



# ROCKRIDGE

## ESSE QUAM VIDERI



June 11th, 2018

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Principal's Blog](#)

[Daily Announcements](#)

CALENDAR UPDATE	
June	
19	7:00 Grad Commencement @ Orpheum Theatre
22	6:45 Grad Banquet @ the Westin Bayshore (Doors Open at 6:15)

### A NOTE FROM THE PRINCIPAL

#### Cancer Awareness Week

Our Student Council organized many events last week in conjunction with the West Vancouver Police Department to raise funds for the Cops for Cancer Tour de Coast event, an 800 km tour through the Sea to Sky corridor. Donations made to the Canadian Cancer Society through Cops for Cancer are used to support cancer research as well as programs like Camp Goodtimes. At the end of last week's festivities, a barbeque and other fun activities took place, including a bouncy castle, pie-throwing, and a police officer's head being shaved! Constable Bigland spoke to the students about how the funds they raised will help send a child to Camp Goodtimes. If we had reached our goal of raising \$2500, Mr. Sandor's head would also have been shaved! But never fear, we aren't letting him off the hook that easily. We are extending our fundraising push for another week in hopes of raising enough the \$700 needed to achieve our goal and to give Mr. Sandor his free haircut!

To donate to Cops for Cancer and to ensure we accurately capture donations from the Rockridge community, we ask donors to indicate "**Supporting Rockridge Cancer Awareness Week**" in the section provided for remarks by on-line donors. Each rider has an individual donor page that can be selected as donors wish.

Click <http://ow.ly/eC8u30ihSC9> to support **Cst Chris Bigland & 2018 Cops for Cancer Tour de Coast!**

Click <http://ow.ly/gRa330ihSJf> to support **Sgt Tom Wolff Von Gudenberg & 2018 Cops for Cancer Tour de Coast!**

And to keep posted on West Vancouver Police Cops For Cancer 2018, you can visit our facebook page at <https://www.facebook.com/WVPDFightsCancer>

#### Sweet Sounds of Spring

Last Thursday, parents and guests were treated to a beautiful evening of music thanks to our talented students. Under the expert direction of Ms. Collins and Ms. Inkster, our Bands and Choirs performed

many uplifting pieces. Thank you for such an entertaining evening full of 'sweet sounds'. We are already looking forward to continued growth in our Music programs next year!

### **COLLABORATION BLOCK – June 14<sup>th</sup>, 2018**

#### **Grade 8**

Students will meet in Players Hall with an electronic device, larger than a smart phone is recommended for this activity. Mr. Crowley will guide students through their second set of Approaches to Learning, a self-reporting component of their IB-MYP program at Rockridge. **Students in Pursuits and Academy programs will need to complete this activity Grad Class 2022 in their Google Classroom by Monday June 18.**

#### **Grade 9**

Students will meet in the Learning Commons with an electronic device, larger than a smart phone is recommended for this activity. Mr. Sandor will guide students through their second set of Approaches to Learning, a self-reporting component of their IB-MYP program at Rockridge. **Students in Pursuits, F.A.S.T. and Academy programs will need to complete this activity Grad Class 2021 in their Google Classroom by Monday June 18.**

### **COMMENCEMENT TICKETS**

...are now on sale in the main office. The tickets at the Orpheum are Festival seating. Grads and their families can purchase an unlimited quantity. Cost: \$20/ticket

### **ORLANDO TRIP – April 2019**

**UPDATE:** The trip is filling up fast... we have 7 spots left. First come first served. Please submit application form and \$500 deposit to the careers office by Friday, June 15<sup>th</sup> at the latest if you want to secure a spot.

For further information please visit: <http://mrstowers.weebly.com/orlando-2019.html>

If you have any questions please contact: Jennifer Towers [jtowers@wvschools.ca](mailto:jtowers@wvschools.ca)

### **VANCOUVER COASTAL HEALTH**

#### **Kids & Concussion: What is a concussion?**

A concussion is a brain injury that cannot be seen on routine X-rays, CT scans, or MRIs. It affects the way a child may think and remember things, and can cause a variety of symptoms. The child does not have to have been knocked out (lose consciousness) to have had a concussion. The signs of injury may appear later and it is important to watch the child carefully for the next 48 hours.

For more information on downloadable resources and Tip sheets and Guides for parents and caregivers please see [Parachute Canada](#)

Call your doctor or go to the Emergency Department immediately if you notice any of these signs:

- Your child is confused or doesn't recognize you
- Your child appears to have a persistent or worsening headache
- Dizziness or difficulty balancing
- Your child complains of, or appears to have, disturbances of vision
- Vomiting

- Your child seems excessively sleepy or is difficult to wake
- Your child has a convulsion (uncontrollable jerking of the body.)
- Your child loses strength in an arm or leg
- Fluid or blood leaks from the ears or nose

Do not give sedatives or pain medications for 2 days unless prescribed by a physician who has examined your child. No child should go back to sports activities until they have been cleared to do so by a physician.

To learn more about concussion please see: Concussion Awareness Training Tool [website](#)

#### **WHY IS IT IMPORTANT FOR YOUR STUDENT TO HAVE THEIR FORMS COMPLETED?**

##### **ONLINE FORMS**

The completion of the online form enables students to fully participate in their classroom activities. At this time:

- **Some teachers cannot get all their students in their class set up on Google Apps**

We ask that parents and guardians please complete the District Policies and Procedures Forms electronically, which are found on the school website at <https://eforms.sd45.bc.ca/Form/PandP>

##### **STUDENT RELEASE FORMS**

We ask that parents complete and return these forms to the school so that we can complete our Emergency Preparedness plan. Student Release Forms were distributed to students during the first week.

##### **STUDENT VERIFICATION FORMS**

We ask that parents sign and return forms confirming all information is correct and noting any changes to contact information. Student Verification Forms were distributed to students during the first week.

**YOUR ASSISTANCE IN ENSURING THAT ALL OF THE ABOVE MENTIONED FORMS ARE COMPLETED  
IS APPRECIATED**