

Sentinel Secondary E-Bulletin



ÉCOLE SENTINEL SECONDARY E-BULLETIN

Thursday October 15th, 2026

Calendar Upcoming

Date	Day	Event	Notes
October 22 nd	Thu	Grade 12 Semi Formal	Pinnacle Hotel
October 23 rd	Fri	Pro-Day	No School
October 29 th	Thu	Collaboration Day	Dismissal @ 2:55pm
November 2-6 th		Grad Assessments (Literacy 10)	Library
November 4 th	Wed	Grade 9-Take Your Kid to Work Day	TBD
November 10 th	Tue	Remembrance Day Assemblies	GYM
November 11 th	Wed	Remembrance Day	No School
November 12 th	Thu	PAC Meeting	Library
November 26 th	Thu	Collaboration Day	Dismissal @ 2:55pm
November 27 th	Fri	Pro-Day	No School



[2026–2027 SCHOOL CALENDAR](#)

New This Week



Inside Sentinel

- Both Online Policies and Procedures Forms and Verification Forms need to be COMPLETED! - *Action Required!*
- Graduation Assessment (Literacy 10)
- Grade 9 Parents: "Take Our Kids to Work Day" – *Action Required!*
- Help Shape Sentinel's New School Goal!



Clubs and Activities

- 2026-2027 Club List is Available now
- Dominican Republic Service Trip 2027- Tomorrow 16th Oct!
- School Travel & Traffic Survey — We Need Your Input!



PAC News

- PAC next Meeting and Teams Updates

Important Information-Action Required

Annual Policies and Procedures Form – Action Required!!

Please be aware that a new P+P form MUST be completed for each student, every school year.

This form is in addition to the paper forms you have completed. Without a completed online P+P form, students will not be permitted to access their Google Classrooms, have their photos included in the yearbook, etc.

The form requires a parent login and password. If you created an account to complete the form last year, you could use the same account. If you have forgotten your password, please follow the instructions on the login page to reset it.

Once logged in, you may either update the P+P form from last year or start a new one. ONE entry is required!!

Complete the P+P Form: [2026–2027 Online Policies & Procedures Form](#)

Student Information Verification Form (paper copy)

As part of our annual records update, please review, complete, sign, and return the Student Information Verification Form (paper copy) that was sent home with your child. Any updates or changes to the information on the form should be written directly on the form.

It is important that we have current and accurate student and emergency contact information on file.

If you have not received the form, please ask your child to report to the office, and we will be happy to print a new copy for them.

Inside Sentinel

Graduation Assessment (Literacy 10)

All Sentinel Grade 10 students will write the Literacy 10 Graduation Assessment during the week of **November 2nd to November 6th**. Any grade 11 or 12 student who missed the Literacy 10 Assessment will also write the assessment. Students will receive an email in the near future indicating the date and time of their assessment. Please note that Graduation Assessments are required for graduation purposes. Students should prepare for these assessments by attempting the sample assessments. Sample assessment and more information on Graduation Assessments can be found [HERE](#)

Help Shape Sentinel's New School Goal!

Sentinel Secondary is selecting a new multi-year school goal focused on enhancing student “readiness to learn”, building the habits and skills students need to thrive every day. This goal touches on three key areas:

- Physical & Logistical Preparation: Sleep, punctuality, supplies, and daily routines.
- Cognitive & Study Habits: Task initiation, organization, and responsible technology use.

- Emotional Well-Being: Managing stress, building resilience, and staying motivated. Your feedback as parents is essential in helping us identify where our students need the most support. Please take a few minutes to share your thoughts through our brief survey. [2026-2029 FESL Goal Parent Survey – Fill out form](#)

Grad 2027 Semi Formal Kickoff Event!

- Theme: Hollywood Glam
- When: October 22nd, 2026 6:30pm-10pm
- Where: Pinnacle Hotel North Vancouver
- Cost: \$110 (includes food, drinks, DJ, photobooth and security)-these can be purchased through [School Cash Online](#) only. Deadline is October 15th, 2026.
- Attire: Semi formal (cocktail style event)

If student's wish to bring a guest have them please see Ms. Ulinder for guest permission forms. Guests MUST be a registered high school student, no exceptions.

Grade 9 Parents: "Take Our Kids to Work Day" – Action Required!

