



LIONS BAY PRIMARY E-BULLETIN

- [School Website](#)
- [District Website](#)
- [Twitter](#)
- [Instagram](#)

 <p><b>WEST VANCOUVER SCHOOLS</b></p> <p><b>IMPORTANT INFORMATION PLEASE HAVE THIS TRANSLATED</b></p> <p><b>RENSEIGNEMENTS IMPORTANTS</b> Prière de les faire traduire.</p> <p><b>重要資料</b> 請找人為你翻譯</p>	<p>これほたいせつなお知らせです。 お念のため日本語に訳してもらってください。</p> <p><b>상업드림나다</b> 여가용 번역해 주십시오</p> <p><b>CHỈ DẪN QUẢN TRỊ</b> Xin nhđ người dịch họ</p> <p><b>बच्चों साठबाची</b> बिना कसै फिरे कसै फिरे से कसै कसै से :</p> <p><b>INFORMACIÓN IMPORTANTE</b> Busque alguien que le traduzca.</p>	<p><b>اطلاعات مهم و سودمند</b> لطفاً از یک نفر بخواهید که برای شما ترجمه کند</p> <p><b>ITO AY MAHALAGANG IMPORMASYON</b> Isalin sa wikang tagalog kung hindi maintutuhan</p> <p><b>يرجى ترجمة هذا</b> <b>معلومات هامة</b></p> <p><b>ВАЖНАЯ ИНФОРМАЦИЯ</b> Переведите это, пожалуйста.</p>
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Follow our learning and activities through our Twitter and Instagram accounts.

February 22, 2024

Dear Lions Bay Families,

Last night, we had a successful and fun pizza and movie night at the school. We are so grateful to the PAC (Parent Advisory Committee) for organizing the event to help raise funds for school needs and programmes. Thank you so much to Jill, Anke, Kim, and Adam for the set up and to all the parents who helped with clean up. It was a wonderful time for the school community to connect.

Our Pink Shirt Day assembly led by our Grade 3 students will be held at 9 a.m. on February 28, 2024. Parents are welcome to watch our Pink Shirt Day dance performance. Students are invited to wear a pink shirt or something with pink. (See below for more information on Pink Shirt Day).

Thank you, parents and staff, for ensuring that our Emergency Release Drill went smoothly last week. We are proud of our Grade 3 runners who assisted in pairing up students with parents.

Sincerely,  
Ms. Natalie Mendes  
Vice Principal

As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal Mrs. Robyn Evans [revans@wvschools.ca](mailto:revans@wvschools.ca) if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect and confidentiality.



### Pink Shirt Day

Bullying hurts everyone and can happen in many different forms – verbal, physical, social, and even cyberbullying. Did you know that bullying happens to someone in Canada every 7 minutes? Take a stand against bullying and **wear PINK on Wednesday, February 28th** to show your support of Pink Shirt Day and to show that bullying will not be tolerated. Read [this Pink Story](#) to see how Pink Shirt Day originated.

### Visiting Our School

Parents and caregivers need to make prior arrangements before entering learning spaces during the school day (i.e. do NOT enter your child’s classroom, even if it’s just to drop off a lunch or project, these items should always be left at the office, so as not to disrupt the learning environment). This includes outdoor learning spaces such as the playground (recess), the garden, the outdoor classroom, etc.

Please do not “drop-in” on your child’s teacher or other school staff. Email in advance or call the school to set up an appointment time. Staff are always happy to meet, but advance notice allows for us to give you our full attention at an appropriate time.

**Wacky Hair Day is on Friday, February 23rd** – Students are invited to participate in Wacky Hair Day and sport their creative hairdos!!!! This is organized by our Grade 3 leaders.



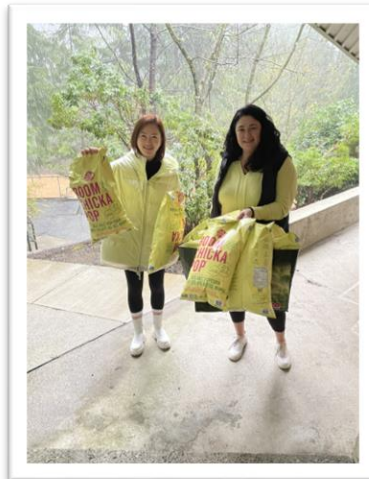
Check out these wacky styles!!!

