



ROCKRIDGE

ESSE QUAM VIDERI



Jan 18, 2024

ROCKRIDGE LINKS:

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Follow Rockridge Secondary on X / Twitter](#)

[Follow Rockridge Secondary on Instagram](#)

[Morning Announcements](#): *Bookmark this link for daily new, updates and Rockridge Athletics schedules*

CALENDAR UPDATE	
January 2024	
Jan 19	● Indigenous Student Preview Day at SFU 9am - 3pm (postponed - Feb. 23)
Jan 19 - 21	● Band Trip to Loon Lake
Jan 22- 26	● GLA 10 ASSESSMENTS
Mon, Jan 22	
Tues, Jan 23	
Wed, Jan 24	● Early Dismissal - School bus departs 11:30am ● Parent Teacher Conferences 12:30 – 4:00 pm
Thurs, Jan 25	
Fri, Jan 26	● Ski & Snowboard Team Event - RACE - Terrain Park GS
Mon, Jan 29	● Pro-D-Day - Classes not in Session
Upcoming Events	
Tues, Feb 6	● Course Planning Parent Evening
FULL ROCKRIDGE WEBSITE CALENDAR with BLOCK ROTATIONS	
2023-24 At A Glance Calendar	
WV Youth Services click here	

A MESSAGE FROM THE PRINCIPAL

I hope our Ravens have all dug out from the snow yesterday and have had some time to not only shovel sidewalks but use this gift of time to look after themselves. That may mean getting organized for upcoming class projects, getting outside and being active, or getting some extra rest. The staff and I are certainly looking forward to getting back to The Rock tomorrow and not having to reschedule trips, athletic events and class plans.

Over the last two days our staff have been busy working together remotely. While it brought back memories of long days on our laptops during COVID, it impressed me how easily we can all stay connected and carry on with our work and learning together outside the building. Last night we even had fifteen people join our PAC meeting on ZOOM. You can find all the details of our meeting below in

the PAC News section. While I still found time to enjoy these two snow days, it was remarkable how busy our team was from morning to night with planning, collaborating and connecting.

As always, thank you for taking time to review our weekly bulletin to stay up to date with 'all things Rockridge' for the days ahead.

*Be sure to check out this week's attached **Raven Life** PDF for photos and posters of recent and upcoming events at the Rock.*

PARENT TEACHER VIRTUAL CONFERENCES – Wednesday, January 24 FROM 12:30 - 4:00pm

Early Dismissal	Times
Period 1	8:30 - 9:25 am
Break	9:25 - 9:30 am
Period 2	9:30 - 10:25 am
Break	10:25 -10:35 am
Period 3	10:35 - 11:30 am
School Bus Departs	11:30 am
Lunch	11:30 - 12:30 am
PT Interviews Start	12:30 - 4 pm

VIRTUAL PARENT-TEACHER INTERVIEWS

We are once again using an online Parent-Teacher Interview scheduling program (<http://rss.schoolappointments.com>). Access to the system opens at 6:00 pm on Thursday, January 11 and will close at 10:00pm on Monday, January 22. You will be able to create an account, enter your children and then schedule interview times for you to meet with their teachers virtually. Please review [these instructions](#) to set up your account and book appointments

Appointment scheduling will run in five-minute intervals. It is advisable to schedule your appointments with one five-minute block in between, to allow yourself time and not be rushed. **There is a maximum of three appointments per student up until January 18**, then you will be able to book additional spots pending availability. Due to a limited number of timeslots, please prioritize your teacher selections accordingly. There is not an option for call backs this year.

The system is very easy to use and it should take only a few minutes to set up your account, add your children and schedule your appointments. To get started, click on the "REGISTER" tab. See the attachment for detailed instructions. On the day of the appointments - please review [these instructions](#) for how to access the meetings through google meet.

THIS WEEK'S MYP MOMENT

At Rockridge, students are encouraged to connect what they're learning in the classroom to real-world settings, events and circumstances. One of the ways that students can do this in the MYP is through the exploration of the Global Contexts—themes which help teachers and students answer the important question, "Why are we learning this?"

In the MYP, the six Global Contexts are:

- Identities and Relationships: Who am I? Who are we?
- Orientation in Space and Time: What is the meaning of "where" and "when"?
- Personal and Cultural Expression: What is the nature and purpose of creative expression?
- Scientific and Technical Innovation: How do we understand the world in which we live?
- Globalization and Sustainability: How is everything connected?
- Fairness and Development: What are the consequences of our common humanity?

