



WEST  
VANCOUVER  
SCHOOLS

*A world of opportunity*

# PAC Meeting

January 19, 2021

# Acknowledging the Territory

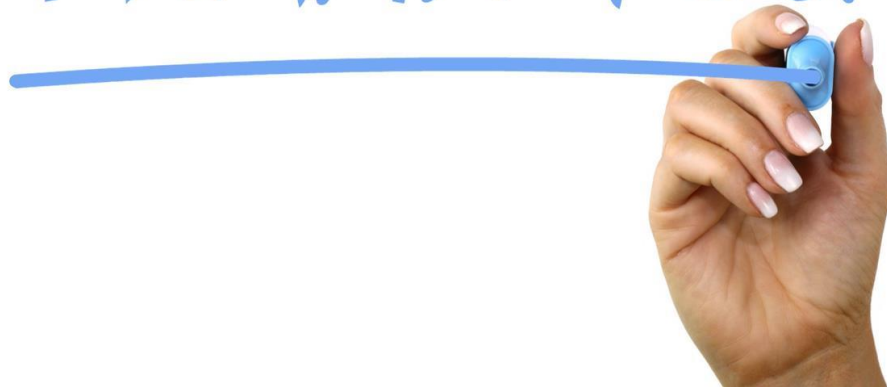




# Thank You Parents!

- Lovely (and delicious) meals – ‘Staff Appreciation’
- Outdoor Classroom marketing/fundraising drive
- Opportunity for teachers to request wish list items and for your thoughtful consideration in the allocation of funds

