



ROCKRIDGE

ESSE QUAM VIDERI



Oct 10 , 2024

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on Instagram](#)

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Morning Announcements: *Bookmark this link for daily news, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
Monday, Oct 14	<ul style="list-style-type: none"> Happy Thanksgiving - School Closed
Tuesday, Oct 15	<ul style="list-style-type: none"> Student Vote PH
Wednesday, Oct 16	<ul style="list-style-type: none"> ESP to Metrotown
Thursday, Oct 17	<ul style="list-style-type: none"> ROPAC Meeting 8:30 – 9:30 am MADD Canada-One Last Dance - Gr 11 & 12 1:40 – 2:55pm Grad Boat Cruise 6-9:30pm
Saturday, Oct 19	<ul style="list-style-type: none"> PUMPKINS FOR POLIO at RR 10:00 am – 2:00 pm Drumline Camp Rockridge is a Voting Station - 7 am - 9 pm in the Gym
UPCOMING	
Monday, Oct 21	Tour of the Rock 12:00PM to 1:00 PM
Wednesday, Oct 23	Grade 9 Immunization Clinic - Please return all signed forms to the office!
Thursday, Oct 24	Informal Progress Reports Posted
Friday, Oct 25	Provincial Pro-D-Day
<u>FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS</u>	
<u>2024-25 At A Glance Calendar</u>	
WV Youth Services click here	

A MESSAGE FROM THE PRINCIPAL

Live on location from Camp Summit I wanted to share some news about the great trip that is underway with the Class of 2029. I was able to visit Camp Summit after our cross country race yesterday to spend the night and morning with our Ravens. Before heading back to The Rock I took a few minutes and borrowed the Wi-Fi here at camp that our students are not able to access. While I appreciate the skills our students have with technology, being unplugged here at camp has been refreshing for everyone. In case you are unfamiliar with this 8X annual tradition, our grade eights are spending three days and two nights in the remote wilderness of Squamish. This has been a great chance for students to try new activities, connect to nature, make some new friends and work with a variety of Rockridge staff who love coming to support this experience. As an added bonus, our leadership and mentorship students from grade 10 to 12 are helping to staff events here at Camp Summit. Not surprisingly, the official camp staff here are skilled fun leaders that are great role models and facilitators for our students. As we move

through the year and toward the end of June, we will no doubt be highlighting our class of 2025 and their accomplishments towards graduation. For our youngest Ravens they are making memories that I hope will carry through to that moment when they are crossing the stage to graduate in 2029.

My final closing remark is simply a shout out to my amazing Rockridge staff for their support here at camp and at school leading up to and during Camp Summit 2024. With Mr. Baker leading the way we have all been able to take on a role to support another special experience for students at The Rock.

*Be sure to check out this week's attached **Raven Life** PDF for sports updates, posters of upcoming events and more from this week at The Rock.*

MADD Canada Presentation - Oct 17th for **ALL** Grade 11 & 12 students

On Thursday, Oct 17, Rockridge will host MADD Canada as their trained facilitators will present their new film: **One Last Dance**. The film's fictional story illustrates the tragic consequences of driving while impaired by alcohol and/or drugs. Throughout the film, students are shown times when the tragedy could have been prevented by making different choices. This *School Program* is proven-effective at encouraging responsible decision-making among youth – both immediately after the presentation and longer term. In the 2022-2023 evaluation survey among participating students, 92% said the program makes them want to make the right decision when it comes to impaired driving and 82% said that they were likely to make a plan for getting home safely when going out with friends. The majority of students felt that consuming cannabis would cause one to drive “a lot worse” with 86% saying this after the presentation and 91% 3-months post presentation. Furthermore, three months after the presentation, half of respondents were more likely to think that cannabis use has a negative effect on the ability to drive.

West Vancouver Schools Admissions 2025/2026 open Tuesday October 15th at 8:00am for all Kindergarten students and all Grade 1 –12 in-catchment students.

