



PAC Newsletter, January 2022

Dear Parents and Guardians,

Thank you so much for the Cookie support last month! We've heard from many teachers that they felt truly appreciated and honoured by all of you who donated homemade cookies! We had close to 90 dozen!! It was a huge hit!

Also, the Card Making Station to show gratitude was a huge success too. The kids made many beautiful cards that had lovely messages to the teachers. Please thank the kids – they were very well received!

**The upcoming PAC Meeting is today -Wednesday, January 19<sup>th</sup> at 5.30 p.m.**

The meeting will be held in zoom. The Agenda is here.

Zoom Meeting ID is: 849 5460 9575

Passcode: 710734

<https://us02web.zoom.us/j/84954609575?pwd=N0lxSEtkOGE4SnZneHh4Y3JBYS1ltQT09>

The Minutes of the previous PAC meeting (November) can be found [here](#).

Guest speaker: *A Chat to Support Gender Diversity in Our Community* with Lucas Wilson, a public health educator and coordinator.

Lucas Wilson is a public health educator and coordinator working in the field of transgender health. Lucas's background is in youth work and he has worked extensively with the Vancouver School Board and other school districts in the Greater Vancouver Area to support inclusive school policy and transition plans for students. More recently, Lucas has worked in numerous roles directly supporting trans, gender diverse and Two Spirit people of all ages, particularly in the context of gender affirming healthcare access. He is also a MPH (Master of Public Health) candidate at Simon Fraser University and hopes to utilize his education in support of accessible and capable systems of care for underserved populations.

*Supporting Trans, Gender-Diverse and Two Spirit Youth and Young Adults*: When schools and communities are gender inclusive all youth benefit. This presentation will:

- Provide foundational knowledge about gender diversity
- Identify the needs of trans, gender-diverse and Two Spirit youth in a school/community setting
- Discuss protective factors and frameworks to enhance the safety and belonging of all youth

**Rockridge Gala – postponed.**

It is postponed until a time when we can safely gather again. Fingers crossed that we can reschedule for late April, early May.

**Next PAC Meeting** is scheduled for February, 16th at 5.30 p.m. Our guest speaker is from Jack.org. They'll be speaking about an incredibly important topic: Student Mental Health and the impact the pandemic has had and what you can do to understand and to help!

Stay healthy.

Your Rockridge PAC,

**PAC Contacts:**

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