



GLENEAGLES CH'AXAY ELEMENTARY E-BULLETIN

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 <p>WEST VANCOUVER SCHOOLS</p> <p>IMPORTANT INFORMATION PLEASE HAVE THIS TRANSLATED</p> <p>RENSEIGNEMENTS IMPORTANTS Prière de les faire traduire.</p> <p>重要資料 請找人為你翻譯</p>	<p>これはたいせつなお知らせです。 どなたかに日本語に訳してもらってください。</p> <p>알려드립니다 이것을 번역해 주십시오</p> <p>CHỈ DẪN QUAN TRỌNG Xin nhờ người dịch hộ</p> <p>ਜ਼ਰੂਰੀ ਜਾਣਕਾਰੀ ਇਹਨਾਂ ਵਰਕੇ ਵਿਸੇ ਜੋੜੋ ਕਿਸੇ ਦਾ ਉੱਲਥਾ ਵਰਵਾਓ :</p> <p>INFORMACIÓN IMPORTANTE Busque alguien que lo traduzca.</p>	<p>اطلاعات مهم و سودمند لطفاً از یک نفر بخوانید که برای شما ترجمه کند</p> <p>ITO AY MAHALAGANG IMPORMASYON Isalin sa wikang tagalog kung hindi maintindihan</p> <p>برجی ترجمه هذا معلومات هامة</p> <p>ВАЖНАЯ ИНФОРМАЦИЯ Переведите это, пожалуйста.</p>
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February 22, 2024

Spirit Day

Tomorrow is Spirit Day and we are celebrating **“Sports Day”**! Everyone is invited to come to school wearing their favourite team jersey or dressed as their favourite sports player! Show us your GEC spirit and join in the fun!



Happy 100 Day!

Yesterday marked the 100th day of school and students in Divisions 9, 10, and 11 celebrated the day with all things 100; from counting collections to making ‘glasses’ and even forecasting what students might look like when they turn 100! Here are a few fun photos from the day.



Disco Inferno – Last Chance to Purchase Tickets!

Dust off your dancing shoes and get ready to groove, it's almost time for our **Disco Inferno Fundraiser!** Join us under the disco ball for a night of funky beats, nibbles, drinks, a lit-up dance floor, and a fabulous Silent Auction – all to benefit GEC! There are some incredible items up for auction, including a chance for your child to be Student Principal For A Day. Come for the Boogie, Stay for the Bids!

Scan the QR code to buy your tickets now before they're sold out! Or follow this link for tickets: [DISCO INFERNO TICKETS](#)

When: Saturday, February 24th, 7:00 pm

Where: Gleneagles Golf Course Club House



Pink Shirt Day



Bullying hurts everyone and can happen in many different forms – verbal, physical, social and even cyberbullying. Did you know that bullying happens to someone in Canada every 7 minutes? Take a stand against bullying and **wear PINK on February 28th** to show your support of Pink Shirt Day and to show that bullying will not be tolerated. Read this [Pink Story](#) to see how Pink Shirt Day originated.

At Gleneagles we are once again recognizing Pink Shirt Day by inviting everyone to come to school wearing pink on this day. Mrs. Evans has launched our annual Pink Shirt Contest where students can design a paper version of their own pink shirt. All entries will be on display outside of the school office and a few prizes will be awarded. All students are welcome to enter – contest closes Friday, February 23rd.

Wear PINK – together we can make a difference!

Digital Citizenship: PAC presentation follow up

At the PAC meeting last night, Cari Wilson, District VP of Innovation and Technology, along with our school Principal, Robyn Evans, presented to families about what digital citizenship looks like at GEC as well as tips and strategies for families navigating digital use with their children at home. Please refer to the [West Vancouver Schools Digital Citizenship Hub](#) for helpful links and further information.

Ice Skating

Due to the school closures in January when we had our snow days, our Ice Skating field trip for our grade 6 and 7 students was unfortunately cancelled. We are happy to have rescheduled this trip for **Thursday, March 14th** when our grade 6 and 7's will be visiting the West Van Ice Arena and will have an opportunity for a morning session of skating. Please mark your calendars for this event.

Dates to Remember:

February 20 to March 1 st	Badminton Lessons in the gym (all classes)
Friday, February 23 rd	Spirit Day – “Sports theme” – wear your favourite jersey! Roots of Empathy program, Div. 10
Saturday, February 24 th	Disco Inferno (PAC) Event! (parents only)
Wednesday, February 28 th	Pink Shirt Day Gr 7 girls Basketball Tournament at WVSS, 1:00 pm
Thursday, February 29 th	Healthy Habits & Physical Literacy presentations, Divs. 9 & 10 Gr 7 boys Basketball Tournament at WVSS, 1:00 pm
Friday, March 1 st	GEC Spirit Wear Day Roots of Empathy program, Div. 10
Saturday, March 2 nd	Destination Imagination Regional Tournament
Tuesday, March 5 th	Staff PAC Luncheon
Friday, March 8 th	Roots of Empathy program, Div. 10
Thursday, March 14 th	Ice Skating fieldtrip, Grades 6 & 7
Friday, March 15 th	Jump Rope for Heart Roots of Empathy program, Div. 10 Term 2 Learning Updates to be published (MyED) Last day of school before Spring Break
March 18 to April 1st	Spring Break
Tuesday, April 2 nd	School reopens & classes resume

West Vancouver Schools Academies

The 2024-2025 Premier Academies are open for registration! Please visit <https://westvancouver.schools.ca/programs/> for further information.

