



ROCKRIDGE

ESSE QUAM VIDERI



March 14, 2024

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on X / Twitter](#)

[Follow Rockridge Secondary on Instagram](#)

[Morning Announcements](#): Bookmark this link for daily new, updates and Rockridge Athletics schedules

CALENDAR UPDATE	
SPRING BREAK & EASTER HOLIDAY - School Closed March 18 - April 1st	
March 18-25	Rockridge French Students Travel to France
Tues, April 2nd	<ul style="list-style-type: none"> • First day back to School after Spring Break & Easter Holiday • First Day of Gr. 8 Fine Arts Rotation #3
Wed, April 3rd	<ul style="list-style-type: none"> • FIT • First Day of Gr. 8 Applied Skills Rotation #3
Thurs, April 4th	<ul style="list-style-type: none"> • FIT
Upcoming Events	
April 15 - 18	<ul style="list-style-type: none"> • Grade 10 Numeracy Assessment Week
April 15 - 18	Senior Science Students Travel to Bamfield
Mon, April 22	<ul style="list-style-type: none"> • Tour of The Rock 12:00 – 1:00pm
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
2023-24 At A Glance Calendar	
WV Youth Services click here	

A MESSAGE FROM THE PRINCIPAL

I appreciate the time you take to scroll down through our weekly E-Bulletin to stay informed about our Rockridge school community. With one sleep to go before Spring Break I hope our Ravens have made some plans to enjoy their vacation and be ready for the final approach to June when we return on Tuesday, April 2nd. I do have one homework assignment for our students (and families) for Spring Break. Please be sure to review your course selections as explained in the section below.

Safe travels to those of you driving and flying over the next two weeks. I hope your Spring Break has everything you need whether it is rest and relaxation, or fun and excitement.

*Be sure to check out this week's attached **Raven Life** PDF for photos and posters of recent and upcoming events at the Rock. There are some great photos from the International Lunch, Jazz Cafe, Physics Olympics, BACKSTORY and more.*

MYED BC Parent Portal

Learning Update Two was published digitally through the parent portal on Friday, March 8th. A reminder to grade 8 parents that a further update will be available on April 8th as the Design and Fine Arts courses will report on student progress after the current rotation ends.

If you have not done so already please see the [MyEd Parent Portal](#) where you will find instructions on registering your MyEdBC parent portal account. Each parent or guardian has their own separate account. If you are still having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email Rockridge@wvschools.ca

THIS WEEK'S MYP MOMENT

Hey Parents and Guardians!

How did that Learning Update 2 go for the student in your household?

What were its impacts on them? What about you?

This is a great moment to remember that each Rockridge student is on their own learning journey. Every student has their spaces of celebration and spaces for development. And you're a key part of the team supporting the learning of each student in your household! So together, this is a perfect opportunity for reflection and goal setting for Term 3 as there is still lots of time and opportunity for growth ahead.

One of the lenses students of all grades use to set goals within our school is with the Approaches to Learning skills. They are the skills that emphasize 'learning how to learn'. They include:

- **Thinking Skills**
- **Self-Management Skills**
- **Social Skills**
- **Communication Skills**
- **Research Skills**

What are the ATL skills your students have room for growth in Term 3?

As a family community, what are some clear, attainable goals you can set together to help the students in your household be their best both at school and at home?

In fact, the teaching staff this morning are taking time during collaboration to revisit the ATL skills and look at ways we can incorporate these skills more clearly for our students in our practice and our assessments! This way, students can more clearly name the aspects of the skills they do well already and give more time to the skills they are continuing to develop.

We hope you have a fantastic spring break where you take the chance to reflect, recharge and look forward as a family community to the final stretch of the 2023-2024 school year!

2024-25 COURSE SELECTION

Course selection sessions have now been completed by all grades with our counsellors and admin team. Students will have entry access in MYEDBC until **April 1** to enter course requests and to make changes to their choices. Parents are asked to please review their child's choices with them. Hyperlinks to the presentations and more information are below.

- [Grade 8 & 9 Course Planning Presentation](#)
- [Grade 10 & 11 + AP/STEM/ESP Presentation](#)
- [Rockridge Website Course Planning Page](#)

FAMILIES are advised to check immunization records before Spring Break Travel

With measles outbreaks being reported internationally and spring break on the horizon, the provincial health officer, BC Centre for Disease Control and public health officials are reminding people in British Columbia to check their vaccination records before travelling to ensure they are protected.

More information can be found [here](#) with the local West Vancouver immunization clinic [here](#)

LOST & FOUND - Clear out before Spring Break

Lost & Found items have been on display on tables in front of the office for the past two weeks. All remaining items will be donated to charity. Any lost valuables will be kept in the office; earpods, watches, jewelry, keys, bank cards, glasses etc.

Physics Olympics - Rockridge places 3rd Overall!

Congrats to the Rockridge Physics Olympics team that finished 3rd overall out of 78 teams from across the province. We had over 20 students contribute to the 3rd place finish.

In addition to the third place finish (tied for our best ever overall finish), Rockridge outright won its first event ever (Cool It Down). In the event students had to design a mechanism to cool down a copper plate over a period of one minute. Rockridge was able to cool the plate over 10 degrees, besting the next best team by 4 degrees!

