



ROCKRIDGE

ESSE QUAM VIDERI



Jan 25, 2024

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

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[Morning Announcements](#): *Bookmark this link for daily new, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
January 2024	
Jan 26 - 28	<ul style="list-style-type: none"> VMUN Conference at The Hyatt Regency
Fri, Jan 26	<ul style="list-style-type: none"> Ski & Snowboard Team Event - Terrain Park GS Race
Mon, Jan 29	<ul style="list-style-type: none"> Pro-D-Day - Classes not in Session
Jan 30	Grade Level Course Planning Sessions <ul style="list-style-type: none"> Grade 11 – Period 1-3 (10:00-11:20 am) in Players Hall
Tues, Jan 30	<ul style="list-style-type: none"> FAST Parent Information Evening 5:30 – 6:00 pm in Rm. W211
Wed, Jan 31	Grade Level Course Planning Sessions <ul style="list-style-type: none"> Grade 8 -during FIT in the Library Learning Commons Grade 9 - during FIT in Players Hall
Thurs, Feb 1	<ul style="list-style-type: none"> Ski & Snowboard Team Event - Slalom NS Championship Race
Fri, Feb 2	<ul style="list-style-type: none"> New International Student Orientation Day Grade Level Course Planning Sessions <ul style="list-style-type: none"> Grade 10 – Period 2-1 (10:00-11:20 am) in Players Hall
Sat, Feb 3	<ul style="list-style-type: none"> RR Jazz A & B Bands perform at NVSD Jazz Festival at Carson Graham
Upcoming Events	
Tues, Feb 6	Course Planning Parent Evening (Details below) <ul style="list-style-type: none"> 5:30 - 6:15 pm: Gr. 8-9 & 9-10 6:15 - 6:45 pm: Gr. 10-11 & 11-12 6:45 - 7:45 pm: AP & Cohort Programs
Thu, Feb 8	<ul style="list-style-type: none"> Personal Project Exhibition - 7:00 pm
March 7, 8 & 9	Rockridge Theatre Lab presents <i>Backstory</i> at Kay Meek - see details below
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
2023-24 At A Glance Calendar	
WV Youth Services click here	

A MESSAGE FROM THE PRINCIPAL

It feels like the kind of week where I need to highlight just how *rockin'* things are so far in 2024 here at Rockridge Secondary. While I am never feeling like there is a dull week at our school, this week has

made me reflect on why my To Do List is only growing in items, rather than in check marks of tasks completed. I think it is important to showcase the opportunities that are possible here at The Rock, not only to celebrate this year, but for students and families to plan for next year.

Congratulations to the Class of 2026 (Grade 10 students) who have managed the stress and hard work associated with completing the Graduation Literacy Assessments (GLAs) this week. Determination, and focus are two of the qualities I saw while supervising these assessments this week.

I participated in a West Vancouver Board Meeting presentation Tuesday evening with three amazing students; (Grade 12 Finnan & Lauren and Grade 10 Bjorn) and two remarkable Rockridge teachers - MYP Coordinators; Ms. Le Sieur & Ms. Millare to showcase the learning journey of the MYP Personal Project. Today's **MYP MOMENT** shares more about the presentation and themes that were shared.

Our Ravens winter teams are busy training, competing and representing Rockridge on a daily basis. You just need to scroll through the Ravens Athletics page here in the [Morning Announcements](#) to see the busy schedules keeping athletes busy and fans cheering.

Teachers and students continue to take their learning experiences beyond the classroom here at The Rock. The recent band retreat to Loon Lake and careers department trip to *Find Your Fit* with WorkSafeBC are excellent examples of unique learning opportunities for students that are happening this month. These trips are also showcased in the **Raven Life** attachment this week. You may not know this, but in the background for some time now has been some important planning for a senior science trip to Bamfield and an international trip to France, both happening this spring.

This week has also been about parent involvement, not just learning opportunities for students. Our teachers appreciated the participation of parents and guardians in yesterday's parent teacher interviews. If you were not able to schedule a time with one of our teachers yesterday and would like to connect with someone on staff, you are encouraged to email your student's teachers anytime.

Wow, that is an impressive list, that is only made possible by our excellent Raven students and dedicated staff and volunteers. I am already looking forward to next week . . . ***just a reminder students are not at school Monday but we will see them Tuesday, January 30th after the professional development day.***

Be sure to check out this week's attached Raven Life PDF for photos and posters of recent and upcoming events at the Rock.

