



ROCKRIDGE

ESSE QUAM VIDERI



April 18, 2024

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on X / Twitter](#)

[Follow Rockridge Secondary on Instagram](#)

[Morning Announcements](#): *Bookmark this link for daily new, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
Mon, April 22	<ul style="list-style-type: none"> ● EARTH DAY ● Tour of The Rock 12:00 – 1:00pm ● FIT - Careers Task # 8 Player’s Hall
Tues, April 23, 2024	<ul style="list-style-type: none"> ● Gr. 10 Learning Survey 10:00 – 11:20 am
Wed, April 17	<ul style="list-style-type: none"> ● Gr. 12 Learning Survey 8:30 – 9:50 am
Thurs, April 18	<ul style="list-style-type: none"> ● Collaboration Day (9:30am start for students - see details below) ● FIT - ATL Reflections Part 1 - all students to complete with 1-2 teacher - “Communication & Research” - Goal Setting
Fri, April 19	<ul style="list-style-type: none"> ● Gr. 9 Immunization Clinic #2 LLC ● (for students who are eligible for recommended vaccinations) ● Gr. 10 & 12 Learning Survey Catch-up Block 11:50 am – 12:55pm
Upcoming Events	
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
2023-24 At A Glance Calendar	
WV Youth Services click here	

A MESSAGE FROM THE PRINCIPAL

I always like to start the E-bulletin with a celebration of our student successes. Last week’s message highlighted our spring teams and their impressive results in their games, matches and races, all of which can be viewed on our [Instagram @Rockridge.Athletics](#) page. Student success at Rockridge is also being seen in academics, with our Grade 12 students starting to receive university offers and scholarship news is now percolating too. Last weekend, a number of our students won personal awards at the CAHSMUN conference and in the classroom this week, our Grade 10s dedicated 2-3 hours to the Graduation Numeracy Assessment (GNAs). In the Performing Arts arena, the Rockridge Drumline placed first in the Port Moody Regional competition. It is such an honour for me to get to report out on this Raven success each week. I hope you are hearing about your own child’s personal accomplishments at home this week too as I know there is always more to share than what we can celebrate here and in the Raven Life each week.

If you are not already following our Instagram accounts, I would really encourage you to do so. Our Ravens are making their mark, and this is another great place to celebrate our students for their accomplishments: [Follow Rockridge Secondary on Instagram](#)

*Be sure to check out this week's attached **Raven Life** PDF for spring sports photos, posters of upcoming events and more at the Rock.*

THIS WEEK'S MYP MOMENT

It seems, the layers of the MYP Program could be endless! But it seems that way because an education in an IB program is holistic in nature and concerned with the entirety of who the learner is growing to be!

We consider:

- The academic attributes and assessments via the various **Criteria**s of the subject areas
- The skills of learning and living through the **Approaches to Learning (ATLs)**
- The **Communication** skills of working within a community
- Engagement and **Action** in the wider community - contributions that make the world a better place for all.

We *celebrate* how a learner, as **all** of who they are both inside and outside the classroom, puts their learning into action. And we do this through **The Learner Profile**.

The Learner Profile consists of 10 traits that represent the qualities of successful citizens we hope all our students would grow to become. As we walk through the remaining weeks of our school year, we'll take some time to look at these various attributes that describe our learners.

Knowledgeable Inquirers Thinkers Communicators Principled
Open-Minded Caring Risk-Takers Balanced Reflective

GRADUATION ASSESSMENT RESULTS - GNA & GLA

Students can view their scores on their [MyEd portal](#). Parents can also see the scores on the parent portal under 'FAMILY' side tab 'ASSESSMENTS'. The Graduation Assessments will also be listed at the bottom of a student's Rockridge Diploma Verification (transcript).

COLLABORATION DAY - Thursday, April 25th

During our upcoming collaboration time, the school is open, and students are encouraged to attend, but it is not mandatory (attendance will not be taken during this time). Students may use this time to complete assignments and other incomplete work. Students who are in attendance during collaboration time will be stationed in the cafeteria where we will have staff supervising. For students planning to work from home, they are reminded to arrive on time for their first block of the day which begins at 9:30 am. See the bell schedule for the day below.

