

Parent/Guardian General Information/Disclosure & Informed Consent Form Ski & Snowboard Field Trip

PURPOSE: To provide all skiers/boarders with an extra-curricular opportunity to ski/snowboard

EVENTS: Thursday December 14, 2017
Rockridge PE Ski / Snowboard Trip
Whistler Blackcomb Ride Tribe

TRANSPORTATION: Transportation to and from Whistler/Blackcomb will be provided by Cantrail Charters

LEVEL OF SUPERVISION:

All supervisors will remain on the mountain or at the base of the mountain. The head supervisor will be linked to mountain operations via a cellular / satellite phone. Teachers and school supervisors will be on the mountain and will have cellular phones and pagers that link to the Ride Tribe headquarters. All supervisors will have the following:

- A list of the participants
- Participant emergency contact information
- Participant medical information. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).
- Cellular phone numbers of the other supervisors

Participants will be under direct supervision while in transit. On the mountain during the ski day, students must remain in their Ride Tribe groups with their Ride Tribe instructor at all times.

SPONSORS: Adult to student supervision ratios will be in the range of 1:10 to 1:15.

Supervisor #1:	Brooks Mc Niven (Teacher)
Supervisor #2:	Julie Cameron (Teacher)
Supervisor #3:	Daphne Lambie (Teacher)
Supervisor #4:	Ian Armstrong (Teacher)
Supervisor #5:	Perino Zambon (Teacher)

RISK ASSESSMENT:

Skiing and snowboarding are inherently dangerous activities and it is impossible for the coaches to supervise all participants at all times on the mountain. Risks have been minimized by requiring skiers to ski/board with a “buddy” and by discussing with the skiers, the risk and the responsibilities inherent in skiing and snowboarding. Skiers have demonstrated their awareness of risk and responsibility by completing the *Student Awareness of Risk and Responsibility* Form.

SAFETY RULES/REGULATIONS:

- All school rules and the school Code of Conduct are in effect (see school website for more information).
- Students are not permitted access to the terrain parks although these areas may be “open”.
- Helmet use is mandatory for all school-sponsored ski/snowboard programs.
- Students must stay on the same mountain is listed above and that includes the training or racing.
- All students must follow the *Alpine Responsibility Code* listed below.

Alpine Responsibility Code

There are elements of risk that common sense and personal awareness can help to reduce. Regardless of how you decide to use the slopes, always show courtesy to others. Please adhere to the code listed below and share with others the responsibility for a safe outdoor experience.

1. *Always stay in control. You must be able to stop, or avoid other people or objects.*
2. *People ahead of you have the right-of-way. It is your responsibility to avoid them.*
3. *Do not stop where you obstruct a trail or are not visible from above.*
4. *Before starting downhill or merging onto a trail, look uphill and yield to others.*
5. *If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.*
6. *Always use proper devices to help prevent runaway equipment.*
7. *Observe and obey all posted signs and warnings.*
8. *Keep off closed trails and closed areas.*
9. *You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.*
10. *You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.*

FIRST AID PROVISIONS:

- A first aid kit will be kept on each bus for access while in transit. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g. anaphylaxis).
- While on the mountain, the Ski Patrol will provide first aid assistance.
- To access any required first aid while on the mountain students should speak to employees of the mountain who may be identified by their uniforms.
- A field trip supervisor is to be contacted if any student requires first aid.

ITINERARY: Thursday December 14, 2017

6:30 am	Participating students begin boarding bus (parked on Dec 14, 2017 in front of the school)
8:00 am	Arrive at Blackcomb Base II
3:00 pm	Students return to bus
3:30 pm	Bus leaves ski mountain
5:15 pm	Approximate arrival time at Rockridge Secondary

COST:

Option 1	Mandatory Lesson Only (You have own pass and equipment)	\$100
Option 2	Lesson and Lift	\$112
Option 3	Lesson, Lift and Rental	\$134

Space is Limited!

NON- REFUNDABLE PAYMENT IS DUE BY Tuesday Nov 28, 2017

- All cheques should be made payable to Rockridge Secondary.

PARENT/GUARDIAN RESPONSIBILITY:

- Parents/guardians have the responsibility to arrange for their child's own accident or liability insurance.
- Parents/guardians have the responsibility to determine whether the student may participate on the Ski/Board trip demonstrated by the completion and signing of an *Informed Consent Form* (below)

Please direct any questions or concerns surrounding this field trip to:
Daphne Lambie
dlambie@wvschools.ca

WEST VANCOUVER SCHOOLS

Parent Informed Consent Form
(High Risk Activity)

This form must be read, each paragraph initialed where appropriate and signed at the bottom by a parent or legal guardian.

School to fill out

Rockridge Secondary PE Department is arranging a Ski and Snowboard Trip for students at Whistler/Blackcomb Ski Resort on DECEMBER 14, 2017. Students will be traveling by CHARTERED BUS. Students will be supervised by Whistler/Blackcomb RIDE TRIBE SKI INSTRUCTORS AND ROCKRIDGE PE STAFF.

