



The Rockridge Theatre Lab is preparing for their production: BACKSTORY that will open on March 7th at the Kay Meek Arts Centre. See the **BACKSTORY POSTER** at bottom for more information.

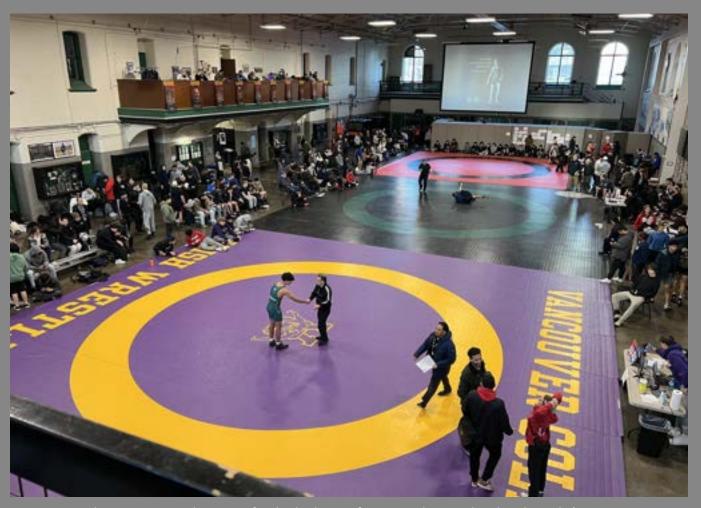


A message from our Rockridge Athletics Instagram account. If you are not already following us, please see the information to do so on the bottom of the next page.





Due to schools being closed yesterday the Raven Seniors' Night will be rescheduled. Stay tuned for a new date to celebrate our Grade 12 Senior Basketball team athletes.



The Ravens Wrestling team finished 8th out of 20 teams last weekend at the Duke's Cup



Follow Rockridge Athletics on Instagram and Twitter for photos and updates.

You will find the links to follow Rockridge Athletics in the E-Bulletin or search for us under these handles:



Cybersafe from Exploitation

Parent Presentation



What does exploitation have to do with cyber safety?

Most often times referred to as "sexual exploitation", it involves a minor being taken advantage of sexually. The majority of sexual exploitation is now facilitated digitally through gaming platforms, social media, love stream, and more.

Forms of online sexual exploitation include grooming by predatory people, digital blackmail, intimate image sharing, or sugar daddy scams.

What you'll learn:

Our approach to cyber safety is to address the root causes that would lead to exploitation, as well as provide tangible strategies to break down vulnerabilities that would lead children and youth into online sexual exploitation. Some topics covered include:

- · Defining sexual exploitation and why online poses more risk
- Current online exploitation trends
- Effective language to use when talking to kids/ teens
- The red flags and warning signs of grooming
- · Sexting, digital consent, and the law
- · Digital blackmail into sextortion, trends, and what to do
- Information sharing- What is and is not okay
- · High risk behaviours on social media platforms
- Addressing risks associated with online gaming platforms
- · Age of consent laws and how they can help you as a parent
- How to have effective conversations with your child/ teen



Jan 23, 2024 7:00PM Kay Meek Arts Centre

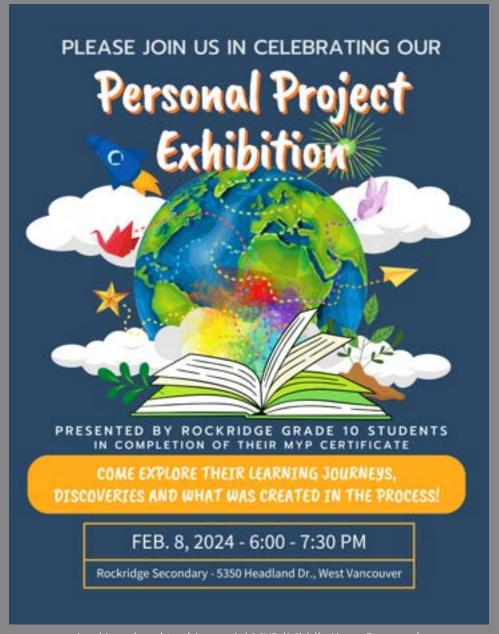
Hosted By:











Looking ahead to this special MYP (Middle Years Program) celebration of learning next month. Be sure to mark your calendars and plan to visit!







Last Thursday we hosted a very successful Grade 7 to 8 Information Evening that filled Players Hall with future Ravens and their families. From guided tours with our Gr. 10 Mentorship students, to Rockridge PAC members helping welcome new families, we showcased the great school that Rockridge is for all students on the road to graduation.



ROCKRIDGE THEATRE LAB PRESENTS

BACKSTORY

EVERYBODY HAS ONE ...



MARCH 7, 8, 9

KAY MEEK THEATRE

7pm, (doors open at 6:30)

TICKETS \$15 SCHOOL CASH ONLINE