Nov 4th (Grade 9's only) Take Our Kids to Work™ is the Student's Commission of Canada program involving more than 250,000 Grade 9 students annually. This year, on Wednesday, November 4th, Grade 9 students across Canada will spend a day in the workplace of a parent, relative, or friend. This is a mandatory program for all Grade 9 students and meets the curriculum outcomes of the Grade 9 Career Education course. Please click on the [link](#) to complete the Parental Consent Form no later than WEDNESDAY, OCTOBER 28th. Thank you for your support!

If you have any questions, please email;
Cecily Evans cevens@wvschools.ca



Language Challenge Exams

Challenge exams are being offered for grade 11 ASL and grade 11 and 12 Farsi, French, Japanese, Korean, Mandarin (traditional or simplified), Punjabi, and Spanish. It is recommended that students be in at least grade 10 before writing a challenge exam. These exams will give course credit for post-secondary admissions, however, UBC will not use the grade as part of your entrance average. Exams will take place in Delta on January 30 and 31, 2027. Note: ASL 11 exam dates will be arranged with each student individually.

If you would like to sign up to write a challenge exam, please complete the following:

1. Download the attached PDF. Fill in pages 7-10. **Page 9 of the application must be typed electronically.**
2. Once you have typed the information in on page 9, print the application form, attach a passport/school photo (must be an official photo, not printed from a computer - see details on website below) and get your parent/guardian to sign on pages 8 and 10.
3. Enclose a \$50.00 refundable cheque or, if you are an international student, a \$220.00 non-refundable exam fee payment*

*Payment by cheque is the preferred method of payment and cheques should be made out to the Delta School District. Credit card payment options can be found on the website linked below;

please note, a surcharge fee may apply. If using the credit card option, **you must print and attach the credit card receipt to the application.**

Details of the package can be found [HERE](#). Completed packages are due to Ms. Britten in the counselling suite by October 30th at 3pm.

Sentinel Yearbooks 2026-2027 is on Sale now!!

Yearbooks are now available on School Cash Online! Only selling until Winter Break, so make sure to get yours before we finalize numbers!

Clubs and Activities

2026–2027 Clubs List Now Available!

The first version of the 2026–2027 Clubs List is now available! Students are encouraged to explore the clubs and get involved in the school community.

Check out the [Clubs List](#) to see what's available. More updates may be added throughout the year!

Dominican Republic Service Trip 2027- May 20 - 29, 2027

On October 16th at lunch, there will be a Q&A in room 208 to answer any questions you may have. This is for students in grades 10-12. Don't miss your opportunity to learn more about the trip! Check out this [video](#) to understand the depth of the experience. See you there.

If you have any questions, contact Sra. Page-Newman at npage-newman@wvschools.ca
Sra. Page-Newman and Mr. Chase.

Math Contests

The Math department is currently offering registration for 3 contests:

COMC – (primarily for grade 11s and 12s, but grade 8s-10 can participate)

Cost: \$35

Success on the COMC contest may grant the student a opportunity to represent Canada at the International Math Olympiad. The cost for registration is \$35 and can be paid to Mr. Ma in room 257. The deadline for registration is Friday, October 16th. Late registrations may not be accepted.

CIMC contest for grade 8s-10s, and the CSMC contest for grade 11s-12s.

These contests offered by the University of Waterloo are challenging and could benefit students interested in admissions towards the school. The cost for registration is \$10 and can be paid to Mr. Ma in room 257. The deadline for registration is Friday, October 16th. Late registrations may not be accepted.

AMC 8 contest for grade 8s. This contest provides an excellent opportunity for grade 8s to test their Mathematical ability against challenging problems. The cost for registration is \$5 and can be paid to Mr. Ma in room 257. The deadline for registration is Friday, October 23rd. Late registrations may not be accepted.

Music Department: Upcoming Performances

We look forward to seeing you at one of our many upcoming school and community performances! Evening and Jazz Café concerts are by donation, with proceeds going to the Music Program to

maintain our instruments and equipment. Concerts during the day at school are for the student population, with evening concerts being open to all friends and family.

- **October 29th:** Jazz B Band, Jazz A Band, RnB Band at *Jazz Café, Vol. 1* (Sentinel Library, 7:00PM)
- **November 10th:** Concert Band at *Remembrance Day Assemblies* (Sentinel Gym, AM)
- **December 9-10th:** all performing groups – Grade 8 Band, Jazz A Band, Jazz B Band, Orchestra, Concert Band, RnB Band – at *Winter Concert* (Dec. 9th AM for school juniors; Dec 9th @ 7:00PM for friends and family; Dec. 10th AM for school seniors)

Should you wish to volunteer for the Music Program, please [indicate your preference and availability via this form](#). Parent volunteers are essential in ensuring the quality and longevity of the student performance opportunities. Thank you for your support!

