

Irwin Park E-Bulletin – Friday, Dec 19th – Happy Holidays!

Important Dates:

- **Mon Jan 5th:** First Day Back at School – 8:50 am
- **Tues Jan 6th:** Info Night for incoming Gr 8 Families @ WVSS
- **Thurs Jan 15th :** Gr 4-7 Black History Speaker Visit
- **Jan 19-23rd :** WV Field Hockey Visit – K-3 Physical Literacy Op

Important Links for Parents :

- [WVSD Parent/Caregiver Digital Guides – How to Keep Your Child Safe Online](#)
- [What is an appropriate age for a child to have a cell phone?](#)
- [Irwin Park School Calendar 25-26](#)
- [Munchalunch](#) Hot lunch orders
- [Winter Term IP After School Extra Curricular Activities – Sign Up](#)



A Message from the Principal – Happy Holiday Wishes

Once again this week, our **IPPG Events Committee** treated staff to an outstanding **IPPG Staff Appreciation Luncheon** this past Monday. Our team enjoyed a wonderful spread of dishes from around the world in a warm, cozy Flex Room setting. Coming just after a short weekend break following the success of Santa's Workshop, it was especially impressive to see parents come together so quickly to make this happen. Our entire staff is grateful for this generous expression of appreciation.

As our family's head into Winter Break, **we want to take a moment to thank our Irwin Park community for the steady support you provide throughout the year.** Whether it's the effort to have your child at school on time and ready to learn, pitching in your time and energy to help make IPPG events a success (and strengthen our positive school culture), or simply being

present at drop-off and pick-up and connecting with one another—your investment matters, and we appreciate it. During the rush of this holiday season, it can be a challenge to find those moments of true peace. As you spend time together over the holidays, I hope families are able to slow things down a little: *be mindful and present, put screens away more often than not, and take advantage of the simple moments with the people closest to you*; the important things in life!

We look forward to welcoming everyone back on **Monday, January 5th**, rested and recharged, and ready for a strong Term 2 together.

Go Panthers!

E Bulletin Highlights:

- *Screen Free Winter Activities for the Family*
- *Incoming Gr 8 Info Night at WVSS*
- *Term 2 Winter After School Extra Curricular Online Sign Up*

10 Ideas for Screen Free Time Together w/ Family

- **Family winter walk + “notice 5 things” game**
Go outside together and take turns naming 5 things you notice (sounds, smells, textures, colours). Slow pace, no headphones.
- **Hot chocolate “mindful moment”**
Make a warm drink and do a 2–3 minute pause: breathe, notice the warmth, and share one “good thing” from the day.
- **Shared movie night** with a quick chat after
Pick one family film, watch together, then ask: *What was your favourite part? What would you do in that situation?*
- **Neighbourhood lights walk**
Choose a route, bring a thermos, and let each person pick one house/light display to describe (what they like about it and why).
- **Cook or bake as a team**
Give everyone a role (measure, mix, set the table). Keep it simple and focus on working together, not perfection.
- **Board game / card game “mini-tournament”**
Best of three over a few days. Emphasize good sportsmanship and one compliment to another player after each game.

- **Create a family photo book or slideshow** (short, together)
20–30 minutes: choose favourite photos from the year, add captions, and share the story behind one picture each.
- **Indoor “movement break” challenge**
A 10-minute family circuit (stairs, yoga stretches, dance song, or a follow-the-leader workout). Everyone takes a turn leading.
- **Simple winter nature scavenger hunt**
Look for things like: pinecone, animal tracks, three shades of green, a smooth rock, something that sparkles. Take photos if you want, but keep it moving.
- **Gratitude circle**
Once during the break, at a meal or while relaxing: each person shares one gratitude and one intention for the new term (e.g., “be kinder,” “try harder,” “sleep more”).

Save the Date: Incoming Grade 8 Information Night – Jan 6th

West Vancouver Secondary School will be hosting its annual **Information Night for incoming Grade 8 students and families** on **Tuesday, January 6, 2026**, from **6:30–8:30 pm** at the **Kay Meek Theatre (1700 Mathers Avenue, West Vancouver)**.

TERM 2 - After School Extra Curricular Programs Now Open for Registration: Winter Term (Jan – March 2026) -

Check out our roster of activities that will cater to an assortment of student interests. Whether it be **Yoga, Basketball, Volleyball, Chess, Art or 3D Printing** there is something for everyone. **Please check out the sign-up options and instructions in the PDF Document attached to this Bulletin.**

Thank you for your continued support.

Aron Campbell

Principal

Irwin Park Elementary