Think about how these contexts may appear in your own daily conversations, thoughts and musings. How are these contexts related, and relevant, to what you do at work? At home? Out and about in the community?

You can hear more about these contexts at our annual Personal Project Exhibition on Thursday, February 8th, where the Grade 10s will be showcasing their wide range of passion projects. The projects will be arranged based on contexts, so you'll be able to see how students have applied these themes to their own learning. We can't wait to see you there!

TOUR OF THE ROCK DAY - The next tour will be Tuesday, Feb 20th from 12:00 to 1:00pm. Do you know a family that may be interested in registering at Rockridge in the future? Please pass along this information to them so they can join us at our next school tour. **Inquiries and RSVP:** rockridge@wvschools.ca

ROCKRIDGE SCHOOL NEWS

SAVE THE DATE! Rockridge Theatre Lab Presents: BACKSTORY, MARCH 7, 8, & 9th 7pm (doors open 6:30 pm) Kay Meek Theatre

Rehearsals are in full swing! Excitement is building. Our talented students are developing characters, memorizing lines, and behind the scenes the crew is gathering props, fitting costumes, and creating light and sound cues. Everybody has a Backstory... Don't miss the premiere of this thought-provoking original play that asks the question: How are we more than just what people see? Through drama and comedy, and music, Theatre Lab presents an honest look at the stories that matter.
\$15 Tickets available soon on schoolcashionline.

University of Waterloo Math contests (Pascal, Cayley, and Fermat Contests)

Attention students and parents, the University of Waterloo Math contests (Pascal, Cayley, and Fermat Contests) will take place on Wednesday, February 28th, 2024 from 8:30 – 9:30 am (1 hour) in the Library. These math contests challenge students from around the world with a range of abilities to develop valuable problem-solving skills.

If any student is interested in participating in one of these contests, please make a payment of \$6.00 on School Cash Online by Wednesday, February 14th at 8:00 am.

For practice, please refer to past contests at:
https://www.cemc.uwaterloo.ca/contests/past_contests.html

GRADE 8 SKI TRIP TO WHISTLER is now open for registration - Limited to 43 students so sign up now.

All forms and information can be found on the ski trip Google classroom - pa6vn3s.

- It is a one day trip on February 14, 2024 leaving Rockridge at 6:45am and returning at 5:15pm. Students will be with Whistler ski or snowboard instructors all day in the Whistler ski school program. There are 6 levels available for students that have never skied or snowboarded before, up to expert riders. It is also an excellent opportunity for skiers to try snowboarding for the first time or vice versa as rentals are included in the cost.
- The trip includes a charter bus ride to and from Whistler, lift ticket, whistler ski instruction all day, equipment rentals, and lunch for \$152. (The mountain is not providing alternate prices if you have a pass or rentals this year.) Any questions, please email jcameron@wvschools.ca

FAST (FIRST AID SWIM TRAINING) -Applications for the 2024-2025 school year are NOW OPEN

FAST is a young lifeguard education program that allows students to develop the essential skills to be successful and confident lifeguards. At the completion of the FAST program students will have obtained all of the required certification prerequisites necessary to enroll in the National Lifeguard Course, which students can take independently when they are 15 years of age or older. Completion of the National Lifeguard Course is the final credential necessary to qualify an individual to work as a lifeguard.

In addition to developing strong first aid skills, the FAST program also focuses on providing students with a practical foundation in resistance and cardiovascular training, swimming, stroke-development and leadership.

Please [click this link](#) to learn more and to apply to the program.

- FAST PROGRAM INFORMATION SESSION
- Date: Tuesday January 30th 2024
- Time: 5:30 pm
- Location: Room W211 - Rockridge Secondary School

The 2024-2025 Premier Academies and West Vancouver District Programs are open for registration!

Please visit <https://westvancouver.schools.ca/programs/> for further information.