Out-of-Catchment and **Out-of-District** student Admissions open - 8:00 am Wed, Jan 15th, 2025.

For more information about admissions dates, guidelines, and information, please visit <https://westvancouver.schools.ca/admissions/> Please carefully read the information regarding new documentation procedures before starting the application process.

TOUR OF THE ROCK DAY

The next tour will be Monday, Oct 21 @ 12:00PM to 1:00 PM. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us for our next school tour. The Tour of the Rock is hosted and led by our principal or vice-principal and senior student leaders. Inquiries and RSVP: rockridge@wvschools.ca

ROCKRIDGE GRAD 2025 NEWS

USA Admissions Workshop

Learn about the US university application process. A presentation on the “behind-the-scenes” review process of an undergraduate application to a selective US university: what we look for in coursework and academic achievement, on your résumé and experiences outside of the classroom, on

recommendation letters, and the all-important admissions essays. Discussion of these topics delivered with a case study by Boston University.

Event happens at Sentinel Secondary at 6:30 PM on Thursday, Oct. 17. Please see poster in Raven Life for registration details. To register, click [here](#)

Rockridge Grad Class Calendar 2025

To assist parents and students in the Grad Class of 2025, please see the following Rockridge calendar links that were shared during the Meet the Teacher Curricular Presentations:

- **For Students:** bit.ly/postsecondaryrockridge
- **For Parents & Guardians:** [Here is the link to view the calendar using your browser](#)

Advanced Placement @ Rockridge

Course Registration and Fees- Students are joining course sections on their MY AP account, giving them access to a number of supporting materials for the course. The week of October 1st Course and Exam fees will be attached to your School Cash Online account. Fee payments for these courses are due November 1st so the school can accurately complete our exam order.

Exam News *New for 2025*; all AP exams in courses Rockridge offers will be digital using Bluebook secure technology. Students will complete Multiple Choice sections digitally while completing the Free Response using a computer coupled with a paper/pencil exam booklet. Students will have the opportunity to write a practice exam with their teacher in the weeks leading up to the exam to familiarize themselves.

ROCKRIDGE SCHOOL NEWS

ATTENTION DOG WALKERS

The Rockridge sports field is a Classroom space, used by classes and teams, many of which have begun regular practices and games this fall. There has been a large amount of Dog Poop that is not only a distraction and slipping hazard, but also a health issue. We remind our community members that West Vancouver Bylaw prohibits dogs on the field and thank you for your cooperation in respecting this outdoor classroom space. *We would appreciate it if you would pass this on to other community members who should have this information.

Terry Fox Run

Thank you to Rockridge students, staff and community for supporting our Terry Fox Fundraising Run and activities this month. We eclipsed our fundraising goal with \$1950.00 raised. If you would like to donate to the [Terry Fox Run](#) before we close our page on Monday please do so. Thank you to our Conquering Cancer Club and staff sponsor Ms. Capron for supporting this initiative.

ROCKRIDGE CALENDAR

Rockridge Full Website Calendar

- This is a very helpful resource to access for daily block rotations and school events.
- Please click the following link to access the [FULL ROCKRIDGE WEBSITE CALENDAR](#)
- Then click *Subscribe* in the task bar above the calendar.
- Please ask your child if they have subscribed as well!

SCHOOL FEES - SCHOOL CASH ONLINE

- Course Fees have now been posted to School Cash Online (SCO) accounts.
- You can find Registration SCO Instructions [here](#). Please contact Rockridge Accounting rockridgeaccounting@wvschools.ca in the main office if you have any questions or require assistance with logging in.

The Canadian Open Mathematics Challenge (COMC) takes place on Thursday October 30th from 8:30 am - 11:00 pm (2.5 hours). COMC is offered to all grades: “any student with an interest in and grasp of high school math.” For more information please see:

<https://cms.math.ca/competitions/comc/comc2024/>

If any student is interested in writing this contest, please contact your math teacher and then pay \$35.00 on School Cash Online by October 14th.

