

Hollyburn This Week

Highlights, Happenings, and What's Ahead



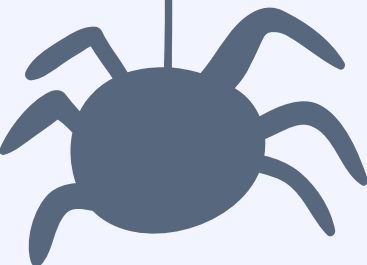
Dear Hollyburn Families,

Thank you to our incredible HPAC and volunteers for organizing such a successful Halloween Howl. It was a wonderful community event filled with excitement and school spirit. I also want to thank all of the families who donated so generously. Every dollar raised will go directly toward upgrading our gym's audio and visual system. This includes new speakers, microphones, and projection equipment to enhance assemblies, performances, and student presentations.

It was great to see all the creative costumes and the excitement throughout the school today. We will be announcing the costume contest winners on Monday. This week's update is full of important information, so please take a few moments to review it carefully.

Next week will be a busy one at Hollyburn. We are excited to welcome Field Hockey programming for all students from Kindergarten through Grade 7. I hope everyone enjoys a safe Halloween and a lovely weekend ahead.

Warmly,
Principal Lloyd
Hollyburn Elementary





HAPPY HALLOWEEN

HOLLYBURN



HALLOWEEN HOWL - DANCE & LAIR LOUNGE

OCTOBER 31, 2025

PRIMARY: 12:10-12:30 PM INTERMEDIATE: 12:30-12:50 PM



*A Huge Thank You to all those who donated towards our Halloween Howl Fundraiser organised by HPAC and school staff! We had a truly amazing response and can confirm that we have raised a total of **\$5,842** (This is +30% more than last years total. Well done to all!)*

Competition between the classes was very close! After carefully counting (and recounting) all the donations we can confirm that the top fundraising classes were....

- 1st Place - Division 4 \$914** *Prize: A class Pizza Day+ pick the movie for the next Movie Night! + class recognition on office wall bulletin board.*
- 2nd Place - Division 1 \$885** *Prize: A Secret (extended) recess + cookies for the whole class! + class recognition on office wall bulletin board.*
- 3rd Place - Division 3 \$880** *Prize: Cookies for the whole class! + class recognition on office wall bulletin board.*
(The date and timing of all class prizes will be arranged with class teachers).

Special mentions also go to...

4th Place-Division 11 raising an impressive \$847 and 5th Place-Division 9 with \$750. Amazing work!

HAPPY HALLOWEEN

Please don't forget to return any forms or donations you might still have at home. They may no longer count toward class totals but they will count towards this year's HPAC fundraising goal (to replace the school gym's very old Audio Visual System).

november

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Field Hockey K-7 Programming