COLLABORATION DAY SCHEDULE

COLLAB DAY	Times
School Collab (55 min)	8:30 - 9:25am

Break (5 min)	9:25 - 9:30am
Period 1 (65 minutes)	9:30 - 10:35 am
Break (10 minutes)	10:35 - 10:45 am
Period 2 (60 minutes)	10:45 - 11:45 am
Break (10 minutes)	11:45 - 11:55am
Period 3 (60 minutes)	11:55 - 12:55 pm
Lunch (45 minutes)	12:55 - 1:40pm
Period 4 (65 minutes)	1:40 - 2:45 pm

Awards 2023/24 - Held on Monday, June 24th

It is time for our grade 8-11 students to start nominating themselves for a major Rockridge award. To prepare for future scholarship applications, we are asking grade 8-11 students to fill out the appropriate forms (linked below) in order to be recognized for a major award for the 2023-24 school year. Teachers will continue to nominate students for subject recognition awards but will no longer nominate for major awards. Award winners will be chosen by a committee of admin, counsellors and teachers. You will find descriptions of the awards and links to the application forms below. Applications are due May 27 @ midnight. [2024 Rockridge Year End Awards Nomination Forms](#)

Graduation News

Commencement Fee (**OVERDUE** - Extended to April 26th)

There are still 40 graduates who need to pay \$50 on School Cash online [HERE](#). This fee must be paid in order for the graduates to participate in grad events.

Valedictorian Speech (Monday, April 22nd)

Interested graduates are asked to pick up a paper copy (Ms. Rinfret in W116) or print off a copy of [this application form](#). Submit it to Ms. Rinfret by **Monday, April 22nd @ 3:00 pm in W116**. Nominated students will then be asked to share a 2-3 minute portion of their speech to a selection panel on **Tuesday, April 30th @ 3:15 pm in W116**.

ROCKRIDGE SCHOOL NEWS

ECO Cooks to work with Foods 9 students from April 29th – May 3rd

"EcoCooks is a science-based environmental cooking program that addresses how food choices impact the health of our planet. By exploring fun, hands-on projects at the intersection of cooking and the environment, students are inspired and empowered to connect their choices in the kitchen with their health, the planet, and its inhabitants".

For more about the program that will be delivered, click here: <https://elements-society.org/ecocooks>

From the Music Department...

CONGRATULATIONS to the Rockridge Drumline, who placed **FIRST** at the Port Moody Regional competition on Friday, April 12th. [See photo in Raven Life](#)

The students put on a fun and entertaining show, and won every caption for the event (Visual, Music Effect and Music Execution).

More importantly, they showed leadership and encouragement towards other schools, and represented Rockridge very positively.

Rockridge successful at CAHSMUN Conference! See photo in Raven Life

Rockridge's Model United Nations Club had a wonderful time at the CAHSMUN Conference last weekend where intensive deliberation, public speaking, bill writing, and UNO playing took place. Highlights include:

- Carmelito B. won the award for "Best Position Paper" in the United States Senate committee.
- Adele A. held the esteemed position of Director of the UNHCR, and Lara H. was Chair of NATO.

THE UNIVERSITY OF WATERLOO GAUSS MATH CONTEST (grade 8) Wed, May 15th - LLC 1:30 – 2:30 pm

This math contest challenges students from around the world with a range of abilities to grow valuable problem-solving skills. Interested students please pay \$5.00 registration fee on School Cash Online by April 22nd at 3:00 pm. For practice, please see past contests at:

https://www.cemc.uwaterloo.ca/contests/past_contests.html

ROCKRIDGE INTERACT CLUB BINGO NIGHT

On April 24, 2024, the Rockridge Interact Club will be hosting a BINGO night at the Westerleigh Parc, from 7:00pm to 8:30pm. All funds raised will support Shelterbox, an organization dedicated to providing shelter and relief in disaster-stricken countries. We are excited to see you there! Please use the link below to register for this fun evening. [Rockridge Interact BINGO Night Registration](#)

FAMILY PORTRAITS IN THE PARK at Horseshoe Bay! Saturday, May 4th, 2024: 2:30pm - 7:30pm

Please note this is a GradsBC Fundraiser event for Rockridge. If you have questions please contact info@gradsbc.com.

As a special event, GradsBC will be offering outdoor family portraits in picturesque Horseshoe Bay. These 10 minute sessions will provide you with a rare opportunity to receive 6-10 professionally orchestrated family portrait poses in a location that offers a waterfront setting and other beautiful landscape options.

For just \$39.00 your family will receive a full sitting with multiple poses and an 8x10 portrait from the proof of your choice (Valued at \$150!) \$20 of this fee goes directly back to your school as a fundraiser! This is our way of giving back and working with your school community to offer affordable keepsakes as a thank you for your business from grad and school photo programs that you participated in this past year.

