



# ROCKRIDGE

ESSE QUAM VIDERI



Feb 1, 2024

**ROCKRIDGE LINKS:**

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on X / Twitter](#)

[Follow Rockridge Secondary on Instagram](#)

[Morning Announcements](#): *Bookmark this link for daily new, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
February 2024	
Fri, Feb 2	<ul style="list-style-type: none"> <li>New International Student Orientation Day</li> </ul>
Sat, Feb 3	<ul style="list-style-type: none"> <li>RR Jazz A &amp; B Bands perform at NVSD Jazz Festival at Carson Graham</li> </ul>
Mon, Feb 5	<ul style="list-style-type: none"> <li><b>FIT</b>: Grade 9 Students Careers Task #8 PLAYERS</li> </ul>
Tues, Feb 6	<b>Virtual Course Planning Parent Evening - See information and links in content below</b> <ul style="list-style-type: none"> <li>Gr. 8-9 &amp; 9-10: 5:30 – 6:15 pm</li> <li>Gr. 10-11 &amp; 11-12: 6:00 – 6:45 pm</li> <li>AP &amp; Special Programs: 6:45 – 7:30 pm</li> </ul>
Thurs, Feb 8	<ul style="list-style-type: none"> <li>PERSONAL PROJECT EXHIBITION 6:00 - 7:00 pm</li> </ul>
Upcoming Events	
Feb 14	<ul style="list-style-type: none"> <li>New Student Photos</li> </ul>
March 7, 8 & 9	Rockridge Theatre Lab presents <i>Backstory</i> at Kay Meek - see details below
<a href="#">FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS</a>	
<a href="#">2023-24 At A Glance Calendar</a>	
WV Youth Services click <a href="#">here</a>	

**A MESSAGE FROM THE PRINCIPAL**

As you may recall, last week, I wrote at length about how busy, active and engaged our students and staff have been during the first month of 2024 and how that keeps my calendar full as well. I wanted to start this week’s E-Bulletin by welcoming our newest staff members to our team here at The Rock. While it is not often we have a lot of mid-year staff changes, there are three new teachers I would like to introduce today.

This week we welcomed Mr. Tam McTavish to our Fine Arts department. Mr. McTavish has been a TTOC in West Vancouver for over a year now and is a familiar face to many of our students and staff. His passions are broad from being an outdoor enthusiast, history lover and photographer, however, that only begins to describe his diverse interests and talents. Mr. McTavish is replacing Ms. Gray who has found work closer to home in Vancouver.

Mr. Brychan Williams is thrilled to be joining West Vancouver Schools and more specifically our Rockridge team. Mr. Williams will be taking over for Mrs. Tracy Smith in the English department. He has been a full time TTOC in Delta this fall and is passionate about school culture and building positive connections.

Mr. Tim Crighton will be joining our PHE department on Monday, Feb 5th. Mr. Crighton also comes with a variety of talents and experience. From a background in English and business studies to being a member of Canada's Snowboard team and high-performance coach, Mr. Crighton is looking forward to joining our Rockridge family on Day One. Best wishes to Ms. Tara Worthy who will be moving to a full time position at the elementary level in North Vancouver. A big change for Ms. Worthy, but one she is looking forward to.

I have always been one to embrace change and the opportunities and energy that it brings. If your student is in one of our new teacher's classes, you will be hearing from Mr. McTavish, Mr. Brychan, and/or Mr Williams soon to introduce themselves and help encourage a smooth transition.

*Be sure to check out this week's attached **Raven Life** PDF for photos and posters of recent and upcoming events at the Rock. We hope to see you next Thursday at the MYP Personal Project Exhibition.*

#### **2024-25 COURSE PLANNING VIRTUAL EVENING**

At the start of February we will welcome parents and students to our Parent Course Planning Information Sessions (**Virtual - Links below**) hosted by Rockridge Administration and Counsellors. Ministry Graduation Requirements, core and elective course offerings will be highlighted. Following this the AP, STEM (Grade 11) and Economics Strategies Program (Grade 12) will be highlighted.

