

Rockridge Secondary

Grade 10 Planning 2023-24



Purpose

- Provide an overview of grade 10
- Introduce electives
- Explain Academies
- Communicate important dates to remember
- Prepare you for my classroom visit



Counsellors

✕ Ms. Radcliffe Grade 9-12, A-L
Grade 11, A-G

✕ Mr. Ahmelich Grade 9-12, M-Z
Grade 11 H-Z

✕ Mr. Pandher Grade 8

✕ Leanne Warner Youth Worker



Course Load

- ✗ **Grade 10** requires **8 courses plus Personal Project**. May have more (if outside of timetable)
- ✗ **Honour Roll** is calculated on students' **best 7** in grade 10

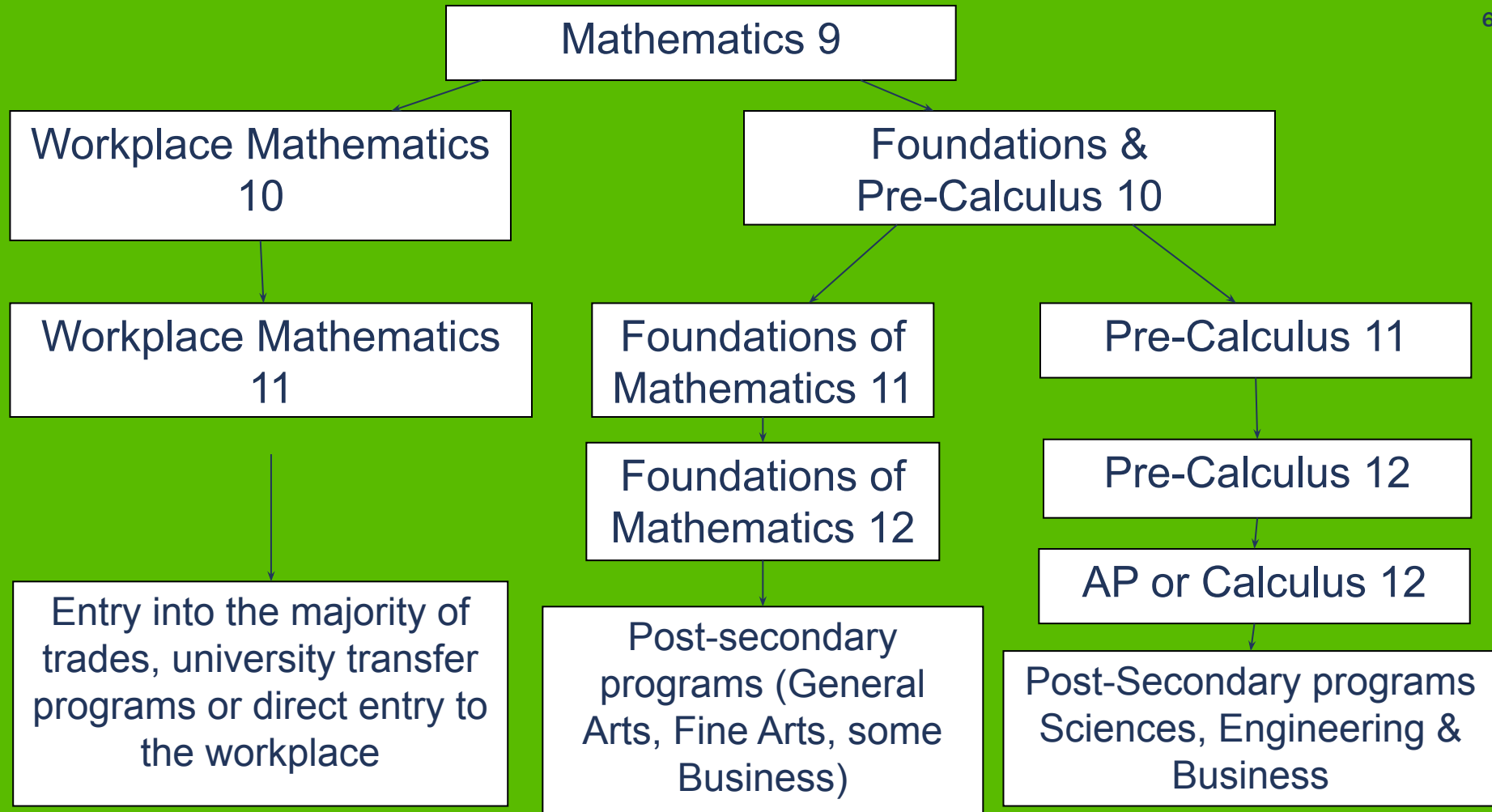


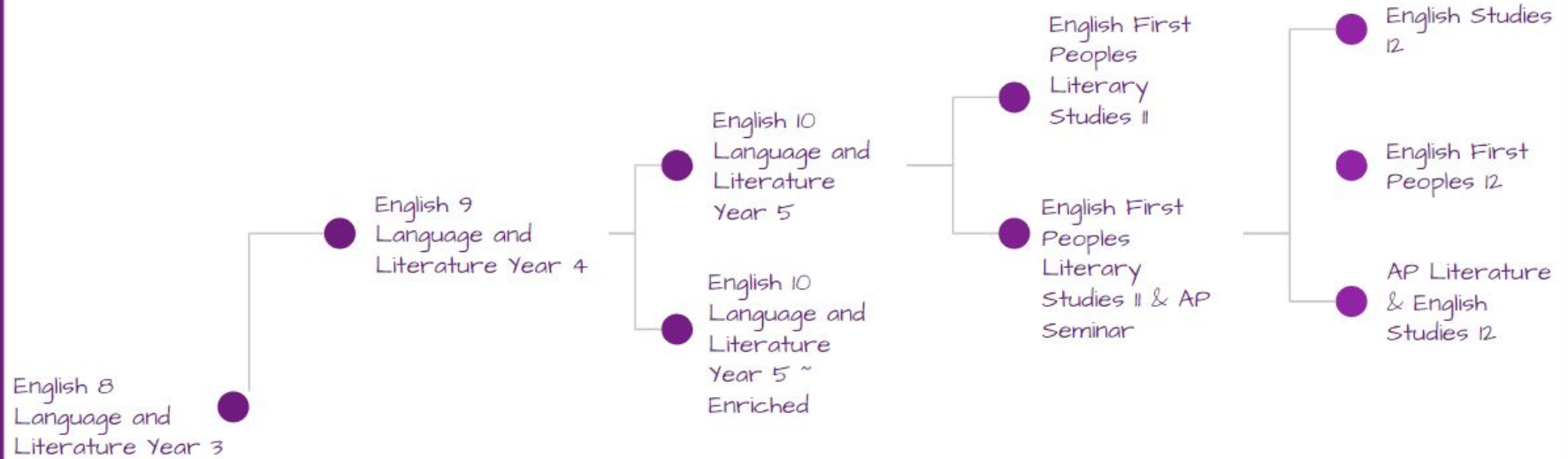
Grade 10 Course Overview

- English 10 (Composition **OR** Enriched **OR** Transition English 10)
- Science 10
- Math 10 (Foundations & Pre-Calculus **OR** Workplace)
- Individuals and Societies 10
- PHE 10 (Girls/Boys **OR** Strength & Power **OR** FIT FOR FUN)
- Career Life Education 10
- French 10/Spanish 10/ELL/LSP
- Elective 10/11 (Fine Arts or Applied Skills)
- MYP Personal Project (integrated in CLE10 - 2 additional credits)