Board Game Club & Newspaper Club



4

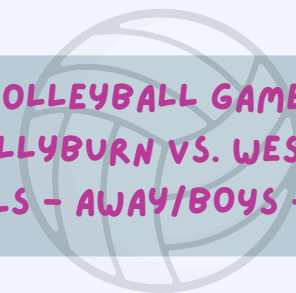


9:15 HPAC MEETING in the LIBRARY

Field Hockey K-7 Programming

HARRY POTTER CLUB

VOLLEYBALL GAME #3
HOLLYBURN VS. WEST BAY
GIRLS - AWAY/BOYS - HOME



5



Field Hockey K-7 Programming

BASKETBALL CLUB



6



Field Hockey K-7 Programming

NEWSPAPER CLUB



7



Field Hockey K-7 Programming

NSBIT: School Starts at 9:50

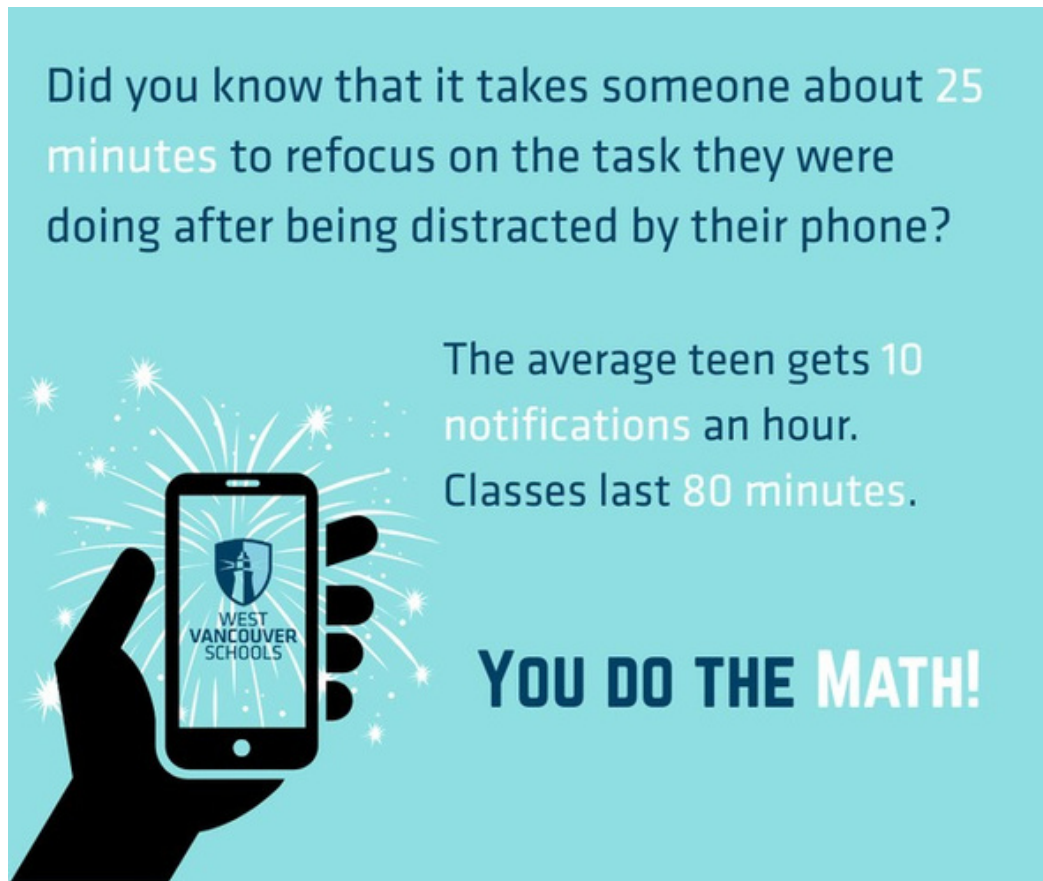
FOR COMMUNITY CONNECTIONS CLICK [HERE](#)

The background of the entire poster is black. It is decorated with several stylized red poppies. Each poppy has a bright yellow center surrounded by a black ring. The petals are a vibrant red with some darker red shading to give them a three-dimensional appearance. Green stems and leaves are also visible, with some leaves having serrated edges. The poppies are scattered across the frame: two large ones at the top, one on the left side, one at the bottom left, and one at the bottom right.

Remembrance Day

On November 10th, we will be holding our Remembrance Day ceremony. We are inviting families to share photos of their loved ones who have served, or are currently serving, in the armed forces. These photos will help us honour their bravery and sacrifice as part of our school's tribute. Please send digital photos of your family members who have served by Wednesday, November 5th to Miss Tobin dtobin@wvschools.ca

October Cell Phone Snap



As you can see from the graphic above, cell phone notifications and distractions can have a major impact on a student's ability to be successful in class. Schools in West Vancouver have plans for how to keep cell phones out of learning spaces but there are things that you can do, as a parent, to help your child stay focused on their learning!

- Do not message your child during the school day. If you must get in touch, call the school office and they will relay the message.
- Almost all apps have a way to turn off or silence notifications. In addition, most phones have a way to set the phone so that notifications, messages and calls are silenced during certain periods of the day. Help your child research how they can take advantage of these supports on the phone they have and the apps they use.
- Talk with your child about these and other technology related issues.

Physical Activity and Physical Literacy: Children and Youth

Ages 5-17

Every move counts!