- **Tuesday, February 6th** - [Grade 8 to 9 / 9 to 10 - Course Planning Evening 5:30-6:15 pm](#)
- **Tuesday, February 6th** - [Grade 10 to 11 / 11 to 12 - Course Planning Evening 6:00-6:45 pm](#)
- Links to FAQ at parent info evenings - Grade [8/9](#) and Grade [10/11](#)
- **Tuesday, February 6th**- [Advanced Placement and Cohort Program Presentation 6:45-7:30 pm](#)

In preparation for course planning, please help your **grades 8-11 students to login to [MyEd](#)**. This is where they can view their current schedule and report cards and make course requests for next year. Students were provided with an opportunity to receive assistance on January 25th. They can complete this link if they need their password reset. [MYEDBC Password Reset Student Request](#)

#### **THIS WEEK'S MYP MOMENT**

It's almost time for our favourite MYP event of the year! You are all invited to attend next week's Personal Project Exhibition on Thursday, February 8th. The event will take place in Player's Hall from 6:00 to 7:30 p.m., and will feature over 100 passion projects by our current Grade 10 students.

Students will be showcasing what they've developed and learned through their Personal Project journey. From science experiments to product designs, cookbooks to handcrafted goods, creative compositions to technical innovations—we'll have all this and so much more! For the parents of Grade 10 students, the Exhibition will be a wonderful opportunity to celebrate your child's tremendous efforts; for parents of junior students, the Exhibition will give you some insight into what your own child can look forward to accomplishing in a year or two.

In addition to students, parents and teachers, you can expect to see other members of the community in attendance, including our district leadership team and school trustees. This will truly be a special and memorable occasion, and we honestly can't wait for you to experience the beautiful celebration that is the Personal Project Exhibition. We look forward to seeing you next week! 🎉🎉🎉

**TOUR OF THE ROCK DAY** - The next tour will be Tuesday, Feb 20th from 12:00 to 1:00pm. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us at our next school tour. **Inquiries and RSVP:** [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca)

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## ROCKRIDGE SCHOOL NEWS

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### Push-Up Challenge

Rockridge is participating in a push-up challenge for participants to do 2000 push ups between Feb 1-23 and raise money for the North and West Vancouver branch of the Canadian Mental Health Association. You can join on the app and add yourself to the Rockridge team. More info will be given in your PE classes on Friday. #pushforbetter

### **SAVE THE DATE! Rockridge Theatre Lab Presents: BACKSTORY, MARCH 7, 8, & 9th 7pm (doors open 6:30 pm) Kay Meek Theatre**

Rehearsals are in full swing! Excitement is building. Our talented students are developing characters, memorizing lines, and behind the scenes the crew is gathering props, fitting costumes, and creating light and sound cues. Everybody has a Backstory... Don't miss the premiere of this thought-provoking original play that asks the question: How are we more than just what people see? Through drama and comedy, and music, Theatre Lab presents an honest look at the stories that matter. \$15 Tickets available soon on schoolcashionline.

### **UNIVERSITY OF WATERLOO MATH CONTESTS (Pascal, Cayley, and Fermat Contests)**

Attention students and parents, the University of Waterloo Math contests (Pascal, Cayley, and Fermat Contests) will take place on Wednesday, February 28th, 2024 from 8:30 – 9: 30 am (1 hour) in the Library. These math contests challenge students from around the world with a range of abilities to develop valuable problem-solving skills.

If any student is interested in participating in one of these contests, please make payment of \$6.00 on **School Cash Online by Wednesday, February 14th at 8:00 am.**

For practice, please refer to past contests at:

[https://www.cemc.uwaterloo.ca/contests/past\\_contests.html](https://www.cemc.uwaterloo.ca/contests/past_contests.html)

### **GRADE 8 SKI TRIP TO WHISTLER is still open for registration - A FEW SPACES REMAINING**

All forms and information can be found on the ski trip Google classroom - pa6vn3s.

