



December PAC Newsletter

Dear Parents and Guardians,

Christmas is a time for family, food and fellowship. Rockridge PAC is wishing you nothing but the best that the season has to offer.

Staff Appreciation Christmas Goodies Day Tuesday, December 14th 🎄

Rockridge PAC invites you to bake some holiday goodies for our amazing Rockridge staff.

We have 90 staff that help to keep our school awesome and we would like to show our appreciation for them this holiday season by showering them with holiday treats to take home. Gifts come and go; what really matters are the people who light up our kids' lives all year long.

Please [sign up](#) to bake with your kids and bring in some of your favourite holiday goodies.

Cards of Appreciation

Next week, we'll be setting up a Card-Making Station (arts and crafts style) in the front lobby so that students can take a moment to show their teachers their appreciation and make them a card. Please encourage your child to participate! Our teachers need to feel your child's appreciation and it's a great opportunity to teach our kids the value of showing gratitude! Printing out digital cards works too! Contact Julie@GoTeamStewart.com with questions. <Instructions will be in the cafeteria>

Next PAC Meeting on Wednesday, January 17th at 5.30 p.m.

The upcoming meeting will be held again at Rockridge Library and via zoom simultaneously. We found that our parents well accepted this format. The Minutes of the November's PAC meeting can be found [here](#).

Guest speaker: *A Chat to Support Gender Diversity in Our Community* with Lucas Wilson, a public health educator and coordinator.

Lucas Wilson is a public health educator and coordinator working in the field of transgender health. Lucas's background is in youth work and he has worked extensively with the Vancouver School Board and other school districts in the Greater Vancouver Area to support inclusive school policy and transition plans for students. More recently, Lucas has worked in numerous roles directly supporting trans, gender diverse and Two Spirit people of all ages, particularly in the context of gender affirming healthcare access. He is also a MPH (Master of Public Health) candidate at Simon Fraser University and hopes to utilize his education in support of accessible and capable systems of care for underserved populations.

Supporting Trans, Gender-Diverse and Two Spirit Youth and Young Adults: When schools and communities are gender inclusive all youth benefit. This presentation will:

- provide foundational knowledge about gender diversity
- identify the needs of trans, gender-diverse and Two Spirit youth in a school/community setting
- discuss protective factors and frameworks to enhance the safety and belonging of all youth

Don't miss this Engaging, Enlightening and Informative Talk!! Tell Your Friends to be there!

Rockridge Gala - Friday, February 25th at West Vancouver Yacht Club.

Save the date and get your dancing shoes ready! The details will follow.

Merry Christmas and a Happy New Year 2022,

Your Rockridge PAC

PAC Contacts:

Our webpage <https://westvancouver.schools.ca/rockridge-secondary/parents/>
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