2024-25 COURSE PLANNING EVENINGS

At the start of February we will welcome parents and students to our Parent Course Planning Information Sessions (**Virtual - Links below**) hosted by Rockridge Administration and Counsellors. Ministry Graduation Requirements, core and elective course offerings will be highlighted. Following this the AP, STEM (Grade 11) and Economics Strategies Program (Grade 12) will be highlighted.

- **Tuesday, February 6th** - [Grade 8 to 9 / 9 to 10 - Course Planning Evening](#) 5:30-6:15 pm

- **Tuesday, February 6th** - [Grade 10 to 11 / 11 to 12 - Course Planning Evening](#) 6:00-6:45 pm
- Links to FAQ at parent info evenings - Grade [8/9](#) and Grade [10/11](#)
- **Tuesday, February 6th**- [Advanced Placement and Cohort Program Presentation](#) 6:45-7:30 pm

In preparation for course planning, please help your **grades 8-11 students to login to [MyEd](#)**. This is where they can view their current schedule and report cards and make course requests for next year. Students were provided with an opportunity to receive assistance during FIT today, January 25th. They can complete this link if they need their password reset. [MYEDBC Password Reset Student Request](#)

THIS WEEK'S MYP MOMENT

This week, we'd like to give a big round of applause to three students who were invited to present at this month's West Van Board of Education Meeting. Students were asked to reflect on their Grade 10 Personal Project, and consider how the experience allowed them to develop transferable skills that could then be applied to their graduating Capstone Project in Grade 12.

- **Bjorn (Grade 10):** For his Personal Project, Bjorn set out to make a mini documentary on what it was like to attend school in Denmark. Through his project, Bjorn was able to learn more about his heritage and form meaningful connections with other students, as well as further develop his interviewing and video-editing skills.
- **Finnan (Grade 12):** Finnan's Capstone Project traces his journey in leadership, community-building and athletics. He connected this to the communication and self-management skills he developed in the MYP, which culminated in the creation of an adjustable camping table that was inspired by one that his grandfather owned.
- **Lauren (Grade 12):** Lauren's Personal and Capstone projects showcase her woodworking skills, as she's now handcrafted both a wooden pallet and garden planter. These projects are a reflection of her passion for the environment and sustainability, which she continues to advocate for through the school's Environment Club.

We love seeing how the MYP can set our students up for success, and a passion for learning, beyond the programme, and this was wonderfully highlighted in the students' presentations to the Board. If you'd like to hear more about what students are up to in the MYP, we'd love for you to join us at our annual Personal Project Exhibition on February 8th from 6:00 to 7:30 p.m. - see poster in Raven Life. We can't wait to see you there!

TOUR OF THE ROCK DAY - The next tour will be Tuesday, Feb 20th from 12:00 to 1:00pm. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us at our next school tour. **Inquiries and RSVP:** rockridge@wvschools.ca

ROCKRIDGE SCHOOL NEWS

SAVE THE DATE! Rockridge Theatre Lab Presents: BACKSTORY, MARCH 7, 8, & 9th 7pm (doors open 6:30 pm) Kay Meek Theatre

Rehearsals are in full swing! Excitement is building. Our talented students are developing characters, memorizing lines, and behind the scenes the crew is gathering props, fitting costumes, and creating light and sound cues. Everybody has a Backstory... Don't miss the premiere of this thought-provoking original play that asks the question: How are we more than just what people see? Through drama and comedy, and music, Theatre Lab presents an honest look at the stories that matter.

\$15 Tickets available soon on schoolcashionline.

UNIVERSITY OF WATERLOO MATH CONTESTS (Pascal, Cayley, and Fermat Contests)

Attention students and parents, the University of Waterloo Math contests (Pascal, Cayley, and Fermat Contests) will take place on Wednesday, February 28th, 2024 from 8:30 – 9: 30 am (1 hour) in the Library. These math contests challenge students from around the world with a range of abilities to develop valuable problem-solving skills.

If any student is interested in participating in one of these contests, please make payment of \$6.00 on **School Cash Online by Wednesday, February 14th at 8:00 am.**

For practice, please refer to past contests at:

https://www.cemc.uwaterloo.ca/contests/past_contests.html

GRADE 8 SKI TRIP TO WHISTLER is now open for registration - SPACE STILL AVAILABLE

All forms and information can be found on the ski trip Google classroom - pa6vn3s.

