



## April PAC Newsletter

Dear Parents and Guardians,

We are absolutely delighted to announce the date of our Spring Fling on 29<sup>th</sup> April at 6.30 pm at West Vancouver Yacht Club. 55\$ per person. Get your tickets here. See the poster attached for details. The Spring Fling is in just a few short weeks, so please spread the word and get your tickets soon! It's been a long time since we were all able to mingle and dance! Yay!

### **Next PAC Meeting on Wednesday, April 20<sup>th</sup> at 5.30 p.m.**

The upcoming meeting will be held at Rockridge Library and via zoom simultaneously. The Minutes of the previous PAC meeting can be found here.

Guest speaker: *Christopher Burt, a Family Counsellor and Public Speaker with over 25 years' experience.*

TOPIC: Fostering Trust, Connection, & Communication with Teens, During these Challenging Years.

The teen years can be challenging to parents, and while traditional parenting methods can often start to 'backfire' and disrupt the establishment of relationships with teens, some of their behaviours invite us to use strict consequences. Where is the happy medium? A review of 'what works' with teens, as well as research-based insights into teen high risk behaviours that helps us determine how to best support them, and talk to them, during these challenging years.

### **PAC Annual Contribution and Scholarship Donation**

Please consider donating to the other annual PAC fundraisers. These two optional Contributions can be found on School Cash Online.

\* Scholarship Contribution: The Scholarship Fund provides various scholarships, book awards, and grants each year to Grade 12 students. Please consider donating to this worthwhile fund.

\* PAC Contribution: The majority of PAC contributions provides funds towards wish list items to enhance classroom learning. Previous contributions have allowed the PAC to purchase digital and educational resources for the learning commons, film, camera and sound equipment for Film, Technology, Business, Drama and Theatre Company classes, musical instruments, sewing machine for Textiles class, microscopes for Science, and classroom set of novels for the English Department and many more. These are just a sampling of the learning resources that have been funded through your contributions.

### **Call for Boys' Club parent volunteers**

The Rockridge Chapter of Boys' Club Network <https://www.boysclubnetwork.com/> is looking for parents/community members who are willing to come in for 45 mins and share their stories, life skills, career advice, etc with our group of boys. We meet every second Tuesday at 12:30. If you or someone you know might be interested in speaking with our group, please get in touch with Jamal Ahmelich at [jahmelich@wvschools.ca](mailto:jahmelich@wvschools.ca).

### **Outdoor Classroom Update**

Architecture Building Culture Inc (ABC), the new architects, sent the design to the District of West Vancouver for initial comment. The District had a look at the proposal, and at this stage has no objections. ABC is now working on the Building Permit application and hopes to have it submitted in the next month or two.

Your Rockridge PAC

### **PAC Contacts:**

Our webpage <https://westvancouver.schools.ca/rockridge-secondary/parents/>  
e-mail: [ropac@wvschools.ca](mailto:ropac@wvschools.ca)

Please follow us :



[Rockridge Secondary PAC – RSPAC](#)



[RSPAC Instagram](#)