Art Room Wish List

- plastic FLAT STYLE takeout containers or unused canvas or pencil crayons.

ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS THIS WEEK

Online Policies & Procedures [Form 2024-2025](#) - Now at 63% of online consent forms completed!

Please complete this requirement this week and avoid an email from the principal next week.

This online verification and consent form requires a parent login and must be submitted for each student at the start of each school year. We ask that it is submitted ONLY ONCE PER STUDENT in September, as the upload gets very onerous with multiple submissions. For later changes, please inform the office.

- If you previously created an account to complete the 22/23 form, the account is the same.
- If you have forgotten your password, you can follow the instructions to reset it.
- Once logged in, you will have the option to either update a P+P form created last year or start a new one.
- Without a completed consent form, students will not be permitted to attend field trips, join school teams or have their photos included in the yearbook. Permissions expire on August 31 each year.

STUDENT VERIFICATION & EMERGENCY RELEASE FORMS

These forms were sent home with your child during the first week of school. Please return as soon as possible so that we can complete our Emergency Preparedness Plan.

FEEDING FUTURES

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Mr. Kolkea tkolkea@wvschools.ca or to feedingfutures@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

ROCKRIDGE ATHLETICS

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results.

We are always looking for passionate individuals who want to create positive experiences for our student athletes. If you are keen to volunteer your time with us next year, please complete the Coaching Expression of Interest form linked below: [Expression of Interest Form](#)

Should you have any questions do not hesitate to reach out to our new Athletic Director Mr. Stefanon, mstefanon@wvschools.ca

Go Ravens!

Field Hockey - Senior Girls

- [Team Schedule](#)
- The field hockey ladies grind out a massive 2-1 Win vs Seycove to set up a showdown with Collingwood for top league spot Wednesday!

Rugby - Bantam Boys

- [Team Schedule](#)
- The boys opened league play with a hard earned battle **WIN 57-31 over Argyle last Friday!**
- The team continued to build depth with an exhibition match vs West Van on Tuesday.
- [Google Classroom Code \(4riwpyg\)](#)

Soccer - Senior Boys

- Thursday Oct 10 | **GAME VS COLLINGWOOD @ [Ambleside Park | West Vancouver](#)** Field D | 3:30 PM KO (**Dismissal 2:40 PM**)

Soccer - Junior Boys

- The boys fought hard vs Handsworth to secure a 1-1 draw after full time, and took the additional point by winning 2-1 in penalties! **The boys are now 4-0 in NSSAA regular season play.**

Cross Country - Coach - Mr. Kolkea [Google Classroom Code kkgicpw](#)

- NSSAA Series Race #3 - See Raven Life for Photo

Aquatics

- Well done to those swimmers who attended the meet this past Sunday @ Harry Jerome Aquatics Centre!
- [Google Classroom Code \(yvveg4x\)](#)

Volleyball - Bantam Girls

- [Team Schedule](#)

Volleyball - Juvenile Girls

- [Team Schedule](#)

Volleyball - Junior Girls

- [Team Schedule](#)
- Thursday Oct 10 | Game vs Sentinel @ **HOME** | 6:00 PM

Volleyball - Senior Girls

- [Team Schedule](#)

ROCKRIDGE PAC NEWS

October PAC Coffee Meeting

Our next PAC meeting is on Thurs, October 17th, 8:30 am, in the Learning Commons. Join us for an informal chat with Principal Kolkea and special guest: Carolyn Broady, WV trustee and Board Chair, and BCSTA President.

Let it Snow: Our Holiday Bash is coming! - [flyer](#)

It's almost that cozy time of the year, and things are warming up – ROPAC is throwing an epic parent party to get the holiday season started. Mark your calendars, registration coming soon!

When: Saturday, November 23, 7 pm – late.