Premier Academies Include: Badminton, Baseball, Basketball, Fencing, Field Hockey, Rugby, Soccer, Tennis, Volleyball

Spring Break Multi Sport Camp

SPRING BREAK CAMP

JOIN US FOR A VARIETY OF SPORTS, GAMES AND ACTIVITIES! INCLUDING: SOCCER, BASKETBALL, HOCKEY, VOLLEYBALL, HANDBALL, TENNIS, FLAG FOOTBALL, ARTS AND CRAFTS, AND LOTS MORE PE STYLE ACTIVITIES. HERE AT PCC WE VALUE FUN AND OUR PROGRAMS ARE OPEN TO STUDENTS OF ALL LEVELS OF EXPERIENCE!

PARTICIPANTS WILL MOVE THROUGH A VARIETY OF SPORTS AND CAMPERS WILL FULLY SUBMERGE THEMSELVES IN AN ENVIRONMENT OF ACTIVITY AND SPORT. THEY ARE BOUND TO LEAVE EACH DAY WITH A HUGE SMILE ON THEIR FACE AND A NEW FRIEND!

WHERE: Chartwell Elementary School
AGES: 6-10
PRICE: \$375 + GST

WELCOME TO SPRING BREAK CAMP WITH PCC

PCC spring break camps are a place where children can immerse themselves in a world of sports, lifelong friendships, and unforgettable memories!

COME ON! JOIN THE FUN : MARCH 18TH - 22ND & 25TH - 29TH

For dates 18th - 22nd
SIGN UP HERE ->

For dates 25th - 29th
SIGN UP HERE ->

OR VISIT PRIVATECOACHINGCO.COM

Parent Sessions on Youth Substance Use

The Ministry of Education and Child Care, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights,

practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

Key Takeaways for Participants:

- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.

SUBSTANCE USE PREVENTION

An Online Presentation for Parents



KEY TAKEAWAYS

- Learn why children/teenagers are drawn to substances
- Understand what causes and maintains substance use disorder and needs
- Increase your child's ability to make positive choices about substances
- Acquire practical conversation tools for discussing substances in the home

Presentation Overview:

This presentation will focus on **tools and strategies** that you can use to speak to your children about substances in a way that encourages **positive decision-making** through a psychological lens. You will learn the causes of youth substance use and be introduced to a framework for **creating open communication** on this topic in your home.

There will be a focus on prevention and harm/risk mitigation in order to **empower** you to help your children think critically about their own behaviours, motivations, and choices.

In this session, you will be provided with the **specific language to use** when conversations arise about substances. There will also be opportunities to ask questions about the specific challenges you are facing with your children.

Online Session Information:

February 20th, 22nd or 28th
6pm-7:30 pm PST

Note: The same presentation will be delivered on each date

[REGISTER](#)



openp.co/Feb20

Presenter:

Dr Hayley Watson
Clinical Psychologist & Founder of Open Parachute
(PhD Clin Psych, MA Clin Psych, MA Transpersonal Psych, PG Dip Psych, BA Criminology)



Dr Hayley Watson is a Clinical Psychologist from BC, specializing in children and adolescents with a PhD in school bullying interventions, along with four further academic degrees in the field of mental health.

She has been working with young people and their families globally for the past 20 years.

We acknowledge the financial support of the Province of British Columbia through the Ministry of Education and Child Care.

Free Event for Families with Toddlers

Pop Up PLAY

Take a (Story) Walk with Us!

Families with children ages 0-6 are invited to join us on Saturday March 2, 2024

Free, no registration required

What's a Story Walk? A multi-sensory experience where children enjoy interactive books, music, art and the outdoors.

Come dressed for the weather! These walks are stroller and child friendly.



When: Saturday, March 2, 2024 (10:00-11:00 am)
Event: POP Up PLAY- Story and Play with Katie Brock

Location: Meet at the covered picnic area at John Lawson Park. We will walk together through the park, immerse ourselves in story, and use our senses to participate in a fun scavenger hunt

A bit about Katie

Katie Brock is a beloved children's musician from Horseshoe Bay. She is an energetic, fun-loving performer who enjoys sharing her catchy tunes with both children and grownups alike. An avid outdoor enthusiast, Katie loves to sing, dance and make joyful music together with families in nature!!

In partnership with the West Vancouver Memorial Library and North Shore Community Resources. We gratefully acknowledge the financial support of the Province of BC through the Ministry of Education and Child Care.