### Daily Health Checks

Parents are asked to do daily health checks of children before sending them to school. As flu and cold season is upon us, we ask for your assistance to ensure that your child is healthy and well enough to participate in normal school activities. If your child is unwell, please report their absence to the school office by emailing [aatkinson@wvschools.ca](mailto:aatkinson@wvschools.ca) or calling (604) 981 – 8311.

### Hot Lunch

Hot lunch ordering is still open for this term (until March Break). Orders need to be in by Saturday night each week for the following week, or order now for the whole term! We also need volunteers for pick up of lunches on Tuesdays and Thursdays. To sign up follow this link: [volunteersignup.org/EWBJB](http://volunteersignup.org/EWBJB)



Thank you PAC for the movie night



Our wonderful, calm parents wait patiently during our earthquake release



Grade 3 runners in action helping with our Emergency release drill

### **LB PAC NEWS**

The next PAC meeting will be held **Thursday, April 11 at 6:00 p.m. via Teams. Link below:**

Microsoft Teams meeting

**Join on your computer, mobile app or room device**

[Click here to join the meeting](#)

Meeting ID: 287 205 958 441

Passcode: 33TEYa

[Download Teams](#) | [Join on the web](#)

**Or call in (audio only)**

[+1 437-703-4456,,745491203#](#) Canada, Toronto

Phone Conference ID: 745 491 203#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)



LIONS BAY SCHOOL PAC'S

# FISHERMAN'S MARKET

FUNDRAISER



**PLACE ORDER BY MARCH 15:**  
**[HTTPS://FORMS.GLE/V9QUW7FAG3FF2GNW7](https://forms.gle/V9QUW7FAG3FF2GNW7)**

PICK UP: FISHERMAN'S MARKET CAUFEILD  
EMAIL FOR DELIVERY: LIONSBAYPAC45@GMAIL.COM

THANK YOU FOR YOUR SUPPORT!



THERE'S  
CHICKEN TOO



### Dates To Remember

Friday, February 23	Spirit Day – Wacky Hair Day
Wednesday, February 28	<b>Pink Shirt Day</b> (Assembly @ 9:00 a.m. led by Grade 3 students)
Tuesday, March 5	HR MacMillan Space Centre Field Trip (Departure at 8:30 a.m.)
Thursday, March 14	Second Term Learning Updates Issued (MyED)
Friday, March 15	Last Day of School Before Spring Break
<i>March 18 - 28</i>	<i>SPRING BREAK – School Closed</i>
<i>Monday, March 29</i>	<i>Good Friday Holiday – School Closed</i>
<i>Monday, April 1</i>	<i>Easter Monday Holiday – School Closed</i>
Tuesday, April 2	School Re-opens
Wednesday, April 17	Student Learning Conferences (Early Dismissal at 12:15 pm)
<i>Friday, May 17</i>	<i>Professional Development Day – Students Not In Session</i>
<i>Monday, May 20</i>	<i>Victoria Day Holiday – School Closed</i>

Lions Bay School Calendar 2023 – 2024 is available on the Lions Bay School website under *our school tab/school news* [Here](#). Parents are asked to review the calendar and note dates for your personal reference.

The West Vancouver School District Calendar for 2023 – 2024 can be viewed [Here](#)

### Community Information

The 2024-2025 Premier Academies are open for registration! Please visit <https://westvancouver.schools.ca/programs/> for further information.

**Premier Academies:** Badminton, Baseball, Basketball, Fencing, Field Hockey, Rugby, Soccer, Tennis, Volleyball

## Safe Schools Presentations for Parents/Guardians/Caregivers

The Ministry of Education and Child Care, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

### Key Takeaways for Participants:


- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.