Accidents may occur while participating in these activities and these accidents may cause personal injury, illness, death or property damage or loss. The dangers and risks may include, but are not limited to:

Risk	Injury
Collision with trees, Maintenance equipment, rocks, people, fences, Slalom gates, "features".	Broken bones, contusions, concussions, lacerations
Cold weather	Hypothermia, strained muscles, Frost Bite
Tree wells and deep snow	Suffocation, blindness, Frost Bite, lacerations
Streams	Hypothermia, strained muscles, Frost Bite,
Falling down	Broken bones, contusions, concussions,
Falling off: cliff, chair lift, jump	Broken bones, contusions, concussions,
Getting lost and losing your "Buddy"	All of the above
Going out of bounds	All of the above
Faulty equipment	All of the above

Parent/Guardian to fill out

In consideration of the West Vancouver School District offering my child, _____, an opportunity to participate in a _____ (name of high risk activity) field trip to _____ (location) on _____ (date), I waive any and all claims I may have against, and release from all liability and agree not to sue the Board of Education of School District 45 (West Vancouver) and its officers, employees, agents, volunteers and representatives, and the Ministry of Education for any personal injury, death, property damage or loss sustained as a result of my child's participation in the _____ (Name of activity), arising out of any cause whatsoever.

Your child may not necessarily be supervised by an adult at all times:

_____ Initial

My child has no illnesses, allergies or disabilities that may require special attention, except as described as follows:

_____ Initial

I am aware that I should contact the school for further information if I am unaware what clothing and equipment is required for this activity or possible weather conditions. I understand that it is our responsibility to ensure my child has all necessary equipment and clothing.

_____ Initial

I understand that the school's Code of Conduct applies during this field trip. Specifically no drinking of alcoholic beverages, use of tobacco products at any time or consumption of drugs for any reason other than approved medical purposes with prior consent given on your medical form. I will be responsible for any costs caused by my child's failure to abide by the Code of Conduct, including any costs to send my child home. Students are subject to the Student Code of Conduct (AP350) and their School's Code of Conduct during this field trip.

_____ Initial

By choosing to allow my child to participate in this activity, I will assume the risk of an accident occurring and agree that this activity as described is suitable for my child.

_____ Initial

The Board of Education of School District 45 (West Vancouver) does not provide any accidental disability, dismemberment, medical expense or death insurance on behalf of participating students. The School District recommends that you check your family medical coverage or purchase the Student Accident Insurance which was made available at the beginning of the school year.

_____ Initial

In signing this Consent and Waiver, I am not relying on any oral / written representation or statement by The Board of Education of School District 45 (West Vancouver) and its officers, agents, employees, or authorized volunteers, or the Ministry of Education, to induce me to permit my child to take the trip, other than those set out in this Consent and Waiver.

_____ Initial

Parent / Guardian Permission

I give _____ (Name of Student) permission to participate in the _____ (description of activity) at _____ (Location) on _____ (dates)

Parent/Guardian printed name:

Parent/Guardian signature & Date:

Student Name:

- Lesson only \$100 (With pass NOT EDGE CARD unless you qualify for a free day with the 5 day!)
- Lesson and lift \$112
- Lesson, Lift, Rental \$134

Snowboarder or

Skier

Age: _____

Discovery – First Time Novice – 2 – 7 days experience on Green terrain

Intermediate – Blue Terrain experience Advanced/Expert – Able to handle blue/black terrain

Complete Information below if Renting:

Height (ie. 5'1) _____

Shoe size (ie. 4 Kid's, 8 Men's) _____

Gender: Male or Female

Age _____

Weight (ie. 110 lbs) _____

Type 1 – conservatively at lower speeds, prefers easy moderate slopes

Type 2 – conservatively at a variety of speeds, prefers varied terrain including most difficult trails

Type 3 – aggressively, normally at high speeds. Prefers steep and more challenging terrain

MEDICAL/EMERGENCY CONTACT INFORMATION:

Parents are required to fill in the separate *Medical/Emergency Contact Information Form*. The information provided on the *Medical/Emergency Contact Information Form* is critical for guiding appropriate medical responses as needed.

Note:

Information given will remain CONFIDENTIAL and will be held by the staff while your child is attending Ski Trip

NAME OF CHILD: _____ **AGE:** _____
(Please print) First Name Last Name

ADDRESS: _____

NAME OF PARENT/GUARDIAN: _____ **PHONE:** _____
First Name Last Name

FAMILY DOCTOR: _____ **PHONE:** _____

MEDICAL INSURANCE CARRIER: _____

NUMBER: _____ (Dep. No: _____)

GENERAL HEALTH INFORMATION (Including specific meal requirements) :

Any allergies? What: _____
Please specify food, drug, animal etc.

Is any regular medication to be given? _____

Do you know of any health factors or other factors which may affect the care of your child? Please be specific.

Do you know of any health factor that makes it advisable for your child to not participate in a program with physical activity?

If the answer is YES, please give all the details on the back of this sheet.

SIGNATURE OF PARENT/GUARDIAN

What to Bring and Wear

Students will need to dress appropriately for mountain weather

**Students should check the forecast before on the Whistler website.
<http://www.whistlerblackcomb.com/weather/snowreport/index.htm>**

It is recommended to wear the following:

Helmet - Mandatory

Gloves

Neck warmer

Goggles

Water/wind proof jacket and pants,

Warm socks and appropriate footwear.

Layers of wicking garments fleece or wool combinations offer the best warmth option.

A change of shirt is recommended for the bus ride. Bags can be left on the bus

Food:

Students should bring lunch and snacks for the bus ride. We will not be stopping.

If students choose to buy lunch, there is a restaurant on the mountain but students will be responsible for carrying their own money.