McMaster University Presentation - April 08th 6-8 pm Player's Hall - see poster in Raven Life

The session is for accepted grade 12 students as well as grade 10 and 11 students interested in exploring opportunities at McMaster. To register, click [here](#)

ROCKRIDGE SCHOOL NEWS

ROCKRIDGE GRAD WEAR - A last chance to secure a Grad Wear item. This store will be open from Monday March 18th to 25th. [Rockridge Grad Wear Team Store \(oddballworkshop.com\)](#). Orders will be delivered to the School by April 12th.

2024 SUMMER LEARNING with West Vancouver Schools

Are you interested in learning during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2024.

Online registration for both the elementary and secondary Summer Learning programs opens on Monday, April 8 at 8:00 AM.

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or the [Summer Learning Website](#).

JOB POSTING - Summer Learning Student Leaders - International Program - see flyer attached

Each year, West Vancouver Schools' International Programs offers a New Student Orientation program to elementary and secondary-level international students who have just arrived to begin their studies in our schools. Student Leaders form an important part of New Student Orientation.

The 2024-2025 Premier Academies and West Vancouver District Programs are open for registration!

Please visit <https://westvancouver.schools.ca/programs/> for further information.

YEARBOOK ORDER DEADLINE - See photo of our 2023-24 cover in Raven Life

The deadline to order your yearbook is **HAS BEEN EXTENDED** to **April 2nd!** Order soon on [SchoolCashOnline](#) (\$55) to guarantee your copy. We only order as many as have been paid for. "This is perhaps the best cover we've ever had" - Mr.Lam

SO FAR UP: a climate change story

Rockridge student Cree D. (grade 9) is acknowledged for the publication of his children's book "So Far Up: a climate change story". Not only is Cree the writer and artist for this new publication, he is donating all proceeds to the West Vancouver SPCA, an organization he has volunteered with for many years. If you would like to purchase "So Far Up" for \$10.00, please contact the SPCA at 604-922-4622 or visit their location at 1020 Marine Drive, West Vancouver.

Ministry of Education 2024 Learning Survey

The parent and guardian/caregiver survey is now available online at www.bced.gov.bc.ca/sat_survey/access.htm and is available in 18 languages. No logon # is required - see right side of 'parent section'. Simply use the drop down menu to enter our **District name: 45 West Vancouver** and **School name: Rockridge**, then select your preferred language to complete the survey. The survey will be available until Friday, May 3rd, and will take approximately 30 minutes to complete. Your responses are voluntary and anonymous, and your child will not be identified as a result of your participation in the survey. Any personal or identifying information will be deleted before results are stored. Data will be stored and accessible only within Canada.

ROCKRIDGE PAC NEWS

ROPAC Update

Wishing you a wonderful spring break! Your support to the Rockridge PAC is appreciated. We hope to see you at our events in the coming months. Starting with the [next PAC Meeting](#) on Wed, April 17th, 6pm in the Learning Commons.

***Find free virtual parenting education talks under "upcoming events" [PAC website](#). Next Event is Tuesday, April 23rd.**

Follow ROPAC on [Facebook](#) and [Instagram](#)! Join the Rockridge [P2P](#) WhatsApp Group!

Supporting Children's K-12 Peer Relationships - to listen to a recording of this presentation, click; [here](#)

Thank you to all parents who joined the very informative presentation led by Dr. Diana Divecha on "Supporting Children's K - 12 Peer Relationships."

Dr. Divecha's insights and your thoughtful questions made the event both insightful and productive. As there wasn't sufficient time to address all submitted questions, Dr. Divecha has kindly offered to provide those answers, which we will share with you when they become available.

* Please note that you can adjust the subtitles for playback in various languages

TEXT MESSAGE OPT IN

Text Messaging – For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS
Please text a “Y” or “Yes” to 978338 to ensure you are on the list.

COMMUNITY NEWS

CAMP IGNITE - Female Firefighter Camp! - See poster in **Raven Life**

Are you a female grade 11 or 12 student who is interested in becoming a first responder?
Apply for 'Camp Ignite' which will take place on August 9-11 2024.
For further details click [here](#) - applications due May 1st.

VOLUNTEER with North Shore Highlands Challenger Baseball! See poster [here](#)

Please contact Highlands Buddy Coordinator Sophie Mariano at challengerbuddies@gmail.com for more information.

RAVEN ATHLETICS: #GoRavens

Follow us on [Instagram @Rockridge.Athletics](#) Follow us on [X /Twitter @RockridgeAthlrc](#)

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results. Watch for Spring Sports starting soon.

TEAM NEWS

Track and Field - Junior & Senior

- Training begins April 2nd
- Join our Google Classroom (**Code - mo4k4oa**)
- Practice and team details to date are posted on our Google Classroom.