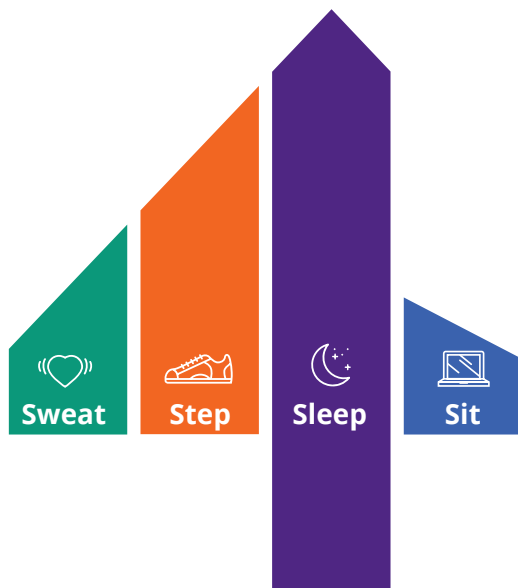


- Any amount and type of physical activity is good for you
- Outdoor play has additional benefits for mental wellness
- Try different activities to find something you like
- **It should be fun!**

Parent/ caregiver:
Aim to provide safe and varied opportunities for movement.



The Canadian 24-Hour Movement Guidelines suggest children and youth:



Sweat

Be active each day—enjoy at least **1 hour** of daily **moderate to vigorous** activities. Take part in **muscle strength and bone-strengthening** activities **3 times** per week or more.



Step

Enjoy **several hours** of **light intensity** physical activity.



Sleep

Sleep well, 8-11 hours, with consistent routines.



Sit

Minimize and break up screen and sedentary time as much as possible.

Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and participate in physical activities for life.

Children and youth become physically literate through physical activity, which develops **movement skills** that **enable participation** in activities as they age. Getting active early increases the likelihood that participation and its benefits will continue into adulthood.

Physical activity can...



Improve mood
and help you
manage emotions



Help you move
your body in all
the ways you
want to



Make it easier
to fall asleep



Boost your
immune
system



Improve your
ability to focus
and do better
in school



Provide
opportunities
to make friends

Ideas to add in more activity:

- ✓ When possible, replace screen time with active time.
- ✓ Join a sports team or an activity group.
- ✓ Create an obstacle course using what you have on hand.
- ✓ Visit a playground.
- ✓ Try something new: soccer, dance, drumming, lacrosse, etc.
- ✓ Spend more time outdoors.
- ✓ Try geocaching.
- ✓ Get active as a family – explore a new park or trail, plan a nature scavenger hunt, or have a dance competition.
- ✓ Dance to your favorite songs.
- ✓ Play with a neighbour/friend.
- ✓ Try different seasonal activities: swimming in the summer, sledding or skating in the winter.
- ✓ Choose active transportation (e.g. walking, cycling, rolling, bussing).
- ✓ Walk a dog.



Additional activity ideas **Additional ideas at
Pacific Institute for Sport Education**



View 24-Hour Movement guidelines in full
csepguidelines.ca/guidelines/children-youth

important reminders

FROM THE HOLLYBURN OFFICE



Running late? Sick child?

Please remember to
contact the office by

phone or email at

hollyburn@wvschools.ca

by 9am

HAVE YOU PACKED CUTLERY
FOR YOUR CHILD'S
HOT LUNCH?

Please remember to pack a
fork/spoon/chopstick so your child
can enjoy their hot lunch meal



WEST VANCOUVER SCHOOLS ADMISSIONS

Admissions for the 2026/2027 school year begins on Wednesday October 15th at 8:00 am for all Kindergarten students and all Grade 1 -12 In-catchment students.

Admissions for Out-of-Catchment and Out-of-District students opens on at 8:00am on Thursday, January 15th, 2026.

For more information about admissions processes, dates, guidelines, and information, please visit <https://westvancouver.schools.ca/admissions/>

Please carefully read the information regarding documentation procedures before starting the application process.



IMPORTANT

Current students do not need to re-apply unless they intend to transfer schools.