- It is a one day trip on February 14, 2024 leaving Rockridge at 6:45am and returning at 5:15pm. Students will be with Whistler ski or snowboard instructors all day in the Whistler ski school program. There are 6 levels available for students that have never skied or snowboarded before, up to expert riders. It is also an excellent opportunity for skiers to try snowboarding for the first time or vice versa as rentals are included in the cost.
- The trip includes a charter bus ride to and from Whistler, lift ticket, whistler ski instruction all day, equipment rentals, and lunch for \$152. (The mountain is not providing alternate prices if you have a pass or rentals this year.) Any questions, please email [jcameron@wvschools.ca](mailto:jcameron@wvschools.ca)

### **The 2024-2025 Premier Academies and West Vancouver District Programs are open for registration!**

Please visit <https://westvancouver.schools.ca/programs/> for further information.

### **WV Schools Outdoor Recreation Program - Creating Environmental Stewards**

If you enjoy camping, kayaking, sailing, skiing and playing outside, the Outdoor Recreation Program is an exciting way for you to earn your PHE 9-12 credit! For more information, please visit:

[Outdoor Recreation Program](#) or contact [dlambie@wvschools.ca](mailto:dlambie@wvschools.ca) or [bhammett@wvschools.ca](mailto:bhammett@wvschools.ca)

### **Cybersecurity and Artificial Intelligence**

Computer Information Systems 12 - Cybersecurity and Artificial Intelligence, one of the West Vancouver Schools Premier Programs, is a hands-on project based course offered to students in Grades 11 and 12 who are attending Rockridge, Sentinel or West Van Secondary. Students learn the theory and apply it to practical projects in the fields of Cybersecurity and Artificial Intelligence. Students have an opportunity to prepare for external certifications in Cybersecurity, Networking, Internet of Things, Programming, CompTIA, and Data Science and participate in international competitions such as [CyberPatriot](#), [Desmos Math Art Contest](#), and others. The course aims at helping students prepare material they can use for university applications.

### **Yoga Teacher Training Course Information Session – Mon Feb 12<sup>th</sup> | 6:30 PM. WVSS Library**

The district's 200-hour Yoga Teacher Training course is an 8-credit course (4 PE credits and 4 Yoga credits) that will provide students in grades 9 to 12 with the skills needed to effectively and safely teach yoga to all levels of students. The total cost for the program is \$100 for the year. The course follows the guidelines set out by Yoga Alliance and students receive certification as Yoga Alliance 200-hour Yoga Teachers. For more information or to [register](#) or email Todd Randall [trandall@wvschools.ca](mailto:trandall@wvschools.ca)

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## ROCKRIDGE PAC NEWS

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### **P2P Pub Night**

It was wonderful to have parents join us at last night's Wing Wednesday parent social at The Orchard. We hope to see you at the [next P2P gathering on Thursday, Feb 15](#) at 9:00 am at the Starbucks in Ambleside.

### **Save the Date!**

**February PAC Meeting on Wednesday, Feb 21** at 8:30am. Informal coffee chat with other parents and guest speaker: Trustee Lynne Block in Players Hall.

Follow Rockridge PAC on [Facebook](#) and [Instagram](#)! Join the Rockridge [P2P](#)!

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## COMMUNITY NEWS

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### **Valentine's bake and craft sales at Caulfield Village - Feb.10th 11am-3pm.**

Consisting of different baked goods and cookie boxes, as well as mini handmade fake flower bouquets to gift to a loved one. All proceeds go to Critter Care Wildlife Society, a rehabilitation centre for BC wildlife. Money goes towards new enclosures, food, medical bills, and education programs. We have fundraised over 1000\$ and going strong. Come swing by and give your valentine's love to the critters who need it!"