- It is a one day trip on February 14, 2024 leaving Rockridge at 6:45am and returning at 5:15pm. Students will be with Whistler ski or snowboard instructors all day in the Whistler ski school program. There are 6 levels available for students that have never skied or snowboarded before, up to expert riders. It is also an excellent opportunity for skiers to try snowboarding for the first time or vice versa as rentals are included in the cost.
- The trip includes a charter bus ride to and from Whistler, lift ticket, whistler ski instruction all day, equipment rentals, and lunch for \$152. (The mountain is not providing alternate prices if you have a pass or rentals this year.) Any questions, please email jcameron@wvschools.ca

TERRY FOX FUNDRAISING

Rockridge received a call yesterday from The Terry Fox Foundation to congratulate and thank the Rockridge community for this year's fundraising efforts, which have just been tallied and came out to \$1,132.95, a significant increase from previous years. Thanks to all for your participation! A special thank you goes to The Conquer Cancer Club who led the campaign again this year. Let's keep this trend going next year.

FAST (FIRST AID SWIM TRAINING) -Applications for the 2024-2025 school year are NOW OPEN

FAST is a young lifeguard education program that allows students to develop the essential skills to be successful and confident lifeguards. At the completion of the FAST program students will have obtained

all the required certification prerequisites necessary to enroll in the National Lifeguard Course, which students can take independently when they are 15 years of age or older. Completion of the National Lifeguard Course is the final credential necessary to qualify an individual to work as a lifeguard.

In addition to developing strong first aid skills, the FAST program also focuses on providing students with a practical foundation in resistance and cardiovascular training, swimming, stroke-development, and leadership.

Please [click this link](#) to learn more and to apply to the program.

- FAST PROGRAM INFORMATION SESSION
- Date: Tuesday January 30th 2024
- Time: 5:30 pm
- Location: Room W211 - Rockridge Secondary School

The 2024-2025 Premier Academies and West Vancouver District Programs are open for registration!

Please visit <https://westvancouver.schools.ca/programs/> for further information.

Cybersecurity and Artificial Intelligence

Computer Information Systems 12 - Cybersecurity and Artificial Intelligence, one of the West Vancouver Schools Premier Programs, is a hands-on project-based course offered to students in Grades 11 and 12 who are attending Rockridge, Sentinel or West Van Secondary. Students learn the theory and apply it to practical projects in the fields of Cybersecurity and Artificial Intelligence. Students have an opportunity to prepare for external certifications in Cybersecurity, Networking, Internet of Things, Programming, CompTIA, and Data Science and participate in international competitions such as [CyberPatriot](#), [Desmos Math Art Contest](#), and others. The course aims at helping students prepare material they can use for university applications.

Yoga Teacher Training Course Information Session – Mon Feb 12th | 6:30 PM. WVSS Library

The district's 200-hour Yoga Teacher Training course is an 8-credit course (4 PE credits and 4 Yoga credits) that will provide students in grades 9 to 12 with the skills needed to effectively and safely teach yoga to all levels of students. The total cost for the program is \$100 for the year. The course follows the guidelines set out by Yoga Alliance and students receive certification as Yoga Alliance 200-hour Yoga Teachers. For more information or to [register](#) or email Todd Randall trandall@wvschools.ca

ROCKRIDGE PAC NEWS

Minutes from January PAC Meeting

On the PAC website, you can find this month's Rockridge PAC General Meeting minutes and guest speaker presentation slides. The meeting recording will continue to be available until the end of the weekend.

"Wing Wednesday" Parent Social Pub Night

The ROPAC P2P Committee has been busy organizing the next parent social. All Rockridge parents welcome! We hope to see you at The Orchard on Wed, Jan 31 at 7:00pm for Wing Wednesday.

Follow Rockridge PAC on [Facebook](#) and [Instagram](#)! Join the Rockridge [P2P](#)!

RAVEN ATHLETICS: #GoRavens

Follow us on [Instagram @Rockridge.Athletics](#) Follow us on [X /Twitter @RockridgeAthlct](#)
Thank you for coming out to cheer on our athletes throughout the Fall Season!

If you are looking to keep up with our Winter Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results.

Rockridge Master Athletics Calendar: For games, times and locations just follow this [link](#)

BASKETBALL NEWS - Seniors' Night Jan 30th | 6:00 PM

Please join us to recognize and celebrate our seniors. Ceremonies will take place between the Sr. Girls and Sr. Boys game.

Basketball - Senior Boys

- Thurs, Jan 25 @ St. Patrick's Secondary Shamrock Tournament - vs. Kitsilano | 5:45 pm
- Friday - at St. Patrick's Shamrock Tournament - vs. St Pats | 1:00 pm
- Saturday - at St. Patrick's Shamrock Tournament - vs. AR MacNeill | 12:30 pm
- Tuesday Jan 30 SENIORS' NIGHT at Rockridge vs. Sutherland | 7:30
- Wednesday Jan 31 @ Sutherland | 7:30
- Thursday Feb 1 HOME vs West Vancouver | 7:30

Basketball - Senior Girls

- Tuesday Jan 30 SENIORS' NIGHT at Rockridge vs. TBA | 6:00 PM

Rugby - Junior & Senior Boys

- There will be an information meeting coming up shortly, stay posted for details.