Premier Academies	Premier Programs
Badminton	Carpentry
Baseball	Cybersecurity and AI
Basketball	Fashion Industry
Fencing	FAST

Field Hockey	Honour Choir
Robotics	Outdoor Recreation
Rugby	200 Hour Yoga
Soccer	YELL Entrepreneurship 12
Tennis	
Volleyball	

ROCKRIDGE PAC NEWS

January PAC Meeting & Launch of Outdoor Basketball Court Upgrade Project

Last night's PAC General Meeting was virtual due to the heavy snowfall. Guest speaker: Ian Kennedy led a discussion on the beneficial impact of exercise on learning and mental health and sparked ideas on how to support our kids in getting enough exercise. You can watch the [recording of this meeting](#) as well as find [Ian Kennedy's slides](#) on the PAC website.

We're also excited to share that the motion to proceed with a new project to upgrade the outdoor basketball court passed! To learn more about this project, please go to the [PAC fundraising webpage](#).

Next Parent Social Organized by the ROPAC P2P Committee

Pub Night Social - Wed, Jan 31st @ 7:00pm at The Orchard Gleneagles

Follow Rockridge PAC on [Facebook](#) and [Instagram](#)! Join the Rockridge **P2P!**

RAVEN ATHLETICS: #GoRavens

Follow us on [Instagram @Rockridge.Athletics](#) Follow us on [X /Twitter @RockridgeAthlct](#)
Thank you for coming out to cheer on our athletes throughout the Fall Season!

If you are looking to keep up with our Winter Raven Athletics Events, just scroll through our [Morning Announcements](#). The second page of the announcements is dedicated to Raven Athletics teams, schedules, upcoming events and results.

Rockridge Master Athletics Calendar: For games, times and locations just follow this [link](#)

BASKETBALL NEWS - Seniors' Night Wednesday January 17th @ 5:30 rescheduled - stay tuned

We play our final 6 "AAA" league games in the next four weeks highlighted by our Sr. Girls and Sr. Boys Senior Night games. Please join us to recognize and celebrate our seniors. Ceremonies will take place between the Sr. Girls and Sr. Boys game.

Basketball - Senior Boys

The Senior Boys hosted St George's 2nd Varsity team earlier this week and closed out the visitors with a 101-56 final score, led by Will M with 32 points and Marwan Heran with 4 rebounds. Our Hard Hat (player of the game) went to Leo W who had a balanced performance of 13 points, 3 rebounds and 2 blocked shots. Please stay tuned for the new date for our Senior Night festivities. Watch for updates to game schedules as both teams are finalizing their rescheduled dates.

- Fri, Jan 19 at Bodwell School | 5:00 PM
- Tues, Jan 23 **home game** vs Argyle | 7:30 PM tip off
- Thurs, Jan 25 - at St. Patricks Shamrock Tournament - vs. Kitsilano | 5:45 pm
- Friday - at St. Patricks Shamrock Tournament - vs. St Pats at 1:00 pm
- Saturday - at St. Patricks Shamrock Tournament - vs. AR MacNeill at 12:30 pm
- Senior Night | watch for rescheduled date

Basketball - Senior Girls

- Senior girls beat Bodwell 60-17 on Tuesday, and are currently tied for first in the League
- Last league game Thursday Jan 11 @ **HOME** vs STA | rescheduled
- Senior night | watch for rescheduled date

Rugby - Junior & Senior Boys

- There will be an information meeting coming up shortly, stay posted for details.

Ice Hockey - all grades, all genders **if you play goal, you made the team******

- Google Classroom Code **tsbwtnm**
- All grades and genders are welcome to tryout
- Sign up with your details in the signup document - Information meeting at the end of month
- Review the North Shore High School Hockey League and see if this matches with what you are looking for. This is a coed non-hitting league. The start and end dates and game times will be very similar.

Wrestling - Junior & Senior Boys

- The Ravens Wrestling team finished 8th at last weekend's Duke's Cup out of the 20 teams who were present - see photo in Raven Life
- Another top 3 finish for Gio N in Senior Boys 70 kg, and Spencer B as a grade 8 making the 74 kg junior final!
- The boys head to Sentinel this Friday for the NSSSAA Championships, where we'll be looking for a top 3 team finish!

Ski & Snowboard Race Team.

- Friday, Jan 26 Snowcross race at Whistler/Blackcomb

Basketball - Bantam Boys

- Friday Jan 19 @ A.R. MacNeil Ravens Classic Tournament vs TBA

Basketball - Juvenile Boys

- Monday, Jan 22 @ WVSS | 5:30 PM

Basketball - Junior Boys

- Tuesday, Jan 23 Home game vs Collingwood | 6:00 PM

Basketball - Bantam Girls

- Friday Jan 19 @ WVSS tournament | 4 PM
- Saturday Jan 20 @ WVSS tournament all day

INTRAMURALS

Lunch Time Soccer Tournament begins!

