# Vaping

## What we hope you learn

- What is it, what is the legislation and what does it look like?
- Who do we see doing it?
- What are some of the risks?
- What are the school policies?

## What is it?

- Vaping is the act of inhaling vapor produced by a vaporizer/electronic cigarette. Vapor is produced from eliquid, concentrate, or dry herb.
- E-juice is the primary material used in vaporizers, and consists of a PG (propylene glycol) and VG (vegetable glycerin) base, flavorings, may or may not contain <u>nicotine</u>.



## Current Research/Risks?

- Vaping relatively new activity so long term health data is somewhat limited, however, there are a number of studies indicating legitimate concerns
- vaporizes heat vape liquids to 200 300 deg which can potentially create carcinogenic substances
- Propylene glycol is used in many ways including as a de-icing agent for aircraft; it becomes vapour at high temps but there is limited understanding of the absorption level of the vapour



## Legislation

- 19 or over to purchase any vaping products
- No enclosed public spaces
- Nowhere within 6M of doorways
- Cannot sell or provide to anyone under 19

## Who?

- Mostly boys in grades 8-12
- Majority is grade 9-11
- Females are doing it but we see fewer of them doing it

## School Rules

- District code of conduct classifies vape products in the same category as smoking products which is consistent with provincial and federal legislation
- Vaping is not allowed on school grounds nor in any school buildings
- Students caught vaping on school grounds will face consequences
- Vapes will be returned to parents and not students

#### What we do.

- Constantly checking school grounds and mall
- Checking changing rooms/washrooms
- Looking at buses as well
- Student education