockridge@wvschools.ca)

### **Post Secondary Information for Senior Students**

Every year our school district hosts hundreds of post secondary institutions. We encourage our grade 10-12 students to download the [Post-Secondary Google Calendar](#) and stay up to date with university and college events happening both in person and virtually. With so many program options available it can be challenging to pick one institution. One of the ways to start this selection process is to come and chat with representatives from universities and colleges when they visit our school.

If students are unsure of what questions to ask university or college representatives when they visit our school please have them look at this [document](#)

### **Rockridge brought democracy alive through CIVIX's "Student Vote"! - see Photo in Raven Life**

Students experienced the voting process on October 15th by casting ballots for the official candidates in the West Vancouver - Sunshine Coast - Sea to Sky riding running in the 2024 Provincial Election. Students learned about the voting process and our electoral system in Social Studies classes, and researched party platforms and their local candidates to see which party best aligned with their values. Studies show that students who are empowered by simulations of the voting process are much more likely to vote as adults!

Special thanks to all the student volunteers from the Model United Nations Club who smoothly ran the polls and counted up the ballots, and the staff who helped make this event happen ( Ms.Selzer, Mr. Lam, Ms Kashani, Mrs Rowbotham, Ms. Lehman)

Results will be released after regular polls have closed to avoid potentially influencing the election, as per Elections BC regulations.

**MADD Canada Presentation** - Oct 17th for **ALL** Grade 11 & 12 students - **POSTPONED** - we will update students and families about a new date for this presentation when we have it confirmed.

On Thursday, Oct 17, Rockridge will host MADD Canada as their trained facilitators will present their new film: **One Last Dance**. The film's fictional story illustrates the tragic consequences of driving while impaired by alcohol and/or drugs. Throughout the film, students are shown times when the tragedy could have been prevented by making different choices. This *School Program* is proven-effective at encouraging responsible decision-making among youth – both immediately after the presentation and longer term. In the 2022-2023 evaluation survey among participating students, 92% said the program makes them want to make the right decision when it comes to impaired driving and 82% said that they

were likely to make a plan for getting home safely when going out with friends. The majority of students felt that consuming cannabis would cause one to drive “a lot worse” with 86% saying this after the presentation and 91% 3-months post presentation. Furthermore, three months after the presentation, half of respondents were more likely to think that cannabis use has a negative effect on the ability to drive.

**West Vancouver Schools Admissions 2025/2026** open Tuesday October 15<sup>th</sup> at 8:00am for all Kindergarten students and all Grade 1 –12 in-catchment students.

**Out-of-Catchment** and **Out-of-District** student Admissions open - 8:00 am Wed, Jan 15<sup>th</sup>, 2025.

For more information about admissions dates, guidelines, and information, please visit <https://westvancouver.schools.ca/admissions/> Please carefully read the information regarding new documentation procedures before starting the application process.

### **TOUR OF THE ROCK DAY**

The next tour will be Monday, Oct 21 @ 12:00PM to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP: [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca)

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## **Rockridge Grad 2025 News**

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### **USA Admissions Workshop**

Learn about the US university application process. A presentation on the “behind-the-scenes” review process of an undergraduate application to a selective US university: what we look for in coursework and academic achievement, on your résumé and experiences outside of the classroom, on recommendation letters, and the all-important admissions essays. Discussion of these topics delivered with a case study by Boston University.

Event happens at Sentinel Secondary at 6:30 PM on Thursday, Oct. 17. Please see poster in Raven Life for registration details. To register, click [here](#)

### **Rockridge Grad Class Calendar 2025**

To assist parents and students in the Grad Class of 2025, please see the following Rockridge calendar links that were shared during the Meet the Teacher Curricular Presentations:

- **For Students:** [bit.ly/postsecondaryrockridge](https://bit.ly/postsecondaryrockridge)
- **For Parents & Guardians:** [Here is the link to view the calendar using your browser](#)

### **Advanced Placement @ Rockridge**

**Course Registration and Fees-** Students are joining course sections on their MY AP account, giving them access to a number of supporting materials for the course. The week of October 1st Course and Exam fees will be attached to your School Cash Online account. Fee payments for these courses are due November 1st so the school can accurately complete our exam order.

**Exam News** *New for 2025*; all AP exams in courses Rockridge offers will be digital using Bluebook secure technology. Students will complete Multiple Choice sections digitally while completing the Free Response using a computer coupled with a paper/pencil exam booklet. Students will have the opportunity to write a practice exam with their teacher in the weeks leading up to the exam to familiarize themselves.

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## ROCKRIDGE SCHOOL NEWS

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### Mentorship 10

Our Grade 10 Mentors who will be connecting with grade 8's through biweekly advisory sessions this year kicked off their leadership journey by attending a 2-day retreat at Camp Fircom on Gambier Island on Oct. 9 & 10<sup>th</sup>. Mentors are very excited to get to know their grade 8s and are looking forward to some fun grade-wide competitions, team bonding activities and small-group chats throughout the year.