THANK YOU



# Looking Back

Theatre Company – Performance November 19<sup>th</sup>



# Events

- Winter Sports (Basketball) during X-Block



# School Spirit



Student Council, Grad Committee and Clubs

- **Theme Days, Grad Wear, School Clothing/Masks**

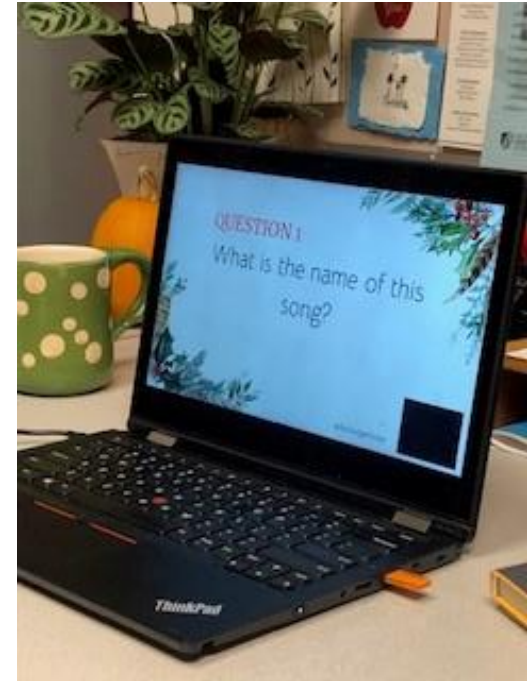
Leadership and Mentorship

- **Grade 8 Spirit Day**



# Holiday Fun

Last day of school before the winter break

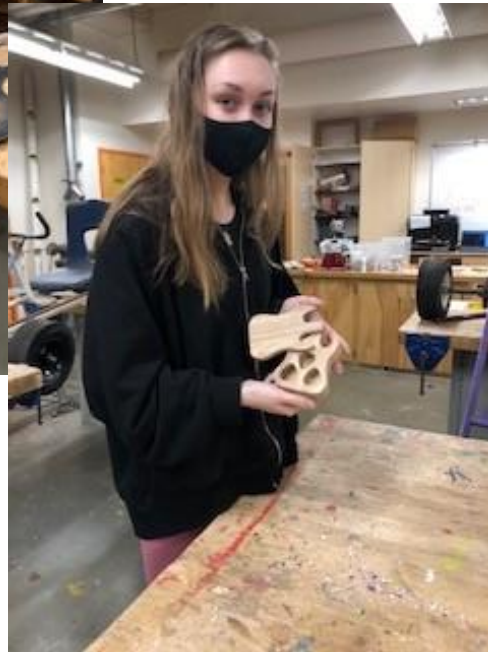


# Holiday Service Initiatives





# Learning in Action!



# STEM

## Mentoring



## 'Constructing'

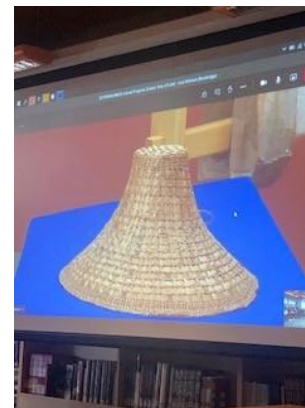
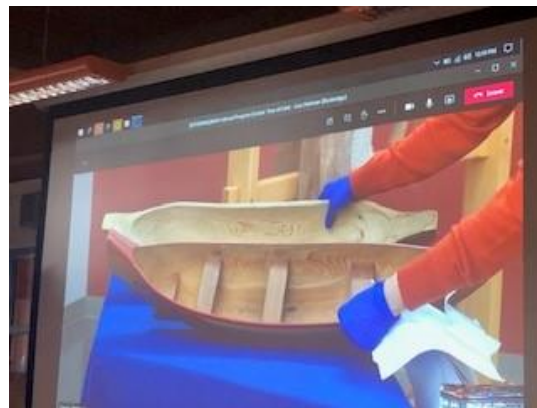


# Applying the Learning



# Enhancing the Learning

Lisa Hetman organized Museum of Anthropology's Live Digital Program for ELL students (*Cedar: Tree of Life*) January 13<sup>th</sup>



# Student Focus Groups

Grades 8, 9

Grades 10, 11 & 12



# Quarter System

Q1

Q2

Q3

Q4

## Positives

- Helps students focus on specific subjects
- Less homework/ more manageable workload
- Work is more efficient and organized
- Less stress
- Quality of learning has improved

## Challenges

- Fast paced/ feels rushed/ is intense
- Classes are long
- Less social interactions
- Not enough breaks during the day

## Feedback

- Increase breaks during classes
- Use a greater variety of ways to demonstrate understanding



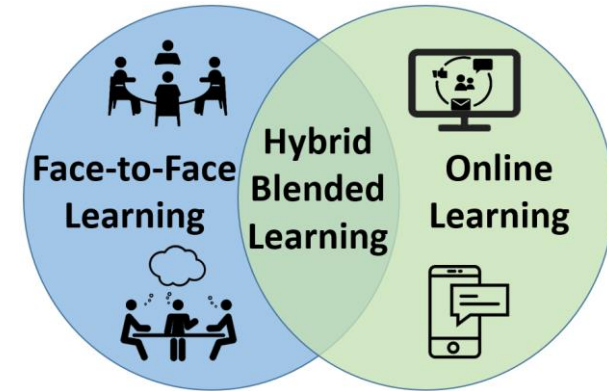
# Hybrid Courses

## Positives

- Increased independence/ can work at own pace
- Can learn from home

## Challenges

- Harder to stay motivated
- Hard to learn on your own



## Feedback

- Increase synchronous instruction opportunities
- Post in Google Classroom in advance/ communicate in advance
- Check in with students regularly to ensure knowledge and understanding



# Google Classroom

## Positives

- Improves organization
- Improves communication

## Challenges

- Frequency and timing of notifications
- Clarity of communication (consistency of posting, when it's posted, where it's posted)

## Feedback

- Post consistently (same time, same way, all at once)
- Clarity of communication/organization
- Know and utilize all the functionality of the GC





# X-block

## Positives

- Time to complete homework and/or catch up
- Time for students to do extracurricular activities
- Time to relax/ stress relief
- Get help from teachers

## Challenges

- Conflicting schedules

## Feedback

- Increased communication about X-Block (posted schedules, where teachers are etc.)
- Schedule X-Block opportunities





# Now What?

- **Staff Meeting Tomorrow - January 20<sup>th</sup>**
  - District Physical Literacy Team to present creative ways to incorporate breaks into the long classes
  - Dave Dickinson to share video with teachers:
    - how to turn off Google notifications
    - his organizational framework of Google Classroom and how he presents information to students

*We are all learners!*



**Professional Development**



# Framework for Enhancing Student Learning

**School Goal:** (September 2019 – June 2022)

*To develop students who are actively responsible for their own learning and who respectfully interact with others and their environment within the school community*