- **Limited Space Available. In the past these events have sold out in one week! [Book Now](#)**
- **Questions? Please call the GradsBC office: 604-461-3722 or info@gradsbc.com**

2024 SUMMER LEARNING with West Vancouver Schools

Are you interested in learning during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2024.

Online registration for both the elementary and secondary Summer Learning programs opened on **Monday, April 8 at 8:00 AM**. Elementary registration closes on May 10. **Secondary registration closes on June 14.**

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or the [Summer Learning Website](#).

MINISTRY OF EDUCATION - 2024 Learning Survey

The parent and guardian/caregiver survey is now available online at www.bced.gov.bc.ca/sat_survey/access.htm and is available in 18 languages. No logon # is required - see right side of 'parent section'. Simply use the drop down menu to enter our **District name: 45 West Vancouver** and **School name: Rockridge**, then select your preferred language to complete the survey. The survey will be available until Friday, May 3rd, and will take approximately 30 minutes to complete. Your responses are voluntary and anonymous, and your child will not be identified as a result of your participation in the survey. Any personal or identifying information will be deleted before results are stored. Data will be stored and accessible only within Canada.

2024-2025 PREMIER ACADEMIES and West Vancouver DISTRICT PROGRAMS are open for registration!

Please visit <https://westvancouver.schools.ca/programs/> for further information.

ROCKRIDGE PAC NEWS

April PAC General Meeting

A special thanks to Mr. Dickinson and Mr. Kolkea for presenting at last night's PAC meeting and sharing how Rockridge is handling "AI in Education... here at Rockridge" while upholding our academic honesty policy and to Mr. Stefanon for unveiling the very cool "*New Rockridge Athletics Branding*." Meeting minutes will be posted to the [PAC website](#) soon.

2nd Annual Rockridge PAC Golf Tournament - [buy tickets!](#)

Register now for our Scottish-themed golf fundraiser at Gleneagles Golf Course on Wed, May 15th. Get ready for another year of laughter and enjoyment while raising money for Rockridge. Join us for a round of golf with exciting activities on the course and attend our "Gathering of the Clans" after party on the patio at The Orchard beginning at 6pm. [Event tickets available for golfers and non-golfers.](#)

Additionally, we're also looking for [silent auction and prize donations](#) such as boat rides, sports tickets, wine and gift cards. Email us if you're able to contribute by May 8th: ropac@wvschools.ca

Staff Appreciation Potluck Lunch - [flyer](#) - Volunteers needed!

Please [sign up online to bring your favourite dish](#) and lend a hand to [help with set up and/or clean up](#) at the upcoming staff appreciation lunch. Friday, May 17th is a Pro-D Day presenting an opportunity to treat our wonderful staff to a meal as they dedicate themselves to work and learning. Thanks for your support!

Fundraisers to Benefit Rockridge

Spring Plant Sale - [flyer](#)

Get ready to embrace the upcoming warmer weather with one of our favourite fundraisers! From hanging baskets to flowers, herbs, veggies, strawberries and soil, they've got you covered.

[Order before April 24!](#)

- ★ **Pick up:** Thu, May 9th at Rockridge between 2:00-4:00pm. *(Before Mother's Day!)*
- ★ *If you have any questions, please let us know by email and please consider sharing with your family and friends.*

Draw: Thu, June 13th at the P2P Pub Night at The Orchard. *(Don't need to be present to win.)* \$5 each.

Krispy Kreme - [flyer](#) Order deadline Thu, April 25th!

Supporting Rockridge has never been sweeter. [Order a box of glazed or assorted Krispy Kreme donuts](#) - boxes of glazed and assorted donuts are available.

- **Pick up:** Fri, May 3rd, 2:00 - 4:00 pm at Rockridge
- OR Sat, May 4th at Spring Fest West at Gleneagles Community Centre.

Rockridge Raffle - [buy tickets](#)

All proceeds go directly to enriching Rockridge's school programs such as sports teams, music department, clubs and contributions towards the upgrade of the outdoor basketball court. [More information.](#)

- **Draw:** Thu, June 13th, 9:00 pm at the End of Year Parent Social: P2P Pub Night at The Orchard. *(Don't need to be present to win.)* \$5 each.

Save the Dates

Virtual Parent Edu Talk hosted by Westcoast Family Centre - [Event flyer](#) - "Teens and Anxiety" on Tue, April 23rd, 7pm; "Developing Resilience in Teens" on Tue, May 28th, 7pm. TEAMS link will be posted closer to the event. More information can be found on the [PAC website](#).

