



LIONS BAY SCHOOL

PAC meeting

September 17, 2026

6pm on Teams

Hilary Monfared, Melissa Warkentin, Andrew Nasr, Stephanie McKenzie, Danielle, Alison Fischer, Mikhaela, Cole Terrance, Hannah Lewis.

Principals: Jennifer Olhauser, Christine Hulme,

Call to order: 6:01pm

Approval of Agenda – approved

MINUTES:

Alison Dudley from the Lions Bay Arts Counsel:

- Organization has been around for 10 years
- goal to support local artists and local art events and kids' events, coordinated the art on the bathrooms at the park.
- wants to coordinate for kids' art events, craft fairs etc.
- Want to put out the opportunity of a one-time artist to come into the school to do an art class: dance, art, artisanal cheese making etc.
- Are informal about what they want to fund and support.
- Want to bring any artist into the school one-off events
- <https://lionsbayarts.ca/>
- Jennifer Ohlhauser: we also had a mural idea / proposal for the courtyard at the school.

Vice Principal / Principal report presented by Jenn:

- Staff intros
- Thank you for the musical instruments that have been installed in the playground. (The musical tree needs to be adjusted – Jenn has made a note).
- Spaces EDU is how the teachers communicate with the parents.



LIONS BAY SCHOOL

PAC meeting

September 17, 2026

6pm on Teams

Hilary Monfared, Melissa Warkentin, Andrew Nasr, Stephanie McKenzie, Danielle, Alison Fischer, Mikhaela, Cole Terrance, Hannah Lewis.

Principals: Jennifer Olhauser, Christine Hulme,

- Pro D days, two more cross country meets – Sept 22 and 29, no school Sept 30, Oct 1 & 2 Parent teacher conferences, sign up will be sent out. Early dismissal on Oct 2
- New PAC roles and new people stepping up and into new positions. Thank you!

Upcoming events:

Beach night Friday September 19, RSVP for pizza count

- Welcome tea and meet the teacher September 24 @ 8:15am
- Fall movie night and PAC meeting October 22
- Cider with Santa December 6
- Sing a long and bake sale December 18
- Tree chipping January 3
- Winter movie night and PAC meeting January 28
- Pancake breakfast April 9
- School Campout: June 11-13: book your cabin (yurt, tent, RV spot) now, notice to be sent out ASAP
- Needing volunteers for all the events and all parents can let Hilary – our chair know what events they'd like to help with.

Treasurer's report from Andrew:

- current money in bank account – just under \$19,000
- Andrew has budgeted the field trip, musical instruments, school supplies, buy 2x iPads, basketball hoop installation, pancake breakfasts etc. – coming in at \$12,000 and would still give us a surplus.



LIONS BAY SCHOOL

PAC meeting

September 17, 2026

6pm on Teams

Hilary Monfared, Melissa Warkentin, Andrew Nasr, Stephanie McKenzie, Danielle, Alison Fischer, Mikhaela, Cole Terrance, Hannah Lewis.

Principals: Jennifer Olhauser, Christine Hulme,

- Danielle is asking to add new oven to the wish list
- Need to find some good ideas for fundraising ideas
- Still has \$3000 in the gaming account – maybe the mural payment could come out of here? And/or use for the graduation or field trips – October field trip is the Vancouver Aquarium field trip.

DPAC report by Danielle:

- District PAC – Danielle is our representative
- First meeting Oct 7 – Danielle will report back after the first meeting.

HOT LUNCH report by Mikhaela:

- Up and running – 6 or 7 orders already
- Needing volunteers – in the newsletter and Whats app group.
- Need pizza pickup and sushi
- We need Homemade Hot lunches help.
 - Ideas: Quesadilla, Mac & Cheese, Chilli, Chicken noodle soup, burger, butter chicken.
- Spreadsheet for volunteers:
https://docs.google.com/document/d/1Eseg8XBi1J7XhNUa65GIR38PUZyYq08UNNLUfJVf-Dc/edit?usp=sharing_ei...
- Secret hot dog day is a good backup plan too.



LIONS BAY SCHOOL

PAC meeting

September 17, 2026

6pm on Teams

Hilary Monfared, Melissa Warkentin, Andrew Nasr, Stephanie McKenzie, Danielle, Alison Fischer, Mikhaela, Cole Terrance, Hannah Lewis.

Principals: Jennifer Olhauser, Christine Hulme,

Open discussion on Sleep:

- Parent list their points of struggle, wins with bedtime and questions for a sleep expert.
- Can't fall asleep on their own, too excited from the day to sleep, need more drink, snack etc. Adjusting with back-to-school bedtime changes etc.
- Sleep slide from Jenn Ohlhauser:
 - Guidelines
 - 3-6 years old = 11-13 hours
 - 7-10 years old = 10-11 hours
 - 10-12 years old = 9-11 hours
 - 13-18 years old = 10 hours
 - adult = 7+ hours
 - If they wake through the night or wake up too early – you most likely need to back up your bedtime routine by 15 mins
 - Consistency is important
 - sleep is cumulative
 - The evidence of lack of sleep shows up in three days
 - Lack of sleep shows up in a three-day delay
 - Kids are different and some kids need more sleep and some need less.
 - Ideas about a parent discussion group / FB or Whats App chat.
 - Making sure it's protected with only parents of kids at the school.
 - Keep testing out ideas on how to connect parents to one another.

Meeting adjourned 7:19pm