34 credits towards Graduation Program







Physical Health Education Choices

PHE 8 to 9

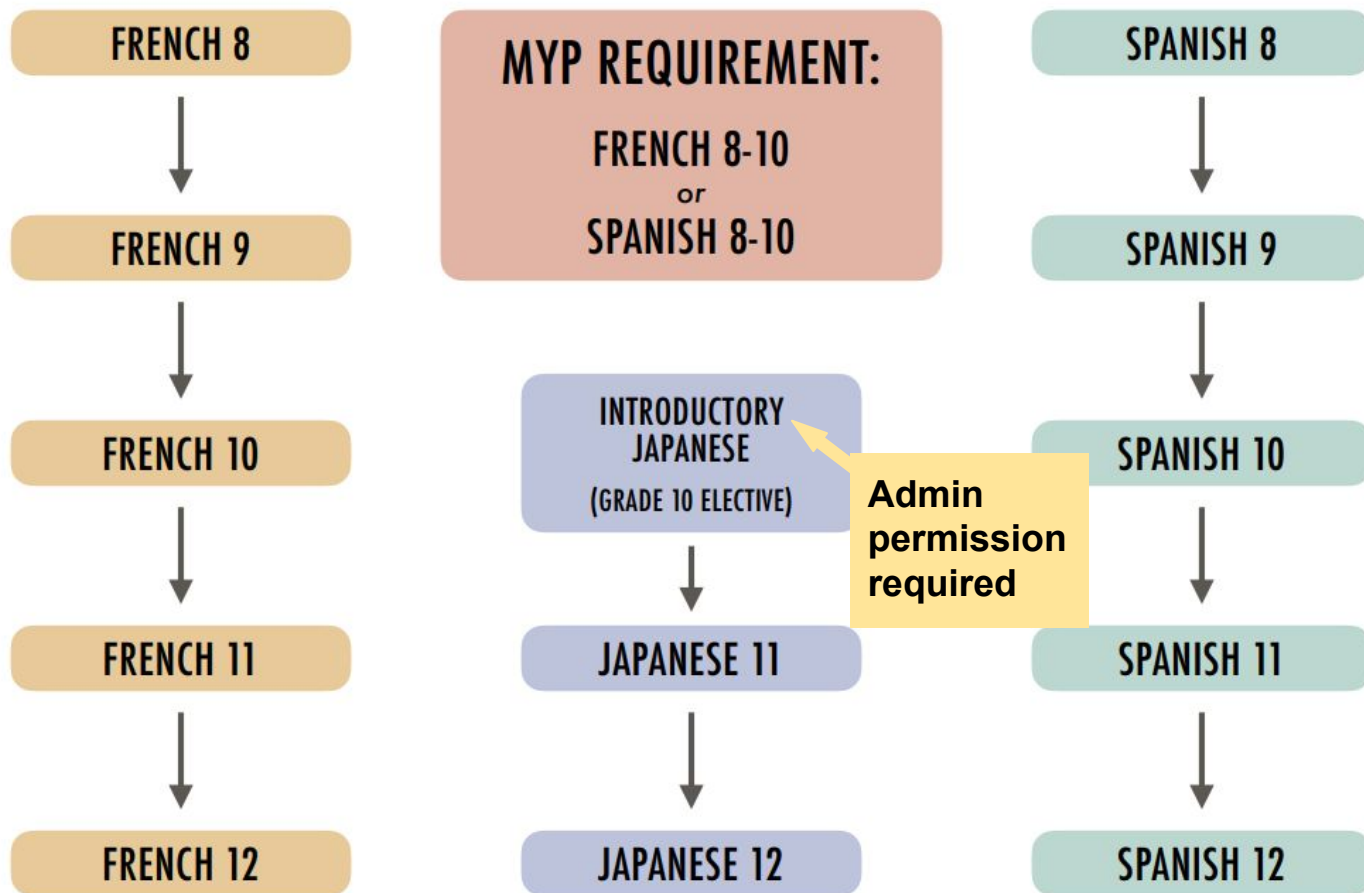
→ **PHE 9** - Skill Development, Game Play, Weight room, Fitness

PHE 9 to 10

- **PHE 10** - *Gender specific* - Skill Development, Game Play, Weightroom, Fitness
- **Strength and Power 10** - Coed Weight - Room/Training, work with a trainer (fee)
- **Fit for Fun 10** - Movement based: yoga, dance, Recreational Games, Community trips: Skating, Climbing, Golf, Biking etc (fee)

PHE 10/11 to 11/12 (all CoEd)

- **PHE 11/12** Skill Development, Game Play, Weightroom, Fitness
- **Strength and Power 11/12** - Weight Room/Training, work with a trainer (fee)
- **Fit for Fun 11/12** - Movement based: yoga, dance, pilates, Recreational Games and Fitness/Weight Room Community trips: Skating, Climbing, Golf, Biking etc (fee)



CLE 10 - IMPORTANT DECISION

Blended students:

- Want a 2nd elective in grade 10
- Have strong self management skills
- Can meet once a week in FIT
- Can work independently without much teacher direction

In-timetable students

- Only plan to take one elective in grade 10
- Need more contact with a teacher to keep them on task and meeting deadlines
- Would prefer to have all FIT blocks free each week



Grade 10 Electives (in timetable)

