



ROCKRIDGE

ESSE QUAM VIDERI



March 12th, 2018

[Rockridge Secondary School website](#)

[WV School District Website](#)

[Principal's Blog](#)

[Daily Announcements](#)

CALENDAR UPDATE	
March	Event
15	6:00 & 8:00 pm Rockridge Advanced Film presents: <i>Grey Matter</i> @ Kay Meek Theatre - Tickets
19-30	Spring Break – School not in Session
April 2	Easter Monday – School not in session

A NOTE FROM THE PRINCIPAL

Last week student learning was showcased through both the Personal Project Exhibition and our annual public speaking competition, 'Rock Talks'. Grade 10 students proudly exhibited their projects for the school community to view on Thursday, March 8th. The range of students' interests and passions was reflected in the diverse projects on display throughout the day. I thoroughly enjoyed listening to the students sharing reflections on their learning journey. Congratulations to our Grade 10 students!

Students in Grades 8, 9, 11, and 12 spent many weeks working on their speeches in preparation of our annual public speaking competition, 'Rock Talks'. All students developed their communication skills throughout the process, in particular, their ability to speak confidently and clearly in front of their peers or to a larger audience. On Friday, three students from each of the grades presented their speeches to the entire student body. Winners at each grade were selected by our prestigious judges, MP Pamela Goldsmith-Jones, MLA Jordan Sturdy and Superintendent of Schools, Chris Kennedy. Congratulations to all students for their efforts and thank you to Ms. Jung for organizing this impressive event.

As we enter the final week before the break, I'd like to take this opportunity to wish all of you a wonderful holiday. Whether you are remaining at home or getting away, a change of pace is always invigorating. I look forward to welcoming students back on Tuesday, April 3rd.

ENGINEERING COHORT 2018-19

Next year Rockridge is very excited to be offering the first **Engineering Cohort** for Grade 11 students, and there are a few spaces left in this innovative program! Engineering students will have the opportunity to apply their learning in the STEM fields in a practical and hands-on setting. Students who enroll will receive a total of 20 credits in Math 11, Physics 11, Chemistry 11, Engineering 11 and Design 11. Interested students and parents are encouraged to contact Mr. Trask (mtrask@wvschools.ca) if they would like to enroll or have any questions.



1. Tickets for DPAC's screening of *Angst* are now available at kaymeek.com/angst-documentary

West Vancouver District Parent Advisory Council Presents:

A SCREENING OF THE FILM "ANGST"
RAISING AWARENESS AROUND ANXIETY

Followed by a panel discussion with local service and support providers

Wednesday, April 25, 2018 | 7-9 PM | Kay Meek Theatre
Doors open at 6:30 PM

Reserve your tickets for ANGST, a new documentary about anxiety. The documentary features candid interviews with real kids and teens discussing their anxiety and how it impacts their lives and relationships. The film also highlights discussions with mental health experts about the causes of anxiety and its sociological effects, along with the help, resources and tools available to address the condition.

Attendees will also have the opportunity to interact with local agencies providing support and services to families dealing with anxiety through both an interactive panel discussion and through booths in the Kay Meek Centre lobby both before and after the event.

Panel Information:

Moderator:

Chris Kennedy, Superintendent, WVSD

Panelists:

Lori Cliff, Child and Youth Mental Health, MCFD
Maureen Lee, Student Support Services, WVSD
Dr. Sarah Newth, North Shore Stress and Anxiety Clinic
Sharon Selby, The ABLE Developmental Clinic
Lara Weise, Foundry




Tickets - \$10

www.kaymeekcentre.com



2. Foods That Fit Workshop Registration Link Now Open

<https://www.eventbrite.ca/e/foods-that-fit-workshop-2018-registration-43676122458?aff=es2>



APR
18

"Foods That Fit" Workshop 2018

by Helen Yeung

Free

[↑](#) [🔖](#)

[REGISTER](#)

DESCRIPTION

This free, interactive workshop is designed for all school principals, teachers, and parents at North Shore schools. In the first hour, 5:00-6:15 pm, participants will sample menu items that "fit" the "Guidelines for Food and Beverage Sales in BC Schools". During the two-hour workshop beginning at 6:15 pm, a panel of speakers will lead a discussion about ways to promote healthy eating at school by engaging students, educators, parents, and others in the community. Come hear about planning healthier fundraisers; creating a healthier food culture; connecting school gardens to healthy eating; and engaging families in planning healthy meals and snacks. For more information, please contact Helen at Helen.Yeung@vch.ca or 604-418-2139.

The vendors' showcase (tasting samples) will take place 5:00-6:15pm. Please drop in before 6pm.

DATE AND TIME

Wed, 18 April 2018
5:00 PM – 8:30 PM PDT
[Add to Calendar](#)

LOCATION

Education Services Center
5th Floor - The View
2121 Lonsdale Avenue
North Vancouver, BC V7M
2K6
[View Map](#)

3. Power Up Potential Conference

This is the first major conference about giftedness in BC in more than a decade. Being held on April 7th at Surrey's Fraser Heights Secondary.

<http://giftedchildrenbc.org>

[View Poster](#)

[ONLINE FORMS](#)

WHY IS IT IMPORTANT FOR YOUR STUDENT TO HAVE THEIR FORMS COMPLETED?

The completion of the online form enables students to fully participate in their classroom activities. At this time:

- **Some teachers cannot get all their students in their class set up on Google Apps**

We ask that parents and guardians please complete the District Policies and Procedures Forms electronically, which are found on the school website at <https://eforms.sd45.bc.ca/Form/PandP>

STUDENT RELEASE FORMS

We ask that parents complete and return these forms to the school so that we can complete our Emergency Preparedness plan. Student Release Forms were distributed to students during the first week.

STUDENT VERIFICATION FORMS

We ask that parents sign and return forms confirming all information is correct and noting any changes to contact information. Student Verification Forms were distributed to students during the first week.

**YOUR ASSISTANCE IN ENSURING THAT ALL OF THE ABOVE MENTIONED FORMS ARE COMPLETED
IS APPRECIATED**