



# ROCKRIDGE

ESSE QUAM VIDERI



May 16, 2024

**ROCKRIDGE LINKS:**

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on X / Twitter](#)

[Follow Rockridge Secondary on Instagram](#)

[Morning Announcements](#): *Bookmark this link for daily new, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
Mon, May 20	<ul style="list-style-type: none"> <li>Victoria Day Holiday - School Closed</li> </ul>
Tues, May 21	<ul style="list-style-type: none"> <li>Grad Banquet Table Selections @ Lunch</li> </ul>
Wed, May 22	<ul style="list-style-type: none"> <li>FIT - G8 Guest Presenter - Katja Freitag, PhD Geology - PH</li> </ul>
Thurs, May 23	<ul style="list-style-type: none"> <li>FIT - G8 Careers Expo (East Wing Classrooms) - see details below</li> </ul>
Friday, May 24	<ul style="list-style-type: none"> <li>Accounting 11 Field Trip</li> </ul>
Upcoming Events	
Apr 12 - May 31	WV Memorial Library Art Gallery Exhibition; <a href="#">Rockridge Secondary School</a>
May 9th - June 2nd	<a href="#">GRAD SHOW 2024</a> - Ferry Building Gallery - see poster in Raven Life
Mon. May 27th	Tour of The Rock   12 pm to 1:00 pm
<a href="#">FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS</a>	
<a href="#">2023-24 At A Glance Calendar</a>	
WV Youth Services click <a href="#">here</a>	

**A MESSAGE FROM THE PRINCIPAL**

With the long weekend ahead, it truly is that time of year where we feel like summer is on its way. As we have been discussing with staff and students here at The Rock, this is the time of year where students really need to lean into the IB learner profile traits. You are all becoming more expert on these traits with our weekly additions from our MYP Coordinators Ms. LeSieur and Ms. Millare. As a track coach, I always tell our athletes that the last lap of your middle distance race will require twice the effort to maintain your speed from the start of the race. This translates to the idea that students will need to focus and commit with more grit and determination than they may have required in September to accomplish the same level of academic and self-regulating success in these last weeks of 2023-24.

Tomorrow our staff will be busy with professional development here at Rockridge working together on sessions involving student assessment and student self-reflection/assessment. We are also looking forward to the annual Staff Appreciation Lunch hosted by our Rockridge PAC tomorrow. Your generosity and thoughtfulness is greatly appreciated and based on how full our fridges are already, I know it is going to be a wonderful event.

There is more student celebrations this week in the Raven Life including the North Shore Championship banner won by our Junior Girls Soccer team last night!

#GoRavensGo

*Be sure to check out this week's attached **Raven Life** PDF for spring sports photos, posters of upcoming events and more from this week at The Rock.*

### THIS WEEK'S MYP MOMENT

Last week, we continued our journey through the Learner Profile, which consists of the 10 traits that represent the qualities of successful citizens we would hope all our learners grow to become. Last week, we took a look at the characteristic: Balanced. This week, we're going to look at the Learner Profile characteristic: **Principled**.

Principled learners value integrity and honesty, have a strong sense of fairness and justice, and demonstrate respect for the dignity of other individuals, groups and communities. They take responsibility for their actions and the consequences that accompany them.

*How can you help your learners grow to be more principled?*

- Make connections between behaviour and character.
- Allow your learner to make their own choices, and to reflect on the outcomes of their choices.
- Encourage your learner to admit when they've made a mistake, and discuss how they may take responsibility for their mistake.
- Reinforce that being principled is a life-long commitment.

**TOUR OF THE ROCK DAY** - The next tour will be Monday, May 27th from 12:00 to 1:00pm. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us at our next school tour. **Inquiries and RSVP:** [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca)

### GRADUATION NEWS

#### **Graduation Write-Ups (Monday, May 20th)**

ALL graduates are asked to complete this [GRAD WRITE-UP FORM](#) by **Monday, May 20th @ midnight**. This is what will be read as students walk across the stage at the Orpheum during their graduation commencement on June 9th.