Volleyball - Bantam Boys - Google Classroom (**Code - aht4wfa**)

- Practices are Tuesday and Thursday this week

Soccer - Senior Girls - Google Classroom (**Code - vybw6vb**)

Soccer - Junior Girls (Grade 8-10) - Google Classroom **Code: zbq3rjt**

- Practices in April will be Wednesday mornings 7am

Badminton - Junior & Senior - Google Classroom **Code - h3pmzjg**

Ultimate - Google Classroom **Code - w7u2oby**

Rugby - Junior Boys -Google Classroom code: Code - oi5q2um

- The junior team played a spirited exhibition versus Sir Charles Tupper and learnt valuable lessons that the team will look to apply this week vs Argyle

Rugby - Senior Boys Google Classroom **Code - s5wj7lr**

- The senior boys lost their game last week vs Sir Charles Tupper 41-19, moving to 1-1 on the season.

Ice Hockey

- Google Classroom (**Code - tsbwtnm**)
- Payment on School Cash online. Deposit cheque for jersey to Mr. Kim by this Friday (March 1). Roster will be confirmed after tryouts.
- See schedule [here](#)

Tennis Google **Code - go3awf3**

- Please have your parent/guardian complete forms, and return to Ms. Carmen Neacs CNeacs@wvschools.ca (in person or by email).
- Each student is required to pay a fee for the entire season. This fee must be paid by March 30, 2024, via [SchoolCashOnline](#).

Mountain Biking Google Classroom (**Code - rz55ubo**)

- Sign up and come race with us! Races begin in April. XC and Enduro formats this year.
- Please return consent forms and pay your fees to join

Golf - Google Classroom (**Code - 5z5lrgj**)

COUNSELLORS' CORNER

Substance Use Prevention Presentation – A Guide for Parents

Dr. Haley Watson in partnership with the Ministry of Education and Child Care presented on Substance Use Prevention – A Guide for Parents. The presentation covered the following topics:

- What causes substance use in youth?
- What skills do young people need to prevent/overcome this?
- How can parents communicate effectively to encourage this skill building?

The presentation can be found in the WV Schools portal [here](#) and the video recording can be found at the following site: [Substance Use Prevention Recording](#)

Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

FAMILY SMART Monthly Events - LINK - Online & In-Person for Parents and Caregivers 2024.

FEEDING FUTURES INITIATIVE

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal - Trevor Kolkea tkolkea@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect and confidentiality.

ROCKRIDGE COMMUNITY NEWS

Adaptive Soccer Program - See flyer in Raven Life

The West Vancouver Soccer Club is expanding their adaptive program for Neurodivergent players and are going to be offering Spring Break Camps. To register click [here](#)

West Vancouver Rec Centre Happenings:

Browse your recreation activities and programs here:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:

<https://westvancouver.ca/newcomers>

ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS

ONLINE POLICIES & PROCEDURES FORMS 2023-2024 - <https://eforms.sd45.bc.ca/Form/PandP>

This online verification and consent form requires a parent login and must be completed for all students each year. If a parent previously created an account to complete the 21/22 form, the account is the same. If you have forgotten your password, you can follow the instructions to reset it. Once logged in, parents have the option to either update a P+P form created last year or start a new one.

Please be aware that a new P+P consent form **MUST** be completed for each student, each school year.

Permissions expire on August 31 each year. The form includes consent for the following:

- Student Code of Conduct and Discipline
- District Network and Internet Appropriate Use
- Privately Owned Electronic Devices Appropriate Use
- Use of Website Applications Outside British Columbia - Parental Consent
- Media, Digital Media, and Video Release
- Community Activities Release Parental Consent
- Consent of Release Permission

CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

FAQ & HELPFUL INFORMATION

MYED BC Parent Portal

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email Rockridge@wvschools.ca

ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca Please include your child's first and last name in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

SCHOOL FEES - SCHOOL CASH ONLINE:

Thank you to families who have paid this year's school fees for your student(s). As a reminder, the 2023/2024 School Course Fees are available for payment on School Cash Online. All school fees and field trips are added to this site and can be paid easily [online](#). If you have not signed in before, you will need your child's Student Pupil number which can be found on MyEd or on a previous report card. You can find Registration Instructions [here](#). Please contact Rockridge Accounting rockridgeaccounting@wvschools.ca in the main office if you have any questions or assistance with logging in.

HOST FAMILIES NEEDED for International Students – 2024 Host Family Fee Increase

Apply now and welcome a student:

- Hosting fees of \$1,100 per student per month. Many families will host two students which can provide up to \$22,000 per year income subsidy.
- Effective February 1, 2024 the fees increase to \$1,400 per student per month!

Don't miss out, placing students starts now. See excerpt below from a new student joining our program this fall. Open your home for this amazing opportunity for all family members.

"I genuinely believe that Canada is the place where I belong. It has everything I'm looking for: contact with nature, beautiful landscapes, friendly people, security, and excellent public schools. But the main reason why I chose Canada is the people; I will be welcome and feel at home"

- Contact the Homestay Coordinators for more information at homestay@wvschools.ca or visit our [web pages](#)

STUDENT Bus Transportation

Each student must register (by completing the online registration request form: <https://westvancouver.schools.ca/transportation-form/>) to reserve a seat on the bus.

Please be sure to submit the online registration form via the link above, and that you have received confirmation from Transportation SD45.