- Drafting 10
- Concert Band 10
- Guitar 10
- Drama 10
- Media Arts 10
- Woodwork/Welding/
Design 11
- Computer
Programming 11
- Drawing and Painting Pre-AP11
- Studio Art 11
- Art Studio (Art Foundations)
- Accounting 11
- Film and TV 11
- Foods 11
- Yearbook 11
- Photography 11
- Textiles 11
- Composition and Production 11



Rockridge Business Courses

Accounting 11

*Available to students
in grades 10-12 with
priority given to
senior students.*

Economic Strategies Program

- E-commerce 12
- Economics 12

*Available to students
in grades 11-12 with
priority given to
senior students.*

*Although Accounting 11 is not a prerequisite for the
Economic Strategies Program, it is highly recommended.*

Rockridge Computer Science Pathway

IT 8 Computers Exploration ADST Rotation



IT 9 Information and Communications Technology



Computer Programming 11 - PreAP



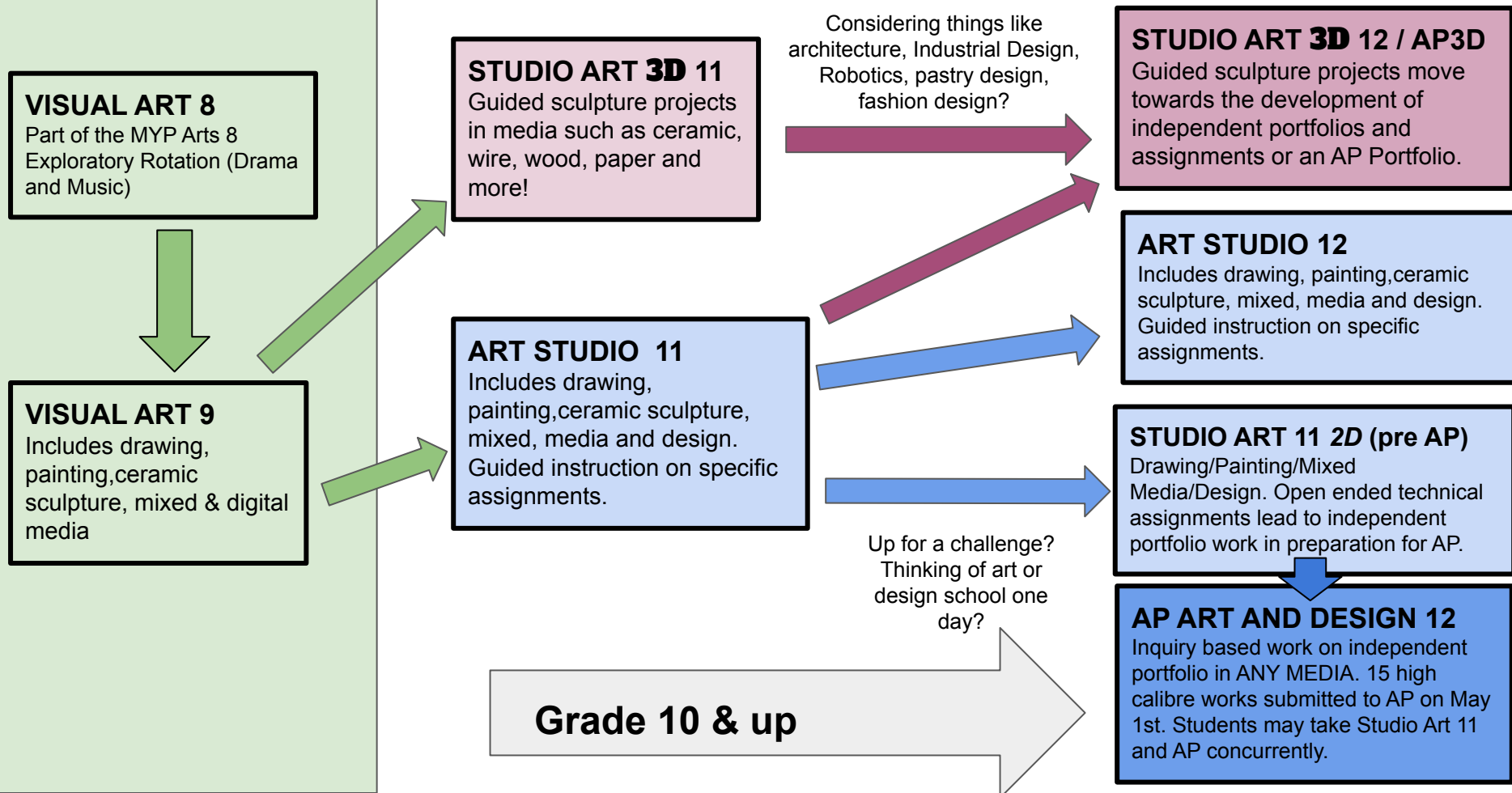
Computer Programming 12 (Face to Face)