Follow ROPAC on [Facebook](#) and [Instagram](#)

Link to Rockridge WhatsApp Groups: [Parent Info](#) (brief one-way info) and [P2P](#) (parent conversation).

COUNSELLORS' CORNER

West Vancouver Schools Counselling

At West Vancouver Schools, we acknowledge the importance of high school course selection, post-secondary guidance and the role of schools in supporting improved student mental health outcomes. We have created a new website with the collaboration of district I.T staff and our counselling teams from Rockridge, Sentinel and West Vancouver Secondary. In this website there are an abundance of resources for students that will help guide them to whatever level of education they desire: from grade school to graduate school.

You can find the [Counselling site](#) under the DEPARTMENT tab on the [Rockridge Secondary School website](#).

FAMILY SMART Monthly Events - [LINK](#) - Online & In-Person for Parents and Caregivers 2024.

Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

Mental Health and Substance Use: A Resource for Educators and School Communities
[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

ROCKRIDGE COMMUNITY NEWS

We are changing how we share community news and events. Starting now, individual "Community Connections" will no longer be included in our school bulletins. Instead, all local programs, events, and resources will be found in one convenient location, accessible through a [single link](#) that we'll update and share with you each week.

All school-specific information will continue to be featured in our regular ebulletin.

[Health Talks Student Contest: What are Your Hopes for Health Care?](#)

The 2025 Health Talks Student Contest is asking all B.C. students *"What are your hopes for health care?"* The winning individual or team will share their idea at the March 2025 Health Quality Forum in Vancouver, B.C., with leaders and partners across the B.C. health care community. The contest closes October 18, 2024. More information is available in this [poster](#). Please share the poster with your students.

Homestay Families Needed

Each year, the West Vancouver School District welcomes students from around the world to live and study in our vibrant community. We strive to place secondary school international students with families who live in West Vancouver to support each student's integration into the school and wider community.

Share your home and your heart

1. \$28,000* in reimbursements
2. Full-service homestay team support
3. Single placements and 5-month students available

*Based on two international students both hosted from September to June.

If you are interested in hosting an international student, please reach out to our Homestay Coordinators at homestay@wvschools.ca. More information about the homestay program is available on our website at <https://westvancouver.schools.ca/international/>.

FAQ & HELPFUL INFORMATION

CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca Please include your child's first and last name and reason for absence in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this **form** for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

MYED BC Parent Portal

For all students and parents, logging into the MYED portal is a very important step in supporting your child's learning and progress at Rockridge.

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email Rockridge@wvschools.ca

School Drop Off/Pick Up Safety

As you are probably aware, there can be heavy traffic around our school site at opening and dismissal times. It is difficult for vehicles to enter and exit our school parking areas as well as the Caulfeild Mall. The passage of emergency vehicles would be impeded which is of considerable concern. Please consider carpooling, dropping off and picking up your children at a predetermined location away from the school property, and encouraging active transportation (biking, walking). Another helpful action, if possible, for those that have to drive is dropping off your child early. An 8:00 AM arrival is always a great plan and chance to hang in the cafeteria, get some work done at a hallway workstation, or connect with a teacher.

Please note that designated visitor parking spaces at the front of the school are a 'no parking' zone in the morning and after school. The driveway in front of the school entrance is a NO STOPPING zone. All numbered parking spaces are designated for individual staff members. Please do not park in these spaces at any time during school hours.

2024/25 Student Transportation - Online Registration Request Form

Please visit our [School District Student Transportation website](#) for more information.

- All Returning & New students' parents/guardians must submit an online request form for their eligible student(s).
- In order to adhere to legislated requirements to maintain accurate bus lists, registration is required for all school bus riders.
- Please note that school bus space may not be guaranteed for students that do not submit an Online Registration Form (<https://westvancouver.schools.ca/transportation-form>) or register after the deadline (July 15, 2024).