Sentinel Athletes

Gym Schedule and Field Schedule

Please refer to the Gym Schedule and Field Schedule for current bookings, practices, games, and other scheduled activities. Students are encouraged to check the schedules regularly for the most up-to-date information and availability.

- Gym Schedule: Please click [HERE](#)
- Field Schedule: Please click [HERE](#)

Stay tuned for more information and make sure to check school announcements for updates!

School Travel & Traffic Survey — We Need Your Input!

A student-led research project supported by a District of West Vancouver Youth Grant is studying morning traffic congestion around Sentinel Secondary. Your experience matters — [THE SURVEY](#) takes less than 5 minutes and is completely anonymous.

Findings will be submitted to the school PAC and the District of West Vancouver Transportation department. Thank you for your support!

PAC News

🌸 **Happy Thanksgiving week, Sentinel families!**

💛 **PAC Community Fund - Donate Today!**

Big news, Sentinel families!

This year we're simplifying giving: instead of many small asks throughout the year, we're inviting each family to make one voluntary annual contribution to the PAC Community Fund. Our one voluntary annual contribution is live on School Cash Online, \$100 per family is suggested, other amounts are welcome.

Our goal is \$15,500 by December 15 to powers PAC activities all year: social nights, staff appreciation, parent education, Safe Teen, the travel bursary, and the Helping Hand Fund.

🌸 **Grade 11 Parent Social - Thank You!**

What a wonderful evening! Last Thursday's Grade 11 parent social was a great success, thank you to everyone who came out, and to our school team and G11 rep for the warm setup. A special thank you to Mr. Finch, Ms. Ulinder and Mr. Anderson for joining us. Check out the photos here: [PHOTO LINK] photos are attached

Parent Social Nights, Come Meet Your Community!

Our grade parent socials continue, each grade's school administration team will be joining. It's a relaxed evening to meet fellow parents, connect with your child's grade administrator, and hear what's happening at Sentinel. Please contact with your grade Rep for more information.

- Thu Oct 15, 6:30–8:30 PM, Grade 8 parent social night, school library
 - Wed Oct 21, 6:30 - 8:30 PM, Grade 9 parent social night, school library
 - Thu Oct 22, 6:30 - 8:30 PM, Grade 10 parent social night, Milestones restaurant
- We'd love to see you there!

Teams & Grade Groups



Not already in your Grade Parent WhatsApp Group?

Scan the QR code and select **your kid's grade** to join your grade's group and stay connected and involved in the Sentinel community.

School Traffic

Let's build healthy habits together!

Parents, please encourage your teens to **walk, cycle, scooter, or use public transit** to get to and from school whenever possible, starting this coming Tuesday.

If you must drive, please use one of the **26 designated drop-off spots near the school** so your teen can walk the remaining distance. This helps make arrival and departure safer and healthier for everyone.

School Map:

 Using the Bus?

Please see the document below for the [Bus Schedule](#) to and from Sentinel Secondary.

E-Transport Requirement

Please see the [POSTER](#) from the Police Department.

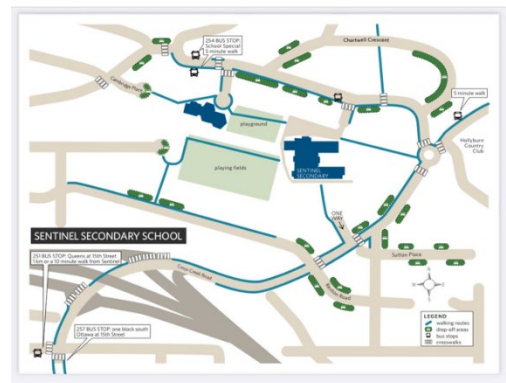
Carpool Opportunities

We are always trying to reduce traffic at the school, so here is a CARPOOL opportunity:

Looking forward to sharing school rides with Sentinel families near you? Click the* [Sentinel Carpool Program](#)* to find your zone, join a WhatsApp group, and hopefully share the driving! 🚗

*This is a parent-led, self-organized initiative.

<https://westvancouver.schools.ca/ecole-sentinel-secondary/wp-content/uploads/sites/8/2025/03/Sentinel-Secondary-School-Map-December-3.pdf>



Student Resources

Calendar & Block Rotation

Our **2026–2027 School Calendar** on the website is back up and running! Please click [HERE](#) to subscribe. It includes all major school events and holidays.