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## RAVEN ATHLETICS: #GoRavens

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Follow us on [Instagram @Rockridge.Athletics](#) Follow us on [X /Twitter @RockridgeAthlrc](#)  
Thank you for coming out to cheer on our athletes throughout the Fall Season!

If you are looking to keep up with our Winter Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results.

**Rockridge Master Athletics Calendar:** For games, times and locations just follow this [link](#)

### **BASKETBALL NEWS - Seniors' Night Jan 30th**

Tuesday evening we began the celebration of the graduating seniors on our Senior Boys and Girls basketball teams. The night kicked off with a ceremony where the coaches recognized each of our senior athletes with a unique story and a family photo to mark the occasion. Although the Senior Girls did not have a game the following players were honoured

- Kate A
- Taylor D
- Shelby J
- Charlotte K
- Tianne K
- Greenlee L
- Elsie O
- Roxanne P
- Piper T
- Savory V S

At the conclusion of the presentations, the Senior boys hosted a league game vs. Sutherland. The home team was victorious with a 101 - 55 win and featured a number of standout performances from Myles K, Will M, Adrian B and Leo W. Our hard hat (player of the game) award went to Robert B-Z, who made his senior game appearance in the final 30 seconds of the game. Unfortunately Robert had suffered a knee

injury a couple of weeks back that will keep him out of action for some time, but the team wanted to ensure his efforts and contributions over the year were recognized on senior night with a short appearance in the game and the hard hat.

### **Basketball - Senior Boys**

- Thursday Feb 1 @ HOME vs West Vancouver | 7:30

### **Basketball - Senior Girls**

- Wednesday Jan 31 HOME vs. STA | 7:15 PM

### **Ice Hockey - all grades, all genders **\*\*if you play goal, you made the team\*\*****

- Google Classroom Code **tsbwtnm**
- All grades and genders are welcome to tryout
- Sign up with your details in the signup document - Information meeting at the end of month
- Review the North Shore High School Hockey League and see if this matches with what you are looking for. This is a coed non-hitting league. The start and end dates and game times will be very similar.

### **Wrestling - Junior & Senior Boys**

- Congratulations to the wrestling team who placed 4th overall at the NSSSAA Championships back on Friday Jan 19. The juvenile boys finished 2nd behind Collingwood, while our seniors placed 6th.
- The boys continued their success of late by attending the Seaforth Cup this past Saturday. Christian C finished 1st in the Jr 63 kg category with Sarp D finishing 3rd. The Ravens finished 4th in the junior division out of 40 teams, and 10th overall in the combined category!
- All eyes on zones as they look to qualify a few Rockridge wrestlers for BC Provincials for the first time in over a decade!

### **Ski & Snowboard Race Team.**

- The Rockridge Ski and Snowboard team had some strong performances from athletes at the GS terrain race last Friday. Shane Spicer topped our snowboard side out with a 14th place finish. Our top girl skiers included Lilliana Bernhard (10th), Tea Nelson (11th) and Justyna Telford (17th). On the boys skier side, Luca Nosella (19th), Finn Cosgrave (21st) and Maverick Shannon (22nd). Up next is the North Shore GS Championships! Good luck to all skiers and snowboarders.
- BCSS Provincials (Feb 27-29)

### **Basketball - Bantam Boys**

- Mon, NSSSAA Quarter Finals vs TBA Time & Venue TBA
- Wed, NSSSAA Semi Finals vs TBA Time & Venue TBA

### **Basketball - Juvenile Boys**

- Juvenile boys had a big week with 2 games, first experiencing a tough loss against STA, followed by a strong comeback win against Sentinel. Well done team!