Participants must register in advance due to limited capacity. Session dates are:

- February 20<sup>th</sup>, 6:00 – 7:30 pm PST - [Click here to Register](#)
- February 22<sup>nd</sup>, 6:00 – 7:30 pm PST - [Click here to Register](#)
- February 28<sup>th</sup>, 6:00 – 7:30 pm PST - [Click here to Register](#)

### SUBSTANCE USE PREVENTION

An Online Presentation for Parents



#### KEY TAKEAWAYS

- Learn why children/teenagers are drawn to substances
- Understand what causes and maintains substance use disorder and needs
- Increase your child's ability to make positive choices about substances
- Acquire practical conversation tools for discussing substances in the home

#### Presentation Overview:

This presentation will focus on **tools and strategies** that you can use to speak to your children about substances in a way that encourages **positive decision-making** through a psychological lens. You will learn the causes of youth substance use and be introduced to a framework for **creating open communication** on this topic in your home.


There will be a focus on prevention and harm/risk mitigation in order to **empower** you to help your children think critically about their own behaviours, motivations, and choices.

In this session, you will be provided with the **specific language to use** when conversations arise about substances. There will also be opportunities to ask questions about the specific challenges you are facing with your children.

#### Online Session Information:

February 20<sup>th</sup>, 22<sup>nd</sup> or 28<sup>th</sup>  
6pm-7:30 pm PST

[REGISTER](#)




Note: The same presentation will be delivered on each date

@openp.co/feb20

#### Presenter:

**Dr Hayley Watson**  
Clinical Psychologist & Founder of Open Parachute



(PhD Clin Psych, MA Clin Psych, MA Transpersonal Psych, PG Dip Psych, BA Criminology)

Dr Hayley Watson is a Clinical Psychologist from BC, specializing in children and adolescents with a PhD in school bullying interventions, along with four further academic degrees in the field of mental health. She has been working with young people and their parents for the past 20 years.

Saved to O: Drive

Family Series



## Family Day Special



All Tickets Only \$15

# Frog Belly Rat Bone

Sat, Apr 6 | 3:00 PM  
Grosvenor Theatre

Incorporating beautifully handcrafted puppets and an original pop/rock musical score. An Axis Theatre Production, featuring a musical adaptation from the book by Timothy Basil Ering.



Offer Valid Fri, Feb 16 to Tue, Feb 20, 2024

Use Code **FAM15**

kaymeek.com | (604) 981-6335  
1700 Mathers Ave, West Vancouver

## ACTIVITIES AT YOUR WEST VANCOUVER COMMUNITY CENTRE / GLENEAGLES COMMUNITY CENTRE

Spring Break Break camps – Music, Spanish or Korean Immersion, LEGO, Arts, Science/STEAM, Sports, Gymnastics, etc:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities/camps>

## Spring Break Intensive Group Classes Also Available for All Ages: Beginner French Intensive & Music Theory Intensive

[https://anc.ca.apm.activecommunities.com/westvanrec/activity/search?activity\\_select\\_param=2&activity\\_keyword=intensive%20spring%20break&viewMode=list](https://anc.ca.apm.activecommunities.com/westvanrec/activity/search?activity_select_param=2&activity_keyword=intensive%20spring%20break&viewMode=list)

### Important Dates: Spring Program Registrations (April – June)

General registration for Spring opens on Wednesday, March 6

Skating, Gymnastics, and Swimming registrations open on Wednesday, March 13

### Spring Learning Programs

Interested in indigenous beading or cedar weaving, learning Languages, STEAM, Chess, Lego? Adult Beginner French classes available: After-School Kids' Farsi, Korean, Mandarin classes are also available.

Explore the Learning Program: [www.westvancouver.ca/learning](http://www.westvancouver.ca/learning)

### Browse your recreation activities and programs here:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

### Are you new in West Vancouver? Come, discover and join us:

<https://westvancouver.ca/newcomers>

## POLAR PLUNGE to support Special Olympics BC

It is that time of the year for the North Shore Polar Plunge to support the Special Olympics BC; it will be held on February 29<sup>th</sup>, 2024 (1000 -1100 hours). West Vancouver Police Department, North Van RCMP, North Shore Rescue, and Law Courts will also attend.