**Language Challenge Exams Feb 1st & 2nd 2025** - Application deadline Oct 26, 2024

For application packages, please click: [link](#). Please complete and return to your counsellor

### Courses offered:

- Farsi 11 & 12
- French 11 & 12
- Japanese 11 & 12
- Korean 11 & 12
- Mandarin 11 & 12
- Punjabi 11 & 12
- Spanish 11 & 12

### ROCKRIDGE CALENDAR

#### Rockridge Full Website Calendar

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

### SCHOOL FEES - SCHOOL CASH ONLINE

- Course Fees have now been posted to School Cash Online (SCO) accounts.
- You can find Registration SCO Instructions [here](#). Please contact Rockridge Accounting [rockridgeaccounting@wvschools.ca](mailto:rockridgeaccounting@wvschools.ca) in the main office if you have any questions or require assistance with logging in.

### Art Room Wish List

- plastic FLAT STYLE takeout containers or unused canvas or pencil crayons.

### ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS THIS WEEK

**Online Policies & Procedures [Form 2024-2025](#) - Now at 73% of online consent forms completed!**

***Please complete this requirement this week and avoid an email from the principal next week.***

This online verification and consent form requires a parent login and must be submitted for each student at the start of each school year. We ask that it is submitted ONLY ONCE PER STUDENT in September, as the upload gets very onerous with multiple submissions. For later changes, please inform the office.

- If you previously created an account to complete the 22/23 form, the account is the same.
- If you have forgotten your password, you can follow the instructions to reset it.
- Once logged in, you will have the option to either update a P+P form created last year or start a new one.
- Without a completed consent form, students will not be permitted to attend field trips, join school teams or have their photos included in the yearbook. Permissions expire on August 31 each year.

### **STUDENT VERIFICATION & EMERGENCY RELEASE FORMS**

These forms were sent home with your child during the first week of school. Please return as soon as possible so that we can complete our Emergency Preparedness Plan.

### **FEEDING FUTURES**

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolkea [tkolkea@wvschools.ca](mailto:tkolkea@wvschools.ca) or to [feedingfutures@wvschools.ca](mailto:feedingfutures@wvschools.ca) if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

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## **ROCKRIDGE ATHLETICS**

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If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results.

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time with us next year, please complete the Coaching Expression of Interest form linked below: [Expression of Interest Form](#)

Should you have any questions do not hesitate to reach out to our new Athletic Director Mr. Stefanon, [mstefanon@wvschools.ca](mailto:mstefanon@wvschools.ca)  
*Go Ravens!*

### **Field Hockey - Senior Girls**

- [Team Schedule](#)
- The team has booked their ticket to the NSSAA Finals for the second time in 3 years and will face off against rivals Collingwood.

- Thursday Oct 17 | NSSSAA AA Final vs Collingwood @ [Rutledge Field](#) | 3:30 PM

### Rugby - Bantam Boys

- [Team Schedule](#)
- The team got their first taste of the Collingwood Rockridge rivalry on Tuesday after a long layoff at Camp Summit. Back to the practice field to prepare for the next time the two teams face.
- Friday Oct 18 | Game vs Handsworth @ [Lucas Centre](#) | 4:00 PM KO (*Dismissal 2:20 PM*)

### Soccer - Senior Boys

- The team defeated Bodwell 6-0. Matt Babiuk with a hat-trick in front of a big loud crowd.
- Tuesday Oct 22 | Game vs Windsor @ [Windsor Secondary](#) | 4:00 PM KO (*Dismissal 2:30 PM*)

### Soccer - Junior Boys

- Monday Oct 21 | Game vs Mulgrave @ [Ambleside Park | West Vancouver](#) Field D | 3:30 PM (*Dismissal 2:20 PM*)
- Thursday Oct 24 | Game vs Argyle @ [Ambleside Park | West Vancouver](#) Field D | 3:30 PM

### Cross Country - Coach - Mr. Kolkea [Google Classroom Code kkgicpw](#)

- This Week's Race Highlights: Ciel F. captured her third straight Junior Girls race win this season and Vaya F. finished top 20 again! Christian C. and Rhys F. finished in the top 15 again this week in the Junior Boys race.
- Next Wednesday, Oct. 23rd the Ravens will race at Zones in Jericho Park in Vancouver to qualify for the Provincial Championships.

### Aquatics

- Sunday Oct 20 | NSSSAA Exhibition Meet for "B" & "C" swimmers | 2:00 PM to 4:45 PM | @ [Harry Jerome Community Recreation Centre](#)
- Friday Oct 25 | Vancouver Sea to Sky Zone Meet @ [Watermania](#)

### Volleyball - Bantam Girls

- [Team Schedule](#)
- Monday Oct 21 | Games vs Collingwood @ **HOME**
  - Rockridge White vs Collingwood Gold | 4:00 PM
  - Rockridge Blue vs Collingwood Blue | 5:30 PM
- Tuesday Oct 22 | Burnaby Mountain Cake Tournament (*Dismissal 1:45 PM*)
- Wednesday Oct 23 | Games vs WVSS @ [West Vancouver Secondary School](#) | 4:00 PM
  - Rockridge White vs West Vancouver Red
  - Rockridge Blue vs West Vancouver Black

### Volleyball - Juvenile Girls

- [Team Schedule](#)
- Friday Oct 18 | Game vs Seycove @ [Seycove Secondary School](#) | 5:00 PM
- Monday Oct 21 | Burnaby Mountain Cake Tournament (*Dismissal 1:45 PM*)
- Wednesday Oct 23 | Game vs St. Thomas Aquinas @ **HOME** | 5:30 PM

### Volleyball - Junior Girls

- [Team Schedule](#)
- The team knocked off Argyle in straight sets Tuesday night, 3-0, in exhibition play.