### **Basketball - Junior Boys**

- Tues, Jan 30 @ Howe Sound Secondary | 4:00 PM - **Rockridge Wins 61-50**

- Thurs, Feb 1 HOME vs Mulgrave |6:00 PM

### **Basketball - Bantam Girls**

- Tues, NSSSAA Quarter Finals vs TBA Time & Venue TBA
- Thurs, NSSSAA Semi Finals vs TBA Time & Venue TBA

### **INTRAMURALS**

Lunch Time Soccer Tournament continues next week!

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## **COUNSELLORS' CORNER**

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### **New Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text**

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

**Family Smart Monthly Events - [LINK](#)** - Online & In-Person for Parents and Caregivers 2024.

### **A Conversation About Eating Disorders February 6th @ 6 - 7:30 pm PST**

**For further information and to register for this online event [click here](#)**

Families do not cause eating disorders but they can be one of the most effective influences in their child's recovery. Listen to a young person, a parent and an Eating Disorders Therapist share their perspective and knowledge as they talk about the continuum of disordered eating, what to be aware of, the importance of connection, and strategies that help support recovery.

### **FEEDING FUTURES INITIATIVE**

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal - Trevor Kolkea [tkolkea@wvschools.ca](mailto:tkolkea@wvschools.ca) if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect and confidentiality.

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## **ROCKRIDGE COMMUNITY NEWS**

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### **West Vancouver Rec Centre Happenings:**

**Browse your recreation activities and programs here:**

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

**Are you new in West Vancouver? Come, discover and join us:**

<https://westvancouver.ca/newcomers>

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## **ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS**

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## **WEATHER CLOSURES AND PROCEDURES**

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. We aim to communicate any decision to close schools by 6:00 am via the district and school websites as well as through social media and local news.

## **STUDENT VERIFICATION & EMERGENCY RELEASE AND ONLINE POLICIES & PROCEDURES FORMS**

These are now long past due, and a significant number of parents/guardians have not yet completed them. We will be reaching out directly to these families.

## **CHANGE OF ADDRESS?**

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

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## **FAQ & HELPFUL INFORMATION**

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### **MYED BC Parent Portal**

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email [Rockridge@wvschools.ca](mailto:Rockridge@wvschools.ca)

### **ATTENDANCE - Notifying the Office and Extended Absences**

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - [rockridge@wvschools.ca](mailto:rockridge@wvschools.ca) Please include your child's first and last name in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

### **SCHOOL FEES - SCHOOL CASH ONLINE:**

Thank you to families who have paid this year's school fees for your student(s). As a reminder, the 2023/2024 School Course Fees are available for payment on School Cash Online. All school fees and field trips are added to this site and can be paid easily [online](#). If you have not signed in before, you will need your child's Student Pupil number which can be found on MyEd or on a previous report card. You can find Registration Instructions [here](#). Please contact Rockridge Accounting [rockridgeaccounting@wvschools.ca](mailto:rockridgeaccounting@wvschools.ca) in the main office if you have any questions or assistance with logging in.

### **HOST FAMILIES NEEDED for International Students – 2024 Host Family Fee Increase**



**Apply now** and welcome a student:

- Hosting fees of \$1,100 per student per month. Many families will host two students which can provide up to \$22,000 per year income subsidy.
- Effective February 1, 2024 the fees increase to \$1,400 per student per month!

Don't miss out, placing students starts now. See excerpt below from a new student joining our program this fall. Open your home for this amazing opportunity for all family members.

*"I genuinely believe that Canada is the place where I belong. It has everything I'm looking for: contact with nature, beautiful landscapes, friendly people, security, and excellent public schools. But the main reason why I chose Canada is the people; I will be welcome and feel at home"*

- Contact the Homestay Coordinators for more information at [homestay@wvschools.ca](mailto:homestay@wvschools.ca) or visit our [web pages](#)

### **STUDENT Bus Transportation**

Each student must register (by completing the online registration request form:

<https://westvancouver.schools.ca/transportation-form/> to reserve a seat on the bus.

Please be sure to submit the online registration form via the link above, and that you have received confirmation from Transportation SD45.