Join WVPD and others for this refreshing dip at Ambleside Beach. You can scan the attached QR code in this email to donate or check out the website [North Shore Polar Plunge | PolarPlunge SOBC \(crowdchange.ca\)](https://www.northshorepolarplunge.com)

## Pop Up PLAY

### Take a (Story) Walk with Us!

Families with children ages 0-6 are invited to join us on Saturday March 2, 2024.

Free, no registration required

What's a Story Walk? A multi-sensory experience where children enjoy interactive books, music, art and the outdoors.

Come dressed for the weather! These walks are stroller and child friendly.



**When: Saturday, March 2, 2024 (10:00-11:00 am)**  
**Event: POP Up PLAY- Story and Play with Katie Brock**

**Location:** Meet at the covered picnic area at John Lawson Park. We will walk together through the park, immerse ourselves in story, and use our senses to participate in a fun scavenger hunt

**WEST VANCOUVER SCHOOLS**  
*A world of opportunity*



**PLEASE JOIN US FOR AN EVENING WITH DIANA DIVECHA, PH.D**

**WE ARE ALL CONNECTED: HOW FAMILIES CAN SUPPORT CHILDREN'S K - 12 PEER RELATIONSHIPS**

Children's relationships with their peers are crucial anchors of their wellbeing in every phase of development. What does the science show about how families and schools can foster supportive relationships at different ages? What's normal, and when should we help? How can we prevent or help kids recover from harmful relationship experiences?

We will hear from an expert who can offer practical advice and explain the science behind how families and schools can foster supportive relationships at different ages.



**Dr. Diana Divecha,**  
Developmental psychologist, Yale Child Study Centre

This event is free

IN ORDER TO RECEIVE YOUR LINK TO THE EVENT PLEASE REGISTER AT [DPAC@WVSCHOOLS.CA](mailto:dpac@wvschools.ca)

MARCH 7TH  
7PM-8:30PM  
VIRTUAL

We are collecting questions from attendees in advance instead of a live audience Q&A. Do you have questions for our speaker? Please fill email them to: [dpac@wvschools.ca](mailto:dpac@wvschools.ca)




**athletics - kids**



**Do you need help with sports registration fees? ATHLETICS FOR KIDS CAN HELP!**

Athletics for Kids funds BC children, who are currently enrolled in school, up to \$450 per year for sports registration fees so they can play the sports that they love!


**Here's how to apply:**  
See if you're eligible for funding by going to our website at [a4k.ca](http://a4k.ca) and clicking "Apply Now"




604-221-7529  
[info@a4k.ca](mailto:info@a4k.ca)



[/athletics4kids](http://athletics4kids.ca)


Hollyburn Family Services is pleased to present the following in March 2024:

**CIRCLE OF SECURITY®  
8-WEEK PARENTING™ PROGRAM**

**DATE:** Wednesday's from March 27- May 15  
**TIME:** 6:00 to 8:00 pm  
**COST:** Free  
**LOCATION:** Hollyburn Family Services - 104-267 West Esplanade, North Vancouver

**ELIGIBILITY:** Must be the parent/caregiver of a child between the ages of 0-5 and living on the North Shore/Bowen Island.

**FOR MORE INFORMATION OR TO SIGN UP:**  
Please contact Tomi Hamner by email at: [thamner@hollyburn.ca](mailto:thamner@hollyburn.ca) or text/call: (604) 908-3673



To attend Circle of Security® you must fill out a referral form. Link provided by facilitator(s)

Limited to 6 families (12 spaces)

Facilitator:  
Tomi Hamner

Circle of Security® Parenting™ program is based on decades of research about how secure parent/caregiver-child relationships can be supported and strengthened. This program will focus on the parent/caregiver role, reflective practice, creating secure attachment and increasing connection.

If you have any questions regarding the content of this e-bulletin, please contact Ms. Mendes at [nmendes@wvschools.ca](mailto:nmendes@wvschools.ca)