ACTION ITEMS FOR ROCKRIDGE PARENTS/GUARDIANS

WEATHER CLOSURES AND PROCEDURES

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. We aim to communicate any decision to close schools by 6:00 am via the district and school websites as well as through social media and local news.

STUDENT VERIFICATION & EMERGENCY RELEASE AND ONLINE POLICIES & PROCEDURES FORMS

These are now long past due, and a significant number of parents/guardians have not yet completed them. We will be reaching out directly to these families.

CHANGE OF ADDRESS?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using [this link](#). The changes will not be reflected until the documentation is submitted.

COUNSELLORS' CORNER

New Federal Mental Health/Suicide Crisis helpline: 9-8-8 Call or Text

You deserve to be heard. A safe space to talk, 24 hours a day, every day of the year. <https://988.ca/>

Family Smart Monthly [Online Events](#) for Parents and Caregivers January 2024

FEEDING FUTURES INITIATIVE

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal - Trevor Kolkea tkolkea@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect and confidentiality.

ROCKRIDGE COMMUNITY NEWS

[Neurodiversity and Dance Classes at the Vanleena Dance Academy](#)

My name is Miss Tammy and I teach neuro-affirmative dance classes on Tuesdays from 7:00-7:45 pm at the Vanleena Dance Academy, 1457 Marine Drive, our West Vancouver location. All interested families are invited to contact me directly at dance@vanleena.com to learn more about the program (we also offer a free trial class!).

West Vancouver Rec Centre Happenings:

Browse your recreation activities and programs here:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:

<https://westvancouver.ca/newcomers>

FAQ & HELPFUL INFORMATION

MYED BC Parent Portal

If you need assistance logging onto the parent portal, please use this link [MyEd Parent Portal](#) for instructions on registering your MyEdBC account. Each parent or guardian has their own separate account. If you are having difficulty accessing your account, please see the online video aid [here](#). If you have further questions, please email Rockridge@wvschools.ca

ATTENDANCE - Notifying the Office and Extended Absences

If you know your student will not be in attendance for all, or part of a school day, we ask that you please let our office know in advance - rockridge@wvschools.ca. Please include your child's first and last name in your email.

Daily attendance is critical to ensure student success here at Rockridge. **We do not recommend** absences during the school term but realize they may be unavoidable. Please keep in mind that certain classroom activities and assessments may not be able to be made up if missed.

Please notify the school a minimum of one week in advance using this [form](#) for an extended absence. Teachers are not required to provide extra classes, make-up tests or specific work to be completed.

SCHOOL FEES - SCHOOL CASH ONLINE:

Thank you to families who have paid this year's school fees for your student(s). As a reminder, the 2023/2024 School Course Fees are available for payment on School Cash Online now. All school fees and field trips are added to this site and can be paid easily [online](#). If you have not signed in before, you will need your child's Student Pupil number which can be found on MyEd or on a previous report card. You can find Registration Instructions [here](#). Please contact Rockridge Accounting rockridgeaccounting@wvschools.ca in the main office if you have any questions or assistance with logging in.

HOST FAMILIES NEEDED for International Students – 2024 Host Family Fee Increase

Apply now and welcome a student:

- Hosting fees of \$1,100 per student per month. Many families will host two students which can provide up to \$22,000 per year income subsidy.
- Effective February 1, 2024 the fees increase to \$1,400 per student per month!

Don't miss out, placing students starts now. See excerpt below from a new student joining our program this fall. Open your home for this amazing opportunity for all family members.

"I genuinely believe that Canada is the place where I belong. It has everything I'm looking for: contact with nature, beautiful landscapes, friendly people, security, and excellent public schools. But the main reason why I chose Canada is the people; I will be welcome and feel at home"

- Contact the Homestay Coordinators for more information at homestay@wvschools.ca or visit our [web pages](#)

STUDENT Bus Transportation

Each student must register (by completing the online registration request form:

<https://westvancouver.schools.ca/transportation-form/> to reserve a seat on the bus.

Please be sure to submit the online registration form via the link above, and that you have received confirmation from Transportation SD45.