- Tuesday Oct 22 | Game vs Collingwood @ **HOME** | 6:00 PM
- Wednesday Oct 23 | Burnaby Mountain Cake Tournament (**Dismissal 1:45 PM**)
- Thursday Oct 24 | Game vs Howe Sound @ [Howe Sound Secondary School](#) | 5:30 PM

### **Volleyball - Senior Girls**

- [Team Schedule](#)

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## ROCKRIDGE PAC NEWS

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### **PAC sponsored Vaping Education event Nov 5th at Rockridge - see poster in Raven Life**

#### **Let it Snow: Parent Party and Fundraiser – flyer**

Tickets are on sale now for our biggest and most important fundraiser of the year! You don't want to miss this – a festive evening of elegant hors d'oeuvres, music, and dancing to an amazing DJ, while helping the PAC hit our fundraising targets at the silent auction, the Giving Tree, or participating in the raffle. **Tickets: \$85 per person through this link**

- When: Saturday November 23, 7:00 pm
- Where: Gleneagles Clubhouse

#### **We need your help!**

Please consider donating an item or service to the Silent Auction which will be a key fundraising component of the "Let it Snow" holiday party. Ideas for donations include gift certificates, art, tickets to events, or a stay at your vacation home. Last year the silent auction raised \$6,000 and we need your support to reach this goal again. Please contact Rachel at 604 836 9153 or [ihp.rachel@gmail.com](mailto:ihp.rachel@gmail.com) with your donation.

#### **P2P Parent Coffee – flyer**

Our first P2P parent coffee morning is coming up. Mark your calendars!

- **When: Friday, November 1, 9 am – 10:30 am**
- **Where: The Bakehouse at Dundarave**

Follow ROPAC on [Facebook](#) and [Instagram](#) Link to Rockridge WhatsApp Groups: Parent Info\_(brief one-way info) and [P2P](#) (parent conversation).

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## COUNSELLORS' CORNER

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### **West Vancouver Schools Counselling**

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes.



We have created a new website with the collaboration of district I.T staff and our counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for students that will help guide them to whatever level of education they desire: from grade school to graduate school.

You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

**FAMILY SMART Monthly Events - LINK** - Online & In-Person for Parents and Caregivers 2024.

### **Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text**

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

### **Mental Health and Substance Use: A Resource for Educators and School Communities**

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

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## ROCKRIDGE COMMUNITY NEWS

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"Community Connections" including local programs, events, and resources click: [link](#).

### **Health Talks Student Contest: What are Your Hopes for Health Care?**

The 2025 Health Talks Student Contest is asking all B.C. students *"What are your hopes for health care?"* The winning individual or team will share their idea at the March 2025 Health Quality Forum in Vancouver, B.C., with leaders and partners across the B.C. health care community. The contest closes October 18, 2024. More information is available in this [poster](#). Please share the poster with your students.

### **Homestay Families Needed**

Each year, the West Vancouver School District welcomes students from around the world to live and study in our vibrant community. We strive to place secondary school international students with families who live in West Vancouver to support each student's integration into the school and wider community.

Share your home and your heart

1. \$28,000\* in reimbursements
2. Full-service homestay team support
3. Single placements and 5-month students available

\*Based on two international students both hosted from September to June.

If you are interested in hosting an international student, please reach out to our Homestay Coordinators at [homestay@wvschools.ca](mailto:homestay@wvschools.ca). More information about the homestay program is available on our website at <https://westvancouver.schools.ca/international/>.



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## FAQ & HELPFUL INFORMATION

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### ATTENTION DOG WALKERS

The Rockridge sports field is a Classroom space, used by classes and teams, many of which have begun regular practices and games this fall. There has been a large amount of Dog Poop that is not only a distraction and slipping hazard, but also a health issue. We remind our community members that West Vancouver Bylaw prohibits dogs on the field and thank you for your cooperation in respecting this outdoor classroom space. \*We would appreciate it if you would pass this on to other community members who should have this information.

### CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

### ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca) Please include your child's first and last name and reason for absence in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

### School Drop Off/Pick Up Safety

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall. The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

### 2024/25 Student Transportation - Online Registration Request Form

Please visit our [School District Student Transportation website](#) for more information.

- All Returning & New students' parents/guardians must submit an online request form for their eligible student(s).

- In order to adhere to legislated requirements to maintain accurate bus lists, registration is required for all school bus riders.
- Please note that school bus space may not be guaranteed for students that do not submit an Online Registration Form (<https://westvancouver.schools.ca/transportation-form>) or register after the deadline (July 15, 2024).