#### **Service Awards (Monday, May 20th)**

If you have completed school service above and beyond the requirements for your careers classes, please complete this [form](#) to be considered for a service award by **Monday, May 20th @ Midnight:**

- Bronze Medal: = 30 to 60 hours of service
- Silver Medal: = 61 to 100 hours of service
- Gold Medal: = 101 +hours of service

#### **Graduation Banquet Tables (Tuesday, May 21st at lunch )**

Table captains must fill out this [BANQUET TABLE REQUEST FORM](#) to confirm who will sit at their table.

**Full names and proof of payment for all table members are required to complete this form. Tables of 10 are optimal. Banquet table selection will be done by Table Captains on Monday, May 13th during FIT**

in front of the office. **Tables can only be selected once all tickets in your table party have been purchased and completed table request forms have been submitted including all receipts.**

## ROCKRIDGE SCHOOL NEWS

### FIT Block 10:55-11:45 am

**May 22 - Katja Freitag, Grade 8 Guest Presenter: "My unconventional career path as a PhD in Geology"**

### **May 23 G8 "Careers Expo" in the East Wing classrooms above Players Hall**

- Gautam Banerjee - Director of Product Management (software and hardware engineering related) E203
- Tara Morin - "you can be whatever you want to be, even a princess race car driver" (nurse - recreation management - IT sales and community work) E202
- Tanja Imhoff - "urban homesteader, beekeeper, chicken wrangler, gardener and proponent of self sufficiency" E201
- Deborah Blenkhorn - "Pursuit of Knowledge: Life in the World of PostSecondary Education" E208
- Julie Menten - Human rights lawyer (and seemingly every other career as well) E207
- Darcy Cuthill (Science to IT) and Kerri Cuthill (Engineer) E206

### **Rockridge Student qualifies for Youth World Sailing Championships ILCA - see photo in Raven Life**

Emilia A, along with 6 of her teammates from West Vancouver Yacht Club Youth Race Team, plus a further 9 sailors from across Canada, have qualified for the 2024 ILCA 4 Youth World Championships. The 5 female and 10 male Canadian sailors will make up a total of 420 sailors from 50 countries taking part in the event in Viano do Castelo, Portugal at the end of June.

### **Rockridge SPRING CONCERT - June 6th**

Come to the Music Department's performance titled "Sounds of Spring" in the Rockridge Gymnasium June 6th at 6 pm. Featuring our amazing Rockridge Music Ensembles such as Drumline, Guitar Ensemble, Jazz Bands, Concert Bands and Choir. Entrance is by donation. Everyone is welcome!  
*Thanks for your support throughout the year*

### **Grade 8 Science Fair at Rockridge Secondary - Wednesday May 29th from 1:35 pm to 2:50 pm**

You are invited to the inaugural Grade 8 Science Fair at Rockridge Secondary! The students will begin their Year End investigations on the week of May 6th in class and present through findings on Wednesday May 29th from 1:35 pm to 2:50 pm. Students will be showcasing their ability to apply the Scientific Method to answer a question about the physical world around them. We (Ms. Davies and Ms. Brady) are hoping you can join us in their Science Classrooms (W204, and W205) and in the School Cafeteria to celebrate both your child's learning and the learning of their classmates. Students will be ready to give a quick presentation and answer any questions you may have about their exploration. We have also invited some elementary school future Ravens and other Rockridge Students to celebrate in the learning! Thanks for your support at home and hope to see you there!

\*Trifold poster boards will be available on SCO for \$3

*Ms. Davies and Ms. Brady*

### Hey Rockridge! The Annual Talent Show is coming up, and there are some crucial updates.

The Talent Show has been moved to June 20th during FIT Block extending into lunch. Sign-ups are still open so please either message the student council on the Rockridge Student Council Instagram or come to see us Monday at lunch in the art room to sign up. There are some great acts already signed up!

#### Performers!

The date has been moved to June 20th so you have time to practice and perfect your act. There will be a mandatory dress rehearsal in Player's Hall coming soon so follow on Instagram for updates.. Please remember that acts must be no longer than 2 ½ minutes and we will need to know what sound equipment you will need before the dress rehearsal.

#### 2024 SUMMER LEARNING with West Vancouver Schools

Are you interested in learning during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2024.

- Online registration for both the elementary & secondary Summer Learning is **now open**.
- Elementary registration closes on May 10. Secondary registration closes on June 14.