- ❖ **Block Rotation Schedule** [HERE](#) (Sep 7th - Oct 30th, 2026)
- ❖ **Flexible Instruction Time** on Mondays and Thursdays from 11:05 am - 11:50 am.
- ❖ **Staff Collaboration** is the last Thursday of the month from 8:30am - 9:25am. Classes start at 9:25am. Dismissal time will be 2:55pm.

Sentinel's Counselling Department

Counsellors are here to assist students with academic planning as well as mental health support and so much more! Counsellors are assigned by student's last name.

Jennifer Murray (last names A-GL) jmurray@wvschools.ca
Rebecca Britten (last names GM-LIM) rbritten@wvschools.ca
Jamal Ahmelich (last names LIN-SAM) jahmelich@wvschools.ca
Alex Thureau (last names SAN-Z) athureau@wvschools.ca

For more information from our counselling team please visit <https://westvancouver.schools.ca/counselling/>

Sentinel – New Student Lunch Account Program!

We're introducing an optional Student Lunch Account Program designed to make cafeteria purchases easier for families and faster for students. Parents can load funds online, and students pay using a secure QR code. Please see more details [HERE](#)

Benefits for families:

- One-minute setup
- Easy reloads anytime
- Balance and purchase visibility
- No cash or cards needed
- Secure and privacy-protected

This program reduces lineups and keeps lunch payments simple and predictable.

Full instructions are in the PDF above. Should you have any questions, please feel free to email: accounts@geminifoods.ca. If you would like to stay connect with us, please email Tony@geminifoods.ca and Geoff@geminifoods.ca

Locks & Lockers

Grade 8

All grade 8s have been assigned a locker and will receive a lock and their assigned locker in their 1-1 class. Students **MUST** use the lock and locker assigned to them. Students may not use personal locks. Students are to keep their lock for their entire high school experience.

Grade 9-12

Students in grades 9-12 have not been assigned a locker but may request a locker at the link below. Students MAY NOT use an unassigned locker. If a student needs a lock, please go to the accounting office. Link for Locker Request: <https://forms.gle/Vq5sj5HqU5dCeZsq8>

Annual Student Parking Pass

For those students parking at the school, please purchase a student's parking pass using [School Cash Online](#) and bring the receipt to the Accounting Office.

Absent or Excused?

Attendance Notifications – Parents Guide

We kindly ask parents and guardians to notify the school of any absences, late arrivals, or early dismissals. Please email all attendance-related matters to: sentinelattendance@wvschools.ca

When emailing, please include:

- ❖ Student's full legal name and grade
- ❖ Time of absence, late arrival, or early dismissal
- ❖ Reason for the absence

IMPORTANT REMINDER:

Please send emails **by 2:30pm on the day of the absence.**

If an email is not received by this time, an automatic attendance mark may be applied, and a phone call may be made to the parent/guardian by the end of the day.

Steps to Follow to Be Excused from Attendance

Absence / Illness

- Notify school via email

Late Arrival

- Students arriving late should go directly to class
- Parents/Guardians email school to notify

Early Dismissal

- Email school with dismissal the time
- Coaches will notify us for school spots early dismissal but feel free to reach out if you have questions.

Long-Term Absence (more than 5 school days)

Please complete the [fillable Long Term Absence Form](#) and return it to the office

Our Leadership Team & Contact Details



ADMINISTRATION

- **MR. MIKE FINCH – PRINCIPAL (GRADE 12)**
 MFINCH@WVSCHOOLS.CA
- **MS. LISA ULINDER – VICE PRINCIPAL (GRADES 9 & 11)**
 LULINDER@WVSCHOOLS.CA
- **MR. SHAWN ANDERSON – VICE PRINCIPAL (GRADES 8 & 10)**
 SANDERSON@WVSCHOOLS.CA



STAY CONNECTED

-  INSTAGRAM: [@SENTINEL_SD45](https://www.instagram.com/SENTINEL_SD45)
-  X (TWITTER): [@SENTINEL_SD45](https://twitter.com/SENTINEL_SD45)
-  WEBSITE: [SENTINEL SECONDARY SCHOOL](https://www.sentinelsecondaryschool.ca)



2026–2027 SCHOOL CALENDAR

- [VIEW CALENDAR](#)



CONTACT US

-  GENERAL INQUIRIES: SENTINEL@WVSCHOOLS.CA
-  ATTENDANCE: SENTINELATTENDANCE@WVSCHOOLS.CA
-  MYEDUCATION HELP: SENTINELPORTALHELP@WVSCHOOLS.CA
-  TEACHERS & STAFF: [STAFF DIRECTORY](#)