Chipotle Fundraiser: Wed, May 22nd, 4:00 - 8:00pm at the Chipotle Park Royal. Order online and pick up using code: 6A7K892 or [show this flyer](#) in the restaurant. 25% of event sales get donated to Rockridge PAC!

New Date! PAC AGM is now on Wed, June 5th with guest speakers from VCH and [Foundry](#) speaking about vaping, tobacco & drug use, and the various services available to youth.

P2P Parent Pub Night Social - Thursday, June 13th, 7pm till late @ The Orchard.

Celebrate the end of the year with fellow Rockridge parents and friends. Rockridge Raffle Draw will be during the Pub Social at 9pm! Don't forget to [buy your tickets!!](#)

Follow ROPAC on [Facebook](#) and [Instagram](#)! Join the Rockridge [P2P](#) WhatsApp Group!

TEXT MESSAGE OPT IN

Text Messaging – For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS

Please text a “Y” or “Yes” to 978338 to ensure you are on the list.

RAVEN ATHLETICS: #GoRavens

Follow us on [Instagram @Rockridge.Athletics](#) Follow us on [X /Twitter @RockridgeAthlct](#)

If you are looking to keep up with our Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results. Or view schedules here:

Rockridge [School Field Schedule](#) & [Spring Athletic Master Schedule](#)

TEAM NEWS

Track and Field - Junior & Senior

- Practices Tuesday, Friday @ 3:10 PM, Wednesday 7:45AM - throwers: javelin, shot put

Volleyball - Bantam Boys - Google Classroom (Code - aht4wfa)

- Thursday April 18 - Game vs St. Thomas Aquinas @ HOME | 4:00 PM

Soccer - Senior Girls - Google Classroom (Code - vybw6vb)

- Thursday April 18 vs Sutherland @ Ambleside Field E - 3:30 PM

Soccer - Junior Girls (Grade 8-10) - Google Classroom Code: zbq3rjt

Badminton - Junior & Senior - Google Classroom Code - h3pmzjg

Ultimate - Google Classroom Code - w7u2oby

- Friday April 19 - Game vs Sentinel @ Pauline Johnson | 3:45 PM

Rugby - Junior Boys -Google Classroom code: Code - oi5q2um

- Friday April 19 - Game @ Klahanie vs Collingwood | 4:00 PM KO (Early Dismissal at 2:25 PM)

Rugby - Senior Boys Google Classroom Code - s5wj7lr

- Thursday April 18 - Game @ HOME vs Argyle | 4:00 PM KO

Ice Hockey

- Thursday April 18th vs Sentinel @ WV Arena 2:30 PM puck drop.
- See schedule [here](#)

Tennis Google Code - go3awf3

- On Monday, our tennis team played a close one with Collingwood School at Murdo Fraser.

Although we lost 3-4, we had some good close matches that could have altered the outcome.

- After being rained out last week, our tennis team played the West Vancouver Secondary team on Tuesday. We are pleased to report that we were extremely successful, winning 4 - 3.
- Monday April 22- Match vs Argyle @ Murdo Frazer | 3:30 PM

Mountain Biking Google Classroom (Code - rz55ubo)

- Congrats to all athletes for their performance at the tough and technical Seymour XC
- Wednesday April 24 - Squamish XC Race.
- Meet at the Race Centre at Half Nelson Parking lot by 3:00 PM.

Golf - Google Classroom (Code - 5z5lrgj)

- Thursday April 18 - Range Day @ Seymour Golf Club | 3:15 PM (*Early Dismissal at 2:30 PM*)

COMMUNITY NEWS

[West Vancouver Basketball Club Summer Camps](#)

The WVBC is proud to be offering its 16th year of summer camps this July and August. This year, the WVBC will be offering 4 weeks of camps beginning July 8 for players in Grades 2-10. All camps will be held at West Van Secondary School and will be led by former Canadian Men's National Team player and WVS Teacher/ Basketball Academy Head Coach Greg Meldrum. To view the full schedule of camps and to register, please go to <http://www.wvbc.ca>

[NACAC International Universities Fair Vancouver Sat, April 27, 2024 | 1 – 4pm - see flyer in Raven Life](#)

A free event for students from grades 9 – 12, at the **Vancouver Convention Centre (West)** There will be 150+ universities attending the fair this year.

