

### **Backstory**

A Rockridge Theatre Lab Admit One Original Production



MARCH 7,8,9
7:00 PM — 8:30 PM
Doors Open - 6:30 PM
KAY MEEK STUDIO THEATRE
PG 13 Content

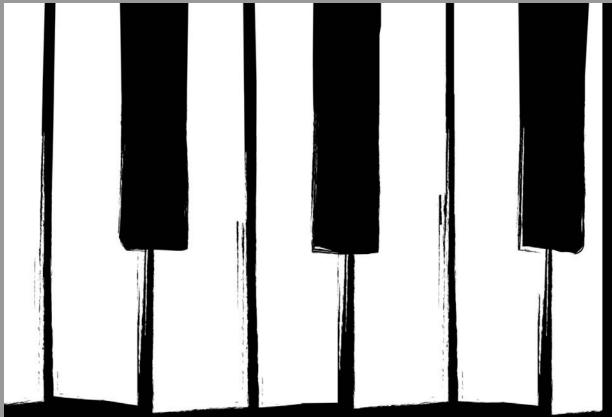
Tickets \$15



**SCAN ME** 







ROCKRIDGE MUSIC PRESENTS

## JAZZ, CAFÉ

TUESDAY, MARCH 12 6:30 pm

Doors open at 6:00 pm

\$15 Tickets



featuring

ROCKRIDGE JAZZ ENSEMBLES

TERESA MARIE & THE THREE







March 13, Wednesday

TICKET SALES: MARCH 6 - 12 in front of The Office



Contribute food to our event!

SIGN UP to receive <u>5 FREE</u>
TICKETS + 4 SERVICE
HOURS per dish!

#### Looking for volunteers!

SIGN UP here to <u>SET UP, SERVE</u> or <u>CLEAN</u>
<u>UP</u> at the International lunch



[Sponsored by the KANATA CLUB]





Follow Rockridge Athletics on Instagram and Twitter for photos and updates.

You will find the links to follow Rockridge Athletics in the E-Bulletin or search for us under these handles

Instagram @Rockridge.Athletics X / Twitter @RockridgeAthltc

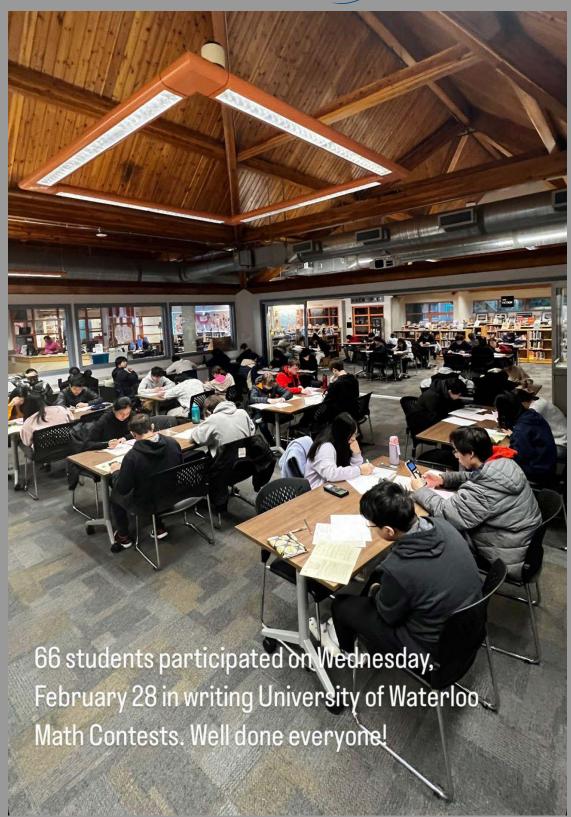


The Learning Support team and Students took the *Polar Plunge* this morning and it was amaaaazing!!

The sun even came out to warm our popsicle bodies afterwards.

The Chilly Ravens raised **\$545** for BC Special Olympics!!







# Unpacking Youth Culture: LET'S TALK SHOP



#### FREE WORKSHOP

Please join us for the opportunity to hear North Shore youth speak about their experiences with peer pressure, mental health, drugs, & more!

#### BUILDING CAPACITY IN PARENTS AND YOUTH

Doors open at 5:45 Workshop starts at 6 pm Wednesday, March 6, 2024 Sentinel Secondary 6:00-8:30pm

**SNACKS PROVIDED** 

REGISTER HERE:





https://sentinel-LTS2024.eventbrite.com



### PLEASE JOIN US FOR AN EVENING WITH DIANA DIVECHA, PH.D

Children's relationships with their peers are crucial anchors of their wellbeing in every phase of development. What does the science show about how families and schools can foster supportive relationships at different ages? What's normal, and when should we help? How can we prevent or help kids recover from harmful relationship experiences?

We will hear from an expert who can offer practical advice and explain the science behind how families and schools can foster supportive relationships at different ages.

IN ORDER TO RECEIVE YOUR LINK TO THE EVENT PLEASE REGISTER AT DPAC@WVSCHOOLS.CA

MARCH 7TH 7PM-8:30PM VIRTUAL WE ARE ALL CONNECTED:
HOW FAMILIES CAN
SUPPORT CHILDREN'S
K - 12 PEER
RELATIONSHIPS

Dr. Diana Divecha, Developmental psychologist, Yale Child Study Centre

This event is free

We are collecting questions from attendees in advance instead of a live audience Q&A. Do you have questions for our speaker? Please fill email them to:

dpac@wvschools.ca







## JOIN US FOR PARENTS AS EDUCATION AND CAREER COACHES MARCH 13TH

Parents and Student Supporters:

Please join Education Planner BC and WVS for a virtual evening of "Parents as Education and Career Coaches". This information will be especially helpful for families with students in Grades 10-12

#### Topics Include:

• BC's post secondary institutions and credentials

• Program & admission requirements and key dates

- Cost of post secondary and options financial aid
- Navigating resources

More information:

Wednesday, March 13th 630 - 8 pm Hosted on Teams

contact WVS post secondary advisor Leesa Alldred <u>lalldred@wvschools.ca</u>

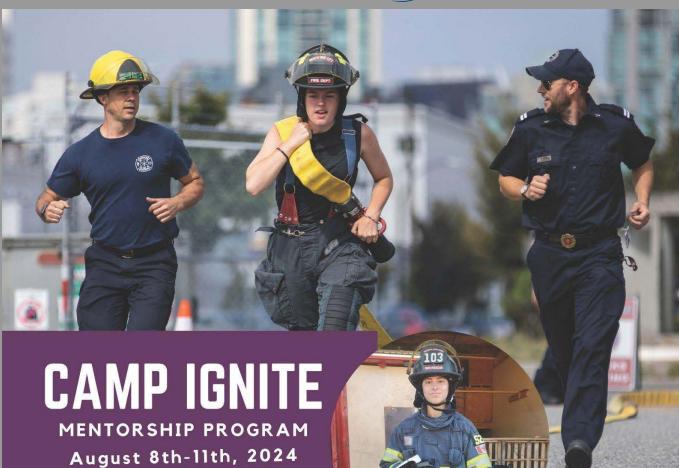
**CLICK HERE TO REGISTER** 





WE LOOK FORWARD TO SEEING YOU!





### Interested?

Application deadline is MAY 1st, 2024

Scan the QR for your application today







What an amazing confidence builder - Ashley

Camp Ignite gave me the courage to realize my future has endless possibilities -Tessa

The camp is open to girls in grades 11-12 (ages 15-18) living in British Columbia.

www.campignite.com