Ice Hockey - all grades, all genders **if you play goal, you made the team******

- Google Classroom Code **tsbwtnm**
- All grades and genders are welcome to tryout
- Sign up with your details in the signup document - Information meeting at the end of month
- Review the North Shore High School Hockey League and see if this matches with what you are looking for. This is a coed non-hitting league. The start and end dates and game times will be similar.

Wrestling - Junior & Senior Boys

- The boys head to Sentinel this Friday for the NSSSAA Championships, where we will be looking for a top 3 team finish!

Ski & Snowboard Race Team.

- Friday, Jan 26 Snowcross race at Whistler/Blackcomb

Basketball - Bantam Boys

- Tues, Jan 30 HOME vs Collingwood | 3:45 or 6:00 PM - TBD
- Wed, Jan 31 HOME vs Sentinel | 4:00 PM

Basketball - Juvenile Boys

- Monday, Jan 22 @ WVSS | Big win for Juvenile boys! We went up 29-15, but this strong team made a big comeback in the 3rd quarter. Final score was 44 to 41, showing real heart and perseverance.
- Tues, Jan 30 @ STA | 5:30 PM
- Wed, Jan 31 HOME vs Sentinel | 5:30 PM

Basketball - Junior Boys

- Tues, Jan 30 @ Howe Sound Secondary | 4:00 PM
- Thurs, Feb 1 HOME vs Mulgrave | 6:00 PM

Basketball - Bantam Girls

- Tues, Jan 30 @ Collingwood | 4:00 PM
- Thurs, Feb 1 HOME vs Don Ross | 4:00 PM

INTRAMURALS

Lunch Time Soccer Tournament is now underway.

ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS

WEATHER CLOSURES AND PROCEDURES

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. We aim to communicate any decision to close schools by 6:00 am via the district and school websites as well as through social media and local news.

STUDENT VERIFICATION & EMERGENCY RELEASE AND ONLINE POLICIES & PROCEDURES FORMS

These are now long past due, and a significant number of parents/guardians have not yet completed them. We will be reaching out directly to these families.

CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

COUNSELLORS' CORNER

New Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

Family Smart Monthly Events - LINK - Online & In-Person for Parents and Caregivers 2024.

FEEDING FUTURES INITIATIVE

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal - Trevor Kolkea tkolkea@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect and confidentiality.

ROCKRIDGE COMMUNITY NEWS

West Vancouver Rec Centre Happenings:

Browse your recreation activities and programs here:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:

<https://westvancouver.ca/newcomers>

FAQ & HELPFUL INFORMATION

MYED BC Parent Portal

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email Rockridge@wvschools.ca

ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca Please include your child's first and last name in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence.

Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

SCHOOL FEES - SCHOOL CASH ONLINE:

Thank you to families who have paid this year's school fees for your student(s). As a reminder, the 2023/2024 School Course Fees are available for payment on School Cash Online. All school fees and field trips are added to this site and can be paid easily [online](#). If you have not signed in before, you will need your child's Student Pupil number which can be found on MyEd or on a previous report card. You can find Registration Instructions [here](#). Please contact Rockridge Accounting rockridgeaccounting@wvschools.ca in the main office if you have any questions or assistance with logging in.

HOST FAMILIES NEEDED for International Students – 2024 Host Family Fee Increase

Apply now and welcome a student:

- Hosting fees of \$1,100 per student per month. Many families will host two students which can provide up to \$22,000 per year income subsidy.
- Effective February 1, 2024 the fees increase to \$1,400 per student per month!

Don't miss out, placing students starts now. See excerpt below from a new student joining our program this fall. Open your home for this amazing opportunity for all family members.

"I genuinely believe that Canada is the place where I belong. It has everything I'm looking for: contact with nature, beautiful landscapes, friendly people, security, and excellent public schools. But the main reason why I chose Canada is the people; I will be welcome and feel at home"

- Contact the Homestay Coordinators for more information at homestay@wvschools.ca or visit our [web pages](#)

STUDENT Bus Transportation

Each student must register (by completing the online registration request form:

<https://westvancouver.schools.ca/transportation-form/> to reserve a seat on the bus.

Please be sure to submit the online registration form via the link above, and that you have received confirmation from Transportation SD45.