This is an opportunity for students and parents to meet one-on-one with top universities from across Canada, the United States, the United Kingdom, and the world. Please find links to a [poster](#) and [postcard](#) to share with parents and students. Students are invited to [pre-register online](#) for this free event, and we encourage parents and students to take advantage of this fantastic event. Students and parents will find the [speaker sessions](#) of interest and you will find a list of all the [participating universities](#) this year.

If you have any questions or need further information, please contact Leesa Alldred

LAlldred@wvschools.ca

COUNSELLORS' CORNER

FAMILY SMART Monthly Events - LINK - Online & In-Person for Parents and Caregivers 2024.

Understanding, Supporting & Connecting with Teens with Depression

April 23rd 6 - 7:30 pm Online Event - [Register here](#)

Mood roller coasters are a part of normal development for our teens, but sometimes something more is going on with their mental health. How can we tell the difference? At what point should we intervene, and how can we go about it? If you as a caregiver and feel lost about how to best support your teen struggling with Depression, you are not alone. Join Victoria Keddis, a parent with lived experience and Karen Peters, a mental health therapist who supports children, teens and families, for a discussion about understanding how depression shows up in teens and ways of journeying with them through it. Come together with other families to watch this video presentation and stay for a facilitated discussion by a FamilySmart Parent Peer Support Worker.

Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

Substance Use Prevention Presentation – A Guide for Parents

Dr. Haley Watson in partnership with the Ministry of Education and Child Care presented on Substance Use Prevention – A Guide for Parents. The presentation covered the following topics:

- What causes substance use in youth?
- What skills do young people need to prevent/overcome this?
- How can parents communicate effectively to encourage this skill building?

The presentation can be found in the WV Schools portal [here](#) and the video recording can be found at the following site: [Substance Use Prevention Recording](#)

FEEDING FUTURES INITIATIVE

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal - Trevor Kolkea tkolkea@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect and confidentiality.

ROCKRIDGE COMMUNITY NEWS

West Vancouver Rec Centre Happenings:

Browse your recreation activities and programs here:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:

<https://westvancouver.ca/newcomers>

ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS

CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to

support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

FAQ & HELPFUL INFORMATION

MYED BC Parent Portal

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email Rockridge@wvschools.ca

ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca Please include your child's first and last name in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

SCHOOL FEES - SCHOOL CASH ONLINE:

Thank you to families who have paid this year's school fees for your student(s). As a reminder, the 2023/2024 School Course Fees are available for payment on School Cash Online. All school fees and field trips are added to this site and can be paid easily [online](#). If you have not signed in before, you will need your child's Student Pupil number which can be found on MyEd or on a previous report card. You can find Registration Instructions [here](#). Please contact Rockridge Accounting rockridgeaccounting@wvschools.ca in the main office if you have any questions or assistance with logging in.

HOST FAMILIES NEEDED for International Students – 2024 Host Family Fee Increase

Apply now and welcome a student:

- Hosting fees of \$1,100 per student per month. Many families will host two students which can provide up to \$22,000 per year income subsidy.
- Effective February 1, 2024 the fees increase to \$1,400 per student per month!

Don't miss out, placing students starts now. See excerpt below from a new student joining our program this fall. Open your home for this amazing opportunity for all family members.

"I genuinely believe that Canada is the place where I belong. It has everything I'm looking for: contact with nature, beautiful landscapes, friendly people, security, and excellent public schools. But the main reason why I chose Canada is the people; I will be welcome and feel at home"

- Contact the Homestay Coordinators for more information at homestay@wvschools.ca or visit our [web pages](#)

ONLINE POLICIES & PROCEDURES FORMS 2023-2024 - <https://eforms.sd45.bc.ca/Form/PandP>

This online verification and consent form requires a parent login and must be completed for all students each year. If a parent previously created an account to complete the 21/22 form, the account is the same. If you have forgotten your password, you can follow the instructions to reset it. Once logged in, parents have the option to either update a P+P form created last year or start a new one.

Please be aware that a new P+P consent form **MUST** be completed for each student, each school year. Permissions expire on August 31 each year. The form includes consent for the following:

- Student Code of Conduct and Discipline
- District Network and Internet Appropriate Use
- Privately Owned Electronic Devices Appropriate Use
- Use of Website Applications Outside British Columbia - Parental Consent
- Media, Digital Media, and Video Release
- Community Activities Release Parental Consent
- Consent of Release Permission

STUDENT Bus Transportation

Each student must register (by completing the online registration request form:

<https://westvancouver.schools.ca/transportation-form/> to reserve a seat on the bus.

Please be sure to submit the online registration form via the link above, and that you have received confirmation from Transportation SD45.