

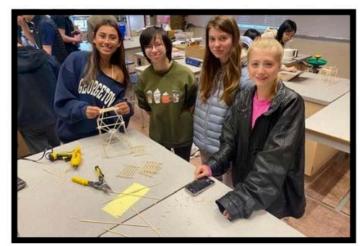
The Rockridge Grade 8 Science Fair is happening on Wednesday, May 29th 1:35 pm to 2:50 pm. Family members are invited to visit and tour through the fair that will feature all students from the Class of 2028!



Congratulations once again to Tess O. and Ciel F. on qualifying for the Sea to Sky Zones Meet this week. With her 4th place finish in the 800m Tuesday, Ciel will be racing at Provincials in Nanaimo on June 8th.



## Physics 11 Egg Catcher Construction





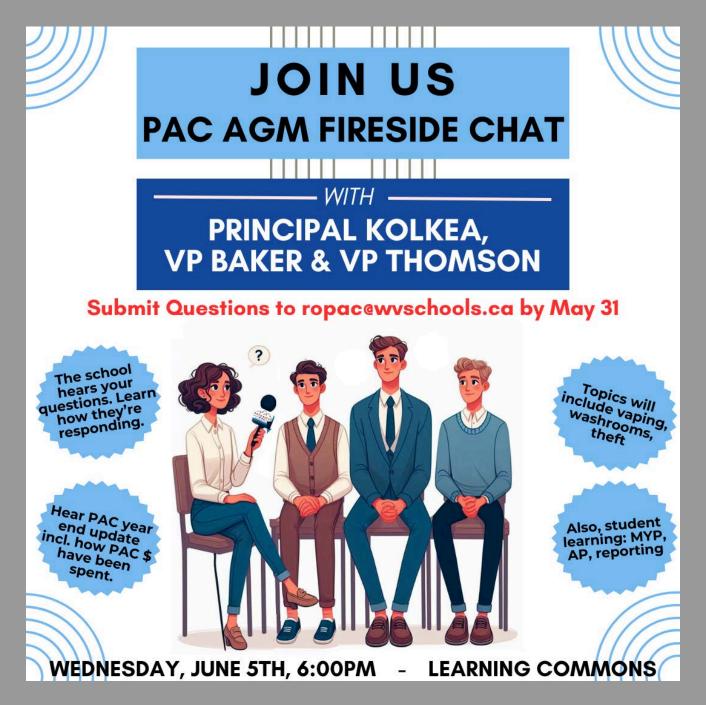
"Physics 11 and LSP students team up to build the ultimate egg catchers! ... Will the eggs survive??? Tune in next week to find out if they survive the drop!





Staff Appreciation Lunch - Many thanks to all our Rockridge families for their donations to last week's amazing lunch that was served on the professional development day for our Rock *star* Staff.

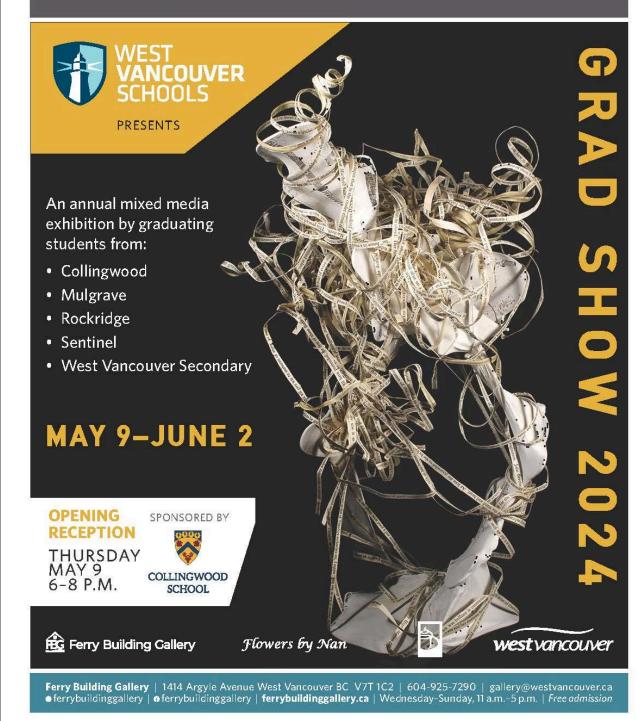




Come to the last PAC meeting of the school year on June 5th which will begin with a fireside chat with Principal Kolkea and Vice Principals Baker & Thomson. Please email your questions to the PAC at <u>ropac@wvschools.ca</u> by Friday, May 31st for our discussion.