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or the [Summer Learning Website](#).

**2024-2025 PREMIER ACADEMIES and West Vancouver DISTRICT PROGRAMS are open for registration!** Please visit <https://westvancouver.schools.ca/programs/> for further information.

#### GRADE 8 - 11 AWARDS DAY 2023/24 - Held on Monday, June 24<sup>th</sup>

It is time for our grade 8-11 students to start nominating themselves for a major Rockridge award. To prepare for future scholarship applications, we are asking grade 8-11 students to fill out the appropriate forms (linked below) in order to be recognized for a major award for the 2023-24 school year. Teachers will continue to nominate students for subject recognition awards but will no longer nominate for major awards. Award winners will be chosen by a committee of admin, counsellors and teachers. You will find descriptions of the awards and links to the application forms below. Applications are due May 27 @ midnight. [2024 Rockridge Year End Awards Nomination Forms](#)

#### 2024/25 Student Transportation - Online Registration Request Form now Open!

Please visit our [School District Student Transportation website](#) for more information.

- **IMPORTANT!** All Returning & New students' parents/guardians must submit an online request form for their eligible student(s).
- In order to adhere to legislated requirements to maintain accurate bus lists, registration is required for all school bus riders.
- Registration must occur prior to **July 15** of each year through an online request form on the district's website to be considered during the bus routing process.
- Please note that **school bus space may not be guaranteed for students that do not submit an Online Registration Form (<https://westvancouver.schools.ca/transportation-form>) or register after the deadline (July 15, 2024).**

#### ROCKRIDGE PAC NEWS

**Staff Appreciation Potluck Lunch is Tomorrow - [Sign up!!](#)**

Please help us show our gratitude towards the amazing Rockridge staff for all of their hard work with teaching and caring for our children. Consider bringing a dish or donating towards the lunch - this Friday (tomorrow!)

**Drop off: Thu, May 16, 3:00pm or Friday, May 17, 8-11am at the office.**

[Online Sign-Up Sheet](#) or [Consider donating to help](#) - thanks!!

### Chipotle Fundraiser

Save the Date! Next Wed, May 22nd is the Chipotle Fundraiser at Park Royal must [use code or show attached flyer](#) - 25% of event sales gets donated to Rockridge!

[Buy Rockridge Raffle tickets!](#) \$500 Grand Prize!

Follow ROPAC on [Facebook](#) and [Instagram](#) - Join the Rockridge [P2P](#) WhatsApp Group

## RAVEN ATHLETICS: #GoRavens

Follow us on [Instagram @Rockridge.Athletics](#) Follow us on [X /Twitter @RockridgeAthlct](#)

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results. Or view schedules here:

Rockridge [School Field Schedule](#) & [Spring Athletic Master Schedule](#)

### TEAM NEWS

#### Track and Field - Junior & Senior

- North Shore Track & Field Championships Meet Day #3 - Friday, May 17
- Practices Tuesday, Friday @ 3:10 PM, Wednesday 7:45AM - throwers: javelin, shot put

#### Soccer - Junior Girls (Grade 8-10)

- After an outstanding win over Argyle yesterday, the Rockridge Junior Girls are the North Shore Champions! Congratulations Ravens! See photo in Raven Life.

#### Rugby - Senior Boys

- Thursday May 16 Game vs Collingwood @ Klahanie Park | 4:00 PM

#### Ice Hockey

- Loss in round 1 quarter finals vs Argyle.
- Back at it next week on Tuesday May 21 @ 2:15 WV Arena and Thursday May 23 @ 2:00 PM Canlan Sports in a best of 2 series. Winner advances to the semi-finals.
- [https://www.esportsdesk.com/leagues/front\\_pageFree.cfm?clientID=6981&leagueID=34583](https://www.esportsdesk.com/leagues/front_pageFree.cfm?clientID=6981&leagueID=34583)

#### Mountain Biking

- The team raced their hearts out at the league finals in Whistler on a difficult XC course. Thanks to all team riders for their efforts this year. Please wash and return your jersey to Mr. Ahmelich.