AP Computer Science Principles 12 (Blended)

Computer Programming 12 and AP Computer Science Principles 12 are taken concurrently. CP 12 is face to face and APCSP 12 is blended (meet once a week 2 hours duration). 8 credits in total.

<https://mrkim.2myclass.com/kkimyearplan.pdf>

Rockridge VISUAL ART Flow Chart



Outside the Timetable Courses

- Concert Choir*
- Jazz Band*
- Theatre Company*
- Mentorship*
- CLE 10 Blended*
- *as 9th course, outside the timetable



What's returning in 2023-24?

Theatre Company 9-12

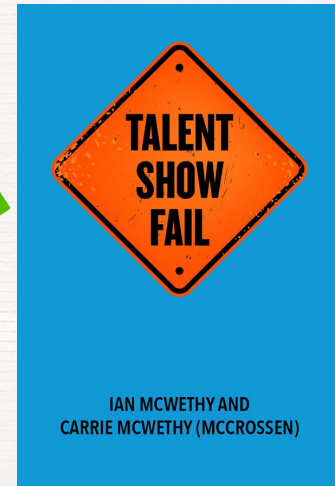
Prepare and put on a school play

- **As a:** performer, assistant director, stage manager, props and costume designer, coordinator, set builder, painter or decorator



This year's play

For more info come to the
drama room Feb 1st at lunch



WV - District Programs

* program information and application on WVSD website

- District Choir (WVSS) by audition
- FAST Program 9-12
- Outdoor Recreation Program 10-12
- Yoga Teacher Training 10-12

In later grades...

- Fashion Industry 11-12
- Carpentry (Train in Trades) 11-12
- YELL (Entrepreneurship/Leadership) 11-12

District Premier Academies

- 
- Badminton
 - Baseball
 - Basketball
 - Fencing
 - Field Hockey
 - Robotics
 - Rugby
 - Soccer
 - Tennis
 - Volleyball

*Information available from Diane Nelson (dnelson@wvschools.ca)
<http://westvancouver.schools.ca/academies>

Pursuit Program

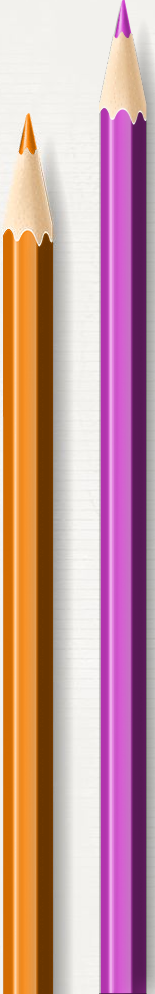
Pursue arts/sports at a high level and get grad credits

- Visit the website for details and application:

<https://westvancouver.schools.ca/pursuit>



Academies/District Programs

- 
- ✗ **Fixed** times - most during the afternoon block
 - ✗ Students in these programs will require specific course programming and course selection
 - ✗ For course selection specifics, please contact your counsellor

<http://westvancouver.schools.ca/academies>

Linear Schedule

Day 1 and 2 will alternate

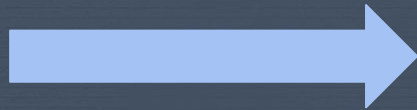
Day 1	Day 2
Block 1	Block 5
Block 2	Block 6
Block 3	Block 7
Lunch	Lunch
Block 4	Block 8

Morning blocks rotate and FIT will be between 2 of the blocks twice a week

Afternoon block will be fixed. Academy and District programs will take place here



Course Selection Sheet (complete on google classroom)



