

# Children, Youth and Family Resources on the North Shore

## Integrated Family and Youth Intake Line – Family Services

604-987-1411

(Hollyburn Family Services, Family Services of NS, Westcoast Family Resources, Elizabeth Fry Society)

## Ministry of Child and Family Development Child and Youth Mental Health and Addictions:

604-904-4336

Fam. Services & Child Protection: 604-981-0008  
After hours: 604-310-1234  
NS Youth Justice Office 604-904-4300

## Vancouver Coast Health –Mental Health

- Child and Adolescent Program: 604-983-6719 (referral through MCFD mental health)
- Mental health assessment and treatment (psychiatrists, psychologists, counsellors, etc.)
- Youth Concurrent Disorder Program: 604-984-3795 (13-18yrs. old with mental health and substance misuse issues)
- Lions Gate Hospital 604-988-3131

## Mental Health/Addictions

### Grief

- Youth Living w. Loss (@NSNH 13-19 yrs) ylwlgrou@gmail.com
- BC Bereavement Help Line 604-738-9950/1-877-779-2223 (toll free)

### Mental Health

- Canadian Mental Health Assn , N. & W. Van Branch, 211-260 W. Esplanade, N.V. [cmha.ca](http://cmha.ca) 604-987-6959
- Kelty Mental Health Resource Ctr, 604-875-2084 [kellycentre@bcmhs.bc.ca](mailto:kellycentre@bcmhs.bc.ca) [kelymentalhealth.ca](http://kelymentalhealth.ca)
- The F.O.R.C.E. Society for kids' mental health, 604-878-3400 [forcesociety.com](http://forcesociety.com)
- NS Stress and Anxiety clinic (fee) 604-985-3939 [www.nssac.ca](http://www.nssac.ca)
- Children & Adults w. ADHD (Van. support groups) 604-222-4043
- NS Schizophrenia Society 604-926-0856 [info@northshoreschizophrenia.org](mailto:info@northshoreschizophrenia.org)
- Pacific Bipolar Foundation, 604-971-0723 [pacificbipolarfoundation.com](http://pacificbipolarfoundation.com)

### Crisis Services

- Youth in BC 24 Distress Line 604-872-3311 or 1-866-661-3311  
On line: [www.youthinbc.com](http://www.youthinbc.com)
- NS Crisis Services Society (Adol. & Child. Empowerment Program) [www.nscss.net](http://www.nscss.net) 604-987-0366  
women 24 hr support line 604-987-3374
- NS Youth Safe House (ages 13-19): 1-877-789-6884
- SAFER (Suicide Attempt Counselling) 604-675-3985

### Addictions

- PLEA Youth Support Recovery Program [www.plea.bc.ca](http://www.plea.bc.ca) 604-708-2616
- Hollyburn Family Services – addictions & mental health 778-855-4566/604-987-8211

## Sexual & Physical Health

### N.S. Youth Clinics

(604-983-6700)

- John Braithwaite Com Centre 145 W. 1<sup>st</sup> St., N.V. (2<sup>nd</sup> floor) Mon (3:15-6:15 pm)
- West Van Com Centre 2121 Marine Drive, W. V. (1<sup>st</sup> floor) Tues (2:30-4:30 pm)
- Parkgate Com Centre 3625 Banff Court, N.V. (2<sup>nd</sup> floor) Thurs (2:30-4:30 pm)
- Options for Sexual Health – drop in Parkgate Com Centre 3625 Banff Court, N.V. (2<sup>nd</sup> floor) Wed (5:30-8:30 pm) 778-389-6372

### Pregnancy/Termination Services

- NS Neighbourhood House – Pregnant/Parenting Teen program 604-258-8325
- Everywoman's Health Centre [www.everywomanshealthcentre.ca](http://www.everywomanshealthcentre.ca) 604-322-6692
- Dr. Kaye (N.V.) book direct 604-980-2838
- Care Program (BC Women's) 604-875-2022
- Elizabeth Bagshaw Clinic [www.elizabethbagshawclinic.ca](http://www.elizabethbagshawclinic.ca) 604-736-7878
- Willow Clinic: 604-709-5611

### LGBTQ Services

- VCH Three Bridges Health Unit 604-736-9844
- PLFAG Vancouver 604-626-5667
- Pride House 604-288-7218
- Qmunity (Gab Youth) 604-684-5307
- Qmunity Prideline( 7-10 pm) 604-684-6869

### Sexual Assault Services

- VCH Emergency Dept 920 West 10<sup>th</sup> Avenue
- Rape Crisis Centre (Women Against Violence Against Women) 604-255-6344
- Van. Rape Relief and Crisis Centre 604-872-8212
- BC Male Survivors 604-682-6482

### Sexual Exploitation

- ONYX (18 yrs and younger) 604-871-0450
- Children of the Street Soc. 604-777-7510
- PEERS Prostitution Empowerment Counseling & Education 1-888-733-7722
- PACE Prostitution Alternatives Counselling & Education 604-872-7651

### Hearing

- NS Children's Hearing Clinic 604-983-6704
- Deaf Children's Society of BC 604-525-6056
- Speech/Language/Hearing SLP -NS Community Health 604-983-6760
- Dial-A-Dietician 604-732-9191
- LGH Nutrition Counselling 604-984-5752
- BC Children's Outpatient Nutrition 604-875-3294
- N S Youth Eating Disorder Program 604-992-4814

### Nutrition

- Dial-A-Dietician 604-732-9191
- LGH Nutrition Counselling 604-984-5752
- BC Children's Outpatient Nutrition 604-875-3294
- N S Youth Eating Disorder Program 604-992-4814

### Vision

- VCH NS Early Childhood Vision Screening Prg. 604-983-6700
- Sunny Hill Visual Impairment Prg. 604-453-8300

### Developmental Delay

- NS Disability Resource Ctr 604-985-5371
- Centre for Ability 604-451-5511
- Down Syndrome Research Foundation 604-444-3773
- Sunny Hill Centre 604-453-8300
- NS Supported Child Dev. 604-998-0131
- NS Peds Resource Team (VCH) 604-904-6200 ext 4162

## Social Services

### Family Support

- Hollyburn Family Services, 604-987-8211 [hollyburn.ca](http://hollyburn.ca)
- Family Services of NS, 101-255 W. 1<sup>st</sup> St, NV 604-988-5281 [www.familyservices.bc.ca](http://www.familyservices.bc.ca)
- Westcoast Family Resources Society 604-985-2202 (parent training) [www.westcoastfamily.org](http://www.westcoastfamily.org)
- Living Systems 604-926-5496
- N S Neighbourhood House 604-987-8138
- Elizabeth Fry Society NS 778-869-1551/604-980-4423
- Parent Support Services of BC (self help groups) 604-669-1616
- Open Door for Single Mothers (Mon morn) 604-985-1122 (ex28)

### Youth Employment

- NS YWCA – One Stop Career Shop 604-988-3766 [www.ywcavan.org/content/One\\_Stop\\_Career\\_Shop/190](http://www.ywcavan.org/content/One_Stop_Career_Shop/190)
- Wired 4 Success Youth 604-988-1292 (John Stoffer)
- NS Youth Service Directory [www.cnv.org/youthresources](http://www.cnv.org/youthresources)

### Aboriginal Services

- So-Sah-Latch Health & Family Centre (Squamish Nation) 604-985-7826
- Tsleil-Waututh Nation Child & Family Centre 604-929-0693
- BC Aboriginal Childcare Society (ECE) 604-913-9128