#### Golf

- Senior Team placed 2nd in the NSSSAA Championship Monday, May 13 in Sechelt and qualified for the Sea to Sky Final. Congratulations to - Roman M, Ryland B, Mateo C, Ty A, Will M

## COMMUNITY NEWS

### **Online Registration Request Form for the new 2024/25 Student Transportation is Open!**

Please click the link below to [register for school bus transportation](https://westvancouver.schools.ca/transportation-form) for your Rockridge student next year.  
<https://westvancouver.schools.ca/transportation-form>

You can visit our [School District Student Transportation website](#) for more information.

**IMPORTANT!** All Returning & New students' parents/guardians must submit an online request form for their eligible student(s). In order to adhere to legislated requirements to maintain accurate bus lists, registration is required for all school bus riders. Registration must occur prior to July 15 of each year through an online request form on the district's website to be considered during the bus routing process. Please note that school bus space may not be guaranteed for students that do not submit an Online Registration Form (<https://westvancouver.schools.ca/transportation-form>) or register after the deadline (July 15, 2024).

Please contact Transportation SD45 ([transportation@wvschools.ca](mailto:transportation@wvschools.ca)) for any questions. Thank you.

### **West Vancouver Basketball Club Summer Camps**

May is here which means the WVBC summer camps are right around the corner. This year, the WVBC will be offering 4 weeks of camps beginning July 8 for players in Grades 2-10. All camps will be held at West Van Secondary School and will be led by former Canadian Men's National Team player and WVS Teacher/ Basketball Academy Head Coach Greg Meldrum. Many camps sold out last summer so don't wait too long to sign up. To view the full schedule of camps and to register, please go to <http://www.wvbc.ca>

### **An Evening with Valerie Jerome - see poster in Raven Life**

Please join us for a discussion with author, educator, Olympian and advocate Valerie Jerome. Wednesday, May 22<sup>nd</sup> at 7:30 pm Kay Meek Theatre. Your complimentary tickets can be reserved here <https://kaymeek.com/events/valerie-0522>

### **West Vancouver Basketball Club Summer Camps**

The WVBC is proud to be offering its 16<sup>th</sup> year of summer camps this July and August. This year, the WVBC will be offering 4 weeks of camps beginning July 8 for players in Grades 2-10. All camps will be held at West Van Secondary School and will be led by former Canadian Men's National Team player and WVS Teacher/ Basketball Academy Head Coach Greg Meldrum. To view the full schedule of camps and to register, please go to <http://www.wvbc.ca>

## COUNSELLORS' CORNER

**National Forum on Physical, Mental and Spiritual Health -Jun 1 - [Active Youth](#) - see poster in Raven Life**

**National Forum on Physical, Mental and Spiritual Health - June 2 - [Walk with your Doc](#) - see Raven Life**

### **Parent/Guardian Ed Series with Foundry: Vaping Information Session – June 12**

Please join Foundry North Shore, as we welcome you to a FREE Community Conversation on Youth & Vaping - Information, Considerations & Impacts – June 12 at Rockridge Secondary School.

This evening event will be led by keynote speakers: Lindsay MacDonald and Lauren Wilkinson, both of whom have extensive knowledge surrounding the world of youth and vaping.

Topics to be discussed will include: Youth vaping rates, stats, products, industry influence, health impacts including addiction, and local supports for youth.  
Please keep an eye out for Eventbrite registration mid-May

**FAMILY SMART Monthly Events - LINK** - Online & In-Person for Parents and Caregivers 2024.

**Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text**

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

**Mental Health and Substance Use: A Resource for Educators and School Communities**

[Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities](#) is now officially available on the [mental health and well-being](#) erase website.

Please find linked below a promotional poster with a QR code that you may share with your school community to raise awareness of the resource. [MHSU Language Guide Promotional Poster.pdf](#)

A webinar will be hosted on May 8, 2024 (12:00-1:00 p.m. PT) during Canadian Mental Health Week, to provide an overview of how schools may use the guide. [Registration](#) to attend the webinar is required.

- If you have any questions, please reach out to [EDUC.MentalHealth@gov.bc.ca](mailto:EDUC.MentalHealth@gov.bc.ca)

**FEEDING FUTURES INITIATIVE**

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal - Trevor Kolkea [tkolkea@wvschools.ca](mailto:tkolkea@wvschools.ca) if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect and confidentiality.