To develop **responsible** learners

- *self-management skills (managing stress)*

To develop **respectful** learners

- *building culture and identity*



# Framework for Enhancing Student Learning

## Team

Parents: Tammy Hester, Kelli Vukelic

Teachers: Bianca Ferrajohn, Michael Pandher (Counsellor)

Educational Assistant: Nicole Adie

Students: Zoie B & Anthony L (Grade 11)

Administrator: Judy Duncan

Team met last Thursday, January 14<sup>th</sup>, 2021



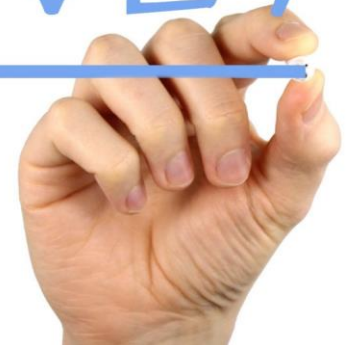


# Strategies

Administered Survey to Students in order to:

- Find out what our learners are telling us about their levels of stress **(Part 1)**
- Get feedback on each letter of RAVENS **(Part 2)**

SURVEY





## Survey Says... (Part 1)

- 60% of our students report that school makes them feel stressed **many times or all of the time**
- Activities causing the most stress are:
  - presentations
  - being called upon in class
  - studying for and taking tests
  - post-secondary preparation
- 43% of our students are telling us that they are **not** learning how to manage their stress and anxiety at school and about **half** are indicating they **sometimes** are learning how to manage their stress at school



# Results Continued... (Part 1)

- Strategies students report using the most:
  - talking with a friend
  - watching videos
  - listening to music
  - walking in nature (identified in comments)
- Students want to learn how to manage their stress in classrooms (43%) or in optional meetings (34%)  
(Not in a required X–block or 1:1 appointment)
- Nearly half want to learn how to manage their stress from an expert in the field







## Now What? (Part 1)

- Mr. Pandher is gathering information from teachers as to what de-stressing/relaxation strategies they may be using in class; he will share at staff meeting
- Key results from the survey will be shared with staff; invite a conversation at staff meeting
- Parent Education – common understanding and consistency
  - PAC organized event on Feb. 4<sup>th</sup> focusing on student stress

STRESS



# WE ARE ALL RAVENS! (Part 2)

**R Resilient**

**A Adaptable**

**V Valiant**

**E Empathetic**

**N Noble**

**S Supportive**





# Now What? (Part 2)

Suggestions:

- Create a visual (visible in classrooms and around school)
- Involve the Student Council
- Incorporate into Spirit Day with Grade 8s
- Mentorship Program – Perhaps each Gr. 8 homeroom take a letter and create a video? Or?
- Incoming 8s – Make a video (film class students?); interview students; make it powerful - create a sense of pride
- Share with all the Clubs
- Classrooms – Leadership Course/Careers; descriptive words for leaders



# Parent Education/Information Sessions

## School:

Grade 7 Virtual Open House – January 11<sup>th</sup>

Course Planning Information (virtual)

- February 8<sup>th</sup> at 7pm – students entering Grades 9 and 10
- February 9<sup>th</sup> at 6:30 – students entering Grades 11 and 12
- February 9<sup>th</sup> at 7:15 – AP (Advanced Placement) Information

## District:

PAC/DLT/Administrators Session January 6<sup>th</sup>

- Diversity and Inclusion (Rockridge presentation on anti-racism)

Board Highlight January 19<sup>th</sup>

- Tonight at 5pm! Rockridge will be showcasing its Leadership and Mentorship Courses at the School Board Meeting



# Reminders



## Provincial Assessments

- January 25<sup>th</sup> – 28<sup>th</sup> (Graduation Literacy Assessment for Gr. 10s)
- April 12<sup>th</sup> – 16<sup>th</sup> (Graduation Numeracy Assessment for Gr. 10s)

## Professional Development Day

- Friday, January 29<sup>th</sup> (ProD dedicated to Indigenous Education)
- School will not be in session for all our West Vancouver Schools

## Quarter Turnaround Day (Flexible Day)

- Monday, February 1<sup>st</sup>



# My Top Three Areas of Focus

1

To continue to seek and respond to feedback to ensure we are addressing and supporting students' needs

2

To continue to find ways to build a positive school culture

3

Support the Outdoor Classroom!

