

## ADULTS

### Session Overview

# How to Teach your Kids About Money

#### **Audience:**

Parents

#### **Outline:**

- The goal and challenges of raising money-smart kids
- Age appropriate teaching for young children, pre-teens, teenagers and emerging adults
- The evolution of financial decisions throughout childhood
- Tips on giving allowance, budgeting, credit cards, cell phones, virtual spending
- Tools, Aids, Resources
- Q&A

#### **Learning Objectives:**

- To get information and tips to help you raise kids who are financially independent and responsible.
- To better understand the challenges of raising money-smart kids
- To learn how to address ageappropriate money-related topics with young kids, pre-teens, teenagers and emerging adults

#### **Learning Materials:**

- *Goal Setting worksheet* — This tool helps set SMART goals which are specific, measurable, actionable, realistic, time-framed.
- *Monthly Budget for Teens worksheet* — A budget for teenagers living at home.
- *Role Model Self-Assessment worksheet* — This survey helps you determine what kind of financial role model you are.
- *Values Validator worksheet* — This worksheet helps you determine the things in life that are most important.