## ROCKRIDGE COMMUNITY NEWS

**Homestay Families Needed**

Each year, the West Vancouver School District welcomes students from around the world to live and study in our vibrant community. We strive to place secondary school international students with families who live in West Vancouver to support each student's integration into the school and wider community.

Share your home and your heart

1. Full-service homestay team support
2. \$28,000\* in reimbursements
3. Single placements and 5-month students available

\*Based on two international students both hosted from September to June.

If you are interested in hosting an international student, please reach out to our Homestay Coordinators at [homestay@wvschools.ca](mailto:homestay@wvschools.ca). More information about the homestay program is available on our website at <https://westvancouver.schools.ca/international/>.

**WVML e-newsletter**

The WVML Late April / May 2024 e-newsletter for kids, families and educators is here! We still have lots going on, even with the weather taking a beautiful turn. **Click [here](#) to view**

- **As always: everything is free, open to all and no library card is required.**



### West Vancouver Rec Centre Happenings:

Browse your recreation activities and programs here:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:

<https://westvancouver.ca/newcomers>

### Youth Friendly North Shore

The North Vancouver District in partnership with the North Vancouver RCMP, the City of North Vancouver and the District of West Vancouver are working together with the help of federal funding on creating a "Youth Friendly North Shore". The Youth Action Team audited 11 spaces in the North Shore communities and created a report for recommendations. The report findings can be found here:

<https://www.dnv.org/sites/default/files/edocs/welcome-cohort1-report.pdf>

The committee will be reaching out for more youth to participate, particularly youth in West Vancouver!

## ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS

### CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

## FAQ & HELPFUL INFORMATION

### MYED BC Parent Portal

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email [Rockridge@wvschools.ca](mailto:Rockridge@wvschools.ca)

### ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca) Please include your child's first and last name in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

### SCHOOL FEES - SCHOOL CASH ONLINE:

Thank you to families who have paid this year's school fees for your student(s). As a reminder, the 2023/2024 School Course Fees are available for payment on School Cash Online. All school fees and field trips are added to this site and can be paid easily [online](#). If you have not signed in before, you will



need your child's Student Pupil number which can be found on MyEd or on a previous report card. You can find Registration Instructions [here](#). Please contact Rockridge Accounting [rockridgeaccounting@wvschools.ca](mailto:rockridgeaccounting@wvschools.ca) in the main office if you have any questions or assistance with logging in.

### TEXT MESSAGE OPT IN

Text Messaging – For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS  
Please text a "Y" or "Yes" to 978338 to ensure you are on the list.

### HOST FAMILIES NEEDED for International Students – 2024 Host Family Fee Increase

[Apply now](#) and welcome a student:

- Hosting fees of \$1,100 per student per month. Many families will host two students which can provide up to \$22,000 per year income subsidy.
- Effective February 1, 2024 the fees increase to \$1,400 per student per month!

Don't miss out, placing students starts now. See excerpt below from a new student joining our program this fall. Open your home for this amazing opportunity for all family members.

*"I genuinely believe that Canada is the place where I belong. It has everything I'm looking for: contact with nature, beautiful landscapes, friendly people, security, and excellent public schools. But the main reason why I chose Canada is the people; I will be welcome and feel at home"*

- Contact the Homestay Coordinators for more information at [homestay@wvschools.ca](mailto:homestay@wvschools.ca) or visit our [web pages](#)

### ONLINE POLICIES & PROCEDURES FORMS 2023-2024 - <https://eforms.sd45.bc.ca/Form/PandP>

This online verification and consent form requires a parent login and must be completed for all students each year. If a parent previously created an account to complete the 21/22 form, the account is the same. If you have forgotten your password, you can follow the instructions to reset it. Once logged in, parents have the option to either update a P+P form created last year or start a new one.

Please be aware that a new P+P consent form MUST be completed for each student, each school year. Permissions expire on August 31 each year. The form includes consent for the following:

- Student Code of Conduct and Discipline
- District Network and Internet Appropriate Use
- Privately Owned Electronic Devices Appropriate Use
- Use of Website Applications Outside British Columbia - Parental Consent
- Media, Digital Media, and Video Release
- Community Activities Release Parental Consent
- Consent of Release Permission