ROCKRIDGE SECONDARY SCHOOL

COURSE SELECTION

GRADE 9 INTO GRADE 10

2023-2024

FIRST NAME:		LAST NAME:	
STUDENT EMAIL & CELL NUMBER:			
Instructions: Choose one course per row – mark it with an “x”. You must have 9 courses minimum (8 courses plus MYP Personal Project)			
COURSES	x		x
1. Composition 10 - Year 5		OR Composition 10- Year 5 Pre AP	
OR Transitional English 10 (ELL learners only)			
2. Individuals & Society Year 5			
3. Foundations & PreCalc 10		OR Workplace Math 10	
4. Sciences Year 5			
5. Physical & Health Education Year Girls		OR Physical & Health Education Year 4: Boys	
OR Strength & Power Year 5		OR Girls Fit for Fun Year 5	
6. Language Acquisition Year 4: Spanish		OR Language Acquisition Year 4: French	
OR Language Acquisition Year 5: Japanese (with admin permission ONLY)		OR LSP (with permission)	
OR LCL** (Speaking skills) ELL ONLY		OR Academic Writing 11**ELL ONLY	
7. Career Life Education 10		OR Career Life Education blended (if ninth course)	
8. Elective (in the timetable)			
9. Elective (if one of the other courses is outside the timetable):			
10. MYP Personal Project (mandatory)			x
LSP (with permission) - Note: choose this option if you are planning to also take a language acquisition course			
NOTES FOR COUNSELLOR- please add everything below this into the “NOTES FOR COUNSELLOR” section on MyEd			
List Alternate Electives, in the case that the course request cannot be made. You will add this in counselor notes on MyEd:			

Grade 9 into 10 COURSE INDEX (2023-2024)

COURSE	
Composition Year 5 (Including Lit Studies)	- OR -
Composition Year 5 Pre AP (Including Lit Studies)	- OR -
Transitional English 10/Language & Cultural Literacy 10/Academic Writing 11 (ELL Learners ONLY)	
Individuals and Societies Year 5 (Social Studies)	
Foundations of Math & Pre-Calculus 10	- OR -
Workplace Math 10	
Sciences Year 5	
French 10: Language Acquisition Year 5	- OR -
Spanish 10: Language Acquisition Year 5	- OR -
Japanese 10: Language Acquisition Year 5 (in taking Grade 9 Japanese this year) (MYP Requires students continue in the same language to develop proficiency)	
Physical & Health Education Year 5-Boys	- OR -
Physical & Health Education Year 5-Girls	- OR -
Physical & Health Education Year 5 Strength & Power	- OR -
Physical & Health Education Year 5 Girls Fit (Fit for Fun)	
Career Life Education 10	- OR -
Career Life Education 10 Blended * (outside of timetable)	
Personal Project 10 (MYP)	

**** Premier Academy, District Program and PURSUIT**
students may require specific course programming. Please contact your counsellor for course selection specifics.**

1. [PREMIER SPORT ACADEMIES](#)
2. [PREMIER DISTRICT PROGRAMS](#)

COURSE
Accounting 11
Art: Art Studio 11 (Art Foundations)
Art: Media Arts 11
Art: Studio Arts 3D 11 (Ceramics & Sculpture)
Art: Studio Arts 2D 11 Enriched (Pre-AP)
Choir 10 (outside of timetable) *
Composition & Production 11
Computer Programming 11 (Pre-AP ICT11)
Concert Band 10
Drafting 10
Drama 10
Food Studies 11
Guitar 10
Graphic Production: Yearbook 11
Japanese 10: Language Acquisition Year 5
Jazz Band 10 (outside of timetable) *
LSP 10 (with school consultation/permission)
Mentorship 10 (by application) (outside of timetable) *
Photography 11
Textile Studies 11
Theatre Company 10 (cast members must take Drama as well) (outside of timetable/requires audition) *
Video: Film & Television 11
Youth Work in Trades 11A

* Note: Courses outside of the timetable are a 9th, 10th or 11th course *

Course Request Deadlines

- **Jan 17-Feb 20**: Think, talk to parents/teachers, make decisions
- **Feb 21**: Class visits (start inputting)
- Course input closes – **March 26** (end of spring break)



- Course **changes** after this time are subject to availability.



Website address for course selection info...



[http://rockridgecounselling.
weebly.com](http://rockridgecounselling.weebly.com)



Thanks!

See you soon during class visits!

Any questions?

You can find us at:

jradcliffe@wvschools.ca

jahmelich@wvschools.ca

mpandher@wvschools.ca