ACTIVITIES AT WEST VAN COMMUNITY CENTRE / GLENEAGLES COMMUNITY CENTRE

Spring Break camps – Music, Spanish or Korean Immersion, LEGO, Arts, Science/STEAM, Sports, Gymnastics, etc:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities/camps>

Spring Break Intensive Group Classes Also Available for All Ages: Beginner French Intensive & Music Theory Intensive

https://anc.ca.apm.activecommunities.com/westvanrec/activity/search?activity_select_param=2&activity_keyword=intensive%20spring%20break&viewMode=list

Important Dates: Spring Program Registrations (April – June)

General registration for Spring opens on Wednesday, March 6

Skating, Gymnastics, and Swimming registrations open on Wednesday, March 13

Spring Learning Programs

Interested in indigenous beading or cedar weaving, learning Languages, STEAM, Chess, Lego?

Adult Beginner French classes available: After-School Kids' Farsi, Korean, Mandarin classes are also available.

Explore the Learning Program: www.westvancouver.ca/learning

Browse your recreation activities and programs here:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:

<https://westvancouver.ca/newcomers>

Fostering Supportive Relationships

PLEASE JOIN US FOR AN EVENING WITH DIANA DIVECHA, PH.D

Children's relationships with their peers are crucial anchors of their wellbeing in every phase of development. What does the science show about how families and schools can foster supportive relationships at different ages? What's normal, and when should we help? How can we prevent or help kids recover from harmful relationship experiences?

We will hear from an expert who can offer practical advice and explain the science behind how families and schools can foster supportive relationships at different ages.

**WE ARE ALL CONNECTED:
HOW FAMILIES CAN
SUPPORT CHILDREN'S
K - 12 PEER
RELATIONSHIPS**



Dr. Diana Divecha,
Developmental
psychologist, Yale

Parenting Program



Hollyburn Family Services is pleased to present the following in March 2024:

CIRCLE OF SECURITY® **8-WEEK PARENTING™ PROGRAM**

DATE: Wednesday's from March 27- May 15

TIME: 6:00 to 8:00 pm

COST: Free

LOCATION: Hollyburn Family Services -
104-267 West Esplanade, North Vancouver

ELIGIBILITY: Must be the parent/caregiver of a child between the ages of 0-5 and living on the North Shore/Bowen Island.

FOR MORE INFORMATION OR TO SIGN UP:

Please contact Tomi Hamner by email at:
thamner@hollyburn.ca or text/call: (604) 908-3673



To attend Circle of Security® you must fill out a referral form. Link provided by facilitator(s)

Limited to 6 families
(12 spaces)

Facilitator:
Tomi Hamner

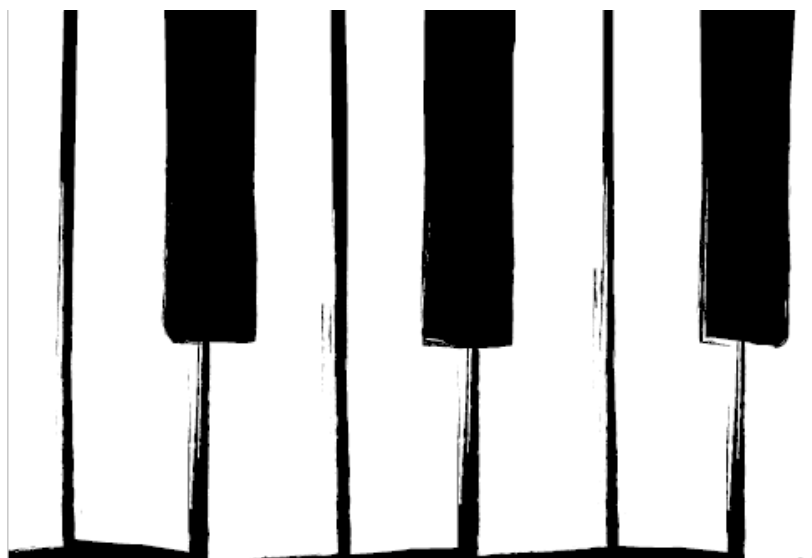
Circle of Security® Parenting™ program is based on decades of research about how secure parent/caregiver-child relationships can be supported and strengthened. This program will focus on the parent/caregiver role, reflective practice, creating secure attachment and increasing connection.

Rockridge Jazz Café – please join us!

Tickets for the event are \$15, payable through this schoolcash online link:

<https://westvancouver.schoolcashonline.com/Fee/Details/27698/105/False/True>

At the Jazz Café, you will hear from the Rockridge “A” and “B” Big Bands and combos. This year, we are excited to have Teresa Marie and The Three performing as our featured artist. Teresa is an exciting up-and-coming vocalist in the Vancouver jazz scene, and we are overjoyed that she and her band will be performing to kick off our evening. Check her out! We hope to see you there! Please note that tickets are first-come, first-served, and will sell quickly. Get yours now!



ROCKRIDGE MUSIC PRESENTS

JAZZ, CAFÉ

featuring
*ROCKRIDGE
JAZZ ENSEMBLES*

*TERESA MARIE
&
THE THREE*

TUESDAY, MARCH 12
6:30 pm
Doors open at 6:00 pm

\$15
Tickets
→