## Ferry Building Gallery





## Rockridge Music Presents SOUNDS OF SPRING

Thursday, June 06 2024 6:30 pm

### **ROCKRIDGE GYM**

Admission by Donation

#### FEATURING:

Drumline Jazz Bands (A&B) Concert Bands (Jr.&Sr.) Choir Guitar Ensemble





# YOUTH & VAPING

Information, Considerations and Impacts

A FREE District Parent and Caregiver Evening

#### Speakers:

Lindsay MacDonald: Tobacco & Vapour Reduction Coordinator, Vancouver Coastal Health

Lauren Wilkinson: Tobacco & Vapour Reduction Coordinator, Vancouver Coastal Health

#### **Topics:**

- Products
- Stats
- Health Impacts
- BC Legislation
- Local supports and resources



DATE: Wednesday, June 12, 2024 TIME: 7:00 - 8:30 PM LOCATION: Rockridge Secondary School, 5350

Headland Dr, West Vancouver, BC V7W 3H2

#### **REGISTER HERE:**

https://Youth-Vaping2024.eventbrite.com





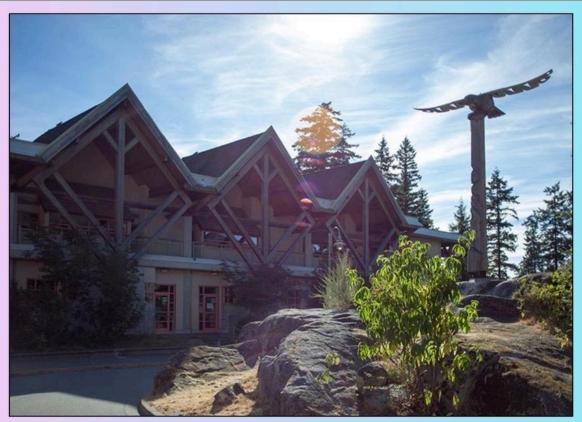
Register <u>Here</u>





See sign up details in Ebulletin





# **Rockridge Raffle**

Every dollar raised goes towards enriching Rockridge's school programs like sports teams, music department and clubs and to upgrading our outdoor basketball court.

## TICKETS \$5

### WIN THE \$500 GRAND PRIZE!



Draw: Thursday, June 13th

\*You don't need to be present to WIN!

Buy Tickets Support our School



Buy raffle tickets! Chance to win \$500 while supporting Rockridge!



KYEE EVENX

KEE EL

First Annual National Forum on Physical, Mental and Spiritual Health

#### Walk with your Doc

Join us for a transformative experience at our "Walk with Your Doc" event in beautiful West Vancouver! Embark on a journey with expert educators, health professionals, and sports enthusiasts as they share the latest research findings and personal stories that will inspire and motivate you towards a healthier lifestyle.

This event offers a unique opportunity to not only exercise your body but also your mind, as you engage in insightful discussions and learn from leading authorities in the fields of education, health, and sport.

Please register here

Details: Park Royal South Saturday, June 1 9am - 11am

#### Walk with your Doc



#### Getting Youth Active in a Digital World

Are you curious about the latest research on physical literacy and the impact of movement in today's digital age? This event is perfect for kids, youth, and adults alike, as we delve into the importance of staying active and healthy in a world dominated by screens.

Discover how to break away from the sedentary lifestyle and embrace the power of movement. From engaging discussions to interactive activities, there is something for everyone at this event. Whether you're a parent looking to encourage your children to be more active, a teenager wanting to understand the benefits of physical activity, or an adult seeking to improve your own health and well-being, this event is for you.

Please register here

Details: Sentinel Secondary 1250 Chartwell Dr West Vancouver Sunday, June 2 1pm - 3pm

Active Vouth



## **Health Vision Lions Gate Hospital**

Help us plan for the future. Fill out a survey to share your thoughts.

Vancouver Coastal Health is planning for the future of Lions Gate Hospital campus.

Your input is important and will help shape the future of health care at the hospital.



Learn more and stay informed at www.vch.ca/HealthVision LGH

