



Mr. Taguchi's Photo of the Week above is by - Deacon B. Photography 11.



Last week was a busy week for the counselling team here at *the Rock* with course selection sessions wrapping up on Friday with Grade 8's making selections for Grade 9. There was also a very successful special event last week called Anxie-Tea. Many students and staff enjoyed a calm and safe space to visit and focus on their social and emotional needs throughout the day. Want to learn more? . . . just reach out to one of our counselling team members here at the Rock to find out what it was all about!



A reminder once again this week to be sure to check out our list of spring sports in today's E-Bulletin. There are a wide variety of opportunities for students to get involved with a team for the season ahead.



Trevor Kolkea
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This was one of those unexpected, yet joyful moments to start my day @RockridgeSS today.
[#westvaned](#) [#RRRavens](#)



Who says Monday can't be the best day of the week?